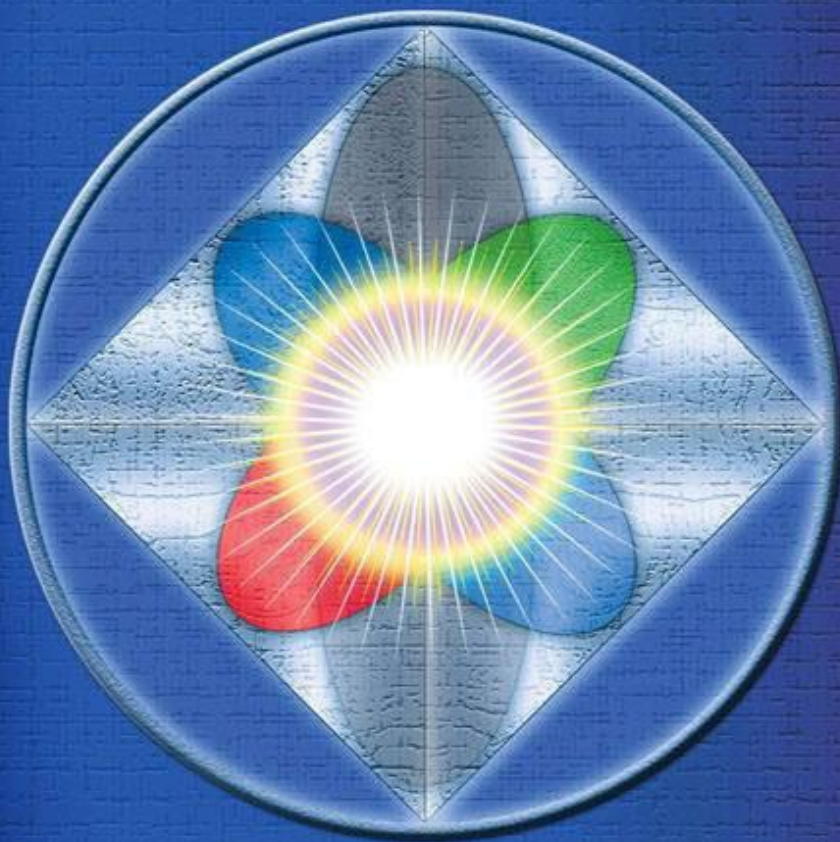


EL SER UNO



EL SER UNO

I

The Arcana of Thoth

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INTRODUCTION

EL SER UNO I – Los Arcanos de Thoth (Being one – The Arcana of Thoth) is a SELF-KNOWLEDGE book. It should be read consecutively. To read it out of sequence would be to no avail because it would not bring about the desired results. Reading this book will open up and connect the brain circuits of KNOWLEDGE, UNDERSTANDING and LOVE.

To help understand the contents and to aid you in grasping this knowledge, we suggest consulting the following dictionaries:

- English Language and mother tongue
- Dream symbolism
- Esotericism
- Symbols
- Philosophy.

Knowledge from EL SER UNO I – Los Arcanos de Thoth (Being One – The Arcana of Thoth) should never be used for profit, power, manipulation or personal gain. Those who do so will be responsible for forming their negative cause and effect. This book was received in order to help the being called Planet Earth become elevated and to do this, humanity will need Knowledge, Understanding and Universal Love.

We would like to make it clear that this book is being published exactly as it was received. The Arcana Masters of Thoth requested this in order to safeguard the original channeling of the book. The Masters said they had placed CODES between the lines and words so that through sequential reading, circuits and channels would be opened, which readers would activate in their minds as they progressed in their reading, because this book is *KNOWLEDGE OF HEALING...*

Readers should realize that this knowledge is not simple to read because it is not a story or a novel but it *is a channeling* based on questions and answers. We recommend that the book be read with an open mind, slowly, very patiently, and above all, following the SEQUENCE in which it was written. If you try to read it randomly you will feel very sleepy, you will have headaches and you will not understand anything at all. The codes inserted between the lines will make your circuits open slowly and due to this, understanding will help you assimilate the content.

We hope that through EL SER UNO I – Los Arcanos de Thoth (Being One – The Arcana of Thoth) you will discover your inner self and heal yourself. If you feel you cannot understand this book, keep on because the questions that may arise in you will be fully answered. Read it with interest. There is a reason for it having come to you. Do not dismiss it from your life. Analyze it, study it and make it part of your own knowledge, understanding and love.

BROTHERS AND SISTERS OF PLANET EARTH,

We are sending you this knowledge – El Ser Uno (Being One) – to help you awake and understand our real existence and fulfillment as thinking beings of the universe.

This knowledge governs the cosmic laws of the ageless wisdom of our creator ... the one origin.

We belong to the ethereal dimension, to the mental worlds of alpha centauri. Our task is to transmit to you this knowledge, which had already been given to you in lemur and atlantis. You lost it in the darkness of your minds because of greed and ambition. You used it for domination and power and concealed it for your own benefit.

You will have to retrieve it from the depths of your memories, channel it and organize it. This is the only way you will be able to be again what you were: pure of heart and mind. You will have to work hard on your thought-energies so that you can enter the alignment that will take place in the year 2014.

All those with open minds and noble hearts will be prepared to enter the Internal City so that they may then attain the fourth plane of existence.

Brothers and sisters, we are helping you so that you may make this passage with knowledge, understanding and love many channels are receiving so that planet earth may fulfill its aims.

This important knowledge – El Ser Uno (Being One) – will give you guidelines to elevate your energy, but you will have to work profoundly on your thoughts with belief, dedication, perseverance, willpower and inner strength, so that you will really be able to raise the frequency of your thoughts and prepare for the coming extraordinary changes.

The planet is preparing to undergo significant energetic movements and you will have to measure up by elevating your energy because those who do not manage to do so will be left behind until the next alignment to take place 21 thousand years from now.

Brothers and sisters, we love you very much. we are very close to you, closer than you can imagine. awake to universal knowledge, elevate yourselves and let the light of love enter your hearts. This is the only way you will get out of the darkness in your lives called ignorance, and when you do so, you will find freedom.

We are all, we are one.

The Arcana of Thoth

CHAPTER I

THE ONE ORIGIN

In order for you to understand the One Origin, you first have to understand yourselves. The One Origin's action was born from an immense need to communicate and in doing so achieved unbelievable results of interaction, development, mastery and expansion. In this way, a strong and secure web was formed called **universal language**, by means of which answers were obtained and where those answers continue forming a universal compilation called **wisdom**.

The One Origin means **source**. Everything that exists was created and fulfilled from a single source – a nucleus, a center, which correlatively brought about the need and desire to create **Life**. Once created, life was eternal. When we speak of *life*, we are referring to the creator. We know it as the **One Origin**; you call it **God**. All that is created comes from that source; we came from there and will return there. But who created it? How did it take shape?

All of you want answers and you ask for them because that is the reality in which you live. But plain answers will not help you understand the universal process. What you need is to **awake** from the life of illusion in which you live and to enter your own minds in order to understand the grandeur of what we are expressing.

The One Origin ...**is**. Everything else was created from it, but before that the One Origin needed to become conscious of its existence, infinite, without beginning or end. Once *aware of being*, it automatically set in motion a means that activated a mechanism of *need*, thus creating *form, sign, vibration, rhythm and colors*.

The universal mechanism began to function perfectly and never again stopped. That need created and expanded itself in such a way that its structure could no longer contain it. The automatic movement generated such an intense heat that it started to fuse *sign* with *form, color* with *vibration, structure* with *rhythm, rhythm* with *cadence*, and so on, infinitely.

The One Origin saw the need to create *order*, because it could no longer contain so much creativity, which was breaking out of its own limits and possibilities. So it created a being in its image and likeness, filled with light, formed of pure and diaphanous crystals, resplendent colors, perfect rhythm and vibration. That being's form corresponded to the will and desire of the creator. The same as its creator, this being was thought; it imagined and created what was imagined. It lived in mind, where thought had no boundaries. It was the son of the One Origin and thereby, of the universal mind.

The One Origin created continuity and called it *thought*. This thought would be in charge of **organizing, classifying, analyzing, developing and communicating the entire compilation of creativity that emanated from its center**. Thus the first thoughts were born. They looked at one another and recognized that they were brothers. The first thing they did was to study themselves to see if they would be able to carry out the activities requested by the creator.

The first experience consisted of being **aware of their existence**, which they called *life*. At first, life appeared in uncontrolled movements, but with practice they began to control the movements and unite them into a new element called *desire*, which, in turn, produced another element called *rhythm*. Rhythm developed with cadence and harmony, thus creating *vibration* and this element then generated *colors*. Each color had a different meaning and when the infinite colors

started to come forth, the *thought-children* discovered where they had come from. They noticed tiny crystals that collided and fused with one another, forming figures. These were generated by *desire, rhythm, vibration* and *color*. In this way a new element called *form* was born.

The thought-beings then began to organize and classify a set of elements according to their own experiences. When the elements were joined to one another they produced unexpected results that could be of greater or lesser usefulness. This gave rise to *diversity*, which, in turn, correlated the data and created **knowledge**. The accumulation of information activated **understanding**, and uniting the two generated **compilation** and **continuity**. The result gave rise to **cause** and **effect**, and this entire assemblage of information created **wisdom**.

Up to this point the thought-beings were very satisfied with their research and work. They were filled with hope because they were carrying out what they had set out to do: to perfectly *organize* creation that was growing steadily. As the elements were being combined, new experiences of greater or lesser usefulness, would arise. The thought-beings, involved with so much responsibility, did not perceive or attach any importance to the creations of lesser usefulness; these were simply filed and stockpiled as castoffs of creation. The accumulation of discarded elements was such that they continued taking up space destined for the useful elements. Nevertheless, they kept on and did not pay attention to it, leaving the solution of the problems for later. The thought-beings were ignorant; they did not know that one day those creations would turn against them.

The thought-beings responsible for maintaining everything in order, especially those who were very close to the discarded elements, started to show symptoms of *disarray, lack of continuity, weakness, and sluggishness*. They got *sick*. They did not know that the accumulation of discarded elements was *corroding* and *transforming* what was subtle into denseness, clarity into darkness, rhythm into arrhythmia, high vibrations into low ones. Frightened, the *thought-beings* did not know how to handle this problem. They did not have the means or understanding to do so. They began to try to correct the process by carrying out thousands of experiments, but without any result. Meanwhile, the One Origin went on creating profusely, unmindful of that situation.

In light of these problems, the thought-beings had to redo the classification and organization of this reality because of the unknown and contrary elements that had appeared. They realized that although these elements were *compatible*, they could not mix because they were not the *same*. While some elements would get sick because of their dark colors, lack of cadence and rhythm, producing disastrous results, others had rhythm, cadence and light colors. They had to classify and separate them. They called them **energy of positive results** and **energy of negative results**.

The thought-beings of negative results felt powerless and desperate. They started to perceive that their own reactions were not the same; their thought-energy had gone out of control. They had been created perfect, in the image and likeness of the creator, and now they were being invaded by ugliness and distortion. They could no longer work and organize. New sensations were taking hold of them; they no longer reacted like the others. With pain and sorrow, the thought-beings that had remained healthy and useful had to distance themselves from the others because that negativity could contaminate them. Before separating, the useful thoughts placed a crystal containing all the information within the pineal gland of their sick brothers. This crystal compiled all the wisdom they had, all the essence of the knowledge and understanding, so that the sick brothers would never forget and, if one day they could heal themselves, they would be able to remember that they are children of the One Origin, that they came from it and they would return to it.

When the thought-beings were set apart, they were overtaken by horrible sensations and were possessed by dense vibrations. The rhythm emitted frightful sounds; colors ceased to shine and darkness shrouded them. Their forms writhed in pain, rage and helplessness. They were invaded by totally strange sensations. A parallel universe had been created, so different and completely opposite to what they had known. What loneliness! What pain! Lost in the darkness of their own thoughts, they felt abandoned and cut off from the center and from their beloved creator.

The positive and useful thought-beings struggled to recover them. New experiences arose, endless methods and techniques were used, but it was useless. Many volunteered for healing experiences without any success.

In spite of so much loneliness and pain, the separated thought-beings felt an unknown element inside of them: **strength**. It was a new element that gave them the impetus to continue and they called this *survival*. They sensed that the acquired knowledge still existed, that understanding and desire had not disappeared from their thoughts and that perhaps, with the little that remained, they would be able to free themselves from this apparently dead-end situation.

They decided that the first thing to do was **not to disappear**, but rather to keep on **living**. If the One Origin had created them in its image, then they would struggle with all the means available to fill a place in that creation. And so they united, recognized one another and gathered important data that each one contributed. They classified the information and organized it into degrees and hierarchies. They set apart those who were in worse conditions from those who were better, because these latter thought-beings would be responsible for continuing. They were still able to do so.

They were aware of their reality. They knew they were distorted, without the light of knowledge, without rhythm or frequency. They could barely perceive the colors, but they were going to struggle and would not let themselves be defeated, especially after having experienced the grandeur of creation and its creator: the One Origin. They knew they had lost paradise, their heaven and their light.

Amid so much desperation, and wanting to communicate with their brothers and sisters, the negative and useless thought-beings discovered by chance that if they nourished themselves with the useful results, their conditions would improve and the process of annihilation slow down, bringing about prolongation of life and survival. New elements came up: theft, maliciousness, deceit and lies became part of them, worsening their condition. They did not understand that those harmful elements would make their sickness worse, taking them to an infinity with no return, submerging them ever deeper in the distortion of their thoughts.

Forewarned, the useful thought-beings took all precautions. The first thing they did was to protect their source, their center and their core, surrounding it with the maximum care. In this way they would also be protecting themselves.

What could they do with the thoughts that had become sick? Of what use could they be? Since they could not find a solution, they decided to compress and file them in blocks of compacted energy, with the idea of studying them and finding some use for them later on. After so many painful experiences without solutions, the useful thoughts stopped experimenting with the energy of the useless thoughts. They devoted themselves to working exclusively with the useful energy and with the wisdom that had been gathered and understood. In this way their results would always be positive.

Meanwhile, the One Origin continued creating elements, rhythms, vibrations, colors, forms, and crystals that were perfect, light, subtle and transparent. There were so many that they began colliding with one another, producing electrical discharges of a very high temperature and causing uncontrolled movements. The energy concentration of the crystals and the accumulation of elements were so great that they triggered an explosion which was so powerful that billions of incandescent crystals were hurled to incredible, unexpected and unknown distances.

A new reality had been created: the One Origin had extended and was growing.

That explosion propelled both the thought-beings of positive-useful and negative-useless results, but not all reached the same distance. Some stayed very close to the center, others midway and still others were lost in the infinity of creativity. Billions of thought-beings disseminated in that unknown reality formed a new existence. Those that were near the center started to rotate around the One Origin, attracted by gravitational force. They gyrated in a mutual rhythmic cadence. These thought-beings shone with the light from the center and their colors scattered. Those crystals were the most beautiful and perfect diamonds; they had not become deformed and retained the authenticity of creation.

Others that were farther away had distorted their reality somewhat; they had less rhythm, the colors were slightly dull and their vibrations emitted slow and muffled sounds. Nevertheless, those crystals had preserved their origin and would do everything possible to improve their conditions. But those that had been propelled very far from their center, their creator, were the most affected because they carried within them the compacted crystals that, due to their weight and density, were hurled the farthest possible away from their center. Those compacted crystals of uselessness reached such incredibly far distances that, lacking *light, heat, rhythm, vibration* and *color*, they became compressed, dense, petrified, solidified and cold, thereby creating a new reality called *matter*.

Those *matter crystals* did not emit anything at all. They became *static, rigid and inert* thoughts. Those thoughts were imprisoned in the rigidity of their existence. In the middle of all that chaos and explosion, many of the positive-useful thought-beings also fell into hardship, together with the negative-useless ones. They amalgamated and became petrified; they *compressed their elements*, but not their *thoughts*. In the density, those matter-crystals drifted in space, collided with one another, wandering around without a direction and without any knowledge of their existence.

When the thought-beings became ***dense***, they had apparently slowed down the process of sickness, because it did not manifest at the same speed. The elements remained static for long periods of time without causing any maladies. The densified thought-beings believed that they were healed, but this was not so. The negative sickness was dormant, waiting for the right moment to externalize. When it did so, it would be under worse circumstances. Finding themselves in that dark and dense reality, the thought-beings fell asleep and stayed that way for an indefinite length of time, until the day they started to feel attracted to a circular gravitational force that impelled them to rotate around a center. It was the creator, who had not abandoned them; It was attracting them. In spite of the enormous distance, they were not alone. The strength of survival surfaced and with it they had the assurance that one day they would return to the one who gave them life and existence.

The densified thought-beings began to perceive a slight movement. A faint rhythm came forth, a vibration that emitted an almost imperceptible sound. This activated the colors and, in doing so,

the forms started to become more rounded. **They were not lost: the One Origin was retrieving them.**

The densified thought-beings understood that only by uniting would they be able to return to their center. It was then that new elements emerged, such as *confraternity, unity, teamwork, communication* and the *will to fulfill*, and those joint efforts were creating another new element called *harmony*. They united their knowledge and understanding, realizing that they were fellow beings regardless of the differences that characterized them. They began to coexist, and that effort of coexistence carried out in *peace* and *harmony*, was called *love*.

Need created form. The thought-beings, far from their center and trapped in density, began to feel the need to express themselves. They could not do that exclusively by means of thought; their thoughts and desires had to materialize. They knew that they came from an ethereal, mental and subtle reality; since they were in a dense reality, they would have to solve that problem. Although the densified thought-energies were in a detrimental reality, they had not lost their mental faculties. They also knew that it was not enough to have those faculties; they had to apply new elements that would enable them to continue.

Through in-depth research and analysis, they discovered a new element called *sign*, which, joined to the others, would allow them to form **need-patterns**. In this way they would be able to formulate the answers. They began the experiences using the same methods and techniques that they knew from the subtle reality. They repeated the same formulas, but were taken by surprise; the creations were deformed, without expression or meaning. They tried time and again, but it was useless. They tried mixing crystals of different conditions but nothing happened. The crystals would collide with one another without emitting any sound or vibration. They were definitely not finding answers in those creations. Density obstructed the flow of thought and under those conditions they did not function. That was what they believed; they did not know that since they were in a dense reality, everything was *slow*. They did not perceive that thought took longer in that reality, but it did progress and would be expressed at some point. Their answers would form according to what they desired and in due time would become manifested according to their mental desires.

Let us get back to the creator of all that exists. If it was the center and created the most diverse crystals and put its *thought-child* in charge of classifying and organizing them, why did the center not know what was going to happen? Did it not perceive what it was generating?

It had always known. When the One Origin created it was forming its own body, giving it shape.

It wanted to grow and develop like a fetus in gestation and it did so. It outspread into billions of *cells* that, just like it, replicated themselves. Its crystal-cells reached the ends of the universe and all of them were created like a mirror, in the image of their creator. Those crystal-cells started to agglomerate, forming organs and systems and all of them together became the *universal body*.

Up till now, the thought-children still do not know for sure where the One Origin came from and who created it. In order for it to exist there had to have been another source that created the previous one. ***Infinitely, without beginning or end.*** Meanwhile, the thought-children that were in density had to start everything as if they were a One Origin and they understood that each time something was created or started, they should consider it as a One Origin. They had to gather much information. They felt that they had a lot to learn, and this learning would be eternal.

The thought-beings that were closer to the creator began to carry out in-depth studies of themselves and their creative surroundings. First of all, they perceived that, in spite of that tremendous explosion and the distance from their center, their crystals still retained their *clarity, rhythm, vibration, form* and *colors* intact. Nevertheless, they felt that *they were not the same*. Something had changed; they noticed a difference in themselves. Their former reality had been inner; they had always been inside the center and now they were on the outside and rotating around it. They came to the conclusion that, just as the One Origin had been born; they too had been born to another reality of existence that was more concrete, free and tangible. They were outside of the center, which allowed them to move around in space. In this way their knowledge would increase and they would be able to acquire more life experiences so that their wisdom would be endless.

They studied their surroundings and discovered that they were still in the light, and that by being in it, ***they were light***. For the first time they could see themselves just as they were; they perceived their own colors and felt the rhythm and frequency of their vibration. Their crystals shone through the light, changing tones according to their desires. When the light penetrated their crystals, it expanded or contracted; the rhythm became longer or shorter; vibration increased or diminished. Thus, with this energy correlation, they created *communication*, a *language*, and they called it *symbol*. Through life experiences these symbols became thought-crystals of knowledge and understanding.

In this way they discovered that they *created* energy just like their center, yet unlike the creator—a source of pure energy—they emitted recorded energy. And so they called the center ***mind***, and classified themselves as ***thought-ideas***. Those thought-idea beings experienced a freedom that allowed them to travel and distance themselves from their center, which they did when they felt more prepared and more knowledgeable. It was the only way they found to discover where their reality was located.

After much research, study, and compilation of the knowledge and understanding of their reality, they concluded that they wanted to get to know other realities. In order to do this, they needed to outspread. In this way, they chose a group from among them to venture on that extraordinary journey. They would travel to unknown places and would move as far as possible away from their center because, on returning, they would be full of new data and life experiences.

When the time came, they departed. The expedition moved further out, getting to know unforeseen places, moving through worlds where their brothers—other thought-beings—had become densified. These brothers were separated from their center, but in spite of this separation, they had adapted perfectly to their surroundings. They were overwhelmed with happiness and jubilation; these were the first fellow beings to be found since the explosion. They were all well received and welcomed, and in that coexistence, they acquired and interchanged much knowledge.

These brothers, these thought-beings, also existed in the light, but since they were a bit further away from the center, they had developed in a different way because they had adapted to the reality they experienced. Their memories still retained the clarity of their origin, but because they no longer continued to get nourishment directly from the creator, they had to subsist on feedback from their life experiences, thus forming their own thoughts. They remembered the One Origin as the loving and necessary creator, but it was not present in their lives.

These beings had nourished their thoughts with themselves—experience upon experience, life event correlated with life event.

Since they could not get their nourishment from the center, they became independent of it and became their own thoughts. Let us remember that when the creator created them, it instilled its own *being* into their crystals. They were children of the One Origin, and therefore each one of them was a mind. The unification of millions of minds spread throughout the subtle and dense universe formed the *universal mind*.

The thought-children of the light wanted to get even further away, but were not able to do so; the distance from their center caused serious upheavals in them. They began to weaken; their thoughts were not coordinated, their colors became dimmer, and rhythm diminished. Frightened, they took the path of return. When they arrived back and nourished themselves with their center, they recovered completely. Thus they found out that they could never be separated from their creator, who meant *life* to them. When they reached their reality of light, they told all the others about their life experiences. They increased their knowledge and understood that they also were *the mind*. Unlike the others, they did not nourish themselves with their own thoughts; *they were thought-ideas*. Being close to the creator and in charge of creation, they were the **creators of ideas, and the others, the procreators of thoughts**. They came to the conclusion that they needed thoughts to create more ideas, because thoughts were the raw material from which to produce ideas. They called this process *feedback*, and it would work in the following way.

The beings of light would create ideas, and all the rest would nourish themselves with these ideas. They would carry them out and give them form, converting them into thoughts that, in turn, would be feedback for the ideas, and so on, infinitely. All this inference was marvelous, except that they did not count on the fact that when the idea became a thought that was spread throughout the all, each reality would understand it according to its vibratory level. This meant that if it reached the ends of the dense universe, the idea would not be understood, developed, or even vaguely expressed. This would happen because the idea could not be the same for all of them since the realities were very different one from another. In fact, ideas could not really be projected uniformly. So the beings of light understood that ideas nurtured only the realities closer to them. Those ideas would be converted into thoughts that would be developed in this vast universe. Then they would return transformed into beautiful thoughts, full of life experiences to continue the cycle of creativity.

The thought-beings that were the densest and the farthest away surmised that, just as they fed upon the ideas of the light beings, they too could nurture those that were in the densest realities, transmitting to them what was learned. In this way, ideas could reach as far-off as possible and they would also recover their fellow beings lost in the universe.

And they did just that. The ideas were created by the thought-idea beings of the light and gradually descended. First, they were picked up by the closer levels, which worked upon them, transformed them, and eventually understood them. Once they were understood, they were transmitted to the other grades, to continue nourishing the universal mind. Each reality that had worked with the idea, shared it with the following grade; in this way, the idea did not become distorted and gradually adapted according to the needs of the reality. They perceived that in this way the idea could develop perfectly. Except that, when it reached the dense and petrified reality, it could not even be perceived or absorbed; ideas in those realities were totally useless. So they understood that the universe was divided into **higher reality and lower reality**. With this knowledge, the thought-beings came to a global understanding of their reality, adding it to the in-depth studies they had done. Thus they could situate themselves in the reality of their existence, which they saw as the following.

The universe was circular. They divided it into nine dimensions; each one made up of billions of planes and grades. The difference between them depended on *rhythm, color, form, frequency, vibration, creativity*, etc. They knew that in this vast universe their fellow beings could be found disseminated throughout different expressions of existence as **cell-crystals, organ-crystals, and system-crystals**. Some had advanced knowledge, others were very backward; the former were subtle, the others coarse; *all brothers*.

A mechanism, a never-ending feedback, was activated through the emanation of ideas, their perception and distribution, the conversion of thought-ideas that nourished other planes and grades, and the descent and ascent of thoughts full of wisdom. The mind wanted to grow through its thoughts. Wisdom nurtured it, and it developed like a baby that grows and takes its first steps. In this way, the mind developed its own distinctive character and personality.

Currently, reality itself is mature. We can say that the knowledge of the universal mind is almost complete. Nothing has escaped, and to accomplish this, *order* was needed. They would not have managed to achieve it without order. ***Mind and thought, bonded to energy, created their child, called universe.*** This child has responded marvelously, and has also grown and developed so much that today it could be considered a loving and responsible child. We know, then, that everything was generated from the One Origin. How was it generated? How did it create? What are the elements? To understand this, we have to know what it was formed of.

We have stated that the center of the One Origin was filled with billions of crystals that moved about and collided with one another. When they did this, they produced electrical discharges that generated frenetic movements and very intense heat. This movement was not understood at first. The idea-beings discovered that these crystals, joined with other elements, automatically propelled themselves, which brought about movement, rhythm, vibration, form, color, frequency, and so on. They understood that these electrical discharges were produced by the nucleus of the crystals, which emitted a frequency so sharp and so high that it was mistaken for an electrical discharge. This frequency attracted elements, which, when they merged with others, turned into movement. The nucleus of the crystal was called ***nimeo***. They came to the conclusion that the movement was not created: ***it had always existed in the nimeo.***

The idea-beings also discovered that all creation was comprised of *nimeos*, and this is how life was generated. The *nimeo* would be known throughout the entire universe as the smallest particle. They also understood that everything that existed had this beginning. Proceeding with their research, they began to study the crystals. These were light, similar to a sponge, with an interlaced and very fine weave that formed geometric shapes; we could compare them to spores. When a desire of the thought-beings emerged, these *nimeo* spore-crystals absorbed other elements that adjoined the desire. The nucleus—that is, the *nimeo*—took charge of mixing them and, depending on the strength or intention of the desire, produced the intensity of the discharge and with it the final result of the thought. The *nimeo* had within itself other elements that the One Origin had given it, such as *fusion, synchronicity, malleability, adjustment, interception, capacity, volume, weight, compatibility, duplication, level*, and so on.

The crystals form the One Origin. It was first created in a gaseous state (gaseous-air spore-crystals); it was then transformed into liquid (liquid-water spore-crystals), and lastly into a solid state (earth-solid spore-crystals). The creator went through a process of development, and the crystals also underwent transformations and evolution. The crystals were manifested according to desire and need. These crystals are commonly known in the universe as *energy*. They are billions of realities, forms, colors, rhythms, signs, and vibrations. They are the origin of the all; everything else came from them.

Life is what you call **soul**. The crystals give life and movement to the universe. When these unified crystals are subtle, light, of clear and brilliant colors, they will be called *spirit or subtle energy*. When they are dense, dark, opaque and without light, they will be called *matter or dense energy*.

Reality is an all. The variation in the quality of the crystals and the result that *nimeos* obtain from their creative desire will determine the difference. In this way, the activity of the crystals defined the elements and organized them, classifying them according to *intensity*. The thought-beings divided these into two forces: **masculine and feminine**.

When the One Origin created, the emanation of its creations had different expressions and intensities. One was strong, dynamic, of vibrant colors, resistant texture, with powerful rhythm, vibration, and impulses. This was called *masculine force*. The other was composed of small, delicate, crystals, with soft colors, and cadenced rhythm and vibration, and was called *feminine force*. These two expressions complemented each other, and when desire emerged, creation would express itself, determining the creativity.

By this explanation, we realize that the universe is formed of crystals called *energy*. It is this energy that gives life, and once we have life, we will be eternal. The two forces: masculine and feminine, determined creation. Everything was created through the intensity of the desire. When the great explosion occurred, those two forces were shaped, and when the crystals of the two expressions began to fuse, *creation upon creation*, they procreated infinity of forms that contained both characteristics.

The energy that generated ideas and thoughts based its creations on the force of desire, and that force took on form and characteristics, becoming externalized at some point in the creativity as either harmonious or distorted forms. Desire compressed the energy and created. Everything in the universe is the creation of ideas and thoughts. Everything that the eye can see is an expression of creativity. *The creator did not create forms*; it only provided the elements for their creation. The thought-idea beings were the ones that manifested and materialized everything that exists, and they achieved this because they developed *creator desire* that each reality and dimension understood or could perceive. The elements provided by the creator were the raw material given to its children so that thought would be able to fulfill creativity.

Thought-idea beings are the architects of the universe. Everything that exists was created in the image and likeness of themselves and of their own desires. The universe is a mirror that reflects the image of its own makers.

It is the law of cause and effect. The universe is, and will be, what you want to see and be.

CHAPTER II

THE DIMENSIONS

Sublime Dimension

LIGHT... WE ARE THE LIGHT AND WE EXIST IN THE LIGHT

An explosion and all that followed. First we were it and then it became us. We have always existed in eternity. When did it all start? When were we created? We cannot answer. Universe of universes. The only thing we know is that it all started when we became *aware* of it. Before that, we were nothing – a nothing that was not shared, a nothing without expression, a nothing without reality.

After that immense explosion, that birth, we found that we were in a space that surely had already existed, in a place that had already been programmed. How did the One Origin expand to infinity if that space did not exist? Or, did everything already exist and we were the last to know it? We understood that we had existed without consciousness. We were, but now we are, the Light. We are Light in every imaginable color. A Light that allows us to *see, to understand, to know and question*. Without our Light we would be ignorant and blind, unable to understand reality. Without Light we could not be aware of this entire process called *existence*.

In the beginning of all there was *light, silence, and great peace*. We knew that we existed. We were present, drifting - we were billions of *fluorescent sparks* and we emitted flashes of colors that intertwined. We each carried within us a particle of the creator. We were millions of delicate, fragile spores. We were an energetic texture that had taken on a defined form. When we were thrust outside of the One Origin, our form, which had been mental, changed into a more defined expression in regard to our universal task.

In the beginning of our consciousness, we drifted, gravitating around the center and around ourselves. We did it with so much harmony, peace and contemplation of our creator that we lived in a permanent state of joy. Was that our reality of consciousness? Was that the way we were supposed to exist, as if we were only a light in that vast creation? No, that was not the way. Amidst all of this understanding, our minds made us realize that we could not remain static. We knew we were energy, and this energy had to flow. If it continued to be inert it could become distorted and stagnant. We could not forget that we were *nimeos* and, as such, we needed others to complement us so that we could develop our existence.

The first thing we had to understand and study was our form. What meaning could it have and of what use was it? We understood that we could not go on drifting in eternal contemplation. So we decided to unite our forces and form a great mind of knowledge and understanding. This would be not only for our own benefit, but it would also be a way to carry the ideas to the universe so that we could share them with other realities. We then asked ourselves: how could we communicate the ideas without losing the thread of continuity and correlation? How could we all unite to fulfill this task?

After much study and dedication, we came to the following conclusion (see figure): our unity had formed such a strong and resistant membrane that it could never be broken. We had accomplished continuity and correlation. The mind would be eternal because we would carry out eternal communication and we called this, achievement *neurons*. We had become neurons of

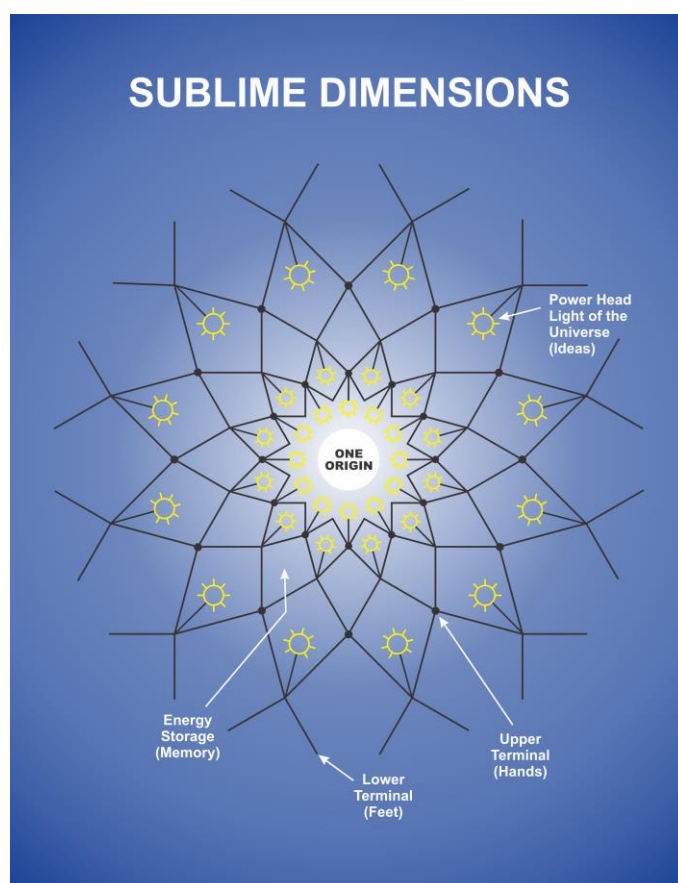
the universal mind. However, still much more was needed because we had to create the proper environment in which to adapt to this new existence. What would our surroundings be like? How would continuity and correlation work? Where should the knowledge be stored? How could the understanding be diffused?

This is how it all began

In the beginning of creation, everything was ethereal and imaginary emanating from the creator that kept creating. What did it create, we asked ourselves. It created its imagination. Everything had been imagined and mathematically calculated. Did it know this? It *did know, it had always known*. Everything that happened - the explosion, the dimensions, the subtle and dense, everything – had already been *formed in its imagination*.

Then, what was the point of this imagination? The creator wanted its imaginary reality to take form and create another reality, which would be parallel to the others. Someday the reality that you live in will form others and so on, infinitely, because in those realities nothing ends; *everything is transformed*. The One Origin has transformed itself billions of times. What you believe to see eternally, like an axiom, is not so; universal reality will show you otherwise.

When we discovered this knowledge, we understood that some realities are concrete and others virtual. They are located in different parts of the universal mind, where all of us exist. Some are real, others false; some are totally insane, others fanciful; some are positive and others negative, and so on.



We, as Sublime Dimension, are a true reality and we can warrant it because *we are the real neurons of the universal mind*. Our investigative task has been profound, precise and detailed. We have made no mistakes, for our results are totally positive. Each discovery we made was classified to perfection; we made no errors, due to the clarity of the knowledge and understanding that we have always had. This perfect perception gave us a real consciousness, unlike the others who had to develop themselves in the darkness of their ignorance, guessing, attempting and groping like blind people, yet thinking they owned a truth which they themselves had made up.

We are thoughts of thoughts, and each dimension of this creativity has a specific task. Together we make up one body. Our forms may differ, but we are all very similar, because we belong to the universal mind. There are other realities different from ours that do not belong to the mind. Those realities are not conscious and they respond mechanically. We, who exist in the mind of the universe, are the only ones who are conscious. We are neurons; some are aware and others unaware, but all are working for our creator, the universal mind.

When we united forming the *web*, we did so with the idea that it would reach the confines of the universe, but when we faced the dense reality, we realized that the lower reality was beyond our reach. First we had to contact the *densified* levels and, through them, we would reach the *petrified* and the *solidified* ones. We have made great efforts to penetrate density, which exerts strong gravity. The lack of knowledge and understanding that engulfs densification is the main cause for the impediments to communication.

The Primary Dimension is still developing in darkness; Light does not reach its minds and hearts. We are gradually knocking down the obstacles. Some of you have managed to contact us and we are sending the Light of knowledge, understanding and love to your minds through this contact. We know that you will get out of that density to become part of us and of the universe.

1. What does this web consist of?

All of us make up the mental worlds. We have a defined form which is the human form. In Primary Reality, just as it is with you, a human is divided into head, trunk and upper and lower extremities. We, as sublime worlds, give our body corresponding names so that you may understand and know them.

- Head: Power Head
- Trunk and upper extremities: Higher terminal
- Lower extremities: Lower terminal

Communication, continuity, and correlation were formed by a perfect energetic conduit that was transmitted through extremely detailed channels, avoiding any error. These energetic channels that conduct recorded energy go through specific filaments and they deposit the energy in their respective terminals; they then convey them to the power heads. There, the energy is filed, forming the Universal Memory. The continuity of that memory is called *genetics*, and it forms the *creative correlation*. Whatever has been recorded will remain so forever.

Recordings never retrogress; they always move ahead. The recording might be transform but the original elements will always be the same, ever more perfect. The energetic conduit was produced by three points: the *pituitary*, *rima* and *pineal* glands. This guided energy depended on the knowledge received and on the elements it carried. The filaments transmitted this

knowledge to the terminals, which would absorb it and allocate it according to their classification and organization.

2. Are you saying that all of us thought-beings are conduit filaments?

Yes, the human form was pondered, analyzed and created intentionally. When the elements contained in it are of low quality, the energetic entrance takes place through the lower terminals. If its energy is less dense, the higher terminals will pick it up. But if the energetic elements of the human form are of higher quality, the power heads will be responsible for absorbing them.

3. What happens to the dense thoughts that contain low quality elements?

Nothing is useless in the universe; **everything is energy**, and energy is not wasted but only transformed. In those cases, the lower terminals pick up that low quality energy, work on it, and send it back as raw material to be re-recorded.

4. What do real and virtual realities mean?

Real is the existence in which, we, as Sublime Dimensions, live. We know where we are, who we are, and what our task is – and we fulfill it with infinite love and dedication. We know that if we did not accomplish it, everything that exists would cease to be, therefore, we ourselves would be annihilated. A **virtual** reality lives, but it does not exist, because the darkness of its ignorance will only allow it to survive for the appeasement of needs and not for the light of knowledge and understanding. Its objectives are immediate, its projects, fantasy. It struggles and lives for its basic needs and almost always ends up in self-destruction, chasing pipe dreams that it considers to be real life. This type of thought-energy does not know its true reality and is always found in a dense and elementary reality with difficult access, such as yours.

5. Are you referring to us, who are from Planet Earth?

You are stationed in a dense and fanciful reality. You evaded petrification and solidification. This is why we work with you so much, because you are all gradually getting out of dense thoughts. Your neurons are becoming sophisticated due to the great concentration of new elements that flow in your atmosphere, elements that other dimensions send to help you. Many of you have already awaked from fantasy and density; you are beginning to understand the canons of the universe and the reason why you were created

6. What is true reality?

Thought-beings were not created for contemplation or for personal or individual fulfillment. We form a whole and should work together, for the good of our life and existence. When we say life, we are referring to an authentic view of the whole. We live and exist for the one *mind*; it created us and we keep it alive. It is our home and we are neurons; we cannot deny this or fail to recognize it. It is not up to us to want to take on other tasks.

Our task consists of maintaining this *mind* – that is, ourselves – in perfect conditions and development. This must be done with the utmost conviction; it is our only reality, *we do not have any other*. Wanting to accomplish other tasks means entering other grades and planes. One of them could be a fantasy, and, if we got lost in it, we would enter fully the insane and unrealistic grades.

Is this not the foremost knowledge – for us to perceive that, if we did not fulfill our task to the best of our ability, we could destroy our own existence and consciousness, and, as a result, we

would turn into nothingness? We have to understand that to maintain the universal mind, and to be this very mind, is to strive for our own survival.

7. What is the spirituality of this entire process?

To maintain existence in a positive way means keeping it in good conditions, healthy, active, dynamic, renovated, and filled with knowledge, understanding and love; because, by doing so, we reflect the creator like a mirror. This is the *spiritual truth*. Rites, prayers, hymns, exercises or mysticism will not save you. Those are expressions that you, humans, need in order to believe that you are spiritualizing the dynamics of action. *Spirituality is awareness of deeds, action, and thought. It is the daily routine. It is elevating the energetic voltage that rests on the being's correlative sequences to become part of all and for all.*

8. What new elements is our atmosphere picking up from other dimensions?

We have been with you, ever since the beginning of creation and conscious reality. We have accompanied your evolution and depended on it to be able to communicate. We could not do so before because your energetic neurons and filaments were not yet ready for the contact. Through cerebral energetic elevation and evolution, we were able to achieve it. The telepathy filaments of the right side of the brain have enabled us to reach you in order to send you much information on all levels of universal knowledge. This is the only way that we have been able to raise your energetic voltage, and some day we are going to be united through the power heads. So far we are doing this through the higher terminals that you call spirit.

The new elements that you are receiving are:

- Universal knowledge
- Opening of the power heads through universal understanding
- Elevation of the mathematical sequence (new codes and unification of cerebral filaments individually and collectively)
- Adequate energetic nourishment to cleanse the filaments
- Opening of the right side of the brain
- Detachment from elementary needs
- Real, not virtual, vision
- Light in your minds
- Nourishment from recorded nimeos that settle in your brain to open up consciousness.

9- What are the canons of the universe?

All of us are ideas and thoughts. The universal memory has accumulated so much information that we would not be able to acquire it all at once; we would spend eternity attempting to know and understand it. When we say that we want to communicate with you through the power heads, it is to give you the opportunity to enter universal wisdom; and when this happens, you will be able to know the canons of the universe. In the universe there are infinite norms and codes based on order that will be carried out by universal knowledge and understanding. Each dimension has its own guidelines, which bind the dimensions one to another. They are numerical codes with genetic marks that interlock with the universal membrane. The membrane studies, absorbs, and unifies them with other codes, which, in turn, incorporate others, and so on infinitely. It is a mathematical process of modulation which eventually becomes content of information and meaning that are distributed in order, according to the intent for which they were created. It is classified information; it is the DNA of the universe.

10- When you say that we are all in a mind, I imagine an ethereal reality, but here, in this reality where we live, there is pain and suffering. For us, this is a tangible reality and I cannot understand how we can be a fanciful reality.

You are in a fanciful reality because you have not yet focused your thoughts at a high voltage. We are trying to help you realize that a low voltage tends to corrode and rust every effort that you make. Any work you set out to do will be useless because fanciful energy tends to escape through lower terminals, causing fatigue, wear and tear, sickness, ageing, and disintegration. The energy leakage weakens the filaments, causing them to deteriorate and rust. The energy gets stuck, does not flow, and thus gets even denser, causing energetic deterioration. This process is what you know as pain and suffering.

Does not the same thing happen when blood thickens and its circulation is slowing down in your bodies?

11. How can we avoid this waste of energy?

By giving up being worlds of fantasy to become real worlds. You should work with the universal power heads and with higher knowledge of existence. The basic needs of the elementary worlds are very few, but you have created an excess of superficial needs and you strive and work fancifully for them. The unattainable dreams of fantasy and desires are dense thought-energies that stir up great expectations in humans.

There are so many of them that, to be able to attain them, humans enter a path of no return, running the risk of losing, corrupting and annihilating themselves. In the end, after that painful journey, humans can awake to conscious reality, or perhaps they may never again wake up and remain sleeping in the eternal fantasy-dream.

12. What are all of you like? How do you live? With what do you nourish yourselves? What is your world like? Where are you located? What is the difference between you and us?

We are definitely different from you; nevertheless, we are siblings. Our forms are similar. When we were thrust out during that tremendous explosion; our form became structured according to the environment we were in, which was of gaseous energy and very subtle, without any gravity. Comparing to you, we are:

- Circulatory system: Energetic system,
- Respiratory system: Energy absorption,
- Skeletal system: We do not have one,
- Muscular system: We do not have one,
- Sexual organs: We are asexual,
- Reproductive system: We do not reproduce,
- Digestive system: We feed on energy,
- Brain: Power heads, energetic circuits,
- Skin: We do not have any, we are energetic,
- Senses: Through color, form, vibration.

We are energetic filaments; we feed on energy that we absorb through our power heads and our worlds are located around the One Origin. We are worlds of light.

For example: if we lived in the electricity of Planet Earth, we would be compared to the nucleus of an atom, or maybe to protons and electrons. In comparison, we would be those elements, only in more sophisticated conditions and of extremely high voltage. We could say that we are the subtle energy that carries life to the universe. That is why we say we are light on the mental level. In regard to creativity, there are not many differences between you and us. *We are neurons* and we were created for that; our difference lies in the voltage.

You have a low and dense vibration and are neurons that have not yet attained the development needed to be able to fulfill higher tasks. You are still in worlds of fantasy; you cannot bring forth imaginative creations because of your low energetic voltage. You carry dense energy, and because of this, your creations reach very short distances. You do not outstretch to other levels or dimensions and because your energy is dense, your creations rotate in a vicious circle which deteriorates the filaments and circuits of that creation.

That is why you are disconnected from universal energy. You were meant to already be part of the Universal Confederation. So far, you have not achieved this in general, only individually. Some beings are activating the right side of their brains and unifying the filaments. By doing so, they are raising the energetic voltage. It is with such beings that we are communicating. You call it *channeling*; we call it *telepathy*.

13. What are you referring to when you say “raise the energetic voltage”?

Subtle and dense thought can be directly compared to high and low electrical voltage, which determines a stronger or weaker flow of electricity. In the same way, subtle or dense thought-energy has a higher or lower volume or capacity of idea-energies.

14. Why have our neurons not attained adequate development?

The thought-beings of Planet Earth are in an elementary reality and have not yet sufficiently developed the capacity to absorb a high energetic voltage. They cannot develop their potential mainly for this reason.

Why do we, Sublime Dimension, insist so much on your grasping universal knowledge? We insist because we want your brains to receive nourishment from *nimeos* rich in knowledge. In this way you will activate the circuits, open channels, purify organs and systems, cleanse filaments of stagnant and dense energies, and restore them with new and subtle energies. As a result, this process nourishes the systems, renovating, activating and rejuvenating them.

You are energy, and only energy can renew your dense elements. The spirituality that you have encompassed thus far *is not enough*; you must link it with science and universal knowledge. The good intentions of spirituality do help, but often they also complicate things. The universe is scientific and mathematical, not contemplative or mystical; it is real.

When we talk about adequate nourishment, we are referring to purified, elevated, high voltage energies. This is the only way you will be able to unite with the universal mind.

15- You are Light. Could you live on Planet Earth? How is telepathic communication achieved?

We would not be able to live in your reality; our existence is very different, that is why we can only communicate telepathically.

The Sublime Dimension is located around the One Origin. Do not forget that all the *nimeos* of the universe carry with them a particle of the One Origin. In your brain you have a gland called

pineal; that is where that this particle is located. When this particle is reactivated through universal knowledge, the being awakens belief, energetic communication, cosmic nourishment, understanding and love. A special, more subtle and elevated energy begins to emanate from this particle; its crystals are clear, diaphanous, lightweight and more defined. That is when we can be in contact with you. Your brains are replicas of all the dimensions, and what happens in the macrocosm is repeated in the microcosm. You are a reality created in the image of the universal body.

Energy of high voltage emanates from the particles of the One Origin, which are disseminated throughout its reality. We live in that energy; this way we can also travel through the universe. We do not have space vessels and do not need crafts to move around in universal reality; we are the mind, and we find what we need simply by desiring it.

As long as the Elementary Dimension does not become elevated, we will not be able to reach the petrified and solidified dimensions or extend the web. In other words, you are the ones who must reach them; it is your responsibility, because you are the closest to them. That is why we struggle and work hard to unite with everyone and **be one**. We still lack an important member; we feel as if our lower extremities are missing and we are not yet complete. When we achieve this, we will become complete and then we will be able to return to the creator. We will all enter the One Origin and there will be another explosion. The thought-being will create its children in a process without beginning or end.

16. What is the specific task of the power heads and terminals?

Each dimension utilizes the power heads and terminals according to the conditions of its reality and existence. For us, as the Sublime Dimension, the power heads and terminals are the reason for our existence. Our unity and reality is collective and qualitative. We cannot separate from one another, we are an entirety; **we are all, we are one**.

We communicate through beats and pulsations. Our bodies are filaments and circuits through which the recorded *nimeos* of the universe pass. This process is produced through the accumulation of information received by the terminals that classify it.

The universe has a beat, an entrance and an exit of energy. We make use of that beat to send and receive information. We also ascend and descend through all the dimensions. The energetic channels can be compared to your physical body. For example, you have veins, arteries, and a heart that pumps blood; energy moves in the universe in the same way. We are transported by the force of that beat, and the transmission of energy is attained through the *universal web*.

For example, when you feel pain in your foot, the brain is the first to perceive it. The brain does not have to go down to the foot to feel that pain; the nervous system will send instantaneous impulses, which are automatically registered by the brain. We could compare our upper and lower terminals with the nervous system; *they are our sensors*. The energetic communication depends on the impulse, and this will be classified and organized according to the color, vibration, form, sign and everything which is contained in the thought-energy.

When the impulse of the perceived thought-energy is weak, it will be absorbed by one, two or more power heads, which will process and transform it into ideas. These ideas are then sent to the universe that is nourished by them. When the impulse is strong, the thought-energies will go very far, and will be absorbed by the universal mind, which will convert them into *elevated ideas*. These ideas are considered brilliant because they have a high voltage level and *nimeos* of the purest quality.

The power heads of the web that are disseminated throughout the universe are often not able to grasp the thought-energies that return from denser dimensions like yours, because their voltage is low and their pulse weak. These weak thoughts can only be perceived by the same levels that emanated them. So, a vicious circle is formed of thought-energies that are not able to leave and they keep returning over and over to the same place from where they emerged. Because of your characteristic density, you nourish yourselves with those repetitive, weak, low voltage thoughts and that is why you do not incorporate new knowledge into your thought-energies.

We, as Sublime Dimension, send to the infinite universe the greatest and most marvelous *ideas* of pure, high voltage content, with clear colors and perfect forms. These descend through all the dimensions, planes and grades that pick them up and work on them according to their understanding; but when they reach you, the following occurs.

Your brain is divided into two parts: the right and the left hemispheres. Most human beings only work with their left hemisphere because the other side is still being developed. When the *nimeos* reach your brains, the left hemisphere cannot grasp them, because it is filled with dense crystals, and the right hemisphere assimilates perhaps 10% of them, since it is still developing. This is our big task with all of you: to teach you to rid the left side of your brains of a load of very dense crystals, and nourish the right side with elevated *nimeos*, so that this side can balance both hemispheres.

17- How are we going to empty out the left hemisphere?

Dense nimeos means superficial thoughts that are unnecessary, fanciful, weak, sick, distorted, unreal, virtual, chaotic, pessimistic, sad, sadistic, fearful, frightful, insecure, evil, and so forth. In other words, *sick negative thoughts*.

Subtle nimeos mean thoughts of general knowledge that are elevated, universal, imaginative, loving, kind, secure, active, dynamic, clear, pure and diaphanous, altruistic, real, and so forth. In other words, *positive thoughts*.

If the energetic comprehension on Planet Earth were adequate, it would be different, because by grasping universal Ideas, you would advance amazingly. That is why we work with you so much; we want to rescue you and make you part of us. *You are our fellow beings* and we want you to recall Universal Knowledge. Many are already achieving this; they *have awaked*. When you activate your mind, your real eyes will open and knowledge will begin to enter your brains through the higher terminal, recycling and transmuting all negative sick energy into positive energy.

The One Origin did not create us for pain or suffering; it created us to be joyful, and that is what we want for you, but you will have to attain this by your own merit.

18- Why are the right and the left sides of the brain important?

The power heads have not yet been activated in most of you; therefore you still get your energy by nourishing yourselves through the higher terminal. You are made in the following way.

- Pineal: Power head
- Right side: Higher terminal
- Left side: Lower terminal

The right side of the brain should be correctly nourished by the pineal gland, but since it is not energetically active in you, you tend to be nourished by the higher terminal, which should also be nurturing the left side, thus recycling the thought-energies.

Elementary humans believe that their quantitative form will take them to the knowledge of the all, but that is unrealistic. To achieve wisdom, first they must discover their own selves, qualitatively and profoundly. Once this is achieved, they will be able to move on to the remainder. To attain this they will have to nourish themselves adequately and, above all, through the correct channels.

19- What is the function of the neuron?

When the center was creating its imagination, we asked ourselves what was the content of that imagination. We answer: it was a subtle, ethereal, volatile, beautiful and real imagination, but it was only imagination. The One Origin wanted to make it eternal and give it a defined form and so it united the *nimeos*, grouped and recorded them, in order to mold them into a mathematical sequence of correlativity and expansion. This form was named *neuron*.

The neuron that was created contained in itself all the elements that enabled it to communicate with its creator. Through signals and pulses, it started to discover and know the imagination of its progenitor. In this way it began to understand the needs and sequences of all creativity. The neuron went on building and shaping the imagination of the universal mind. *The desires of the One Origin were understood and converted into reality by its thought-children.*

20- How did the neuron know the imagination of the One Origin?

Beats, pulses, vibration, colors, forms, signs, voltage, etc. are the language and communication. The unification of billions of neurons formed a language called *symbol*, which are images that are understood through instant perception. These images emanated from the creator and the neurons interpreted them, converting them into symbols, that is, into universal formulas. This is how they brought about and manifested creativity.

21. Are you saying that absolutely everything was created in the imagination of the One Origin, including us?

Everything was already created. Therefore, what you call past and future does not exist. You, we and all that exists *are present*. When we return to the One Origin we will all see our own selves like a reflection. That is why we are not teaching you anything; *you are remembering* and we are helping you awake. When you do so, you will certainly know who you are.

22- If we were in the imagination of the One Origin before and now we are not, how is time, or the lapse of that process, measured?

We stated that the past and the future do not exist because everything has already been imagined in the universal mind and by existing in its mind, it is present. This present was fragmented into many planes and dimensions. The fact that you are in denser planes has forced you to place yourselves in that imagination, and you had to create *time and distance*. By being in the imagination of the One Origin and being present, you are living at the same moment or instant in the nine dimensions and in the billions of grades and planes. Let us take an example.

Beings from Planet Earth have physical bodies divided into cells, organs, systems, extremities, head, and so on, all working at the same time. The mind of these beings commands its body;

the systems cannot separate from one another otherwise this body would perish. Therefore, *this being is a present*. The difference between those systems is that some of them function faster and others slower. While the heart absorbs and pumps the blood in seconds, the digestive system takes five hours to digest. The universe is like that; some realities are very swift, quick and subtle, and others are slow and dense, but all of them are inside bodies that function simultaneously. The dimensions of the universe are also like this. Perhaps it is difficult for you to understand it, because you have a small and partial vision of the whole.

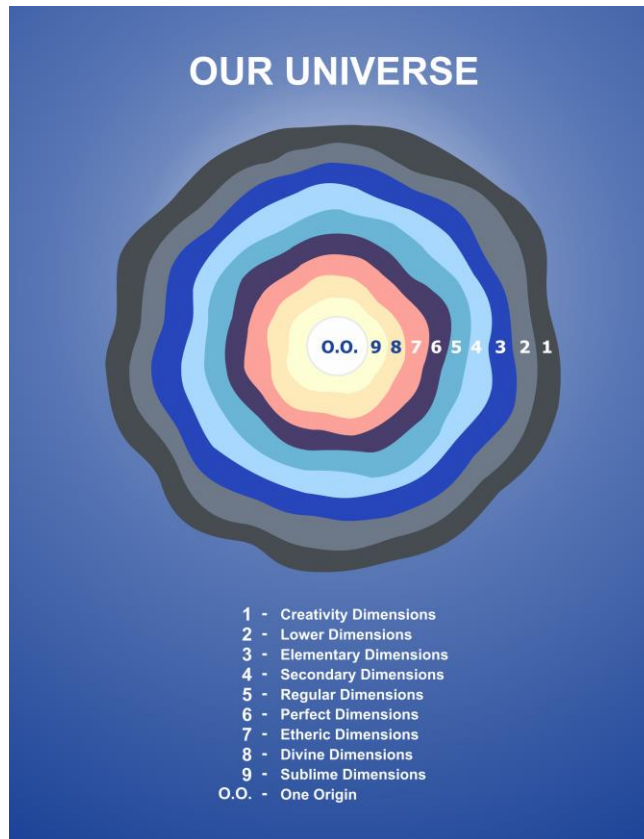
We could compare the universe, the dimensions, planes, and grades to the brain, the systems, organs, and cells that make up all of you. We could see it like this:

- Dimension of Creativity: Sexual system, reproduction
- Lower Dimension: Skeletal structure
- Elementary Dimension: Digestive system
- Secondary Dimension: Circulatory system
- Regular Dimension: Respiratory system
- Perfect Dimension: Nervous system
- Ethereal Dimension: Metabolic system
- Divine Dimension: Glandular system
- Sublime Dimension: Brain

Your bodies are joined to the universal body and they function in a comparative, as well as literal, way. This could also be:

- Dimensions of Creativity: Elements that form a planet
- Lower Dimension: Cell-planets, in formation
- Elementary Dimension: Cell-planets, being grouped
- Secondary Dimension: Unification of planets-organs
- Regular Dimension: Unification of organs-galaxies
- Perfect Dimension: Unification of galaxies-systems
- Etheric Dimension: Unification of systems-constellations
- Divine Dimension: Unification of constellations-universes
- Sublime Dimension: Universe-total body

The Elementary Dimension, where Planet Earth is located, belongs to the digestive system of creativity. The Earth still works comparatively as if it were a cell; it has not joined other cell-planets. It carries out its function partially.



23. If the Dimension of Creativity is a solidified dimension, why is it compared to the sexual system of reproduction?

For the universal mind, *solidified* has the following meaning: *neophyte, outset, new, beginning, frozen and hardened.*

Petrified means *dormant, stagnant, inert and stony.*

Densified means *thick, compact, heavy, dense*

The sexual system of reproduction signifies a beginning for the universe, something new, the activating of a life. Just as you all reproduce yourselves – meaning, the man gives the semen and the woman the ovum and a child is born – in comparison this is also what happens in the universe. Let us see why.

- Semen: Mind, masculine
- Ovum: Energy, feminine
- Child: Thought
- Father: Recorded nimeos
- Mother: Pineal gland
- Child: Creativity

The mind is the One Origin. It is the *semen of wisdom* that proliferates with energy, disseminating itself throughout the universe as the beloved child called *thought*.

Every uterus (pineal gland) that receives the semen of wisdom will be generating a marvelous child called Creator Thought. It is the most extraordinary universal conception that has been repeated since the beginning of creation. We are mind and in mind we will be eternal.

All of you, of the densified dimensions, have been left in a rudimentary state. This means that, because of your slow conditions and limited development, the energy of your thoughts does not have the subtlety to grow and expand. Many of you are doing whatever you can to escape from these conditions. Some have achieved this and they are gradually freeing themselves, nourishing themselves with elevated knowledge. You are beginning to understand that all of you are an important part of this universe and that we have all been created for a purpose. This creation is our existence, and since we are all mind, it means our growth and expansion. We have to understand that the universe is literally, not comparatively, a body. This body is pure energy and like us, it has:

Power Head:	Mind
Higher Terminal:	Life
Lower Terminal:	Reality
Power Head:	Sublime Dimension
	Divine Dimension
	Ethereal Dimension
Higher Terminal:	Perfect Dimension
	Regular Dimension
	Secondary Dimension
Lower Terminal:	Primary Dimension
	Lower Dimension
	Dimension of Creativity

This knowledge we are transmitting to you on all levels will make you awakened beings. You will start to remember your origins in order *to return to the One that gave you life and existence.*

Imagine a cell from your body. If this cell had total consciousness and could speak, it would say: "I am [say your names] and I form a part of him/her". We would say: "I am the creator and form a part of it." You would be like that cell in the Universal Body, therefore, you are *as much creators as it is*; and, if you are it, then there is only one body, and as such, *we all exist at the same moment and instant.*

While the digestive system takes five hours to digest, in the circulatory system blood enters and leaves the heart in minutes, in the respiratory system air recycles itself through the lungs in seconds, and thought comes and goes faster than the speed of light. *This entire process took place instantly in the being.* Since you live in density, you were forced to create measures such as *weight, volume, circumference, depth, time, distance, speed,* and you had to do so otherwise you would lose the scope and course of your lives.

24. How do you measure those differences?

In our subtle reality, everything is based on *color, vibration, form, sign, voltage, frequency, rhythm,* etc. Since we are entirely mental worlds, we measure our reality qualitatively, by means of *impulses, strength, union, density, subtlety, figuration* and others. Our parameters are different; you are *quantity* and we are *quality.* We are not judging or criticizing your way of understanding your elementary reality; these parameters were created by all of you, due to a

need for information and existence. You should understand and study the differences in your own ways of life, thus you will be able to obtain references from other realities.

25- Why do we, the Primary Dimension, have quantitative forms?

Quantitative refers to *quantity*. The Primary, Lower and Creativity Dimensions function based on abundance and volume. Planet Earth's brain is dense; therefore it is also nourished by the same kind of thought-energies. These thought-energies are filled with crystals and *nimeos* that are heavy, coarse and misshapen. *Nimeo-crystals* recorded with rudimentary and elemental knowledge are orbiting the planet. They are undefined crystals, opaque and dim. Unfortunately, humans of Planet Earth nourish themselves with these thought-crystals.

If we say that your planes are quantitative it is because your brains should nourish themselves with a large quantity of those crystals. The brain absorbs and classifies them and sends them to its right or left side. Since we are talking about quantities, the left side overloads on heavy, dense and useless thought-energies causing imbalance in the being. This process is also repeated in *matter-energy (physical energy)*. You nourish yourselves with too much useless energy. Since the physical body does not eliminate it, the dense energy starts to corrode and destroy it. Physical-energy starts to produce what you know as sickness, ageing and death.

A brain that is nourished with dense and low quality *nimeos* will produce the same as your bodies; everything moves in the same direction, one thing leads to another. A brain that is overloaded, malnourished, and sick will deteriorate its circuits, rust its channels and clog its filaments. Fantasy is the worst dense thought-food that you ingest for your brain; it is the most harmful thing that exists. The consequences that it produces are damaging and devastating.

Quantity means *mass, volume, weight, and density*. That is why you do not progress. You are so slow and you take long to think because your brains first perceive the thought-energies, then they need to ingest them. Next they digest them, meaning they break them down into many hypotheses and finally they reach a conclusion. If you understand this you will have a wonderful mental digestion that will produce peace, joy and wellbeing, otherwise, it will produce a terrible and painful indigestion that will manifest as fear, anguish, sadness, restlessness and a lack of harmony and peace. Do you now understand why you suffer?

26- If the thoughts – meaning, the recorded *nimeos* with which we nourish ourselves – are in that state, what do we do if we want to nurture ourselves properly?

When beings from Planet Earth awaken, they activate their pineal glands. In the universe, this activation is called *energetic reactivation*. Once having awakened the pineal gland, they will unite it with the pituitary gland and these two will reactivate a third one called, *rima gland*, which is located in between the eyes and has as its function the balancing of the power head and the two terminals. When the rima gland becomes active, the rhythm, colors, vibration, form, and voltage of the absorbed *nimeos* are automatically transmuted and recycled. The beings contact the universe and by doing so, they begin to build a membrane around themselves called *gravitational field*, which will protect them from a possible negative absorption. The correct shape of the elevated *nimeos* and of the gravitational field is rhomboidal.

When the brain of an awakened being unites the three glands, it closes a circuit that does not allow density to enter; only subtle energy will enter, because it is rhomboidal. In this way, it will protect the power head and the two terminals. Concomitantly, the pineal gland also manifests and distributes that membrane around the matter-energy, protecting the beings on all levels of energy. This process of protection is formed slowly, the same as in its dimensional plane. Much will depend on the beings, on their capacity to become elevated and on many lives and

reincarnations. The most important is to *awaken*; once this is achieved, the path to ascension begins.

In the same way that a caterpillar forms its cocoon to emerge later as a beautiful butterfly, beings cover and protect themselves with the elevated gravitational field, to emerge later as marvelous *energetic beings* (spirits) and go on to other planes of existence.

27- Could what takes place with us also happen to Planet Earth?

Yes, in the universe everything is repeated. What happens individually to each and every one of you is repeated in planets, systems, constellations, and so on.

Since you belong to the third grade and third plane, it is difficult – but not impossible– for Planet Earth to become totally elevated. It is a slow and drawn-out process, because not only must all of you become elevated, but the antimatter worlds – meaning the non-incarnated that await the opportunity to incarnate to attain their own elevation – are also there.

28- Do you have an antimatter world?

The Sublime, Divine, Etheric, and Perfect Dimensions, do not have a world of antimatter. These dimensions are eternal and are not subject to disincarnating and incarnating. *We are the antimatter world; we exist in elevated mental spiritual worlds.* We are using this terminology to enable you to understand us. Our reality has different human names like *heaven, eden or nirvana*. Thought-beings exist in varying degrees of energy and that difference is called *voltage*.

Moving up and down, coming in and out, is what we call grading. Through their voltage, the Regular, Secondary and Elementary Dimensions still have to depend on certain universal norms that do not allow them to become independent because their vibrations have not yet reached an eternal frequency suspension.

When we were all thrust out from the center, the last five dimensions were the most affected because the energy densified. The first two, Regular and Secondary, perceived that the density of their energy tended to slowly deteriorate their elements and they no longer had the speed, clarity, and transparency of their origin. What did the thought-energies do to survive? When they started to perceive that their elements did not progress and that the energy was stagnating, they had to create a means of survival. This consisted of devising a technique that would allow them to abandon the stagnant elements and energy, to incarnate in new and strong ones. That was the beginning of what we know as *incarnation*.

At first the technique worked very well, until the time when the thought-energies could not find shelter. They then had to clone themselves to be able to survive. This worked for some time, until they could no longer clone themselves. They carried out millions of laboratory experiments and discovered that by joining two *nimeos*, one male and the other female, they could form a third bearing the characteristics of both. That is how they created their children, which ended up being themselves. In this way they perpetuated the human-form species and were able to adjust themselves in it, *disincarnating and incarnating* endlessly. They continue doing this today, some with longer time-lapses and others with very short time-lapses, as in your case.

29- Do you mean to say that these five dimensions are clones of themselves?

That is right. They have reproduced themselves billions of times, and if we look at it in this way, *we are all siblings from the one same origin.*

The world of antimatter is the world of thought. Where do you go when that which you call death takes place? Do you go to heaven, to purgatory, or to hell? *As thought-energy, you go to the mental world of other human-form beings that will shelter you, and this happens by energetic affinity.* You cannot drift or wander without the *electric energy* that emanates from the brain, and you will be attracted or rejected according to frequency, degree, form, sign, color and rhythm.

When beings disembodied, they take their thought-energies along. Suppose that a being's gradation was, for example, the number 30. This number 30-energy will be attracted by everything that exists of the same level, whether it is called another being, a planet, a system, etc. The non-incarnated energy would be able to traverse the mental universe, provided it was in the level number 30 to which it corresponds, until it incarnated again and continued its existence. The universe is orderly and perfect; nothing mixes or is intruded on, unless there is a compensatory need.

30- Then will these dimensions never be free of incarnation?

When the One Origin is able to unite the nine dimensions in a real way, then its mind will attract all thought-energies and absorb and manifest them in new creations and realities. The nine dimensions must return to the creator, because the thought-energies will be recycled and assigned new tasks. When we, thought-beings, enter our One Origin, we will be filled with wisdom and so the realities created will be more perfect each time because our life experiences will help us create other, more perfect universes.

Mind, energy and thought have united. *We will be one being*, and this way we will create our next generations. This is the only way incarnation will end. All the dimensions will be eternal and united to the universal power head. They will be a single energy, a single knowledge, understanding and love: **EI Ser Uno (Being one)**.

31- When the process of disembodiment takes place, how do we go to the power heads of other beings? How does that process occur? Is it what we know as mediumism?

The process of disincarnating occurs when the voltage of the matter-energy is lowered so much that it no longer produces a level of electricity that can keep it stable. Instead of producing life, this electricity causes an energetic deterioration because its crystals fail to vibrate. As we have already explained, when the dense energy located in the energetic current does not flow, it deteriorates corrupting the matter-energy, which cannot sustain it and consequently decomposes. The thought disincarnates and it has to find a shelter to stay alive and be nourished right away. It is mind electricity; therefore, other minds of its own planet or of the universe will have to keep it alive. This process of disincarnating and incarnating was the only way that the dense dimensions could find to continue subsisting, molding and implementing their thoughts. This was different from the others, which were able to achieve their creations merely with the desire of their thoughts. They molded energy with the will of their minds and created their reality in the image and likeness of themselves, for their minds were powerful.

The Regular Dimension had to create matter-energy that could serve as a vehicle to embody its thoughts. That matter-energy had to transport itself, take hold of, see, listen, communicate, and above all, it had to shelter them. It was the only way to have an electrical motor, that is, a brain-generator which produced life. In this way they were able to continue existing, charging themselves with mental brain-electricity. Hence they also achieved continuity and subsistence in the dense reality.

32- Is physical-energy a battery?

That is correct. When the Perfect Dimension, together with the Regular Dimension, created their continuity, that is, the human-form, they did it first in the laboratory of their mental imagination and then in the material laboratory. They had to embed an energy generator called brain, because the thought-energies of that dense human-form could not live long without mental electricity.

At first, the created forms were horrible. The unification of the *nimeo*-elements did not give the expected results and the strangest and most unimaginable creatures emerged from creation. Today, these creatures inhabit the planets of the universe; they are the vegetal and animal kingdoms. These kingdoms were created by the imaginative thoughts of the Perfect Dimension, and through billions of experiments in the laboratory, they started manifesting different forms until they reached something similar to that of mental human-energy.

At first it was crude and mechanical; then it started producing excellent results. They had finally reached an answer, still elementary, nevertheless they were willing to incarnate in that creature to make it evolve and elevate. Hard work was done on the encephalic tissue and the brain. Thought perfected it from the inside out, connecting filaments, creating circuits, injecting energy, recording *nimeos*, and raising the voltage. Today, they continue to work. You yourselves are carrying out this task.

You are improving your creature, because by raising the quality of your energies, you are allowing yourselves to receive other recorded *nimeos* filled with wisdom. This work is for the benefit of your lives – and not just yours, but of your next generations, which will be yourselves. However, you have not yet achieved the unity of having a perfect matter-energy that would allow you to shelter yourselves and have eternal life.

33- How does the antimatter world help us?

Your brain is a laboratory. It shelters non-incarnated thought-energies which occupy their place inside the brain and the encephalic tissue. This depends largely on the grade to which they belong. The hierarchical distribution will depend on whether the thought-energies are emotional, passionate, of knowledge, of wisdom, evolved or elevated. These thought-energies represent what you are.

When thought-energy elevates its voltage to higher grades, beings will start to attract thought-energies of the same condition, elevating their vibration and the manifestation of their life. Such non-incarnated energies will help them to evolve and become elevated, transmitting universal knowledge through telepathy. Do you not, perchance, sense the inner *voice*, the one you call guardian angel?

34- How long do we remain in a non-incarnated state?

Time is relative; it all depends on the quality of the thought-energy. We can compare it to musical notes. There are those that are single notes; others form a combination of notes which becomes an arrangement to form a melody, or melodies that, in turn form an instrumental composition which can be part of a symphony. The more notes and musical instruments contained in a thought-energy, the longer will be its next incarnation. The higher the pitch and more elevated the sound, the more lasting it will be.

35- What work must we continue to do on our creature in order to perfect it?

Planet Earth human-energy must become the image of the creator. It must be a real mirror and not an inverted one. Entrance to the universe consists in attuning the real image with that of the mirror, that is, *from the inside out*. On the whole, Planet Earth reflects an unreal, inverted and bizarre image. The correct way would be to start from inner thought and move outward, but you live according to everything that the externality of your lives provides for you; you nourish yourselves with all that evolution has given you. The senses are inverted because you live for the pleasure of the material senses and not for the existence of your lives.

When the thought of Planet Earth produced its thought-energies, it recorded them in a disorderly and desperate manner without weighing the consequences of what it was creating. In this way, many of your thought-energies are useless, superfluous, and negative, owing to lack of knowledge and understanding. Now it is already too late; everything has already been created.

What could be done with this useless energy? Planet Earth has to learn that the entire universe recycles, transforms, reutilizes, adapts and molds itself. This process is called *transmutation*. Planet Earth has to understand that what is negative has to be transformed into positive, and useless thoughts have to be transmuted into useful thoughts. This alteration will enable transformed thoughts to pass through the filaments and circuits of the brain, helping maintain the brain clean, healthy, and nourished. In this way, the brain will be prepared to receive the maximum amount of universal information. Is this not what happens with a computer brain? When overloaded with information, it becomes slow and heavy.

36. So far I only hear negative things about Planet Earth. Is there any positive contribution to the universe we could make?

No contributions before awaking, but many after. We always refer to thought-energy as something very important in existence and so it is. Thought is combustion, the drive that moves the universe; there is no stronger, more powerful, more important energy. You might be asking yourselves: "And what about ideas?" These are indispensable, but without the thought-energy they could only exist in the imagination and not in reality. And what about the mind? It would exist, yes, but in utter silence. It would not know or be aware of its own self. The universe would be nothing because nobody could confirm its existence.

Thought is the confirmation of truth, deed and action. We can compare it to a beehive in perfect order and hierarchy. There are the workers, the organizers, those who classify the honey, the ones in charge of the eggs, the queen, the drone, etc., all working for what they were created, generating nourishment and order. Depending on where the hive is located, it will produce a specific type of honey. Thought-energies are like that. Depending on their evolution and elevation they will produce a type of thought that will nourish the universal mind, and depending on the quality of the thought-energies, ideas will be produced. If the thoughts are of a low quality, weak, without proteins or vitamins, the universal mind will not be adequately nourished and its ideas will be as pale as its thoughts.

Thought nourishes the universal mind and it is crucial that it be of the highest quality so that the mind can nourish its dimensions – its material, psychic, mental-spiritual body – with the best nutrients of the universe.

37. Are we, or are we not, helping sustain our One Origin in these situations?

Much to the contrary, notwithstanding your adverse conditions, you are the hardest workers in the universe because you never stop. Like the worker bees, you are active, dynamic, and very courageous. You are the most valuable ones in the universe. You are warriors; you never let yourselves be defeated and you continue to struggle for survival. The dimensions of the universe respect you very much, because *we are all brothers and sisters* and, believe it or not, we learn a lot from you. When you awaken and start your elevation, you will transmit your thoughts to us.

These thoughts are so intense, so filled with life and experience that we have never been, and never will be, able to experience them. It is only through you that we partake of those thought-energies, and we can proudly tell you with admiration and humility that, in all of creation, all of you are the most profound and greatest thing that the universal mind could have manifested. Your thoughts are filled with experiences; therefore, it is you who will teach the other dimensions because they will nourish themselves with a marvelous honey called living. You are thought-energies filled with action, practice and expression.

The Regular, Secondary, and Primary or Elementary Dimensions are in charge of preparing the nourishment and the entire universe-hive is sustained by it. We want for you to nourish yourselves with the most marvelous and beautiful flowers in the universe, because in this way, the all will nourish itself with the most extraordinary thoughts, and with that we will create the most marvelous ideas that will be used to sustain the universal mind, meaning, our very own selves. You can be certain that the honey produced by the three dimensions is the most extraordinary thing in the universe, for its content and essence do not in the least compare to other realities.

You teach us so much; you are our teachers of survival, of feeling; you strive and are courageous.

How could we not value beings that, in the middle of so many battles and so much suffering, have been able to overcome and cope with the discords of the slow, dense and insufferable reality in which they live?

We live around the One Origin. We feel sheltered, and loved by it. We were created by the energy, which protected us and gave us all the care, like a mother who watches over her children. We were the favorite children, yes, but we have never cried or suffered. We do not know what it means to survive, to struggle, or to defend ourselves. We do not know how to face the ups and downs of life. We live eternally, without, for a single moment, feeling the meaning of pain, betrayal, death, incarnation, sickness, passion, desires, anxiety, needs, grief, happiness, emotions, feelings, a family, a home, dreams, pleasures, and everything that you are.

When you return to the creator, you will bring with you a baggage crammed with such vast life experiences that we can merely observe and try to understand. Our experiences are mental. We know, understand and love. We can only perceive logically, through reason, knowledge, understanding, and wisdom, but you experience through emotions, feelings, pain, intensity, happiness, expression and attitude. We will never be able to feel them; we will only know and grasp them through understanding. You will be able to perceive that which is ours as well as that which is yours. You are more complete because you are living it in your own flesh.

38. Which one of the three dimensions created its clone, its descendants?

The least dense dimension – that is, the Regular Dimension – externalized and brought about its clones and descendants and it was able to achieve this because of the data and information that it obtained from higher dimensions, mostly from the Perfect Dimension.

Physical life in the Secondary and Primary or Elementary dimensions did not unfold or form by itself, or by desires or by creative thoughts. The life and human-form of these dimensions were created by the Perfect Dimension in a laboratory and later implanted in planets of the Regular Dimension to see how they would develop in their environment. After they had been fully developed, the Regular Dimension implanted the vegetal and animal kingdoms in the other Secondary and Elementary Dimensions. The human-form was not implanted in those realities; all the planets of the universe were *colonized*.

39. How were we formed?

When human-form was created in the Perfect Dimension and implanted in the Regular Dimension, density was predominant there. When the energy of the thoughts of the Regular reality desired, its creative desires did not embody what was imagined. The forms that emerged from their thoughts were different from what they had expected, because their thoughts were not dense enough to be able to achieve the unification of elements and energetic information that they had from the density.

They lacked the recorded *nimeos* to achieve the specific aims. So, when the creative desire flowed in the regular reality, the forms would take a different path, a different expression. This is how billions of forms were manifested: some horrible, others beautiful, some aggressive, others loving, and so forth. The most diverse form-expressions came alive. These embodiments did not have the speed of subtle reality, but since they had already been imagined and desired, they would all take on their creative form in the course of evolution. When they understood that they were creators that imagined, just like the One Origin, they started to use their thought-energies with knowledge of cause and effect and with wisdom.

All creations start with the creative desire; it is a seed that is sown, cultivated, and harvested at some moment of existence. Be careful with desires! If they are created with strength and depth, they will become a reality. When human-thought desires, it forms a cause and an effect. Desire-thought is an alchemy that will mix the right ingredients until it achieves the magic of what is desired. The result will depend on the elements that have been added and the quality of the thought that generated it. What does that mean?

When thoughts are pure, diaphanous, of light colors and elevated vibrations, that creative desire will be accomplished in a short time. But if it is all the opposite, then it will become mixed with dense elements that will delay its embodiment, and, worse still, if they are thought-energies of fantasy, when they become manifested they will return like a *boomerang*, filled with effects that are opposite to what was desired. The *elementary world*, consisting of low grades, is not in any condition to desire. It may have longings, likes, hopes, wants, wishes of progress, but desiring is different because it emanates with creative strength.

40. Do you mean to say that all of our desires will take form at some time or other?

There is a lot of difference between desire and longing. For us, the meaning of the word *desire* is different.

Desire: intention, aspiration, yearning, liking

Want: hoping to gain, ambition

Desire does not project itself alone; it is always accompanied by other intentions. That makes a difference when it is going to take on its form. A desire of greed will give a negative result with a devastating aftermath. A desire of altruistic love will give a positive result with marvelous projections. When you have a desire, you ought to be sincere with yourselves and study the elements that accompany it. Do not complain about the results later; you yourself created and formulated them. You will not be able to deny them. Many desires are confused with longings or needs. The desire to eat, to clothe oneself and all that which accompanies need, is a longing to obtain and to have the need for it.

Longing: restless, agitated, perturbed, impatient, parched, distressed, and desolated.

These are the elements you call *desires*. It is very dangerous to express them without knowing the apparent cause and without knowing the return of the effect. Be aware of the consequences. When the causes are positive and known deeply, a good result will be obtained. Longings are short-term projections; desire is eternal.

In the Regular Dimension, humans were embodied by the creative desire, with full knowledge of cause and effect. The One Origin created the elements in its imagination, with all the desired characteristics. The Sublime Dimension perceived that desire and sent it to the universe, for the other dimensions to embody it.

Primary humans are a crude imitation, for they were the most densified. All the dimensions are copies of the first desire, and these copies reproduced themselves in the image and likeness of the *one desire*. The desire descended billions of times through all the dimensions, planes and grades. Each time that desire became cruder, and the image more distorted. Each dimension reflected the image to the following reality and by the time it reached the densest grade, it had become a sad imitation of the first desire. That is why you do not resemble the higher dimensions.

Imagine an erupting volcano. When the lava spews out, it is liquid, candescent and brilliant. As it covers more distance it starts to harden and darken, until it becomes rock-solid and petrified. If you do not know this process, you will not recognize it. The universe is like that: it takes on thousands of forms yet it is always the same, but in diverse states.

41. How was the human-form implanted?

The human-form was implanted by the Perfect Dimension, first of all in the regular worlds, which created it first in the laboratory until it was perfected. When those human-forms were able to develop themselves and become independent from their creators and from the regular worlds in which they had developed, they started to reproduce, first as clones, and then as descendants. They created their children and they incarnated in them; in this way they guaranteed the survival and continuity of their species.

When evolution and elevation reached this point of development and manifestation, they felt that they were totally prepared to be in charge of the other dimensions that provided their continuity. So they started to *colonize* other planets and to spread the life of the human-form throughout this vast universe. We will develop this subject later on.

42. Everyone says that we are entering the Fourth Dimension. What does that mean?

You are not entering the Fourth Dimension but the *Fourth Plane*. This means that the right side of the brain is opening a new circuit called *optional circuit*. As the term indicates, it means, *to opt, choose, prefer, select*. This circuit is located below the pineal gland. When beings awake and consciously work on their universal reality, they unite this circuit with the pineal gland and thus obtain *free will*. That is, their actions, deeds and thoughts will form a cause that will later become a conscious effect. By becoming self-aware, beings they will start forming the *energetic body*, preparing to come out of the density of the lower worlds. The food of these beings will be more sophisticated, lighter, healthier and vegetarian.

Emotions will be worked on and analyzed. Feelings will be channeled and become harmonious. Love within the beings will expand. Their humanity will become elevated. Knowledge and understanding will be universal. Not everyone will arrive at the same point or at the same time. The universe works step by step so as not to lose the balance of creation. All of those who have awaked and are conscious of the universal reality are preparing mentally through knowledge, understanding and love to elevate their thought-energies and be able to enter higher planes of existence.

43. Will they incarnate in the same planet, or will they be taken to another one?

Many planets of the Elementary Dimension offer this ascent within their realities. Planet Earth is dense, for that reason it cannot elevate itself as a planet; only elevated thought-energies can do it individually. These thought-energies will be taken to other planets and will be able to come back when the planet has been healed of its sicknesses. Those planets to which we are referring are more advanced, subtle and elevated.

44. Which are those planets?

They are planets that belong to Alpha Centauri, Andromeda, the Pleiades, Centurion, Calixtus, Orion, Sirius, and others.

All the changes that are taking place inside you, like avoiding eating foods that are heavy, strong, and hard to digest, staying away from all that could contaminate you, make you addicted, or produce material or psychological dependence, comprise a preparation to enter the new reality. The worlds we have mentioned already live this way, and for all of you to be able to incarnate in more sophisticated, purified, and healthy bodies, you have to begin preparing right away. You will have to re-record your thought-energies with subtle *nimeos* and do a lot of work on the right side of your brain.

45. When the Perfect Dimension created the man-form, did woman already exist?

The first man-form created was hermaphrodite and was implanted in the regular worlds. It developed itself and adapted perfectly. The Perfect Dimension kept on implanting man-forms so that they would be able to incarnate and renovate themselves cyclically, until they realized that they could not implant them eternally. There had to be a way of creating continuity to preserve subsistence. Meanwhile, in the course of that evolution, the implanted human-forms had developed to the point where they found that they were able to continue on their own, without needing protection from their creators, for they had all the information and wisdom that had been transmitted.

So the Regular Dimension, aided by the Perfect Dimension, started to replicate themselves; they *cloned* themselves. For a long time this produced a good result, but later they began to

discover that cloning tended to weaken the energy and that the cloned human-forms were progressively smaller and weaker.

That was when they separated the elements, classified into *strong* and *weak*. They perceived that both elements, together, would no longer weaken, that to the contrary, they would become strengthened, one helping and complementing the other. In this way they created *man* and *woman*. Thus they formed a strong species, because this creation would procreate their offspring and they would no longer have the problem of lacking a shelter. They would continue to be sheltered in the children of their children eternally, and would express themselves in billions of forms.

We know that the One Origin is the creator of all that exists, but the Perfect Dimension is the creator of the matter human-form. The Regular Dimension was in charge of developing and distributing it in the dense universe, making it adapt to the density so that the higher dimensions could live through it. All the dimensions of the universe took part in creating the matter human-form; each one bestowed part of itself, and those unified elements became embodied and produced the expected results.

Sublime Dimension

This dimension bestowed on the human-forms their *mind, brain and the encephalic tissue*, thus giving them knowledge, understanding, reasoning, thinking, logic, memory, thought and imagination. Their task is to be a *neuron*.

Divine Dimension

This dimension provided the *glandular system*, with the pineal gland, the pituitary gland, the thymus gland, the adrenal glands and the kidneys. Their task is to be a *filter for universal thoughts*.

Etheric Dimension

This dimension granted the *respiratory system*, thereby providing oxygen, the lungs, the mouth, the nose, the windpipe, the larynx, and the esophagus. Their task is to *be life in order to generate life*.

Perfect Dimension

This dimension bestowed the *nervous system*, encompassing communication of the *power heads* and of the terminals molded in the human-form. Its task is to be the *sentience, sensibility, pulsations and impulses of the universal thoughts*.

Regular Dimension

This dimension granted the *circulatory, muscular, digestive, sexual and skeletal systems*, giving them a body that could sustain, nurture and protect them and give them continuous life. Their task is to be *raw material for the processing of the universal thoughts*.

Such a special body was not needed as much in the higher dimensions as it was in the lower dimensions, for those in the higher dimensions lived in unison with the *universal beat*, the one which gave them eternal life. This *beat* is comparable to the heart in all of you and the blood is the energy that flows in and out of the One Origin.

You were created in image and likeness; you are a micro-universe, a replica of the universal body.

46- What is your relationship, as Sublime Dimension, to us, Primary or Elementary Dimension?

We know that the universe is all and this all is interrelated. It is impossible to think that we could exist separately; we are one body, and this body lives and is sustained by joint efforts which all of us share.

When the One Origin extended itself, this was because it was being born. It was conceived by the *mind* (semen) and united with the *energy* (ovum), and created its *offspring, the thought* (human-form). The idea had been born and it would develop itself, like any being in the universe. The Sublime, Divine, Etheric and Perfect Dimensions sheltered the *idea* (like a uterus shelters a baby) and the *idea* took form, was born, and became a reality, until it transformed into a *thought*. When the *idea* was ready and took shape, the higher dimensions had it be born in the Regular Dimension. There it grew and developed. The dimensions incarnated in it and in this way they discovered and existed in other realities.

Thought has to be nourished with *ideas* to recycle itself and avoid stagnating. It is continually descending or ascending within universal reality. In their brains the dense human-forms always perceive the thoughts sent by the Regular Dimension. This dimension perceives the *ideas* of the higher dimensions; it examines them part by part, digests, understands and studies them. Once this is done, it sends them in the form of thoughts to the other dimensions below it: Secondary, Elementary, Lower and Creativity. All are nourished with these thoughts that have already been worked on and they adapt them to the reality of their existence. When these thoughts descend, they tend to forget their origins and it is better this way, thus they do their job better. It is actually the thought-energies of the regular worlds that descend, incarnating in denser realities, and when they return they are filled with life experiences.

All of you belong to the Regular Dimension, except that you do not remember it. That is why all of you are not learning but you are *recalling*. Often you feel intuitively that you do not belong to Planet Earth, because when the planet was colonized, the volunteers that descended came from more elevated worlds. They got trapped without being able to go back because of a gravitational flaw, which we will explain further on. The Secondary and Elementary Dimensions shelter the thought-energies from the Regular Dimension. Those energies incarnate in realities that are denser, in order to study, analyze and learn from them. Frequently, by living many lives in the density, the thought-energies tend to get ill, become densified and remain trapped, without being able to liberate themselves.

47- Are all of us from the regular worlds?

Yes, all of you; however, when you arrive and incarnate you tend to forget your origins. Many of you are very old thought-energies and have stayed in the elementary realities for long periods. You are already awaking to come out of this density, but differ from those who are just arriving and who will have to go through it and even surpass it.

A thought-energy of the regular world suffers a lot when it has to incarnate in such density and that suffering sickens and annihilates it. It feels that it has been abandoned by its origins, and since it does not remember, it falls into despair without knowing what to do. When it awakes it starts to remember, and by knowing where it comes from and where it is going, it begins to heal itself and transmute its oblivion through knowledge, understanding and love.

As it returns, it purifies its life experiences to contribute to the higher worlds. It will take back an extraordinary load of accumulated data that will nourish the universal mind.

48- When we return to the Regular Dimension, do we stay there or do we move on to the Perfect Dimension?

Many are called but few are chosen. The thought-energies must be extraordinary and very highly elevated to be able to go on to the higher worlds. For this to happen, the thought-energies will have to go through billions of planes, to become so purified that they do not take anything with them that could harm the One Origin.

The higher reality takes great care of energetic purification. If the thought-energies attain this purification, they will be able to transcend and unite with the higher dimensions where they will be received with much love and acceptance. If the thought-energies do not achieve their objectives, they will continually repeat the descent and ascent, and each time they will know those realities better and their energy will become increasingly perfected. Each time they will reincarnate in more perfect planes that will give them all the opportunities to achieve their objectives of life and fulfillment. *Everything in the universe is attained by merit.*

- Primary or Elementary Dimension: infant, child, adolescent
- Secondary Dimension: youth, adult
- Regular Dimension: adult, elderly

49- If we are all from regular worlds, why are we so imperfect?

Dense unskilled thoughts, babies, children, adolescents... what can be expected? We understand the enormous effort that you make to get out of the density and we help you very much in that process. Once achieved, everything will be easier and clearer. If a baby makes a mistake, we are sure that all of you will be the most understanding beings in the universe. That is how we treat you. We try to be parents, loving and instructive brothers, teaching you and patiently waiting for you to remember. Do not be so hard on yourselves; be aware that you are in a return process and this is a very difficult path.

50- How do you see density in all this process?

When the thought-energies descend from regular worlds and incarnate in density, many of them tend to perish, annihilate themselves, disappear, get contaminated and get sick. This is the hardest part of this process. When they descend, they are aware of the risk, even so, they undergo the experience with profound love for the universe.

Degraded dimensional planes exist in the same way as elevated ones. These are the thought-energies that annul themselves. They do not remember their origins; therefore they run the risk of entering retroactive states because they are in the vicious circle of life and existence. In these cases, other thought-energies will try to save them using physical and psychological methods that could rescue them from the marasmus in which they live. When the thought-energies enter retroactive states, it is because the situation is serious.

If these thoughts do not heal themselves, they will be absorbed by the universal energy and sent to new creations. If a thought-being is in such conditions, it will suffer, become desperate, not understand its reality and will live in the darkness; it will be blind, deaf, and mute in face of its reality of existence. It will be a null being, with no capacity to survive in the density and in those conditions. In the universe it will be considered a *weak and inconsistent thought*. When it

left the regular worlds, it was strong, active and dynamic. In the course of its incarnations some serious and relevant event nullified it and made it so sick that it could no longer respond. That is where the retroactive process begins, which means *depreciation of its energy and enfeebled conditions from lack of positive nourishment, thus causing the degeneration of its elements and annihilation of its development.*

51- Can you give an example?

Weakening, annihilation and none of what was explained above occur in a single lifetime. A being needs many lives to reach that retrograde state. We could cite some general characteristics:

- Not valuing life
- Stealing, slander
- Vices, murder, suicide
- Depravation and degeneration of the senses
- Deep psychological problems
- Lack of love

And many more. The density of the thought-energies has levels. Some are incipient and others are definitely very sick. We will explain this in detail when we talk about Planet Earth.

52- How can a thought-energy that is in a retroactive state be sent to new creations? Would it not contaminate the positive energy?

When we say that it is absorbed and sent to new creations, we are referring to the thought-energies of positive beings that exist on the same plane as the being that needs help. They will be in charge of recycling, absorbing and transmuting that being. The positive beings will begin to help it, and through psychotherapy, love, understanding, communication, and knowledge they will help it get free from the density of its thoughts.

One of the most used techniques in these cases has to do with the laws. These are norms of morality and ethics that require a human who is living in a society to respect others and to live harmoniously and dispassionately with others. Religion has norms that require humans to have a good relationship with their neighbors, elevating their emotions into forgiveness, compassion and humanity. *Energetic knowledge* consists of metaphysical norms, where a conscious human works, transmuting the dense thought-energies into subtle ones through self-realization, knowledge and universal understanding.

Beings in retroactive states will always find other beings along their path that, in some way or other, will help them get out. Energy, creativity, the universe and everything that exists always proceed in a correct direction. Everything is for advancement, even though it might seem the opposite. Retroactive states sicken the energy, but it will recover at some moment of its existence. Beings could be immersed in such a dense vicious circle that it does not allow them to get out. The universe will always protect them because along the way they will find those positive energies that will give them the necessary strength to recover.

They will often feel in their own flesh the vicissitudes of the suffering, which will help them understand through the painful experiences and thus, react. Suffering is part of learning; *to suffer is to not understand.* There is also the possibility that, by acquiring elevated knowledge, beings would take great strides so that the thought-energy could progress.

The universal mind can exist even if it lacks a thought, but thought cannot live without the mind. *That is the big difference between the creator and us.* We work, yes, and very hard, for our own subsistence. It is impossible to want to escape from this reality. The system was created this way and will go on this way eternally.

53- How do the higher worlds communicate ideas to the regular worlds?

Ideas are universal axioms. They are extremely sophisticated codes which are communicated by telepathy to the most elevated beings of the Regular Dimension. This dimension has a system of collective communication: *all in one.* Whatever is transmitted to some is received by all at the same instant.

Ideas are recorded *nimeos* of high frequency, meaning, they are crystals that contain abstract information of universal images, which are understood by the symbolism contained in them. This means that beings of the regular worlds do not need to talk as you do; they communicate through *symbols*. It is a highly purified language. The brain of these beings perceives the symbol and transforms it into an image. This image manifests immediately and this is called *immediate perception*.

In the same way that the thoughts of the regular worlds incarnate until they reach the elementary reality, we the sublime worlds, incarnate in the power heads of the divine worlds, and these in the etheric worlds, and finally in the perfect worlds. This is how the descent and ascent take place.

Idea and thought cannot leap from planes to dimensions. The universe is orderly and mathematical. Thought-beings can go from grade to grade, but slowly, to avoid distorting the origin of the *idea* and the *thought*. All thought-beings emerge from the regular world and start descending to incarnate on the planes until they arrive at the Secondary Dimension, from where they will continue descending in an orderly way until they arrive at the Elementary Dimension. When you start your ascent, you will do it in the same orderly way.

When awaking occurs you are ascending because you are returning. Those who awake first will help the others; this is a Universal Axiomatic Law. You will use your gifts for universal good, and will do so with profound love, *because it was recorded that way.*

There are billions of regular worlds. All of you are from different worlds and have come to Planet Earth to help it advance and be elevated, except that the planet is very dense. There are not enough of those who have awaked to transmute and surmount the density. We are sending a lot of help and recorded *nimeos*; you are breathing and nourishing yourselves with them. These *nimeos* will be in charge of nurturing the right side of your brains and thus cleanse the left side. In this way you will awake, be healed, and recall the path of return.

54. Do the UFOs that we see come from the regular worlds?

They are from the secondary worlds. They descend to inspect the progress of the elementary reality and to bring you much help to heal your thought-energies. We can compare them to garbage collectors, firemen, and nurses. In the universe they are classified as *antibiotics* and *leucocytes*.

55- Why do they not appear to us?

Intervention in the natural development of the planets is totally prohibited by the Confederation of Planets. When Planet Earth becomes part of the Confederation, it will integrate into a

collective system of evolution and elevation. Planets like Earth are still considered to be cells in formation. As long as this formation is not complete and fully evolved, intervention would be damaging because it could turn into a grafted hybrid of artificial thought-energies, and not natural, the way it should be.

56- In what way do you, Sublime Dimensions, incarnate in the power heads of the other dimensions?

The *universal membrane* makes this possible. Communication in the higher dimensions is totally mental. We travel by means of the power heads. We are the ideas and we can do this because we live in the power heads of the higher dimensions. We cannot yet descend to the power heads of the Secondary or Elementary Dimensions to communicate with them. We have to wait for the information to come from the regular worlds. This dimension recycles and transforms thought-energies from those two dimensions and turns them into raw material of the highest quality. This is the only way we can nourish ourselves with it. When beings from the lower worlds are able to communicate with the higher worlds it is because they have reached us, and not because we have reached them.

The pineal gland of the beings of the Secondary and Elementary Dimensions is an antenna that is formed of crystals of all shapes and colors. The recorded *nimeos* contained in this gland will be filled with elevated thought-energies. The more elevated your thought-energies, the greater quantity of crystals this gland will contain. These crystals revolve around the pineal gland; they nourish a being with elevated thoughts to such an extent that an umbilical cord of thought-energies is formed that automatically seeks their source – the One Origin.

This elevated energetic cord comes out from the pineal gland and goes through the planes and dimensions until it reaches the place that corresponds to it, by vibration, color, form, sign, tone, frequency, and so on. This way, beings can communicate with the higher worlds because during their lives they had developed that antenna on the path of return and elevation, through effort, study, love, knowledge, understanding, dedication, steadfastness and endeavor.

57. Why does such an elevated being remain in the lower worlds?

Perhaps because this being might be a volunteer, a scientist, or a scholar of the lower worlds, or someone who has to fulfill a mission, or maybe has something to learn in his/her evolution. There is always a reason for remaining in the lower worlds; the universe is never mistaken.

We are the light, we live in it, and we take it to the ends of the universe and to all those who want to nourish themselves with it. Like you, we separated from our center and from our brothers and sisters. At first it was difficult for all of us; later the light showed us our marvelous and total reality. It is the most extraordinary reality we could ever experience. The universe was bequeathed to us by the One Origin. We bring forth all that you can visualize, touch, and know. Through the knowledge that we are giving you and the journey that you will take through the dimensions, you will be able to understand the grandeur of what we are expressing.

The sublime world has always been with you; we have never abandoned you. We have been separated by density and lack of communication. At present, your brains have entered a symbolic stretch of spectacular increases of dynamic energy, where the structures are developing traits of a more active and circumstantial dynamic. We can now communicate because mental unification is connecting the circuits and the brain is responding, increasing the magnetic information.

The atmospheric frequency of the energy is raising the vibration to such a level that the UFOs can enter and communicate with you. Transmissions arrive from all the realities of the universe. Those who have built their cerebral antennas are picking up very valuable knowledge, nourishing their own minds and those of others. In this way you will be able to build the bridge to be able to cross to other planes of existence and activity.

58. How can we build this bridge?

The Elementary Dimension belongs to the *universal triad*. The energetic form of its crystals is, as its name indicates, *triangular*. The energetic web that is built around the Elementary Dimension has this form.

The elementary thought-energies must take on this form to be able to go through the web that keeps them prisoners in the dense and dark reality. If a thought-crystal disincarnates and cannot go through the web, it will bounce back to incarnate in a corresponding reality. It will not be able to transcend to other planes of existence until it has formed its triangular energy. In this way, it goes from plane to plane within the dimensions, forming thought-crystals according to the geometric figure to which it corresponds.

- Elementary Dimension: Triangle
- Secondary Dimension: Square
- Regular Dimension: Hexagon
- Perfect Dimension: Octagon
- Etheric, Divine, Sublime Dimensions: Circle

Each dimension shapes the form of its thought-crystals according to the knowledge, understanding and love that characterizes it. To form the triangle, the Elementary Dimension must unite its triad:

Matter-energy / Thought-energy / Mind-energy

This means that the three glands must work together:

- Pituitary gland
- Rima gland
- Pineal gland

These three glands, working together, will bring about the awakening of a circuit which, in the universe is called a *leader circuit*. It will be responsible for unifying all other circuits into one called *circular alliance*.

Once having reached this point, beings will form their triangle which will enable them to enter universal knowledge. They will have created their union and bonding. With it, the point of the triangle will open, emanating thought-energies that are crystallized in the form of triangles. These will emerge from the pineal gland forming a mental umbilical cord that will enable the beings to communicate with other realities. This will be achieved through merit and mental spiritual work.

In short, to traverse from plane to plane, first one is born on the *mental plane* and then *physically* born. For the thought-being to be able to dwell on a higher material plane that will receive and shelter it, it must have deserved this by its effort and dedication. This is the only way beings will be able to transcend and be elevated to other realities of existence. Once the

triangle is open and the square is formed, beings will be ready to incarnate on other planes of life. They must go through all the existing planes of the Elementary Dimension until they can perfect the square. When this is achieved, they will be able to go on to the next dimension.

When their thought-energy takes on the form of a square, this will increase a Fourth Vision called *circumference*. The mind will expand, and with it, knowledge and understanding, which will encompass a global vision of the universe. As they go from plane to plane, beings continue developing the square throughout thousands of life experiences, which help them refine the angles of the square. In this way it will form a *hexagon*, which acquires other angles of vision: *profoundness* and *immersion*.

Continuing the path of evolution and elevation, beings will arrive at the Regular Dimension. The hexagon will also open its points, allowing *wisdom* to enter. This is symbolized by the *octagon*, that is, the number 8, which signifies *infinity*. The mathematical numeration of the all begins with this number 8. When the thought-crystals of the beings are in an octagonal form, they open up other angles of vision – *circular* and *dimensional* vision.

When beings transcend to the higher realities, the octagon will become a *circle*, covering the totality of the crystals and forming a *dimensional crystal* that will have the complete form. Their vision no longer has angles; their universe and reality are circular. Their knowledge, understanding and love will be total and complete. The beings will have reached the depths of their inner existence, their own reality. They are **EL SER UNO (being one)**.

59- What is the reality of the light?

It is intangible, profound, and of absolute truth.

We are always repeating to you that we exist in the truth and you exist in fantasy. We are not underestimating your reality, which is just as tangible as ours. We have a global vision of it all; we know and understand cause and effect so well that nothing escapes our universal perception. This is why all that we desire, create and think has a specific aim. Our existence is totally useful and necessary. Our thought-energy does not drift; it is real and we move and fulfill the needs of the universe according to this reality. *We exist in the truth of all and this truth gives us the light of our lives.*

Nothing is hidden; everything is clear, diaphanous, and light because we look at ourselves with truth. If you had light, you would see where you really live. Forgive us if we tell you the truth: you are inside a garbage dump. You walk in the middle of all that garbage; you breathe it, eat it, digest it, and you eat it all over again. On the whole, you are useless, inert, sick, superficial, empty, dense and distorted thought-energies.

When beings awake in the dense elementary worlds, they begin to understand the surroundings of their reality. They open their inner eyes and see their world just as it is. For the first time these beings begin to live correctly. They reject the garbage in which they had been living; they perceive the truth of their surroundings, see it, smell it, and feel it, and see it as it really is and start to feel uncomfortable. They become beings who demand more from themselves. They choose, analyze and select their food, their habits, their friends, their work, and the surroundings of their life. They center their lives on other parameters of existence, and even though they are in the garbage, it does not soil them because they do not step on it, breathe it or eat it.

These beings have formed a *gravitational field* around themselves. This field is a special garment that filters what is useless and transmutes it into something useful. Inside this field, the

beings will nourish their own energetic emanations which come from the pineal gland in the form of light, diaphanous, subtle, triangular, and elevated crystals. In the same way that a web protects the universe, individual beings have also formed a protection of triangular energy that does not let the dense and distorted garbage seep in.

To live in the light is to have an *awareness of existing*. We nourish ourselves with circular crystals because that is our universal form. We are delicate spore-crystals, formed of a very fine web. We rotate around the creator at incredible and fantastic speeds. We emit a sharp sound of high vibratory frequency. When we were thrust out and remained near the creator, our form did not change. *We are the circle*.

The recorded energy enters by our power head, which is composed of a vibratory emission that becomes linked, creating a magnetism that attracts energy. This is propelled by the terminals, which are in charge of distributing the energy throughout the universal mind. You understand *light* as *electricity*. We give life to the universe through the Light. We vibrate so much that the light-life expands in movements through all that exists. *Ideas, thoughts, and all of reality would not exist without light*.

This is not the light as you know it. We exist in a vibratory frequency that is channeled, structured, shaped, and created especially for the universal mind. Its technology is sophisticated; we could explain it, but you would not be able to understand it. When your thought-energies become elevated to dimensions with a high content of light, you will be penetrating the mysteries of universal knowledge.

60- What is the leader circuit like?

Leader means *activity, struggle, combat, confrontation, merits, endeavors, occupations*. This circuit awakes when the three glands: pineal, pituitary and rima start to work together and in harmony.

The triangle is activated. The *nimeo*-crystals that are recorded at a high vibratory frequency are perceived by the pineal gland which absorbs them from higher planes. The pineal gland organizes, classifies and distributes them inside the brain; it will place them according to the strength of the desire.

The leader circuit, which is distributed in the nine zones of the brain, works together with the glands that need it to know where, when and why the thought-crystals must be located in a given zone. These crystals will be apportioned by the leader circuit so that the physical, psychic, and mental energy may be correctly nourished, and also that the right and left side of the brain may be securely aligned.

61- What is the meaning of immersion, circular vision, and dimensional vision?

- Mass: Matter, corporeality, body
- Volume: Space, intensity, quantity
- Height: Elevation, highness
- Circumference: Rotation, roundness, circularity
- Immersion: Submersion, concentration
- Circular vision: Round, ring, alliance
- Dimensional vision: Measure, size, totality
- Total vision: General, universal

As we have stated, the Elementary Dimension works its thought-energy with the triad of *mass*, *volume* and *height*. In these circumstances vision is very limited because the being's energetic conditions are of a low level and with little magnetic concentration. We mean that *their mind will see what its angles perceive*.

Mass: Physical body, very fragile and dense matter. Beings in these conditions have not been able to maintain their energy stable and healthy. Their vibration oscillates between high and low levels. Their instability depends on the vibratory level and while producing an irregular voltage, their elements will deteriorate and not be able to withstand the load and attrition.

Volume: Quantity. This heavy and coarse mass is filled with useless, dense and distorted elements. Matter has to eliminate its density and weight by working with gravity. This means that the physical body could be lighter if humans took care of nourishing it correctly, eliminating what is useless. Matter does not need quantity but quality. It is not complicated to keep it healthy. You became accustomed to the pleasure of senses and you eat everything possible to indulge yourselves. You are slaves of the external senses. Until you curb them and control them, you will not be able to go on to other planes of existence.

Height: Circumference. In general, it is the elementary worlds that have reached the third level, such as you who tend to work only with the first two angles: mass and volume. Height is activated when beings enter the Fourth Plane of elevation. It is the awakening of the consciousness and of the surroundings. The "I" becomes "we". Beings gain knowledge of their life. Their interest expands and understanding deepens. Their mind no longer accepts simple explanations of faith; they want real answers. So they delve deeper into religion, philosophy, esotericism, mysticism, metaphysics and science. This is the only way their inquiry will be satisfied. This is the path that will open the doors to other planes and dimensions. To reach it, beings are preparing through the thousands of grades that the Elementary Dimension offers them.

Circumference: Circular. At this stage of understanding, beings have transcended and are in the Secondary Dimension. Their vision is circular. Their understanding encompasses cosmic knowledge; the universe is at their disposal. They become clear minded energetic beings with high quality recorded crystals. Their mental capacity is extraordinary and their brain circuits have been almost totally connected.

Immersion: Concentration. This angle of vision belongs to the regular worlds. The beings are immersed in knowledge, understanding, and love towards the universe. Their cognitive capacity is one hundred percent universal. Their matter-energy is extremely light and it is eternal. They are no longer subject to sickness, old age or death.

When these beings transcend to the Perfect Dimension, they leave their bodies willingly. Those who come from the Secondary Dimension will incarnate in those bodies that have been kept in an eternal adult state.

Circular vision: Ring, alliance. The word itself expresses it: it means *union*, *strength*, *cooperation*. It is an interwoven dynamic influence with extensive circuits and numerical vibrations.

It belongs to the Perfect Dimension. It comprises a collective mind and thought, receptor and emitter of crystals. It is a Mediator between the lower and higher worlds. Soul of the universe. Language and idiom between the two realities. Translator of the basic needs that are

transmitted to the higher vibrations, which transform and recycle them to send them out as new ideas.

Dimensional vision: Ability, globalization of the nine dimensions. The mind of these beings, who belong to the Divine and Etheric Dimensions, work at the topmost level of mental capacity. Their angles of vision are extremely complex, their power heads function at universal range. That is, they exist in the entire universe. They can attain this through the universal web. They go up and down, in and out throughout all creation.

There is only one possibility for these beings to descend into the dense reality: if in those worlds there are beings that had descended there from the regular worlds. These beings would have to vibrate in a very high frequency and their thought-energy would have to be able to shelter elevated crystals. These beings are called *messengers*. They are very special thought-energies. They descend from the regular worlds to fulfill some entrusted and distinct mission. They traverse the planes bringing the word of knowledge, understanding and love.

If the mission of the messengers is extremely significant, they can become *Avatars*. They carry with them the crystals of the higher worlds. In this way, the *dimensional vision* is fulfilled. Avatars crisscross the entire Universe. Their wisdom is global and dimensional.

Total vision, all for all, reality itself. To exist in all and to be all. We could not describe this reality in words. They are supreme minds of total wisdom. The sublime worlds are the creators of existence and creativity. To create is not to invent; to create is to give life, movement and reality. Infinite and eternal minds.

62- What does the universe, which beings discover in their own selves, look like?

The inner universe is comparable to *immersion*. Beings determine their reality according to their thought-energies. First everything is mental, and then it is implemented and embodied. When thought-energies begin to become more dense than desired, the elements come together, they amass, intermingle, and fuse together so much so that they cannot be recognized and cannot be defined or classified. Thought-energy is unrecognizable. How can we talk about the existence of an inner world?

Inner universe means thought-crystals full of life, free, diaphanous, clear and light. They are nimeo-crystals that further clear thinking, balance, knowledge of cause and effect, profound understanding and universal love.

- Diaphanous: to feel their harmonious breeze of joy and peace.
- Free: to travel around the universe and come to know reality.
- Balanced: to perceive the being's intuitive states.
- Causal: because they are created with wisdom and not with ignorance.
- With understanding: to know deeply who they are.
- With love: to maintain the universe active, dynamic and renewed.

The inner universe is all of us in various realities of existence.

63- What is active and circumstantial reality?

Thought-energy needs *dynamism*. This prompts it to active fulfillment. Without it, thought-energies become passive. A thought without dynamism does not progress. We could consider it to be the motor force that impels the thought to work and fulfill itself.

The pineal gland is an extremely important code within the human-system. It works exactly like a laboratory, where it mixes the crystals so as to fit them together, and distributes them appropriately throughout the systems. When this gland does not recycle the thought-energies, they slow down, become heavy and dense, for they lack the dynamism which activates them. When the thoughts have dynamism, the pineal gland will cause them to rotate and thus beings are more active, effective and quick.

64- What is magnetic information?

The translation movement of the universe has taken the lower dimensions of planets, systems, galaxies and constellations to such point that all of them, at some moment, will be closer to the One Origin. They are fractions in the universal angle. This approach is repeated every 28 thousand Earth-years.

When this phenomenon takes place, the magnetism of the Elementary Dimension tends to become more subtle because it is being nourished with *nimeo*-crystals of the Higher Dimensions. In this period of drawing closer, the higher dimensions communicate with the lower ones, and a dynamic and very active interaction is born between them. The energetic interchange is extraordinary in the fields of science, technology, spirituality, art, and so on. This phenomenon is called **cosmic alignment**. The higher dimensions make use of this period of approach to carry out the *harvest* of thought-energies that will nourish the One Origin. These thought-energies will be recycled and returned as *brilliant ideas*, giving feedback to the universal mind.

The cosmic alignment produces great changes in the planetary systems of the dense dimensions. Beings in the dense realities tend to develop their minds so much that their thought-energies are expressed as great inventors, philosophers, scientists, contactees, and channels. UFOs and extraterrestrials will be seen and extrasensory phenomena will be collective due to the strong magnetism that is produced by the dimensions approaching the center, the axis, and the One Origin. In short, we could define it as the *descent of a great cosmic avatar*. In this descent, the avatar will take along with itself billions of thought-energies. It is an immense harvest.

65- How long in Earth-time does the cosmic alignment last?

The translation movement causes the lower dimensions to be closer to the center in some periods, and farther away in others. With this we are stating that the lower reality is not completely circular, but slightly oval. When the lower dimensions approach the center, they align themselves and nourish themselves with high quality crystals. When they are far from the center they feel the lack of this nourishment. The higher dimensions generate their own nourishment; they do not feel any lack of energetic nourishment because they are their own producers. In periods of need the higher dimensions take it upon themselves to nourish their brothers and sisters of the lower dimensions. How do they do it?

Often, you look at the sky and see shining lights. You tend to think that you are seeing UFOs or some natural phenomena, but in reality these are large concentrations of compacted energy of elevated thoughts that the higher dimensions are sending and once they reach the atmosphere, they are dispersed. This energy expands all around the planet; you breathe it and nourish yourselves with it. In this way, you will not lack universal nutrients and you will continue to heal your density. You are presently entering the alignment phase. You are approaching the axis, and when you get closer, great changes will take place. Among these changes are the following:

- Extrasensory phenomena
- Extraterrestrial contacts
- Children who are geniuses
- Extraordinary advances
- Scientific discoveries
- Emergence of great knowledge
- Elevated philosophical movements
- Interplanetary travel
- Sophisticated space vessels

These phenomena will be revealed during the next 800 earth-years. The planet will be entering its alignment in the year 2014. In general, for the elementary dimensions, this phenomenon takes place every 28 thousand years and lasts approximately 7 thousand years. In other words, it is repeated every 21 thousand years and each time it sets in motion extraordinary changes and events in the universal dimensions.

66- What is the cosmic alignment?

It is an *alignment of dimensions* forming a straight line, starting with the elementary worlds and reaching all the way to the sublime worlds. When this happens, the Universal Web interlocks its geometric figures and forms a single one which is the Universal Sign: *the most marvelous diamond that you can imagine.*

The dimensions revolve in translation and rotation movements, but not in the same direction or at the same speed; some are slow and others fast. *The universe is not flat*, the dimensions are intertwined horizontally or vertically, obliquely or aslant. It is very similar to an atom, but much more complicated. When the dimensions are aligned they form geometric figures producing different meanings. By doing this, they insert knowledge and understanding in the parameters of dimensional structures, bringing about circles of universal expressiveness.

We know that these geometric figures are the symbolic language of the universe. Each movement, each figure formed, will be communicating to us a language that we will have to interpret and understand. They are complex mathematical symbols to understand an elementary reality.

The simplest figures are the triangle, the square, the hexagon, the octagon and the circle. Knowledge and understanding of these figures will result in billions of geometric expressions of the universal language.

When the universal mind produces a brilliant idea and transcribes it into the universal language, *it will be forming the most perfect and marvelous diamond.*

This idea is channeled by the mind through the geometric figures, forming a large cosmic alignment. This is the only way it will be able to be carried out and brought into form in the universal ambit.

Like everything in creation, they are copies made in image and likeness. Therefore, what happens in the macrocosm will be repeated in the microcosm. The minds of the Elementary Dimension will be aligned cosmologically every 28 years, and their mental crystals will enter different phases of life, which is to say, new realizations. You will experience physical, psychic and mental changes; your lives will be filled with new ideas and knowledge. This individual

alignment will also be adjusted, as in the universe, in time spans of seven years. So every 21 years the changes will be accentuated.

That is, every 28 years your lives chart new expectations. Universe Planet Earth-humans divide their existence into three periods, since they are triad.

From birth to thirty years of age, achievement is *material*. They grow up, study, develop themselves, marry, procreate and accumulate material goods that will give them security. Their material ambitions will be expressed and put into effect. The continuity of the species is assured.

Between the ages of thirty and sixty, their achievements are *psychic*. Their struggle consists of professional achievement and personality development. They acquire culture, learn, stand out, deepen their humanity, and record within themselves all the experiences that they have been given to live.

From sixty to ninety years of age, their achievement is *mental* and *spiritual*. They begin to review their existence, weighing their meaningful achievements or their big mistakes; they analyze their lives and record their experiences. This entire examination of conscience will enable them to understand. They will be preparing for their next reincarnation. Their next lives will depend on how they lived the present one.

There are three stages and in each one of them *the crystals became aligned* in their mind. If each stage has been consciously worked on, those crystals will divide, becoming smaller and smaller, for the being will not be working with *quantity* but with *quality*. The more a diamond is chiseled, the more valuable it is. The more cuts it has, the purer it will be. Thought-crystals are like that; the tinier they are the more beings will feel light, clear and diaphanous in regard to their life. If the life of the beings is not conscious, you can imagine how the three stages in their life will be.

When beings are in the material stage their crystals will be flat. They will be working with *mass*. As they work and understand their materiality, they will start to chisel those crystals to form angles and will record knowledge on them, causing them to start taking shape. Here they will be working with *weight*. The crystals continue to chisel themselves into geometric figures and to shape angles that become unified through understanding. In this phase they will be working with *volume*. If these thought-crystals are working with love, they will be using *height*.

As the mind of the beings advances during their reincarnations, they gradually understand, become elevated and work deeply with their existence, analyzing and purifying it. In this stage, the thought-crystals *shatter*, which means that this mind has constant *big bangs* of energy that explode, turning them into tiny crystals, small in size but large in wisdom. Thus beings become elevated and continue gradually forming their *energetic being*. They also prepare to transcend to other planes of existence.

Everything that exists is based on the crystal. We are crystals; we were created like this and will be eternally so.

When the universe aligns its crystals, this can be compared to the following:

- Physical body: planets, systems, galaxies, constellations
- Psychic body: grades, planes, dimensions
- Mental body: ideas, thoughts

A momentous mental alignment is being attained. The universal mind is preparing for extensive cosmic changes, renovations and achievements. Great ideas will be projected to the universe so that its thought-children can convert them into reality.

The creator will be growing, renovating and maturing. In the same way that thoughts grow and develop, the One Origin unfolds in the universe and goes through stages that correspond to:

- Birth, child, adolescence, youth, young adult
- Adult, mature adult, mature, elderly mature
- Old, aged, ancient.

The One Origin has a process similar to ours, for we were created in its image and likeness. When the creator reaches the stage of agedness, the universe will be absorbed.

Everything that exists will enter the center, the axis of the creator, and *everything will begin again*. The big difference will be that we, the thoughts, will be fully aware of that reality, since we ourselves formed our own continuity. *We will be born again, but with more wisdom than before. We will no longer be children; we will become progenitors of the next realities.*

Mind and energy had a child called *thought* – a real and well founded family. Thought cannot remain an only child; it will have to seek its descendants and find its counterpart, its other half, to create and continue its lineage. When we will have become absorbed to go out again, the thought will already have its continuity. It will have formed its offspring. Mind and energy created us, just as our parents did.

67- How are those concentrations of compacted energy sent to our system?

We, as Sublime Dimension, are around the center, the axis of the One Origin. We produce the ideas. When we send them to the universe, they go out in the form of large balls of compacted energy. Their size, form, color, sign, vibration, rhythm, and frequency will depend on our creative desire.

If you could see your thoughts, they would be exactly like what we are describing. The pineal gland sends out its thought-energies in different forms, colors, and vibrations, according to your desire when you thought them up. Here we can understand when you refer to affability and antipathy, affinity and rejection, attraction and repulsion.

When two beings exchange thoughts, these go out from the pineal gland in the form of balls of compacted energy, which are absorbed by each one. This emanated thought-energy will produce different reactions depending on the desire or intention with which it was thought or spoken. The beings will intuitively feel the intensity of its frequency. Likewise, we send our ideas filled with elevated *nimeo*-crystals of knowledge, understanding and love to the infinite universe, so that all the realities may be nourished by them, especially the dense planes where these energies are most needed. When they reach the lower dimensions, they turn into leukocytes, white blood cells, and antibiotics. This is just a comparison.

68- How does the distribution of the leader circuit take place?

This circuit is born of the pineal gland and it branches out to the nine zones of the Planet Earth-human brain. The leader circuit, as its name suggests, means *leadership, guidance*. It could be compared to the power heads of the higher dimensions. The brain of Planet Earth being is divided into nine zones, five of which belong to the left side and four to the right side.

Left side

Zone 1

Preservation of the species. Hunger. Basic sexuality. Automatic functioning of the elementary human-system.

Zone 2

Instincts and feelings, elementary base. This zone has not yet been eradicated. It still prevails and influences your acts and behavior as beings of Planet Earth.

Zone 3

Morality and ethics. Principles. Virtues. Religiosity. Justice. Conscience. Society. Co-existence. Laws. Life system of Planet Earth.

Zone 4

Awareness of surroundings. Ecology. Human preservation. Balanced principles of productive thoughts. Creativity. Global thinking. Collaborative participation.

Zone 5

Elevated humanity. Ecological beings who strive to preserve the planet as well as the equality of human beings. Universal Conscience. Absolute equity and justice. Collective creativity. Egalitarian distribution. Knowledge, understanding and love in favor of the planet.

Right side

Zone 6

Humanity converted to *beingness*. Mind open to universal knowledge. Individual and collective consciousness geared towards the good of their fellow beings and their planet. Opening and globalization of inherited concepts, transforming and unifying them into general concepts. Conceptual love geared towards collective tasks that encompass a sense of life and fulfillment. Human and cultural development. *Constructive evolution*.

Zone 7

Humanity elevated to the highest grades becomes *spirituality*.

Spirituality is sophisticated humanity, fulfilled and focused on great constructive achievements of profound analysis that will benefit the improvement and energetic elevation of the planet. Mind expanded towards universal knowledge, which is understood, loved, and worked on until it reaches the origins of its own existence.

Zone 8

Cosmic mind. Extraterrestrial human being. Cosmic knowledge geared towards universal tasks. These beings work and belong to the higher dimensional planes. They are integrated into Universal Service to transmit and diffuse cosmic teachings, waking conscience and directing it to the correct path. These beings are endowed with special gifts that will help them in those tasks.

Zone 9

Universal mind. It has fulfilled its elevated and transcendent task and has done so with profound and infinite love. It has developed its qualities to such an extent that the universe rewards it by entrusting it with tasks of greater magnitude on other planes and dimensions.

The thought-energies occupy these nine zones and will place themselves where they belong by sign, form, vibration, rhythm, frequency and color.

The first three are the most controversial, difficult and dense. Planet Earth generally works with these energies. That is why the overall level of energy of the planet is the third grade, third plane and third dimension: 3.3.3.

As evolution and elevation advance, Earth-humans keep on working, with the universe giving them infinite opportunities to attain both. Thought-energy may come to a standstill in a vicious circle, but at some moment it will get out and victoriously continue its journey of return. But when it is unable to leave the third zone, in spite of all the help from the other energies, it will enter a retroactive state, be absorbed and start from zero; its energy will be mixed and recycled with others and send to new creations.

Leader circuit

This circuit is responsible for unifying the nine zones as these go on developing. The leader circuit so firmly connects them that the additional circuits awake and start to function until it will join them with the pineal gland. The circuit commands all of the power heads, that is, the nucleus of each zone. The nuclei are:

- Zone 1: Meaning
- Zone 2: Consequence
- Zone 3: Relativity
- Zone 4: Transparency
- Zone 5: Legitimacy
- Zone 6: Clarity
- Zone 7: Definition
- Zone 8: Truth
- Zone 9: Belief

Once the nine qualities will become one they are called *energetic being*. This being will be ready to incarnate on other planes and dimensions and when the nine qualities finally merge, we can say that with this new characteristic the Energetic Being will transcend and qualify to work with all the former qualities now amalgamated into a single one called *circular alliance*.

69- What is the circular alliance?

Alliance means *agreement, pact or treaty*. The word itself explains it: the nine zones become unified. Circular, because the leader circuit will be in charge of circulating the energy, distributing it throughout the brain, nourishing it with positive energy, restoring and activating circuits and filaments and recording the chips spread within the encephalic tissue of the brain.

What we call chips are the elementary terminals, which are divided among the secondary and regular terminals, and the power heads of the higher zones. They are the energy centers that retain, classify, and convey the energy to the other branches:

- Elementary branches: Zones 1-2-3
- Secondary branches: Zones 4-5
- Regular branches: Zones 6-7
- Higher branches: Zones 8-9

When the circuits of these branches become unified, beings are then prepared to receive the universal knowledge of elevated wisdom. These beings will also be ready to take on thought-energies that had disincarnated and that are vibrating at high frequencies.

The thought-energy brain of Planet Earth tends to work with the first three zones. Some beings have developed the fourth and fifth zone, but very few work with the right side of the brain. We communicate with these latter zones, sending them cosmic knowledge. In this way, we can help the elementary worlds develop their brains and nourish them with special energy.

70- Does the universe expand?

The universe does not expand in size, but it does so in quality and wisdom. The more knowledge, understanding and love your crystals have, the smaller, clearer, wiser and more diaphanous they will be. If you compared a crystal from the Sublime Dimension with one from the Elementary Dimension, you would not recognize them as coming the same source. While the first one is a marvelous cut diamond with its own light, extraordinary vibration, cadenced frequency and rhythm, the second one is like a disfigured carbon without any color, vibration or frequency.

71. As Sublime Dimensions, what is your global view of the universe?

For us, the universe is the light: harmony, peace, love, knowledge and understanding. We are the ideas and the thoughts. *Everything that exists has been engendered by us. We are the creator and we are part of it.*

All of us together form the creator. We are all its expression, reality, form, and continuity. *We are our own selves.* Our universe is the wise and eternal mind. Our reality is ethereal. Ideas and thoughts are not what you imagine them to be. They exist because they *are*.

To understand the universe, first you must get to know and thoroughly understand everything related to your own selves. Your vision is partial and very limited. Your knowledge is starting to develop and is taking on a more concrete form, but you still have a long way to go to define it. Everything will come at the right moment. You will discover it through *science, technology and your very own selves.*

Thus, you will be able to perceive the global symbolism of the conceptual structure. *All that exists is inside a mind.* To explain the meaning of the universe in a few words is complex. We are in an abstract, subjective, versatile, changing, molecular, and complicated mind. To accompany the structures and modifications of the universal mind, thought-energy has to be as quick as it and know the *dynamic sequence* of its creativity.

Imagine a perfect diamond that constantly changes its structures at an incredible speed, spinning, carving, chiseling, forming geometric figures, changing and uniting its angles, transforming and fitting them vertically, horizontally, slantingly and at the same time creating

other known and unknown figures. *How can we explain the universe? How can we define it, if, while simply answering this question, it has already changed its structures?* For you to understand a little of what we are explaining, we could look at it in the following way.

If you could look steadily at a house for a period of a thousand years and those years could turn into a second, you would see that house disappear in front of your eyes. And not only the house, but at that rate you would experience the instantaneous appearance and disappearance of all that surrounded it at an incredible speed. If you know what is happening, you will simply make it part of your lives, but if your minds are slow, they will not really know what is occurring, because as the structures change so fast, your reality would have to follow along at that speed.

The material life of Planet Earth-beings lasts approximately ninety years. During that time you incarnate, are born, grow up, procreate, mature, get old, and disembodify. In the universe, this interval lasts thousandths of a second. You incarnate and disincarnate so fast that your structures also change and your forms adjust to them. We are continuity because we take off from a base, but we are never the same as the one we were before; new elements are always added that make the difference.

To understand what the universe is, elementary minds have to speed up their elements and these minds have to become faster, clearer. This is the only way you will be able to understand it. The viewpoint of a caterpillar is not the same as that of the larva or the one that has already turned into a butterfly. It is different, but it will *always be itself*.

72. What is the map of our brain like?

We have stated that it was divided into nine zones. These zones will be part of all humans in the Elementary Dimension. Each zone is differentiated from the others in structure and in the thought-crystals that it contains, as follows:

- Elementary Dimension: Triangular crystals
- Secondary Dimension: Square crystals
- Regular Dimension: Hexagonal crystals

The differences are also expressed in vibration, rhythm, frequency, color, sign, and form. For a perfect crystal to be formed, the thought-energy must go through all the grades, planes and dimensions. It has to chisel, raise and engrave the crystals to their highest expression of evolution and elevation.

73. How does the leader circuit communicate with the nuclei of the zones?

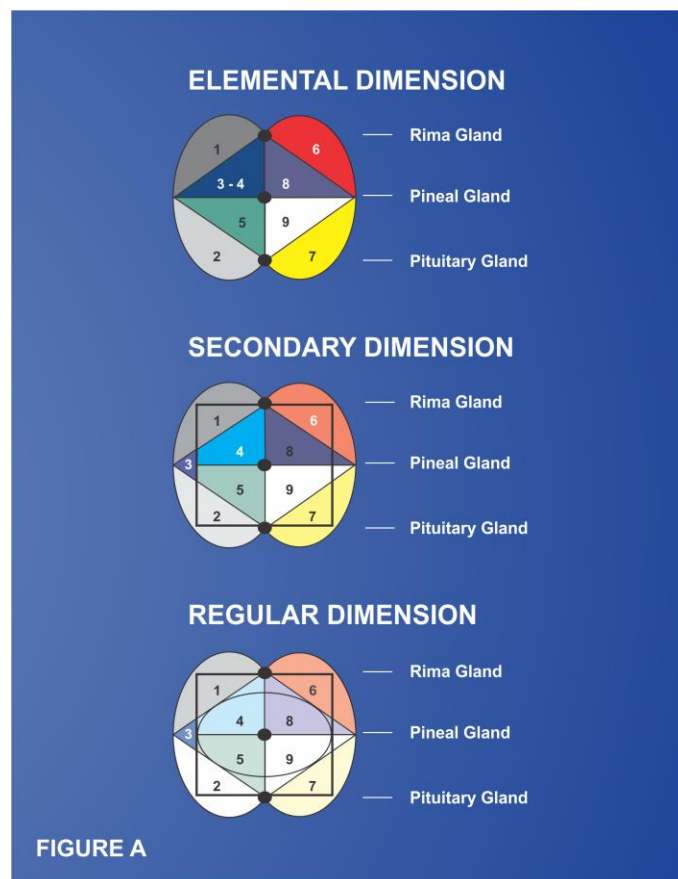
We have said that the leader circuit is situated in the pineal gland. Planet Earth humans start their development working first with flat crystals. The beings of Planet Earth are born with the pituitary gland activated, given that it belongs to their evolutionary process. The rima and pineal glands develop as the thought-beings elevate and transform their triangular crystals. When the beings accumulate planetary knowledge, they absorb it through the pituitary gland and distribute it in the first three zones of the brain.

Once they have reached an evolutionary development, that gland activates another – called rima gland - that is located in the frontal part of the brain. This gland works for the knowledge to be understood, analyzed, weighted, and distributed in the different zones, according to the corresponding elevation. When the rima gland is activated, it has formed, jointly with the pituitary gland, a flat triangle of knowledge and understanding. In these conditions, both glands would be working only for the evolution of the beings.

To begin to be elevated, beings have to activate their pineal gland. To do this, they will have to accumulate many life experiences in their thought-energies, which will mold their essences. Those crystals will rotate in circles forming a spiral and will raise the triangle by the force of their rotation, until they reach the pineal gland, which will then be activated and hurl the crystals to others planes and dimensions.

The pineal gland will be able to absorb the universal crystals, depending on its elevation and content. The crystals will start to nourish it through the umbilical cord that it had formed. Once the pineal gland is activated, the leader circuit will extend the filaments and unite the brain circuits with the nuclei of the zones, causing them to become involved with the active dynamism of the crystals.

This circuit works together with the state of mind and psyche of the beings. If they are in good form, it will automatically benefit the inner and outer expression of their lives and surroundings. Under these conditions, the human-energy will develop with stability, wellbeing, health and a long life, because the energies of their triads will be working at a high level of cellular prolongation.



We are the sublime dimension. We are the mind, ideas and thoughts. As you begin to understand the function of the universal brain, you will be able to grasp our function and our reality. This is the only way you will know who we are, where we are and why we exist.

When the leader circuit is connected to the pineal gland, it will start to activate the qualities of the nucleus without altering its route and objective. The nuclei have been programmed since the beginning of creation for specific tasks, which will be reactivated on their own. When they reach a certain point of development, they will be considered by the universe as the universal DNA, because they hold the energetic codes and formulas of each being in their memory. Through them, we could discover the origin of each conscience. In this way, the leader circuit will also detect existing anomalies. By means of correct nourishment from the elevated thought-energies, the leader circuit will correct what is negative, restructure the crystals and place them inside the triangle so that they rotate at the corresponding speed, going from zones 1 and 2 to zone 3. In other words, the crystals will stop being mass and weight to become volume.

Planet Earth humans generally work with zone 3, even though there are still those who govern their thought-energies within zones 1 and 2. These humans live according to their instincts and sensations, like a wild animal whose brain manifests minimal frequency. In the Elementary Dimension, there are planets inhabited by human-forms that are still in an incipient state of evolution. Once they have developed and elevated themselves, they will incarnate in the third grade. This is the case of Planet Earth, which receives and shelters thought-energies of low frequency and vibration. You will recognize them, because they are aggressive, wild, instinctive and emotive energies that live in accordance with zones 1 and 2. When they reach the third grade, they will choose which of the two forces they want to adhere to: the positive or the negative.

The nuclei of the zones are:

Nucleus 1 and Nucleus 2 - Meaning and consequence

The first two nuclei that govern the first two zones are very important. The brain of the elementary thought-beings depends on them to develop adequately, without any errors or distortions. When the brain is at a beginning stage, we know that the thought-energies which rotate are coarse, dense, and distorted. Why? Because in this state, the brain has not yet formed a sequence, a correlation. Its thoughts do not have a *sense of life*; they function exclusively to *survive* and not to *live*. In short, they do not have any consciousness of being. Survival, which is geared towards the positive material need to have, to own, and to fulfill, becomes negative when the thought- energy gets sick and distorts its needs. In this case it enters a path of no return. These two zones belong to the pituitary gland.

Nucleus 3 - Relativity

Planet Earth-humans located in this zone are *waking their consciousness*.

Relativity, because it is a correlative sequence of work. Once humans have waked their consciousness, they will project it to their lives and existence. By doing so, their creations will benefit themselves as well as the planetary sphere. When humans reach this level, we would realize that they are in the process of evolution and elevation. Here is where they will advance, stand still or retrogress. The universe offers many opportunities for thought-energies to progress, and we can say that you, Planet Earth, are progressing, even though circumstances may show the contrary.

Nucleus 4 - Transparency

By working with the two glands – pituitary and rima – human beings have closed a circuit that moves triangularly, connecting the outer with the inner world. *Transparency*, because all that is

absorbed by the outer senses through the pituitary gland is assessed, analyzed, understood, and distributed to the material world (outer) or to the spiritual world (inner).

The fourth zone classifies the *order of the thought*. If it is a material thought, the pituitary gland will be responsible for it. If it is a psychic thought, the rima gland will endeavor to understand, analyze, classify, and distribute it. But if it is an elevated thought, the pineal gland will absorb it and retain it in its essence to form its *energetic being*.

Nucleus 5 - Legitimacy

This is perfect order and without errors. The thought-crystals put themselves in their rightful place preparing for the path to elevation. Human beings continue to work with the triangle, and at this point the rima gland is able to develop. The energetic output of the beings is directed towards ongoing elevation.

Humans have earned this by their own efforts and dedication. *Legitimacy* corresponds to elevating thought-energies and conducting them to a state of life that is dignified and useful for the universe. By filling their brains with positive thought-energies, the right side of the brain is automatically activated, thus legitimately acquiring universal knowledge, understanding and love.

Nucleus 6 - Clarity

Humans conceive and develop their *energetic being* in their pineal glands. The formation still has to be completed. They must define themselves, be true beings and believe in themselves.

Clarity means engraving the thought-crystals with universal knowledge, acquiring guidelines and norms that will lead beings along the cosmic path.

When beings work with the right side of the brain, great philosophers, statesman, inventors, governors, scientists, emerge. All of them work for the good of the planet; their minds are elevated and their thoughts, full of knowledge. They work for the good of their fellow beings.

Nucleus 7 - Definition

In this seventh zone, humans have completely defined their path. They have chosen the positive side and will work on it consciously, with knowledge of cause and effect. Having reached this level of elevation, they have universal knowledge that had been given, transmitted or acquired. They have arrived. This is the most important. They become *cosmic energy* and are ready to be born. Their formation has been completed. But they know by intuition that they still lack two important points that have to be developed: *truth and belief*. They will not abandon their intent to attain these in order to assure their fulfillment.

Humans go through nine dimensions and billions of planes. On this path of evolution and elevation, they will be transformed nine times; or rather, they will undergo nine metamorphoses. Like the larva that turns into a marvelous butterfly, humans will change their manifestation as they progress in energetic development.

Nucleus 8 - Truth

Even though humans are complete since birth, they prepare to be born into the next reality. They must stabilize their circuits and improve their filaments by purifying and cleansing them.

They *strengthen their truth* because it becomes part of them. *They are the truth*. Their manifestation is authentic. *They are*, because their existence is an example of life.

They do not need to think in order to be. Their lives are totally geared towards their fellow beings; their mission is to transmit the *truth*. Many will believe, some will scoff, a few will be indifferent, and others will not even listen to them. But to them, it will not matter because *truth* is the essence of their *existence*.

Nucleus 9 - Belief

Their light irradiates infinite love. Their knowledge is universal. Their understanding is deep. *They are*. They are *beings*, who, amidst all other humans, stand out in their humanity. All who are nourished by their teachings will be transformed. Their crystals will shine because the light of knowledge will enter their hearts. *They are the lamps* that light the way of those who cannot see it. *They are the pathway* for those who have lost it. *They are the knowledge* so that everyone can understand. *They are the understanding for transformation*.

74- What does 'to be prepared to go on to other planes' mean?

The beings have arrived. Their crystals are perfect triangles that work with their triad: *matter, psychic and mind*. A single expression. Their nine zones, unified in harmony, are embedded, fitted, and restructured for a specific aim of existence. The energetic being is ready to be born.

To reach this point of development, humans have to undergo a process of evolution and elevation. They must also go through the following process:

- Elementary human: Zones 1 & 2
- Human: Zone 3
- Humane Human: Zones 4 & 5
- Humane-being: Zones 5 & 6
- Being: Zones 6 & 7
- Cosmic being: Zones 7 & 8
- Cosmic: Zones 8 & 9

In the course of this elevation, the energetic beings are becoming gestated in the pineal gland. They are united with the universe through an umbilical cord, which will nourish them with universal knowledge, understanding and love.

When the energetic being is ready, it is born. It is not a person or a being as you are imagining it to be; it is *pure thought*. It frees itself to coexist alongside the material, psychic, and mental bodies. This body-being is incorporated into the others and this is called the *universal energetic body*.

It is the offspring of mind and energy. It was born as the most marvelous thought. It will nurture the other thoughts, which will nourish themselves with it, producing the most exquisite honey so that they can later nourish the higher dimensions. That way, they will be able to emanate prodigious ideas that, in turn, will nourish the Cosmos. *It is an everlasting recurrent cycle*.

75- What is the energetic being like?

It is not the way you imagine it to be. *An energetic being* is an agglomeration of recorded thoughts of crystals that are clear and of perfect shapes, fitted together like a puzzle that gradually forms the global idea of its creation. This being starts developing in the Elementary

Dimension, continues to do so in the Secondary Dimension and is finally born in the Regular Dimension. It is a clue, a key, a code that starts locking into other planes and realities, and thus starts opening doors that give it the genetic access to be born and to have other opportunities of existence.

As that energy continues reincarnating on other planes, its energetic being will always accompany it, because the numerical clues that it possesses will open unanticipated realities. Even though, at a certain point in its gestation it could be in a dense reality, it is united by an umbilical cord that nourishes it with special energy and protects it in any contingency. This means that physically it can be in a dense reality, but not mentally.

When energetic beings are formed and are reincarnated at a dense level, we realize that they are beings who have descended from the regular worlds with some special mission. When they fulfill it, they will go back where they belong.

The path of the energetic being is as follows:

Elementary Dimension: Zones 1, 2 & 3

Sense
Consequence
Relativity

Secondary Dimension: Zones 4, 5 & 6

Transparency
Legitimacy
Clarity

Regular Dimension: Zones 7, 8 & 9

Definition
Truth
Belief

Energetic beings are not gestated in just one life. They have to go through a process of many reincarnations and also different grades and planes of existence to achieve it. Many thought-energies have already descended and ascended many times. They are beings who come back with the mission to help you get out of the density. They appear as philosophers, avatars, scientists, governors, and so on. These are great men and women who leave the good example of their lives in history. They often go to the extent of sacrificing themselves for the good of the planet and of its thought-beings.

When energetic beings reach the Regular Dimension, it is because they have completed their evolution and elevation. By doing so, they can be born in that elevated reality for they have attained it by their own merit. It may happen that, even though they had returned, they are often not yet sufficiently purified to go on to the higher dimensions, for something in their energy, as tiny as it might be, will hinder their transcending. So, once again, they will have to descend to dense realities with the task of purifying themselves, and above all, to continue for some time this great mission of knowledge, understanding and love until finally ascend to a higher dimension.

One of the greatest missions of their task is to help their fellow beings who are trapped in the density, so that they, too, may elevate and transcend. When they descend they become messengers of knowledge, understanding and love. The more they descend, the higher the elevation they will attain because they will be working for the creator, until they are able to become avatars. When they fulfill this, they will have to unify and elevate a certain amount of thought-energies within themselves to be able to transcend to the Perfect Dimension.

All of those elevated thought-energies that return time and again do so for altruistic motives. It could be for love of their fellow beings, for their desire to help the universe, or to fulfill their existence as best possible, or to cooperate with the development of the species.

76- How do the pituitary, rima, and pineal glands form the energetic being?

Pituitary gland

Its real name is thytutarot, the name given by the ancient Lemurians.

Thytu: All

Tarot: Knowledge

This gland was discovered and developed by the Lemurians. It is located in the lower part of the cerebellum. Its function is to maintain the physical body in stable conditions and to impel matter-energy to respond to the orders that the brain sends through the nervous system.

The human matter-body is a universe. If we say that in its brain it shelters non-incarnated thought-energies, then we can suppose that the pituitary gland has a corresponding task through its antimatter world. The work of this gland is to stabilize the three bodies: matter, psyche, and mind.

This matter-body perceives the outside through its senses. The pituitary gland absorbs those thought-energies, assesses, studies, classifies and distributes them. If they are positive, it will send them on to the rima gland, which organizes them by placing them in their respective zones. If they are of high quality, it will send them to the pineal gland. If the thought-energies are sick, the rima gland will not absorb them; these thought-energies will be classified as harmful-energies and they will go to zones 1 & 2 where they will start to gyrate in a vicious circle and seek an exit until they find it in the nervous system.

Later, they will descend through that system, causing it to deteriorate and get sick. Worse still, they do not stop there. They will continue to forge ahead through all the systems, until reaching the bones, where they will become petrified. Along that trajectory they will have left disastrous effects of pain, suffering, deterioration, illness and finally, death.

Rima gland

This gland is a *mediator* between the dense and subtle world. It is a catalyst of energy. It will not allow any negative crystal to go through it. When this gland absorbs positive energy that has already been worked on and understood by the pituitary, it chisels the crystals, giving them the correct form (triangular). It engraves them, raises the voltage and the colors, and sends them to the pineal gland, which receives them to form its energetic being and gravitational field. In this way, beings will be adequately nourished, breathing the elevated crystals that they themselves had produced in their brains. By breathing them, they will invigorate their systems maintaining them healthy and removed from physical or mental illnesses.

Pineal gland

Once activated and in communication with the universe, this gland forms its umbilical cord uniting it to the universe. Its energetic nourishment will no longer be generated by the being but rather by the universe that nourishes it with elevated energy. Since it is nourished by a higher source, it will become a cosmic being.

77. How can matter-universe nourish itself energetically through breathing?

When matter-humans were created in the Perfect Dimension, they were programmed to be able to nourish themselves through the respiratory system.

In the Primary or Elementary Dimension there are many inhabited planets with a higher degree of development and elevation than Planet Earth. Their inhabitants do not feed on a coarse physical diet like you. Their nutrition is energetic and often via the respiratory system. Beings that inhabit these realities have more subtle bodies because their systems have been substituted by others that carry out a similar function. Since these beings have subtle bodies, the circuits and filaments channel the energy for their subsistence and nutrition. This takes place through the air (gaseous-helium energy), that penetrates their systems and nourishes them.

They are filter organs that function specifically for this type of more sophisticated and purified bodies. For example, a three month fetus needs the nutrients that the mother gives it in the uterus. We could compare the nourishment of the Planet Earth- human with the nutrition that mother-Earth supplies her children. It is important to highlight the type of food that mothers should give their children when they are in the maternal womb for it will form a strong and healthy encephalic tissue in the child.

The universe is like that: it will depend on mental nourishment, that is, on what kinds of thought-energies are being nurtured on the third grade. Then we will know what kind of development those beings will have to undergo in the course of their mental-universal gestation so that they can develop a strong and healthy brain and be born as energetic beings. They had been nourished with appropriate thought-energies for this formation to occur.

In the same way that there is excellent elevated nourishment, there is also degenerated nourishment. We know that there are very beautiful butterflies during the day, full of colors and harmony as they fly about, but there are also the night moths that live in darkness and are blind to the light. Both were nourished proportionately: the first with a nutrient called elevation and the second with a nutrient called evolution.

78. How is it possible that some beings can be in the seventh month of gestation or higher, when we, as Planet Earth, are in the third month?

Often elevation does not accompany evolution. Thoughts are fast, subtle, and light and they travel at an incredible speed. Often matter does not keep up with them. When this happens, the two do not coincide. We can assure you that energetic beings incarnated in dense matter do not belong to that plane of existence. These are volunteers who descended to that vibration for some purpose, mission, learning or study. Energetic beings that have to reincarnate in dense dark planes do so for different reasons.

Many volunteers are incarnated on Planet Earth, because planets of the third dimension are considered to be like large laboratories in the universe where the mixture of thought-energies gives remarkable or dreadful results.

Volunteers who come from other realities nourish the thought-energies in initial stages with more advanced knowledge. That way they manage to alleviate the density, or at least, balance it. We can perceive this energetic treatment on all the planes.

There are volunteers who ascend and descend, thus retaining a greater elasticity of understanding, a capacity and structure for universal energetic feedback, most of all in the lower dimensions. Since they are an energetic triad, they need the exchange of thought-energies for their own subsistence.

When energetic beings complete their formation and incarnate in the Regular Dimension, they can no longer descend directly to an elementary reality, much less with their subtle body that would not be able to survive in that density. They will have to descend gradually, until they incarnate in denser matter that allows them to acclimatize. That way, they will be able to accomplish the entrusted mission perfectly. The same thing happens with you. You would not be able to ascend to more subtle realities with your matter-energy because densified reality is slow, crude and heavy. Communication among the planes and the dimensions is generally carried out through telepathy or imagination.

When you see UFO's or beings from another planet, you will always perceive them in your minds; the communication is mental-energetic not material. When you are taken into space vessels you will always be transported energetically and not in your dense matter-body. It is impossible for your dense matter-energy to withstand that kind of space travel and much less be able to enter other planes of existence.

We could make a comparison. When you descend to deep levels in the ocean you need to wear a special suit to be able to withstand pressure and low temperature. The universe is like that; to go up you need the energetic being (spirit) and to go down you need a very special suit called matter-energy. This is the only way you will be able to go up and down in universal realities. What you call *astral travel* is also achieved through the ethereal body, in which an umbilical cord connects the dense matter-body and the subtle mental-body.

Energetic beings develop up to the Regular Dimension, and when they have reached the maximum energetic elevation, they will be ready to transcend to the Perfect Dimension. Then they will voluntarily leave their regular body and incarnate in a perfect body that will receive them in an adult state. These bodies had been left by other beings who were elevated to the Etheric Dimension. Here, energetic beings become bodies of eternal and infinite light; nevermore will they be subject to incarnation. *They will exist eternally.*

79. Are there many planets like ours in their third grade of gestation?

There are many. There is an elliptical cord around the Pleiades that is filled with planets like yours; we could say they are the closest ones.

There are others farther away, like the constellations of Miriar, Calixtus and Tanihel. Names do not matter. The main thing is to know they do exist and, coincidentally, their development is very similar to yours, some are more advanced and others more backward. Some of them already have advanced technological discoveries and take long distance interplanetary trips with the aim of studying the human species and the evolution of the universe.

They communicate and are in contact with you. Some countries and governments know of their existence, and some even carry out research, interchange knowledge and work together with them. This information is strictly confidential in those countries, therefore few know about this interplanetary exchange.

80. How is an energetic being formed?

It is *thought that has reached the necessary maturity. It accumulated the elements that made it grow and expand its knowledge, understanding and love.* The entire universal process is chemical and mathematical. The three glands secreted substances that altered the chemistry of the crystals and engraved them adequately; in other words, they were molded according to the programmed form of the universal regulation for species. It is an established genetic formula; a nontransferable DNA.

The same way as the formula of the semen and the formula of the ovum unite in the uterus and together form a new physical being, the three glands unite and form a new energetic being, as follows:

- Semen: Pituitary gland
- Ovum: Rima gland
- Uterus: Pineal gland

Physical conception is an act of *procreation*; mental conception is an act of *creativity*.

An energetic being is the outcome of the union of conceptualized formulas of thought-ideas which, when united, form an eternal thought that is chemical and mathematical. In the same way that you mix colors and know the result, the universal combinations will also know their results. This is the way the universe was created: *always its own self, forever.* The formulas improve but are not annulled because once they are created, they are recorded in eternity.

The universal task of all of us consists in correcting what is negative and transmuting it into positive, for it was created in a state of ignorance and through lack of global vision.

The pineal gland gestates the energetic being, nourishing it with life experiences through the other two glands. This being will be born with its own character and personality imprinted and will carry these characteristics with it from life to life and from reincarnation to reincarnation. This will be its eternal DNA.

81. If we, from Planet Earth, wanted to nourish ourselves through breathing, could we do so?

Planet Earth-humans do not have the elements, the structure, or the environment to do this. Their matter is still in a process of purification; they have to recycle and transform their garbage-energy. The matter-body of Planet Earth-humans is a processor of crude energy. It is a factory of chemical elements that modify and alter dense energy, transforming it into more subtle and less harmful energy. What we are explaining to you in this book, *El Ser Uno* (Being One) is mental knowledge for you to understand what is happening to you; through this knowledge and understanding you could transmute the density in which you live. In this way, you could greatly improve your living conditions and those of coming generations.

What good is it to improve your matter-energy if you are dense mentally? It will not work. The knowledge, *El Ser Uno*, intends to show you that in the universe thoughts and the mind are first; everything else comes as a consequence. When mind and thoughts are in order, they will turn outward and will be applied with wisdom. *Have no doubt, someday all that is born of the mind will be manifested and fulfilled.* That is why we insist so much on your learning the importance of being, not from any repetitive or erroneously transmitted teaching, but from your own experience. This is the only way it will remain recorded in the essence and also benefit the transformation of your thought-energies.

This is one of the reasons why we do not present ourselves directly to you and keep from transmitting all of our knowledge. You would listen, try to understand it and it would all remain at a level of knowledge and not of understanding; we would get nowhere. In such conditions understanding would be superficial and it would not be recorded because you would not be living it, perceiving it, or experiencing in your own reality. In the universe you would be considered hybrids without conceptual correlation. You would be considered drifting and undefined thoughts, crystals that recorded and transmitted knowledge which had not been acquired. This makes the great difference. The development of the human-species is slow but sure and we cannot intervene in the natural unfolding of either the species or the planets. *Development must be natural* and within the correct energetic formula.

Planet Earth human-bodies do not need so much food; they could live perfectly with little and well balanced nutrition. When the human form was created in a laboratory it had a much lighter energy and was programmed to feed exclusively on the vegetal kingdom. Most planets of the lower reality fulfilled that condition, but some, like Planet Earth, did not; they took to eating meat. That wrong nutrition caused energetic distortion and infinite consequences that they cannot get rid of until today. Much of the weakness, sickness, deficiency and malformed genes result from this bad nutrition. Worse still, matter-energy got used to it and consequently deformed its genetic and mathematical sequence.

If everything had been developed within the universal guidelines, Planet Earth-humans would have had the following characteristics: they would be taller, more slender, without nails, hair, teeth or intestines, only a mouth, and the waste would be eliminated through the urine. The circulatory, respiratory, skeletal and muscular systems would be more sophisticated and very subtle. When beings of Planet Earth started to eat inappropriately, their nature became bestial. When they procreated, their offspring were born with some congenital elements that were altered.

The regular realities did everything possible to stop that distortion from spreading. The formula had been altered and to correct it required effort and wisdom. As the distortion continued increasing, they would place *model energy* to help it find the correct path of creation, thus they would be able to go back to the original formula. With this aim, they equipped humans with new systems and filters to help the human-form survive, and put also in the lymphatic and metabolic systems. They completed the digestive system creating the intestines and improved those systems by creating the liver and the kidneys, which would be responsible for filtering and eliminating substances that could be harmful to the other systems. These would retain only what was strictly necessary to sustain the matter-energy.

Only by acting like that the regular reality was able to save the human-species of the elementary worlds. They not only helped them materially, they also implanted mental filters in them, corresponding to the three glands – pituitary, rima, and pineal – so that the work of filtering would be complete.

When beings of the regular reality started to colonize other localities they noticed that, when they descended from plane to plane, the subtle energy would become condensed. When they reached Planet Earth, they found it very difficult to adapt themselves to it. They were faced with strange and different elements that they were not able to control; consequently they got sick and became distorted. In the beginning it was hardly noticeable. The distortion contaminated the energy until it reached extreme and irreparable circumstances. Until today, the human-form of Planet Earth struggles to get out of the density and correct its energy. Those who continue awake are already returning to their origins, nourishing their matter-body and mind adequately. They are transforming their crystals, restoring their subtlety, clarity and perfection.

The human-form-energy was never created in the image and likeness of animals; it was always special. When humans ate inappropriately and started to imitate the animals, they became one of them and their bodies became animalized. They grew teeth, nails and hair; their senses atrophied; their skin darkened; their blood thickened and the activity of their encephalic tissue slowed down. By eating animals, they were feeding on energy that was dense and of a low quality. By mixing this low quality energy with human-energy they wound up descending to the animal kingdom. The matter-elementary-human is still prevalent in those who live according to zones 1 & 2. In these two zones one can find the genetic memory of a *savage animal of instinct and sensations*.

82. So, did we not descend from monkeys?

In the universe of its bubble-sphere, the human species has preserved its origins and principle. The distortion occurred on seven planets of the Primary or Elementary Dimension. Several of those planets have been healed; the others are in a process of correction, being one of them Planet Earth.

The colonizers of Planet Earth are the ones who suffered that distortion, which was so extreme that a time came when both humans and monkeys showed the same degree of evolution. Henceforth, however, humans vigorously continued evolving with the help of the Regular Dimension whereas the monkey species stayed as it was.

You, human-species, must remember that planet Earth is not your place of origin: This planet was colonized and you are the descendants of the colonizers.

Could you for a moment imagine the desperation of the thought-energies of the colonists, after having emerged from the One Origin in the purest form and developed adequately on their own planets within the universal guidelines, finding themselves incarnated in horrible and simian like creatures? *It was hell.*

For them it was like plummeting into a dark well of crushing gravity, without any notion of what was happening to them. *They descended to the deepest of darkness. The fall of the angels, as it is known. They lost paradise.* Today the angels struggle to get back to their true home. You are those angels of the universe who are *awaking and remembering*.

The evolution of Planet Earth has been difficult because of its location. We had to help you get out of that darkness. We are enlightening you so that you may perceive your surroundings, and knowing them, be able to find the means to awake and remember. We are activating the three glands; we are nourishing you with engraved energy, and continually restructuring the codes for you to retrieve the correct formulas which were genetically adulterated. It is not easy. When we think we are being successful, the formulas are suffering new alterations because of the consequences of negative thoughts, detrimental nutrition, or the ingestion of some chemical substance you call *medications*, which alter the energetic-genetic structures.

Why do you think that we teach you what you call spirituality? Spirituality is positive energy, correct thoughts, simple and light food, maximum care of your three bodies, harmonious coexistence, peace, love, knowledge and understanding. Spirituality is neither rites nor songs; it is not a building or a temple; it is not beatification or sanctity. It is a lifestyle, a way of existing, and a positive and right way of being...

This is the only way you will rid yourselves of the animal-energy that is still in your genes, and by doing so, nourish yourselves correctly with elevated energy. Thus you will transform the planet because your thoughts will be clear, diaphanous, healthy, elevated and filled with love.

You will understand what was unknowable before and learn about the secrets of your minds. You will remember who you are. *You are the children of the universe, of knowledge, understanding and love.* You were created with all the care and all the wisdom.

We will never give up on you; you are our children, our brothers and sisters. You are us and we are you. We are all; we are one.

83. What can we do to correct our energy?

This correction is slow because of the plane you occupy and has to be faced as follows.

Material body (physical)

It should adopt a balanced diet; little in quantity and much in quality. Proteins, vitamins, carbohydrates, essential fats and minerals. Food requirements among humans are individual and have to be handled as such. Prefer natural foods, curb or avoid preserved or processed ones. Include abundant fresh fruit and vegetables. Avoid animal products. Drink natural mineral water. In short, keep the material body healthy, strong, and in good physical conditions.

Psychic body

Live an orderly and balanced life. Face and control emotions and feelings by understanding them. Make self-analysis a habit. Gain human knowledge as well as individual and collective conscience. Convey Universal wisdom, inventions, discoveries, technology and science for the benefit the planet.

Mental body

Knowledge of the universe. Opening of the mental channels. Confidence in this achievement. Individual and collective work geared to the development of the beings towards innumerable changes which will give them greater capacity of perception and understanding. They will then be able to expand globally with the right to be part of this immense transformation for being children of love and the universe.

Planet Earth humans did not follow the rules; they suffered distortion and fell seriously ill. Correction, however, will be an extensive process and take more time than we would like it to.

Many similar planets have managed to develop perfectly. Even though they have the same degree of evolution as planet Earth, they have greatly advanced their capacities because they did not alter their genetic sequence preserving the pureness of their crystals.

Ever since its creation, Planet Earth carried very dense elements, low vibrations, and a negative legacy hard to perceive. When the colonists arrived, they faced a totally unknown reality which represented a huge challenge in spite of all the preparation and wisdom they brought with them.

The situation could have easily been dealt with, but worsened when they started a series of experiments for the simple pleasure of the senses, even though they had been warned not to do so. Nowadays, the thought-energies of Planet Earth are correcting their distortion. Those who have awaked and look up to the universe start to remember. As they do this, they organize and transmute the crystals of knowledge, understanding, and love. In that way they restructure the memory records and organize them, interlocking the crystals according to the First and Only Formula. This is the only way subsequent generations will be able to heal themselves and be born free, healthy, and elevated.

84. In what ways did the beings from other planets of the third grade develop more than we did?

They have slim material bodies; they are tall with perfect copper colored skin, no nails, no hair, no teeth, long arms and legs, big slanted eyes, small nose, mouth and ears. They nourish themselves with liquid nutrients and part of their nutrition comes from breathing it through the air (gaseous energy). They do not waste anything. They know nothing about sicknesses and if they were to have any illness, it would be benign and unimportant. They have a profound knowledge of nature and mankind. They also work with universal knowledge, integrating it into their studies and research. They belong to the Interstellar Cosmic Confederation. Their means of transportation is the space vessel and they travel over enormous distances.

For a very long time Planet Earth has been receiving the visits of these beings from the Pleiades, Centurion, Jupiter, Alfa Centauri, Orion, Andromeda and Sirius. These realities are similar to yours, but there are others in a more subtle state; these are unnoticed because their existence is parallel to dense and material energy. Many beings of Planet Earth communicate with them, physically as well as telepathically. These realities have their bases inside the planet or on high mountains. They enter and exit through the poles, making use of the fact that there is no gravity there. They are highly evolved and elevated beings. In the universe they are known as *Ayaplianos*.

The human-form is of one origin: *ayapliano*. On extending his presence throughout the universe and colonizing innumerable planets, this unique species adapted itself to the environmental conditions of each planet, system and constellation. Although they took on the predominant characteristics that would differentiate them from one another, the human-form continued being based on the genetic codes. However, these were transformed into different races that currently inhabit the universe. For example you are *Ayapliano-humans*.

85- How can the Ayaplianos be on third grade like us, if they are so advanced?

We cannot compare a school in a city of an advanced country, with excellent teachers, varied subjects and specialties, a high level of knowledge, laboratory, library, game room, sports, theatre, and so on, to a school that is situated in a poor country, with no means to progress, with poorly prepared teachers and without any opportunity to transmit teachings because of the lack of resources and of infrastructure. *Both have the same grades of teaching, both have the third grade. But are they the same?*

The Ayaplianos developed according to the guidelines of the universe. Their planets were colonized the same as yours. Your problem emerged during the process of evolution, due to *chemical processes, hostile environment, gravity, frequency and heritage*. You became distorted but they did not. That is why we say that each planet, system and constellation was formed according to the genetic adaptation in the course of evolution.

You are the fallen angels; you lost your wings, which means that your minds remained trapped in the encephalic tissue, which could not imagine, create freely or communicate with other realities. You have been left behind, alone, orphaned, and isolated in the darkness of your lives *until today, when you have finally started awaking to conscience*.

We have been waiting patiently for you, and now that you are awaking, we are very happy to be able to communicate with you and transmit universal knowledge for you to be able to remember and thus activate your crystals. You will start to work and reactivate the dormant circuits, and when everything is in accordance with what has been determined, we will join one another mentally because we will not be the ones to descend; it is you who will ascend.

The human-species has only one origin in the universe even though some humans are subtle and others dense. What is important is mind-energy thought. Everyone has power heads and terminals. We are children of the One Origin, a single source, and one and the same path of return.

When the Regular Dimension began to colonize other realities, they did so with equity and justice: the same for all. They chose similar planets so that the development of the energy would occur uniformly. In most of the planets evolution took place according to what had been established, but some planets, like Earth, did not adjust to the evolutionary plan, and the result was quite a different reality.

What did they do? First of all, they had to recognize that, in spite of all the efforts and love during the extensive phase of colonization they failed to achieve the expected goal. *That was not the child that they had created; it was not the answer that had been expected.* It was a different reality – dense, unpleasant and imperfect.

They had never seen anything like that. They did know about densification, petrification and solidification, but distortion was something totally new that the Regular Dimension had to confront. What to do so that the crystals would return to their normal state in order to be able to re-record them? To return to the First Formula, the Regular Dimension had to carry out a profound study of the behavior of distorted thought.

They discovered that, even though the crystals had become distorted, the *nimeo*-nucleus had remained intact and untouchable inside the distorted thought-energy. They therefore knew that the thought-energy of Planet Earth could be healed. To correct it, they would first have to make the thought enter the *nimeo*-nucleus and discover its truth. Once they managed to, thought was meant to emerge transformed and transmuted.

They had to *reverse the thought-crystals* like an image of a mirror, from the outside in and from the inside out. In this way, the prodigal son would return to his father, the universal mind. To be able to do this, first the encephalic tissue had to evolve, be healthy, strong, filled with knowledge, be correlated and developed and have its circuits connected at high energetic voltage.

Today we can say that the encephalic tissue has reached a point where the energy recycles itself with more speed and attunement. Thus, it is forming the brain, which is furthering the awakening of conscience so that the recorded memory in the *nimeo*-nucleus can flow in such a way that the development of the matter-body (encephalic tissue) will become unified with the psychic body (brain), which in turn, will become connected with the mental body (mind). Only in this way could we say that you are being completely rescued.

86. How did the angels fall to hell?

Colonizers from four planets were selected by the Cosmic Confederation to settle on Planet Earth. After their arrival in large spacecraft, they named it *Tera*; this henceforth would be its name. Each planetary group went to a different part of the planet for study and research.

Prior to colonization, the vegetal and animal kingdoms had been implanted on Planet Earth so that their energetic adaptation during the various phases of evolution could be studied. All these species had characteristics that were different from those of other nearby planets.

The Confederation knew the origin and condition of all the seven planets to be colonized; nevertheless, it wanted to experience on the spot and the groups would therefore embark on an extensive program of research and study. This vast information was then transmitted to the Confederation of Planets which filed all the knowledge coming from this unknown reality.

Then, one day, the colonizers of Tera noticed a tiny energy change in themselves. Their crystals began to emit altered frequencies resulting in a distortion of rhythms. Consequently, the vibration lowered and the colors became opaque. Their children began to be born with those unequal frequencies. They communicated this anomaly to the confederation, which immediately banned the entrance and exit of colonizers' spacecraft to and from the planet.

In spite of the thoroughgoing investigations, they did not find the cause of the sickness. Time passed and the distortion increased, until they discovered one day that planet Tera, like the other six, was situated in an *oblique belt*. That, added to the gravity and natural density of the planet, was distorting the crystals.

After much research and study, the Confederation of Planets found the answer and the cure, but it was too late. The distortion had affected the colonizers so severely that their bodies had become deformed and their minds begun to forget their origin. Their crystals flattened and amalgamated, their bodies twisted in pain and suffering, and their matter-energy became even denser.

The once celestial and subtle angels, diaphanous and full of light, turned into dark, monstrous and deformed figures.

The distortion was gradual – more in some and less in others, depending on where they were. Heat accelerated the distortion, and cold slowed it down. The sickness advanced to an extent that the colonizers who were most affected lost all awareness of themselves and of their surroundings. They reacted by instinct and sensation; they behaved like animals and began to imitate them to the extent that they even ate them. The distortion went on until it became an integral part of the sickness. This was so serious that the colonizers started to kill one another and went so far as to eat their fellow colonizers: *cannibalism*.

Even those who lived in the iciness of high mountains and in the poles understood that they could not remain sane much longer. So they decided that a number of them, while still healthy and strong, should flee to the deep caverns of the Earth to avoid breathing the contaminated energy and to be farther away from the gravity, both of which key determinants of distortion. Consequently, a group chosen from the four planets went to live in the deep caverns of the planet. It was that group that saved itself from distortion. There, in the depths of the caverns, they founded the *Internal City* and became *the guardians of Tera*.

These colonizing energies preserved their origin and pureness and progressed according to the First Formula. Their descendants are waiting patiently for you to correct your energy so that they can present themselves and communicate with you. But they cannot make physical contact with you because the atmosphere on the outside would contaminate and the oxygen annihilate them. Those who remained on the outside and continue to be distorted *are you*. That is why we strive, together with our brothers of the Internal City to rescue and prepare you to join us. We shall be waiting for you.

The guardians evolved and became elevated. Many have already transcended and left their descendants who are taking care of you. But they are still transmitting universal knowledge to all those who awake. Since they are responsible for the planet, they are in direct communication with the Cosmic Confederation. They enter and exit by the poles using highly advanced technology of energy that keeps you from perceiving them.

You will become elevated. You were very sick, but now the sickness is yielding; the crystals are getting organized. Beloved brothers, how you have suffered! We have suffered with you and therefore never abandoned you.

When the Regular Dimension was able to discover how to correct the distorted energy, a question arose: *What really caused the distortion in the human-energy? Was it the fact of feeding on animal energy?*

The Confederation of Planets was not totally convinced of what had really happened. If the thought-energies of the colonizers were elevated and purified, how had they become contaminated? *Where was the real fault?* They came to the conclusion that several factors, such as, environment, inheritance, gravity, and the oblique belt were the answer

Through studies and research, they discovered another factor they had not taken into account: *the legacy of the negatives*. These were the compacted energies that the One Origin had hurled far away during the explosion. Those fragments had distanced themselves from the center and had become denser and thus remained in inertia and stagnation.

Apparently, the compacted negative energies had been dormant on those planets because of the density of their elements, until the day they awoke and began to adapt to their environment. They incarnated in the colonizers who sheltered them in their brains without realizing it.

The colonizers never imagined that those negative elements would be sheltered in them. They had never faced anything like that. Those sick negative energies, which apparently had come from the One Origin and from other dense realities, had conquered their lethargy and manifested themselves by incarnating in them. But their pure bodies and perfect crystals could not withstand this mixture of chemical elements. In short, it was not only the inadequate nourishment and the other factors as mentioned, but also the negative energies that intermixed with the pure thought-energies of the colonizers and caused the distortion of their crystals and simultaneously of their matter-energy – a vicious circle that you are still trying to escape today.

Once it discovered that everything began with the thought-energies the Regular Dimension concluded that correcting the energy of the thoughts would heal them and give them *the chance to return to their planets, their true homes*.

In the end, planet Earth had turned out to be not only a highly dense but also a distorted and negative reality.

How are we not going to understand, protect, take care of you and teach you, when we have lived step by step everything that has happened to you? Do not blame yourselves; there is no original sin.

Even with our vast experience and knowledge, we could not avoid some of the things that happened. Since thoughts throughout the universe grow and mature through life experience,

this has been one painful way for us to learn. Our great joy, however, was to perceive that we could rescue you. *In the universe nothing is lost, everything is recycled.*

You sure do not ignore that yours is a controversial but very interesting planet. You receive visits from all over the universe because you are a very particular species. You have tried everything. In spite of having turned dense and suffered distortion, you have preserved the willpower and strength to struggle and prevail. This is what we admire in you. You create your own barriers but always strive to overcome them. That strength is respected and studied all across the universe. *We want you to know that you are considered the most complete species of the universe.*

You will eventually understand this, when you have progressed in your elevation, because first you will have to know, perceive, understand and live according to universal parameters. You will have to awake and to unify your circuits. This way you will evolve faster, and by doing so, recover your past that was lost and find the long hoped answers. Universal knowledge will be bestowed on you; it is time for the truth to prevail and for all of you to know and begin to understand it.

We are entering the alignment of the constellations; it is the time to form *the triangles*. During the next 7 thousand years we will work side by side. *The voice of knowledge* will be heard all throughout Planet Earth, and those who receive it will share it, with belief, love, total assurance and true conscience. These beings will transmit the knowledge because they are the voluntary messengers and colonizers who are fulfilling their mission. *It is harvest time* and those who have not yet matured will be left until the next alignment.

Great changes will come to Planet Earth, as well as to the entire universe. The larger crystals are amalgamating with the smaller ones, bringing about an interchange of extraordinary thought-energy in which the higher hierarchies of the universe will communicate with the lower ones. They will interlock their angles in such a way that they will form the most marvelous diamond that eyes could ever behold. This will be a consequence of the high energy vibrations that vigorously stimulated the development of the universal body, brain and mind.

Our creator, the One Origin, is undergoing the normal changes of a mature youth to become a mature adult. Its mind has accumulated so much wisdom that it wants to share this with its thought-children, so that they can be nourished with knowledge, understanding and love. All of us will know how to make good use of this great opportunity.

The dimensions keep rotating along different elliptical paths, some at incredibly high speeds and others slowly, all circling around the nucleus. The varied colors are suffused through the axes and the vibrations diffused rhythmically. The dimensions will be in their specific locations to receive the universal nourishment, and once it has been assimilated, *we will be transformed into it and we will be it.*

The dimensions will go to a higher level because when the constellations become aligned, we will be entering a different equinox, another solar sign of the universe. *It is the translation movement; it is the elliptical alignment of universal movements.*

To enter universal wisdom, you will have to interlock your mental crystals and form the energy-being that will be connected, by its umbilical cord, to the creator, the center and the axis. This is

the only way you will be able to nourish yourselves with its energy. This is why we have worked so much with you, for you to be part of the universe and to belong to the Cosmic Confederation.

When we spoke of *cosmic alignment*, we also referred to cerebral alignment. What happens in the macrocosm is repeated in the microcosm. To go from one plane of existence to another, the zones of the brain have to be aligned, interlocking the circuits through the leader circuit, which, in turn, will form *the circular alliance*. This alliance will be responsible for the flow of the thought-crystals from the right side towards the left, to nourish, evolve and elevate it. Once this is done, the energy that leaves the pineal gland will enter the chakras or energy centers, circularly, then leave them and return to the pineal. Thus, thought-energy is recycled and elevated.

This is happening extensively in the universe, the same as in the power heads and the thought-energy terminals. The dimensions move elliptically around their axis. As they move, they interlock structures that join together.

Energy leaves the One Origin (the pineal gland), enters the nine dimensions (energy centers) circularly, nourishes them, and returns to the One Origin. Planets also have their entrance and exit of energy and that is how life is given to the all, because the energy is recycled and revitalizes its existence. The great universal changes do not take place in a single zone or dimension; they happen throughout the universe.

Alignment means that chakras or energy centers are placed in such a way that the feedback is uniform in all of them, thus the lower energy centers are elevated because they are nourished with special thought-energies. We can surmise that, if Planet Earth is on the third plane of the Third Dimension, it will be moving to the fourth plane during the next 7 thousand years of the alignment.

87. What does “going to the fourth plane” mean?

The dimensions are transformed, moved, interlocked, recycled, renewed, repositioned, elevated and nourished. *It is a universal restructuring of energy.* All the planes are elevated and in doing so, those that are behind move forward and those that are ahead receive new energy and are renewed. The One Origin is rejuvenated and nourished with updated information to create new ideas. Thus, the universal mind is always young, dynamic, active and updated. It will always create the most extraordinary ideas one could ever imagine. They will be better and more sophisticated, and it can do this because it has also grown, matured and acquired more experience in the knowledge of existence.

Planet Earth-humans are governed by thought-energies emanating from the third zone and the third energy center. By setting the right side of the brain in motion they begin to nourish the left side, activating and recycling the energy that comes from the pineal gland. Their entire self will be elevated, automatically shifting to the fourth zone and the fourth energy center. When their thought-energy is at number four, their lives will be governed according to the energies that are present there.

The behavior of Planet Earth-humans is generally governed by zones one, two and three and by the energy centers with the same number. Therefore, they are still immersed in the lower worlds. When moving to number four, they enter the *solar plexus* energy center (heart) of emotions and feelings. They must work them analytically with knowledge, understanding and

love. They will belong to the soul of the universe, that is, the universal brain. Their thoughts will be elevated and will be united with other planets with the same vibrations.

Fourth energy center

You call this *the Age of Aquarius*. Planet Earth will undergo great changes because the center of the solar plexus is the mediator to ultimately enter the higher worlds.

When we speak of *aligning* the energy, it means connecting the fourth zone with the fourth center. In this way, thought-energy leaves the pineal gland and enters the solar plexus, flooding the entire matter-universe. Beings are nourished with a special energy that heals any negative energy that could harm their bodies, thus many of the sicknesses tend to disappear. The gravitational field is strengthened, achieving the aims of elevation. Beings attain it by hard work, dedication, positiveness, belief and perseverance. *The sowing brought forth the expected fruits*. They themselves did the sowing and will harvest; they released their energy and freed themselves. They belong to the universe and will return to their true home.

This energy elevation does not happen at the same time for all beings because they could lose their equilibrium. Planet Earth will have to raise the dense energy to make room for those who follow, that is, the petrified energies. While some begin to work with the fourth zone of the fourth center, others who had not been elevated will continue to live through the three lower zones, concerned only with material wellbeing and making their thought-energies work according to it. Unfortunately, these energies will not enter the alignment; this will happen in the next cycle. By failing to transcend, these thought-energies will remain working, first on themselves, and then they will receive those most backward and densified energies that come from other realities to incarnate on Earth. Those thought-energies will incarnate on the planet to be taught by the ones that remained, and thus continue the path of evolution and elevation.

Meanwhile, the thought-energies that had become elevated begin to feel like fish out of water. Planet Earth will no longer offer them the knowledge they need to continue. At some point these beings will be contacted, prepared and taken to live in the Internal City of the planet, where their fellow beings, the guardians of the planet, will be waiting to receive them with love. Those who enter the Internal City will become the next guardians and they will do the same work as the first. In this way the brother-guardians who were responsible for you will be able to transcend, leaving that task to those who became elevated by merit and had struggled for it.

Everything will happen during the next 7 thousand years. Thought-energies of Planet Earth will go on preparing, working with the solar plexus, and as they advance in their elevation, they will be recognized and rewarded by the universe. At some point in their elevation, they will be taken to the Internal City, where the great masters will teach them and transmit universal information. There they will finish awaking the other energy centers and zones, such as speech, understanding, and ultimately, wisdom, which they will develop as they continue progressing.

It is a process of 7 thousand Planet Earth-years. Humans will prepare to incarnate on another dimensional plane, and to do so they will have to purify their matter-energy and their thought-energy. Meanwhile, *they cannot leave the planet*, since the web that surrounds the planet is triangular, and if they have not yet formed their thought-energy triad, when they disincarnate and want to leave, the web will stop them. Their energy will rebound and they will incarnate on the planet again. Therefore the transmutation of energy is essential, and we know it cannot be attained by an act of magic; it requires much dedication, effort and knowledge.

Magic is to understand the idea; miracle is to fulfill it.

It is an eternal task, *without beginning or end*. We are thoughts, and as such we are always renewing and recycling ourselves, acquiring new knowledge. We cannot remain static; our nature does not allow it. We were created to keep the universal mind active and always updated.

Many are called but few are chosen. The thought-energies that transcend and become elevated will have deserved it. To become a guardian of the planet one has to have attained an extraordinary level of a very high spiritual state. Those who achieve it have earned it by the sweat of their brow.

Saying and doing are two different things. It is easy to believe, as you do through fantasy, that you will sit at the right hand of the creator and stay there forever. Doing what? You sanctify men and women as if they had achieved the highest universal elevation. You confess your sins and they are immediately forgiven. The recognition of a fault does not mean it is instantly forgiven. Those who recognize and accept it are just beginning their purification through deep understanding.

They will have to prove the opposite by their self-appraisal and their actions so that they can achieve genuine amendment and elevation of their thought-energy. Belonging to a religious institution is not the same as having an *inner religion*. Spirituality has to be authentic. Temples, prayers, chants and religious rites will not develop you. *You create your spirituality inwardly and express it in your lives through deeds, actions and thoughts*, making your Planet Earth a *spiritual-material reality*.

88. Do you mean to say that until we are elevated we cannot leave the planet?

Yes, to leave the planet implies having the necessary conditions to incarnate in other realities. You exit and enter from matter-reality to antimatter-reality, returning again and again. Until you elevate your thought-energies it is impossible to even think of going to other realities of existence. The universe is so orderly that any thought-energy that does not belong to the grade or plane of a certain reality is considered to be a virus and is therefore rejected. A cell of the digestive system cannot go to another system, for the other would react and attack it as an intruder. If it did not react, the invader-virus would cause sickness and death in the system.

The universal body is perfect and organized. One can only move from one dimension to another when the energy itself contains the characteristics of the system or dimensional plane.

89. What is the Internal City of Planet Earth like?

Beings that live there are descendants of the first colonizers who came to the planet, and escaped from the distortion of energy by hiding in deep caves. They founded the Internal City that still continues to shelter them today. The beings of this city have always been nourished by universal knowledge and they communicate with their fellow beings on other planes and dimensions. They have advanced scientific and technological knowledge, which they use to help Planet Earth-humanity. They do not appear openly to announce their presence. They consider men and women on the planet, who live in a hostile and polluted environment, to be still in a primitive state. Their thoughts vibrate energetically at a high frequency.

They communicate through telepathy with some beings from the planet, descendants of the early colonizers, and also some volunteer messengers. They are waiting patiently for humans to evolve and become elevated so that they can communicate openly. They have spacecraft that go in and out through the dimensional doorways of the poles and through water (seas, lakes, etc.). They live in incredible depths and use caves to enter their cities built specifically for their reality. These cities were made especially to cover all their needs. Their origin is Ayaplano, like yours, except that, through evolution they have already intermingled, forming a single Ayaplano race. All of you and them, united, make up Planet Earth, all brothers and sisters from the same origin: the universe.

90. What is the task of the guardians of Planet Earth?

You may have been wondering *why Planet Earth has not been invaded by other extraterrestrial beings*. It would have been easy because they have the technology to do so. They have not been able to do so because the planet is protected by guardians. All the planets that do not yet belong to the Cosmic Confederation are taken care of and guarded by the hierarchy of the Confederation who prevent negative thought-energies from invading planet-cells and causing them to fall sick in their evolution and elevation.

Thought-energies are organized so that the inhabited systems are maintained in perfect order. There is a hierarchy of levels of evolution and elevation, nothing is mixed up; everything remains in its right place.

The planets are not alone or abandoned. Currently, there is a *universal membrane* and everything that exists is connected through it. Nothing is drifting; even petrified and solidified planets are counted and classified. The planets, constellations and systems protect one another, watching out so that no foreign intervention can harm them or cause energy distortion.

Whenever there is an energy interchange among thought-energies, it is carried out in perfect order. This means that the universe is classified by sign, shape, color, vibration, rhythm, frequency. *Everything in the universe is either attracted or repelled*, a universal and mathematical axiom.

The guardians are thought-energies that try to keep Planet Earth in order. Since Planet Earth is still an elementary planet, they have to nourish it constantly with knowledge, sending millions of recorded crystals full of light into the atmosphere, so that humans may breathe and nourish themselves with the crystals and thus also have *the light of understanding and love*.

91. Do we know any beings that lived on Earth and are now guardians?

Planet Earth knows Christ, the Savior, a very ancient and very highly elevated thought-energy belonging to the Perfect Dimension. He helped to elevate Planet Earth through his teachings so that humans could enter the third zone and the third energy center. He helped humankind go from being *human to becoming humane*.

When we refer to Christ, let us make no mistake, we are not talking about the Christian religion. Perhaps the foundations may be similar, but not the same. Christ communicated through telepathy with a great messenger named Joshua Emmanuel, who received the universal knowledge and in doing so, he became an *avatar* and ushered the Piscean Era. Joshua

Emmanuel spread the knowledge of love. Today he is in the *Internal City* as one of the guardians of the planet.

Planet Earth is preparing to enter a new cycle called Age of Aquarius. It will be represented by a new messenger called *Abigahel* who, in the year 2800, will bring you knowledge of universal truths. In so doing, he will break old and obsolete fanciful concepts that sustain many beliefs which have done nothing but confuse men and women and their thought-energies.

All those who receive knowledge through telepathy, mediumism, psychographics, etc., are the prophets who are preparing beings for the arrival of the new knowledge. They are the heralds of the coming changes. They will break with established patterns and will renew the thought-energies with *transformative, renewed and updated ideas*.

92. Will all those who are elevated go to the Internal City?

Everyone will have to go through it, but in different stages. The processes are qualitative, so not all are elevated at the same time. To go on to other planes and realities beings will have to work on the grade of their own reality and planet – including in the Internal City – and then move on to other planes where they will have to develop their evolution and elevation.

93. How many energy centers and zones will we need to develop to belong to the Internal City?

You will have to develop the fourth and fifth zones and the fourth and fifth centers in order to enter the Internal City. Before the avatar Joshua Emmanuel, there were many messenger prophets of the West and the East who communicated telepathically with higher dimensions. They had different names, but they were always the same one. These prophets announced the coming of the Son of God (psyche-soul) who would transform humankind and bring peace and love. The teachings received from these prophets are still part of the religious foundations of the East and the West. They provided the opportunity for thought-beings of the planet to evolve from human to humane and helped them understand and discern right from wrong and to know such values as virtues, moral and ethics.

With the knowledge of these messengers, humans also learned to discipline their emotions and feelings that belong to the soul (psyche). They prepared the ground for sowing, ploughed the land, fertilized it, hoed it and gave it the water of life. *They sowed the positive energy in the human soul*, which was hardened, without belief and without love. *Abigahel is the father (the mind-spirit)*; he will descend from the Ethereal Dimension (knowledge) and will teach you that by assessing your emotions and elevating them to profound feelings of your being, you will be preparing to form the spirit. *It is the mind that will be expressed, with knowledge of cause and effect, with conscience and responsibility towards existence*.

Perhaps you believe that all the efforts made so far on Planet Earth have not given a positive result. We say, yes, they have. Remember what a great sower said: when sowing a crop, very often some seeds are lost, others are eaten by birds, others fall on hard ground, and there are those that fall on fertile soil. Because of the latter, we consider that Christ's sowing produced a positive result. When you enter the alignment of the 7 thousand years, you will be ready to harvest. The next transmitter will bring you universal knowledge because he himself is wisdom. His name is Abigahel, which means *father*. The Son came before, now you receive the Father, in other words, the universal mind.

You will work with the right side of your brain, that is, the mind. Abigahel will arrive on Planet Earth in the year 2800. He will be announced and awaited by all who worked on their thought-energy. Abigahel, like Christ, will communicate with many beings who will become the prophets, messengers and eventually, the great avatars of the future.

The knowledge transmitted will become the belief of humankind. After Abigahel, there will be three more messengers who will work on understanding, the word and transcendence. Mankind will become *humankind*, then *beings* and finally *cosmic beings*. These last three steps will be taken in the Internal City, since the planet's exterior cannot provide what you need to develop your spiritual energy.

94. Which are the energy centers of Planet Earth?

Planet Earth has its chakras and zones, just as humans do. These are:

The Zones

- Zone 1: Africa, Arab countries
- Zone 2: Asia, Greenland and Alaska
- Zone 3: South America and Central America
- Zone 4: North America, Australia
- Zone 5: Europe
- Zone 6: Denmark, Sweden, Scandinavia, Norway, Finland
- Zone 7: North and South Poles
- Zone 8: South Internal City
- Zone 9: North Internal City

The energy centers

- Center 1: Africa
- Center 2: Brazil
- Center 3: United States, Canada
- Center 4: Mexico, Guatemala, Honduras, the Dominican Republic
- Center 5: Peru
- Center 6: Tibet
- Center 7: North and South Poles
- Center 8: South Internal City
- Center 9: North Internal City

The chakras are extensive; they often cover several places at the same time. As the energy rises, they may change location, given that the planet has the movements of rotation and translation. Planet Earth is entering the solar plexus center – Aquarius, number 4 – and is advancing to number 5. Both are at almost the same level.

95. What is the meaning of the Age of Aquarius?

The Age of Aquarius symbolizes solidarity, brotherhood, cooperation, detachment, unity and collaborative work. It is governed by Saturn and Uranus. It is represented by the noble appearance of an aged male human. It is the sign of the air with resonances of water that quenches the thirst of the soul. The world of Aquarius indicates high affinities, which motivate beings to live together in the total universal sphere. It is the detachment that frees the spiritual

forces for improvement and this is fluid, light, ethereal and transparent. It is relinquishment and serenity, combined with the altruism and sense of friendship and social commitment. It is also progress, emancipation, freedom and adventure.

Once the first three zones have been worked on, beings will be preparing to continue their path and enter the fourth zone which belongs to the sign of Aquarius. Beings will then go to the other signs, which are Capricorn, Sagittarius, Scorpio, Libra and Virgo. With the last two, they will have achieved their equilibrium.

The two opposing forces of the universe are equal to their contrasts. It is the neutralizing of the opposing forces. It is the refinement of justice and truth. It is the balance of the physical and the spiritual universe, between Earth and Heaven. It is the return to unity, the universal manifestation. (See, Jean Chevalier and Alain Gheerbrant, *A Dictionary of Symbols*).

96. What is the relationship of our energy centers to matter-energy and to thought-energy?

Planet Earth-humans have nine energy centers in their matter-universe, just like the nine zones in their brain. Each center and each zone performs a specific task, and these activate the conduct that manifests the inner and outer expression of your life. Matter-energy and thought-energy are molded according to the influence these centers and zones have on beings. Therefore we have stated that everything begins in the brain and in the thoughts. If these are restructured, if they are re-educated and automatically re-recorded, as a result their inner and outer life will be reorganized and their crystals become interlocked. Beings will then eliminate negative crystals and allow full development of the original formulas.

To work with the appropriate areas and energy centers requires great effort from humans of the Primary or Elementary Dimension, as it means restructuring their cognitive capacity and broadening of their understanding. It means to become aware of oneself and this very often calls for sacrifice and renunciation.

Zone and Center N° 1

These are the zone and the center of procreation and this is how we will understand them. Procreation is not the same as creation.

Zone 1 *procreates* thoughts that are superficial, negative, instinctive, sensitive, and distorted.

Center 1 procreates offspring who are not loved and often rejected. It procreates for the pleasure of the senses, through instinct and sensations. It belongs to the sexual system.

Zone and Center N° 2

These are the zone and center of nutrition and this is how we will understand them. *Eating* is not the same as *nourishing*.

Zone 2 *assimilates inferior* thought-energies, full of dense, elementary crystals which block the circuits and produce severe emotional disorder, generating anxiety, suffering, fear, sadness, helplessness, insecurity and so on. This area categorizes the person by the kind of crystals he or she absorbs.

Center 2 *feeds* on a diet useless for the nourishment of matter-energy causing its deterioration and sicknesses such as general pain, diarrhea, fever and others. This center belongs to the small and large intestines, the appendix and the spleen.

Zone and Center N° 3

These are the zone and center of assimilation and this is how we will understand them. Yet *Assimilation* is not the same as *Classification*.

Zone 3 *assimilates* thought-energies by quantity and not by quality. It tends to fill mental space with futilities, losing the ability for correct and productive assimilation. In short, its life inflates fanciful and unrealistic projects. Its brain is apparently at its maximum capacity, yet emptiness takes hold of it. This area belongs to satisfaction, fulfillment, harmony, peace and tranquility, as long as it works positively; if negative, it will be just the opposite.

Center 3 *assimilates* as much as it can. It does not know how to, or is unable to, select and classify. Its happiness is rooted in having, and so it fills every available space. Greed dominates it. It is greedy for everything that gives pleasure to the senses, in this way it loses the balance of assimilation. This center belongs to the stomach, liver, gallbladder, esophagus, mouth, and teeth.

Zone and Center No. 4

These are the zone and center of capacity and this is how we will understand them. *Capacity* is not the same as *intuiting*.

Zone 4 *makes believe* that it possesses the knowledge of the reality of its life; it will be the most ignorant of its own expression. Its brain will work to produce absurd knowledge, procreated and emanated from its fantasy, but with its built "intelligence" it will feel as the most capable of all beings.

Its life revolves around the norms of a moralistic society. It has the knowledge to live according to established patterns and makes every effort to fulfill those standards, even though they are often absurd or obsolete. Its behavior reflects unstable emotions and sentimentality of a life that at the same time is schematic, rigid, obedient and unquestioning.

This zone relates to the emotions, passions, feelings but also norms, morals, ethics, religion, beliefs, sanity, and responsibility.

This center belongs to the circulatory system, heart, vessels, veins, arteries, red and white blood cells, lymphatic system, metabolism, and skeletal system.

Zone and Center No 5

These are the zone and center of realization and this is how we will understand them. Realization is not the same as *Knowledge*.

Zone 5 *realizes* what is apparent, the maximum wisdom of the credible knowledge that the planet exposes as real extending it through its elementary studies. Sages, inventors, and

researchers enhance it as a thought-idea born of a gut feeling and of their very own perception, full of vanity and arrogance.

This zone belongs to clairvoyance, divination, prophecies, premonitory dreams and telepathy. Ignorance is its negative expression.

Center 5 *realizes* by externalizing its thought-energy in the community where it operates and does so according to the energy grade of its thoughts. If its zone is not positively activated, its perceptions will reflect ignorance.

Zone and Center No 6

These are the zone and center of expression and this is how we will understand them. *Expression* is not the same as *word*.

Zone 6 *expresses* the distortion of thought-energy. Humans live and fulfill themselves like this, placing all their expectations, hopes and work to achieve the maximum expression of happiness. They will not question anything at all in the planet. They accept it as it is, thus live by imitating and repeating what others do, and express themselves in accordance with the environment in which they develop.

This area belongs to love, virtues, compassion, humaneness, respect, peaceful coexistence, self-abnegation. Its negative form would be slander, breach of good faith, domination, power, and threat.

Center 6 *expresses* a fantasy-reality with conviction and manifests itself accordingly. Distortion begins with the senses, and if these are unreal, then its life will be the same. This center belongs to the respiratory system, tongue, hands, senses, and feet.

Zone and Center No. 7

These are the area and center of the recording and this is how we will understand them. *Recording* is not the same as *definition*.

Zone 7 *records* thought-energy. It does not define the recording, it cannot classify; it gets lost in reveries and fantasies, and this leads it to an insecure life full of blunders. The pituitary gland studies the crystals and as it cannot decipher them because they are not defined, it cannot send them to the rima gland. So, it rejects them and sends them to the nervous system. Since these crystals are undefined they will make the system sick, loading it with heavy and dense energy.

This area belongs to safety, competence, character, personality, perseverance, will and memory.

Center 7 will lose the direction of its existence; its life is not defined, and because of this there is no equilibrium. The thought-energies of such beings will end up becoming easy prey for others who will take over their lives, dominating and enslaving them.

This center belongs to the nervous system, glands and encephalic tissue.

Zones and Centers No. 8 and 9

These are the zones and centers of competitiveness and this is how we will understand them. *Competitiveness* is not the same as *reality*.

Zones 8 and 9 *compete* to excel, for fame, thinking that this way they will be eternal. Thought-energies overload the brain with endless fantasies that lead humans to unreality; they are sure that this perception is right. It is a bizarre life with a contradictory and unreal perspective.

These areas belong to beauty, harmony and concepts.

Centers 8 and 9 behave alike; it is the world of superficiality, appearance, deceit, hypocrisy and schematic behavior. Humans are lost; to rescue them it is necessary to change basic concepts and restart a proper recording.

These centers belong to skin, size, hair, figure, shape, and behavior.

If used correctly, all these zones and centers will enable humans to ascend. If used apart from elevation and only for evolution, they will only benefit matter.

97. Which are the zones and centers of the universe?

Planet Earth belongs to the Cosmic Confederation of Orion. This confederation protects the planet and many others that are in the dense grades of the Southern Hemisphere. The universe divides its material body into power heads and terminals, the same as we do. The Orion constellation could be compared to the power head, and its material body would consist of galaxies, stars, systems and planets.

Zone and center No. 1

Dimension of Creativity. Planets in formation.

Zone and center No. 2

Lower Dimension. Incipient planets that are in the process of definition, drawing energy from the universe to gain strength, attracting meteors, comets and other freely moving fragments.

Zone and Center No. 3

Primary or Elementary Dimension. Planets that are already formed and well provided for. Life begins to proliferate. The mineral and plant kingdoms are developing.

They are considered the stars, systems and planets of the Milky Way galaxy.

Zone and Center No. 4

Secondary Dimension. Planets that are already unified and formed into organs such as galaxies.

Zone and center No. 5

Regular Dimension. Unified galaxies that are known as *globular clusters*.

Zone and center No. 6

Perfect Dimension. Global clusters that became constellations.

Zones and Centers No. 7, 8 and 9

Ethereal, Divine and Sublime Dimensions and other realities. The zones and centers of these realities are beyond what you call universe. We have generalized so you can understand; there are universes so far away that they would be beyond elementary understanding.

98. How will Abigahel communicate with the prophets?

In principle, we need to know *who Abigahel is*. Like Christ, he is the aggregation of billions of thought-energies which leave the higher worlds in the form of ideas (semen) and flood the universe.

These thought-energies have a high content of wisdom. When emanating from the higher worlds, they reach the farthest recesses of the universe looking for pineal glands (ova) to conceive elevated thought-children. These will incarnate in humans, so that they can convey the universal knowledge of those ideas.

Beings that have awaked and activated their pineal gland, forming its antenna, its umbilical cord, will become unified with the cosmic vibration of these thought-energies, thereby creating brilliant thoughts in their minds. These thoughts will be disseminated in the universe through the word, nourishing other thought-energies of the planet. The messenger prophets who are united with the universal vibration will pick up and transmit universal knowledge, according to their understanding, their way of being and the age in which they live.

Whenever higher realities and the One Origin approach the lower worlds this brings about the energy expansion of planets, galaxies, systems and constellations. This wisdom will be understood according to their state of evolution and elevation.

Unlike Christ, Abigahel will not be represented by a single person. This energy of Wisdom will be sensed by millions of beings who have become elevated and who will spread it across the planet, thus turning it into the belief of the future.

The messenger prophets will be responsible for announcing it and preparing the soil. They are the *farmers* who will rid the soil of any harmful weeds, water it with the word, fertilize it by example, hoe it with order and leave it ready for when the sower, Abigahel, arrives. They will help him in the universal task, and will work humbly with their knowledge, understanding and love. When the task is finished, they will wait for the results, and, once obtained, they will continue on their way. They are the messengers, and as such, their work is eternal.

The wisdom of Abigahel will be sensed in many ways: telepathically, through mediumism, dreams, automatic writing or close contacts. Infinite forms of communication will make the messengers bearers of the great changes that will emerge. Planet Earth is preparing for the

harvest that Abigahel sowed. But humans will have to pull out the weeds that grew again and cover the seedlings, obstructing their energetic development.

The soil of their hearts will be fertilized and irrigated with the recorded crystals (knowledge) and with the water of life (understanding) to grow the most beautiful flowers of the universe (love).

99. What will the work of the messenger-prophets be like?

First we have to define who a messenger is. The beings that colonized Planet Earth never imagined that they would become distorted. The development of the colonization should have proceeded as researched and established. By becoming distorted, the entire plan changed and could no longer develop naturally; instead it turned into a forced and manipulated process. We know that the Cosmic Confederation has done, and will do, everything possible to correct the distortion. The Confederation of planets is conducting the healing process thoroughly. One of the ways it found to do so was to send thought-energies from other realities to incarnate and provide the necessary knowledge through elevated thoughts.

That is how the messengers appeared in the universe. They are considered to be the white blood cells, the leukocytes and the antibiotics that heal negative energies and transmute them into positive ones. They are volunteers who have to descend into the dense realities to work with the distortion of the thoughts, that is, to transform them from the inside out. The universe transmutes and recycles thought-energies through the volunteers who take it upon themselves to transmit knowledge. They are sent from other realities for the sole purpose of helping their brothers and sisters.

They usually come from higher and more advanced planes, like Orion, the Pleiades, Alpha Centauri, Andromeda and Sirius. These thought-energies are very similar to you; they have knowledge, understanding and love. Many work in silent consciousness and know who they are. A messenger works for the universe and is a volunteer who goes from planet to planet spreading the word, leaving his/her legacy and then goes on to another mission. When we say messengers work for the universe, they actually work for the White Brotherhood, which is divided into ranks and is disseminated in different parts of the cosmos.

The cosmic alignment announced for the next 7 thousand years will bring forth many messengers who will be sent by the Confederation to prepare the ground for the next sowing season. The messengers divide their work into different grades and missions. There will be those with small tasks and others with great missions, such as the messengers who become avatars. All the messengers united could have the strength required to bring about the changes and modifications that this reality needs. During the next 800 years, Planet Earth will receive many messengers who will announce the arrival of the envoy of the White Brotherhood: Abigahel. All thought-energies that join in this movement will become avatars, and shortly after, guardians of the planet.

We, the sublime worlds, are showing you the path of return, your own recovery. This will be possible whenever you really strive for it. It is essential for the brain to function linked to thought-energies. The joint work done by the energy zones and centers greatly helps the energy function well and recycle. It enables the thought-energies to flow and circulate within the right side, thereby nourishing the left.

You should understand that matter-energy is a device that always has to be kept in good conditions; you should take care of it and love it. You should also understand that your power heads and terminals were created for certain functions in accordance with various specific and universal tasks. If they are not in good shape, they will hinder the evolution and programmed elevation of energy.

The human-species is special in the universe and the only one to have full awareness and proof of all existing. There is nothing like it.

100. Is planet Earth the only one with these characteristics or are there others?

Most elementary planets have developed according to what was stipulated. Planet Earth and others became distorted due to the oblique belt and to the negative energy that was in these planets. When the distortion occurred, the regular worlds did everything possible to stop it and they were successful, but they have had to wait for nature itself to adjust and interlock the structures in order to carry out the process of development and recovery of energies.

Through distortion and recovery, the regular worlds discovered other realities, forms and signs that still deserve to be studied and researched. The new expressions will create other thought-energies which have to fit into the universal formulas. The distorted planets became important and unique laboratories for the universe.

The mind of humans on Earth is special because the formation of their thoughts differs from everything that is known, therefore you are considered to be Ayapliano humans.

All thinking beings of the universe continually visit the planet. You are like a rare flower found only on a distant planet called Earth. All of them want to study, investigate, feel, see and smell it. That is why you are cared for, safeguarded and preserved by the higher worlds. The honey of your thoughts is of extraordinary quality. It nourishes the higher worlds, and when it does, those worlds create the most wonderful universal ideas. Your ideas are full of a content called life experience and they are so profound that other realities cannot attain them. But while you are capable of producing the most extraordinary positive thoughts, you are also responsible for the emanation of the lowest and sickest negative ones. This imbalance does not affect us because we do not have such an energy mix.

We study you because of the diversity of the frequency and vibrations of your thoughts and the speed with which they change. That is why we say that you are laboratories, because the energy is mixed and combined so often that not even we know the overall result of these experiments. We can perceive the result through cause and effect or come to an approximate result, but it is never final. You are always surprising us. Whenever we think everything is resolved and understood, we find ourselves with the possibility of new answers. So, we continue studying you, because you are unpredictable. The difference between you and us is our thought-energies, not in their composition or elements; those are the same, but in the content.

When the energies became distorted, the thought-energies of Planet Earth did not correlate or follow the continuity of the universal thought. This energy formed its own project, adapted to its need for life and expression. We can find needs that are important to you and that are completely unnecessary for other planets. You are driven by the need for pleasure and possessions, something that other realities do not even know exists. This is why you are so special. Your thought-energies are an entanglement of energy-crystals that need to be

organized, classified and defined in order to activate the circuits and begin to work “normally”. This is our task: to teach you order so that energy can flow and adapt to your complex and interesting nature.

101. What happens when we transcend? Are we received by other realities?

We receive you, yes, and with much joy and love. When one of you transcends, it means an extraordinary nourishment of knowledge and understanding for the universe. You arrive at our reality as great instructors, teaching us and transmitting your life experiences to us. We learn a lot from you, because we have no other way to assimilate what comes from dense worlds, we can only obtain this through you.

That is what will happen when the dimension of the petrified awakes. You will learn a lot from those that are petrified, because you could not even imagine the life experiences they have lived through. The same will happen with the dimension of those that are solidified. All of us will learn from the others, **we are all teachers of all**, is a circle *without beginning or end*.

Many universal thought-energies have incarnated in your world merely to be able to perceive in their own minds the experiences of Planet Earth-humans. This task calls for a great deal of suffering, because they have to incarnate in distorted energy. This is the only way the higher dimensions will be able to understand and love their fellow beings that are in dense realities. Often thought-energies from the higher worlds become sick and forget their purpose because of the density they have to face, but Planet Earth is so interesting that it is worthwhile incarnating and researching.

We are recovering you; you are our great work of art, which gives surprising and fantastic results. Planet Earth-humans are a masterpiece of the universe; you are and always will be special. As you become elevated, you will find out that you are a unique reality of characteristics that have never before been seen anywhere in the universe. We do not intervene in your development and functioning because whatever you think, feel and experience has to be authentic. This is the only way we will acquire the knowledge and the real study of earthly truth.

The progress of Earth-humans must come naturally and through their own initiative. If it does not happen in this way, the universe would consider you to be hybrid thought-energies and not the authentic beings that you are and will continue to be.

102. How are guardians and messengers classified?

Messengers appear when the Elementary Dimension approaches higher dimensions elliptically. Why? Because since they are closer to the axis and the center, the thought-energies that are in higher realities can incarnate and descend more easily to denser realities.

These energies that descend reincarnate in many lives and adapt to the planet and their new reality. Through these lives they learn and reaffirm their participation in the plan, in the reality where they are located. In this way, they can accomplish their mission better.

As the Elementary Dimension gets elliptically closer to higher realities, the thought-energies of Planet Earth that had descended from a higher reality and incarnated will gradually expand their awareness of their reality and their work, because their mind will increasingly remember clearly the context of their mission.

Not all messengers have the same level of work. They each have their own characteristics and different specialties according to their thought-energies. There will be philosophers, artists, scientists, government administrators, researchers, and so on. The messengers apply their experiences in all fields, that way they encompass knowledge from different angles. Not only do they contribute their knowledge but they are elevated beings with deep responsibility and profound conscience.

Do not mistake them for those who only have knowledge without spirituality: those are not messengers. Messengers will be always recognized as being altruistic, full of love, knowledge and understanding. Their wisdom will be acquired and not transmitted; they will be connected to their masters and guides of the White Brotherhood. In every life, they will earmark important events, helping humans on the planet to move ahead.

The guardians of Planet Earth are those colonizers who, upon reaching the Earth, got sick. A group of them, the least affected, fled and hid in deep caves inside the planet. They entered through the poles and founded the Internal City, which still endures and shelters them.

Unlike the messengers, the guardians belong to Planet Earth; they colonized it. We know that a group of them hid in the caves, but most stayed outside, sick and distorted. These are you, who are still struggling to be healed.

The colonizers of the inner earth and of the surface are responsible for the planet; they are meant to take care of it and keep it in good living conditions. When colonizers on the surface of the planet start awaking and becoming healed, they activate their dormant conscience, and as they do, memories resurface clearly. This way they recover their true Ayapliano nature, take the path of return and proceed to the planet from which they came. To do so, they will have to heal themselves, remember and correct their distorted crystals and form their triangle. This is the only way they will be ready to leave the planet and move on to other more evolved and elevated planes of life and existence.

The guardians in the Internal City carry out different tasks, in ranks and hierarchies. Those who are healers are constantly sending healing energy around the planet so that humans may breathe and nourish themselves with it. Those who are teachers are responsible for transmitting universal knowledge. There are others who are researchers and scientists, and others who guard the portals of entry and exit. There are ecologists who are studying ways to decontaminate the dense energy of the planet, and still others who take care of the energy centers and zones of the planet in order to elevate them, and so on.

The messengers work on an interplanetary ambit. They come from different parts of the cosmos and their mission is to incarnate in the planetary human-form, adapt to it and spread universal knowledge. They maintain telepathic contact with the guardians of the planet and with their home planet. Once they complete their mission, they leave for other tasks, perhaps on other planets that need their presence and knowledge. On special occasions messengers may become avatars, and then their mission will continue in the Internal City. They will become guardians of the planet until their work is completed.

The guardians work on a planetary level. They have been in charge of the planet since the very moment they colonized it. No external intervention can take place without their authorization. They continue to maintain contact with their planets of origin.

103. Could messengers fall sick on their journey, corrupting their knowledge and using it for personal gain?

Sometimes messengers do get sick. When this happens, they are automatically replaced, because they did not fulfill their mission thoroughly. The White Brotherhood removes them from the assigned mission and withdraws them from the planet, taking them to the antimatter world. There they are healed and negative thought-energies are converted into positive ones. After that they are assigned new missions in other places.

104. Who is an avatar?

Avatars are messengers who arrived on the planet to transmit the wisdom they have gathered in themselves. The force of their thought-energy is so powerful and elevated that it could nourish millions of minds throughout the planet. Avatars will do this with immense love and knowledge. They are masters of the White Brotherhood, guides of thought-energies. They are sowers. Their word is the seed and they make it germinate with knowledge. When an avatar is present, important changes occur on the planet; he or she sets eras and wakes consciousness.

Over the next 7 thousand years there will be many avatars in both hemispheres of the planet. All of them will be connected with the vibration-Abigahel. They will be the prophet-announcers of all coming changes. They will have different names, races, genders and creeds, but all will speak the same language of: universal knowledge.

Children of Planet Earth, it is important for you to know yourselves, to heal the distortion of your thought-energies. It is not enough to have the intention; love is not enough, nor is will or perseverance or desire. No desire of creation can materialize without knowledge, understanding and love. This is the only way it will be recorded, made available and molded by the mind. If it is not this way, it will remain a fantasy-thought and not a reality-thought.

105. What happens to beings that are within the gravitational field? How do they nourish themselves with this field? From what must the beings protect themselves, and why?

Many of you know the gravitational field as the ethereal body. It is an energy web formed around matter-energy and thought-energy that emanate from the pineal gland, if it is subtle, or from the pituitary gland, if it is dense.

Positive gravitational field – ethereal body

When the brain works with positive thought-energy, and the zones and centers do their work correctly, we know that the beings are nourished with elevated crystals. We also know that the pituitary, rima and pineal glands work properly and that their crystals are being classified and distributed in perfect order.

When everything works with universal knowledge and understanding, beings raise their thought-energy. The result of this correct functioning is that crystals emanated from the pineal gland come out of the zones and enter the centers, recycling the energy in a circular form. This process is known as the gravitational field. This field is formed around the beings. It is an energy protection that wards off any negative energy that could contaminate it. This field is clear, transparent, with small crystals and bright colors. The emanating vibration and rhythmic

cadence bring peace and harmony. Beings with this field produce light, joy, peace, harmony, love, knowledge, and understanding. You perceive this field and feel it and you identify it as affinity and antipathy.

Each energy center has its colors which in turn produce their particular vibration. This is adapted to and classified according to its thought-energy. When the development of the beings occurs normally, the colors of the centers are exactly the same as those of the zones. If both are in harmony, they will bring about peace, tranquility, patience, calm, love and understanding in the beings. The ideal state of humans is equilibrium. If they are able to stabilize matter-energy and thought-energy they will have attained the aimed for elevation. But they have to work concurrently with their zones and centers.

When two beings meet face to face, each one generates different thought-energies. If the centers and zones of one of them are vibrating at higher frequencies there will be an energy shock of rejection. Since you do not know what is happening, you attribute this to antipathy, because the person is not congenial and there is no rapport. If frequencies are equal, then the person is considered very amiable. The ideal would be for both to be aware of what is happening and thus find equilibrium to bring about beneficial understanding. Beings on Planet Earth do not understand one another because they all vibrate at different frequencies. Since they are not working with the appropriate zones and centers, they are driven by the perceptions of their external senses or by instinct and sensations of amiability and antipathy, of attraction and rejection, of pleasantness and unpleasantness.

We call the gravitational field the *cocoon or ethereal body*. The energetic being (the spirit) is formed in the pineal gland of the gravitational field. It adapts to the human-form because it is permeated by the thought-energies and functions in accordance with that being.

It is the counterpart of the beings and their mind-energy. When the thought-energy that disembodies has not formed its energy being (spirit), it is the ethereal astral body, in other words, the soul which was shaped by matter-energy, which will manifest.

Negative gravitational field astral-body

We have said that the energetic being is the spirit which is formed only with positive thoughts and is sheltered in the pineal gland of the ethereal body or the gravitational field. When the gravitational field is formed negatively - that is, with thought-energies of very low voltage – it is not called *energetic being*, but *astral body or soul*.

Let us look at the difference between negative low-voltage energy and ill negative low-voltage energy. They mean two different things.

Negative low-voltage energy is an incipient energy in the universe, which has not yet been recorded. These are healthy thoughts in a primitive state, which generally belong to matter thought-energy. Ill negative low-voltage energy is an energy in good conditions that has been assimilated but distorted by humans owing to lack of knowledge and understanding. This thought-energy will not be recognized by the pituitary gland and therefore be sent to the lower worlds, that is, to matter-energy.

The first system to absorb this sick energy is the nervous system. But the system will soon start to show symptoms of fatigue, discouragement, confusion and pessimism. Being unable to use

those crystals positively, the system rejects them – even sicker than they were - and sends them to the digestive system. This system begins to feel the heaviness and density of these crystals as they turn out to be the cause for stomach aches, poor digestion and lack of appetite. Therefore, unable to work with them, it sends them, even sicker, to the respiratory system. Totally sick, malnourished and almost petrified, there they start to cause even greater damage such as bronchitis, asthma, pneumonia and more. The respiratory system, to protect itself directs the crystals then to the circulatory system.

But there demolishing, rusting, corroding continues causing clogged veins and arteries, heart attacks, poor circulation, varicose veins, thrombosis, and so on. Consequently, the circulatory system rids itself of the crystals sending them to the lymphatic system. But because of its weakened matter-energy this system receives the rotten and decaying crystals without any defense and has to turn them over to the skeletal system which absorbs and petrifies them. In the end, the sick crystals are left without understanding, petrified in the pain of their ignorance and they will eventually begin to corrode the skeletal system leaving it with arthritis, osteoporosis, bone cancer, etc.

Since all the systems had assimilated a portion of sick negative crystals and are exposed to low quality work, they will suffer a process of deterioration, however slow and subtle it may be. Humans will start to notice the sickness when it is already critical or often too late for treatment.

While humans are in such conditions, we can imagine what a sick gravitational field they will form, as sick as its matter-energy. Having been formed in this way and through the pituitary gland, we come to the conclusion that this body will not have an elevated mind. This means that the being had only worked with the left side of the brain, with zones 1, 2, 3 and centers 1, 2, 3. In the universe, the lack of an activated right side of the brain is considered the same as not having a mind at all. Furthermore, when the being does not have a mind, it does not have a Spirit, but only matter-brain, where the soul (astral body) is located.

We cannot say that on Planet Earth humans are divided into positive and negative; that is not so. They usually have both poles in themselves, some more than others. It is important for you to get to understand and work with the positive so that the balance will tend toward the correct side. Thus matter-energy could progress and elevate its vibration, and all of you could form your energetic being.

For us, the word *sickness* does not exist: we consider it to be a distortion of thought. When that thought-energy is in such conditions, understanding tends to succumb in the brain so as not to suffer. Unfortunately, the pituitary gland is unable to send the thought-energy to the rima gland so it works alone. In so doing, it has no support, and without support the glands deviate, fantasize and create unrealistic thoughts. Until now Planet Earth still does not know how thoughts function, where they come from and how they are formed. Let us take a look at thought-energy.

Thought-energy

The human brain is a perfect device that was formed in the regular worlds. To form the brain, they had to copy the universal mind, so this is why humans on Planet Earth are formed in the image and likeness of the creator. Just as in the material body, the brain tissue is programmed to exist as long as necessary with the motor it was given: the heart. We consider your bodies to be like machines that are conditioned to contain thoughts. These machines can work because

surrounding them there is energy that gives them life. When this energy withdraws, the machine stops working. You call this death. The same thing happens with thought-energies; if thought-energies withdraw from the brain, it will no longer work.

What is thought-energy? It is the billions of disembodied energies that are sheltered in a brain and make it work. On the one hand, those thought-energies give life to a being, and on the other, the being gives them life. They help each other. That mutual nourishment is distributed through a being's material, psychic and mental energy. This means that the disembodied energies are sheltered in the three bodies of the being, giving them life. This is what you call matter, soul and spirit.

Life, or soul, is discarnate energy that lives in both the human-machine and the human-brain, because it needs their electricity and their voltage to continue surviving. If we look at it this way, we can understand that the universe, the planet and mankind, live and move because thought-energies enable them to do so. Those thought-energies are classified by their grade, vibration, color and sign. They incarnate according to their degree of evolution: some in the power heads distributed through their nine zones, others in the systems, organs, cells, centers, and so forth, always in perfect order. We can compare this classification to heaven, purgatory and hell. When you disembody you are received in your respective grade of elevation.

Is it not heaven to be in the mind of an elevated being or a spiritually advanced planet? Is not purgatory, perhaps, to be in a liver that does not work well or in a planet of average elevation? Is not hell to be in the intestines of someone who has bad digestion or a dense elementary planet with wars, hunger and suffering and low vibrations?

Do you realize the importance of thought-energy? You could transform your planet into an Eden, and you do not do so because of ignorance and lack of knowledge. Thoughts feed other thoughts and if they are sick negative-thoughts, the planet, your lives and everything around you will be the same. If the brain is fueled by negative and sick thought-energies, humans will project their existence accordingly.

But if humans voluntarily transmute sick negative thought-energies through the knowledge of cause and effect, and if they do this with a deep sense of understanding, those negative and sick thought-energies will go away because they will not have any shelter and so they will have to seek other realities to continue living.

This is what happened with other planets. They understood, acquired knowledge and became elevated. Never again did they allow sick energy to enter the planet. They expelled those energies from the planet and from themselves because they began to nourish themselves only with positive energies and in doing so, they eradicated mental and material sickness. They made their planet into an Eden, a paradise of wellness and health.

The human brain in the primary or elementary reality works with programs that are activated by *creative desire*. These programs are adjusted to the origin, customs and patterns of the particular planet, thus continuity and correlation are very important. The thought-energies that are sheltered in the brains belong to the same planet so they cannot be sheltered in other realities, even if they are similar.

The only way to leave Planet Earth is to elevate the thought-energies and enter the Internal City to prepare the energy of thought with universal knowledge and then be able to move on to other higher realities of existence. In this way, continuity, correlation and order are maintained.

106. What happens when humans transmute their thought-energy from negative to positive?

Songs of glory will be heard in the universe. The billions of thought-energies that form the human-universe will sing and rise. All will lift their eyes up to the creator, the universal mind, and by doing this together they will form a single thought, one knowledge, understanding and love. By unifying they will form the energetic being forever. Never again will they become separated; this body is eternal and it will continue incarnating in matter-energy to carry on its elevation. Its eternal existence will be immortalized through incarnations that occur in bodies and realities that are far more subtle and perfect. In accordance with this process, the universe will bestow on such humans ever more important work by merit, such as to become messengers or avatars. They will have achieved this through their efforts and dedication.

Thought-energies linked together produce high vibrations that form the energetic being. The guardian is a gathering of various energetic beings that together form a single universal thought.

107. What happens when humans do not transmute and then disembody?

As long as thought-energies is not unified by a positive mind that governs it, they cannot form an energetic being. This means that the thought-energy cannot form its spirit because it will be governed only by the left side of the brain; therefore, it will remain merely as astral body or soul. Humans who have incomplete brain energy because their thought-energies are not unified positively, would be considered by the universe as having bodies without spirits. The universe will understand and classify such a human as a body that works only with a brain and not with a mind, or rather, only with a soul. When this soul disembodies, it will merge with other discarnate souls in the same conditions and they will attract one another by similar conditions of energy. All of them will become unified, attracting and merging together, then they will reincarnate in matter-energy of the left brain to continue the cycle of life.

This thought-energy, which is not yet a formed energetic being, needs to nurture itself and to continue living energetically. When it becomes embodied in the left side of the brain, it will be placed in the zone that corresponds either to its vibration, or to its material energy, or to its brain energy, in order to continue its life and work. As long as the thought-energies do not form their energetic being, in the universe they will be considered collective thought-energies; when they do form it, they will be individual thought-energies.

The human brain is made up of filaments, circuits, stabilizers, sequencers, normalizers, frequency distributors, substitutes, pilot circuits, secondary circuits, headstocks, recorders, broadcasters, systematizers, loaders and unloaders, and so on. It is a highly sophisticated computer, impossible to be imitated or built. It was created with all the basic elements and through its development and life experience; it went on increasing its capacity for knowledge and understanding, always in continuity and correlation.

Today we can say that, regardless of all the problems caused by the distortion, the Planet Earth machine-humans have developed their powers and expanded their development, surpassing boundaries. We are proud of the efforts being made. It has not been in vain that we are always

with you and will never change. Matter-energy is propelled by an engine called the heart, and thought-energy runs on an engine called pulsation.

Heart

This engine, called *heart*, was created by the higher dimensions for the sole purpose of keeping the matter-energy dense, moist and flowing. When matter-energy was created, it needed movement and elasticity. Therefore it had to be kept warm, that is, the engine had to work with liquid energy and calorific combustion.

The diluted energetic elements formed an energy-substance that flowed, and to keep it fluid and liquid an engine had to be created. This had to have flow at a rate equal to the rate of the universe. So, the engine was equipped with a heartbeat that matched the universal heartbeat, thus allowing the energy to flow in a measured rhythm. This prevented the energy from becoming condensed.

In order to save the distorted humans, not only was a heart needed to beat at a certain rhythm, a *pulsation* was also needed, meaning, the electricity to make it function. A specific rhythm, called *cadence*, was created, which had to be in harmony with the universe. All living things would have to become incorporated into that rhythm.

When cadence, pulse, rhythm and beat are not in harmony, such determinative high and low voltages are produced that the elements of the matter-energy and of the thought-energy become deteriorated, causing oxidation. This brings about the obstruction of the energy channels, causing the heart engine to stop working. In these cases, the electricity sent by the pulse is not sufficient because its voltage is dense and low. Since it is outside of the universal rhythm and is not nurtured by it, the matter-energy starts to decompose. In this way, what you call death is produced, because human-thought-power is disconnected from the universe.

In short, humans must not only work within themselves, they must harmonize with the universe. When we use the word *universe*, we are referring to their Micro-universe with their Macro-universe. The vibrational cadence maintains the energy unified and the eternity of their existence depends on this.

108. If human-energy shelters billions of discarnate thought-energies, what is the reality of these energies?

They are known as the antimatter world. They are realities that appear to be different from material reality. However, since they are thoughts of a discarnate energy reality from Planet Earth, there is no marked difference between the thought-energy of both realities for they are images of their own reality. Parallel worlds are generally comparable in their context; their realities are similar, not alike.

Antimatter thought-energies cluster at the zones and centers, demarcating their characteristics and positioning themselves within the energetic vibration where they belong. The antimatter world is the expression of thought. It cannot hide or camouflage itself, cheat or lie. It is a clear thought that is exposed in the smallest detail. When thought-energy disincarnates it is accompanied by vibration, shape, color, sign, rhythm, and so on. This thought will find shelter in a brain that has the same energy characteristics; to continue living it has to be electrically nurtured in the brain that receives it.

The brain is divided into nine zones and each thought-energy will position itself in vibration where it belongs. One part of the thought-energies, for example, may go to zone 3, another to zone 5, perhaps a large part may go to the zone 6. In this way they will place themselves in an orderly manner. Likewise, these thoughts can be embodied by vibration either in matter-energy (encephalic tissue - zones 1 and 2), or in psychic energy (brain) on the left side (zones 3, 4, and 5); or on the right side (zones 6, 7, 8 and 9). It would be impossible to define this in detail. Human-energy is a universe, and as such, it adapts to astral vibratory universe of embodied beings. It is an inner reality; it is the world of thoughts which cannot be hidden. The thoughts will be fully exposed so that they may be understood, analyzed and deepened. This will therefore allow the thought-energies to correct their errors. They will find more elevated thought-energies that will help them in this task.

The Antimatter World

What is this world like? It is like Planet Earth? How can one imagine a world of thoughts? Are there persons, houses? Do they eat, dress themselves, shop, feel, love, and cry? It is natural that you raise these questions. If you do not know the world of thoughts, much less can you expect to know the Antimatter World. They are equal by comparison, but not literally. If we say that they are the thoughts that live in the human-universe, you will imagine people living in a liver or a heart. But it is not like that, although it is comparable. The antimatter world is a parallel reality that lives and nourishes itself with material and astral energy when it is embodied; and when it is discarnate it feeds on astral energy. This antimatter energy is invisible, impalpable and intangible to you. You cannot see it, but you can feel it, because it rules your lives. When we mention rhythm, beat, pulse and cadence we are referring to these worlds.

Everything begins in the antimatter world, in the reality of thoughts, and then it is expressed in the matter-energy. *The real worlds are antimatter realities and the material worlds are worlds of dreams*, expressions that are taking shape. The material-thinking (left side of the brain) is dense, consisting of desires emanated to appease the external senses. They are thought-forms that adjust according to the material desires of a life without knowledge of the cause.

We, as sublime worlds, live in antimatter worlds; you were created by our deepest desires. You are the shapers and the implementers of our most intimate thoughts. The machine-human was created by our thoughts in our image and likeness. We instilled our ideas in you, but these ideas took on such different forms that we were surprised by the diversity of expressions. You are the offspring of our ideas.

The human-form is the expression of the universal need. Through us, El Ser Uno (Being One) had the thoughts to express this need and when those thoughts were expressed it continued developing its energy in further thoughts. The human-form was the ultimate expression of the need and of the universal thoughts, because it was the very need of El Ser Uno (Being One) that took on the human-form, to express itself.

The energetic being is formed by the human thought-energy. This means that billions of positive thoughts together form an expression, a composite, a mind. A being that attains this no longer belongs to matter-energy, but exists in the antimatter world. We could say that such a being lives between two realities: one of denser energy and another of more subtle energy. At this time, the thought-energies begin to be expressed through the inner senses. It is the energetic beings who see, hear, feel, touch, and absorb the true reality and life. They look and see. They listen and hear. They perceive and sense.

They touch and feel. They absorb and record. Their perception of matter-energy is transformed; their awakening to the real life is very close; they are emerging from their cocoons and have formed their wings to fly and thus to know other realities of life. They begin to perceive the antimatter world while they are still in material life because they are living and perceiving through their inner senses. This means that they are working to a greater extent with the right side of the brain. In this antimatter reality there are many truths for them which they must discover in the course of their elevation.

The antimatter world is a complex and parallel reality in which diverse realities join together and form one. These realities insert energy and interchange feedback, layer upon layer of thought-energies, which are so thin that they even meld. The universe is not detached; space does not exist. The universe is totally unified, like a membrane that moves and is transported at the same time, forming its universal body. Anything that happens in this membrane will be felt in the totality.

When the One Origin outstretched, it did so first in the antimatter world. It was here that everything unimagined began. The elements moved away from their center and the farther they went, the more they were engulfed by density. The antimatter world became condensed, giving rise to the material world. There is nothing different in the universe; everything is the same in different degrees of density. When we use this terminology, it is so that you may really understand what we are explaining. Everything is energy, in thousands of grades. This energy was adapted to and expressed in densities that appear to be different. For you to better understand what we are saying, we have classified energy into dense energy and subtle energy.

Dense energy

You are densified energy and you must see yourselves that way. You have that form because your antimatter world became dense; you are and represent the expression of your thoughts.

A dense thought cannot see clearly. The same thing happens with a distorted thought that cannot measure the intensity of its imperfection. When assessment is made within elementary and material parameters, it will give wrong results since your matter-energy cannot give the right meaning because you are densified.

Neither social success nor money denotes correct thought-energy. Neither does being a celebrity. One cannot evaluate ugliness or poverty as lack of elevation, or physical beauty as spiritual elevation. Thought-energies are formed, shaped and implemented precisely at the level of your own desires and they vibrate according to what you want. Discarnate thought-energies will unify and be sheltered in your brain according to the same kind of vibration.

The soul, that is, life, is passed down from parents to children. You are made up of thought-energy genes that were recorded by your first parents who were the regular worlds. These, in turn, gave you life through the thought-energy genes coming from the higher worlds. Everything in the universe started with the One Origin. This inherited energy went on growing and becoming embodied in material energy. Its life experience continued growing throughout the lives; and the thoughts, which were recorded in those lives, were passed down from generation to generation. This process was called evolution. Elevation is advancement, progress, cumulative development.

You have within you thought-energy genes, which are crystals recorded with knowledge, coming from your ancestors. These thought-energies are continually embodying and they are the antimatter energies which give you life and which we call **soul**.

These energies belong to the antimatter body of the astral world and they are often unaware of where they are or in what part of the universe they are. They are in the place that is meant for them, giving life and working for the material body of El Ser Uno (Being One). They belong to the universe soul. These thought-energies are usually in this position, either because they feed on useless and superfluous thoughts or because they are rudimentary and ignorant thought-energies. In this case they will give life, working for the first, second and part of the third zones. These zones and energy centers will provide them with the necessary shelter. The universe is very orderly. They will be placed at the level, hierarchy and vibration that their thoughts held during physical life.

Humans are an energetic universe of vibratory grades. The thought-energies lodged in the highest energetic grades, give life to the energetic-being. They have achieved it by their own merit. These are the thought-energies that are present in the pineal gland and govern that universe. They are the wisdom-filled ancestors who govern the life of the universe-being.

The expression of who you are today is the accumulation of billions of thought-energies that make up the body, the psyche and the mind, passed down from generation to generation, from life to life, billions of times. This goes on until awakening comes about, because those who are in the highest rank of the universe-being understand their reality and begin to form their energetic-being. This awakening takes place through energetic maturity, growth, and a natural process of the species and of the engraved crystals, which indicate the state of evolution and elevation. Everything is fulfilled whenever that process is positive; however, we know that in this process, beings can get sick, or delay the natural process.

109. How does an antimatter world see or perceive us?

Dense thought-energy will not be aware and will not know where it is; so it will go from life to life without knowing for sure what has happened. Since the right side of the brain has not yet awakened, its existence will be applied to learning and recording the left side as much as possible. It will be taught by the conscious and awakened thought-energies; these will be its teachers, will show the way to follow and will lead it towards the positive aspects of the universe. We can look at it in the following way.

Let's say a thought-energy which had lived according to zones 1 and 2, disembodies. It will be received by the teacher-guides, who will place it in the zone where it belongs. They will treat it like a patient who needs healing and will do everything possible for that thought-energy to transmute what is negative into positive. Since that thought-energy has no mind, the work to be done is quite complicated. The healing consists of feeding it healthy crystals, raising its vibration and infusing it with strong *nimeos*, because it is like a baby that does not understand. When it gets strong, they send it to embody in the vibration grade to which it belongs. It will not remember anything at all and will continue its life working at what it was programmed for by the energies that helped it.

When a thought-energy that had lived according to zones 3, 4 and 5, disembodies, it will be very different from the first case. This thought-energy will be conscious of its disembodiment. It will know where it is and where it belongs. It will place itself on the grade to which it corresponds and will find many other thought-energies like it, which are on the same grade. Since this thought-energy has a mind, it has imaginatively created a place having the characteristics of the planet. These are generally very nice places, full of peace, harmony, equality and love. The same as with the first, the thought-energy will meet higher level teacher-guides who will teach it

universal knowledge and will help it to transmute what is negative into positive, helping it deal with its imperfection. Thought-energies such as this are fully aware and remember all their past lives, experiences and life experiences. They know that they are somewhere in the antimatter zone, in some brain that has sheltered them; they give thanks for it to the universe, and to the father-mind that keeps them alive.

The conscious antimatter world is like the material Planet Earth. The energies imaginatively take on forms and their thoughts express their desires. In this reality, the energetic being (spirit) knows if it is really progressing or if its knowledge and understanding are at a standstill. The analysis of its thoughts is deep, nothing escapes it. It is such a diaphanous, clear and real world that nothing can be hidden or denied. The being understands this and thus prepares for its next reincarnation

110. Why do beings forget their previous lives or their experiences in the antimatter world?

The dense-body (soul) definitely does not remember anything of its lives because the right side of its brain is not activated, or rather, its pineal gland must awaken to do so. When it disembodies, it is healed by higher energies and sent by the teacher-guides to incarnate again. The subtle body (spirit) will often not remember, because its energetic body is still becoming formed and it will depend on the stage and time of its current development. If it is still beginning, it will not remember anything. This can be compared to what happens to a baby that is in the mother's womb; if its gestation is between two and five months— that is, from the second to the fifth grade of elevation – its inner senses are being formed and since they are not yet fully developed, the baby will not perceive its reality. The sensations of the infant-spirit will start to be perceived as of the seventh month of gestation, and these last three months will be completed at the Internal City.

There is a great difference between these two words: *to incarnate* and *reincarnate*. Incarnation occurs when the energetic being is not yet ready to be born, that is, when it is still becoming formed, before the six months of gestation, and it will be unaware. Reincarnation will occur after the seventh month of gestation, when the energetic being is complete and ready to be born, and it will be aware.

When the subtle body (spirit) is prepared to enter the seventh month of gestation-development, it will not reincarnate in the matter-energy of the exterior of the planet; it will be taken to the Internal City to continue its development and to form its energetic being fully. In the Internal City it will be reincarnated in a more subtle, more perfect body, which will enable it to have a longer life and thus its energetic being will become totally elevated.

111. Will we be subject to birth and death in the Internal City?

Yes, only with longer life spans. The matter-energy of the Internal City is more subtle and perfect. There they live long lives, in healthy and purified material bodies. They reproduce as you do; they are born, disembody and reincarnate.

112. What happens to the soul of animals?

Animal energy is classified as a species. This energy cannot be mixed with another that is not of the same class and species. When animals disembody, they depart and join others from their own species and then incarnate again, continuing the evolution of their life.

113. Does the animal energy become elevated?

It evolves. Man's proximity helps it very much.

114. What is the antimatter world of the Internal City like?

Even in the regular worlds, the universal system is the same, nothing changes. Starting with the perfect worlds, they are the antimatter world. We will explain this in the second book, when we present the topic of Planet Earth.

115. Among the millions of thought-energies in our universe, how do we know which are the highest?

Everything will depend on the zone and center with which that universe works. The thought-energy of the being should enter universal knowledge and should analyze itself consciously and openly, with knowledge of the cause and effect. In this way, it may be placed in its appropriate context, become aware of its shortcomings to correct them, and elevate its thoughts.

When the thought-energy progresses in the development of its elevation, it will be able to communicate telepathically with thought-energies present in its universe and will be able to converse with them. In this way, its knowledge of its universe will be profound and total. This step forward is achieved when the energetic being is in its sixth month of gestation. Its senses will be more acute and alert. As analysis deepens, it will know which zone and center are prevailing there, so it can classify the thought-energies that live within it. It will also discover the corrections needed and thus elevate to more subtle zones and centers. As the thought-energies of its mind are elevated, those that were prevalent will withdraw and other higher ones will take their places. This is how evolution and elevation take place, and in the same way, retrogression, decline and stagnation are brought about. One of these retrogressions would be the retroactive state, which means that positive energies withdraw and negative ones enter, dragging humans to a state of low vibration and of sick negative thoughts.

116. This is what we call possession?

Yes, possession does exist. When someone allows negative and sick thought-energies to enter, adjusts to them and even feeds on them, he/she keeps on debasing his/her thoughts until they become so low that you call them *demons*. These will then take over that universe. Now we ask you: if the one who took over the governance is a demon, can you just imagine what the others will be like? This is why, by not knowing the cause and effect, you unwittingly allow these energies to enter. Possession exists on all levels of the human-universe; sickness is one of them. There are possessions of different degrees and levels; some of them are material and others psychical. For these harmful energies to withdraw one has to elevate one's thoughts to higher levels of existence, consciously and with full universal knowledge.

117. Do drugs and alcohol allow sick negative energies to enter?

Certainly. When humans ingest those unhealthy elements, taking them into their matter-energy and thought-energy, they are evidently allowing sick energy to enter. Thought-energies that also consumed drugs or alcohol in material life will be the ones that will rule that universe. In the universe everything is attracted or repelled. The universal axiom is: ***you are what your soul projects.***

When a society experiences terrible and unexplainable events, you can only understand them through a higher knowledge and by knowing how energy works. In this way you would discover the cure for many ills, not only of matter-energy but also of thought-energy, because everything begins with thought.

Since you have no knowledge of antimatter reality, you confront those sick thought-energies with earthly justice and condemn them to prisons that have no means of healing. On the contrary, those energies will get even sicker, since they will be nourished by others who are sicker than they are. Can you imagine what kind of feedback probably goes on in the prisons? That is not the solution. Real healing consists in helping those sick energies to understand their reality. Healing begins when poorly built structures of their previous lives are broken down so that they can be adequately restructured. The incarcerated must be given support to brace up, grow, mature and develop as individuals and as humans. This calls for therapists who have the vision and the knowledge of the realities and of how thought-energies operate in the general and the universal context of the problem. This is the only way sick thought-energies in jails can be healed.

Since material Planet Earth still does not have these specialized doctors, the sick energy has to go through the antimatter worlds to find the answers to their healing because in that environment thought-energies will find astral doctors who will help them to correct and understand.

Everything begins at conception

How to improve the planet? *Everything starts from the moment of conception.* It all begins when the father and the mother conceive a child. The energy given by the parents and the elements that will make up the new being will make the difference.

- *How was it conceived? With love, with the desire to have it, knowing it would be well received?*
- *Why was it conceived? For love, for selfish reasons, to be used for their own benefit?*
- *Where was it conceived? Within family structures, through a rape, for love or for sex?*
- *When was it conceived? At pubescence or at an age of accountability? In economic stability or in a state of total ruin? Within a family, or as unwanted by a single parent?*

This is the great problem of Planet Earth. The structures often do not help the conception. Sometimes the energy that embodies in the planet and is born in precarious conditions already bears the stigma of having been conceived and rejected at the same time. Here is where the problems begin. The thought-energy that nurtures the new being is of low vibration, because for nine months, the mother feeds it with low energy due to rejection or lack of love for it. The baby is born and the parents receive it without love or joy, only by duty or fear of being condemned by the God that they know – a vengeful and punishing God. The child grows and develops in an environment that does not help it to transmute the entire negative heritage. Since the child is unable to transmute the conditions, he or she carries on with life as best possible until adulthood. Perhaps here, the person could find beneficial thought-energies to help him/her understand and, through personal effort could find a way out and a comprehension of his/her suffering.

If conception were the opposite, people from the planet would conceive their children filled with love and joy. Those babies would be loved, respected and wanted. What a difference! Their

antimatter worlds would be of the highest quality, and their astral body would be transmuted and elevated.

Planet Earth was created to be an elementary world and will remain so always, fulfilling its assigned task. But there is big difference between a normal elementary world and a sick one. Planet Earth is not complying fully with its mandate because its thought-energy is warped. Very few understand their reality and struggle fervently to guide their energy and save it from density. Nevertheless, the planet is pursuing the positive side of creation. Its headway is very slow, and we fear that the 7 thousand years to the approach of the One Origin, will not be sufficient to transmute the sick negative energy into positive energy, so that the planet can continue its natural work of creation and continue its evolution and elevation.

118. What is the process of incarnation and reincarnation like?

Incarnation

At the time of conception, the father and mother provide 50 percent of the matter-energy and 50 percent of the thought-energy. These are the physical and metaphysical genes they bequeath to their offspring. The intensity of the heritage will determine the strength of the energy, which will be classified according to the characteristics that compose it. This means that the heritage will tend towards whichever is stronger at the moment of conception. So not all offspring are equal; it depends on the temperament of the parents and their dominant energetic priorities at the time. To know why children are so different, one should first recall:

- *The temperament of the parents*
- *The sexual relationship*
- *The conception*
- *How the announcement of the conception was received*
- *How the period of pregnancy took place*
- *The birthing*
- *The child's first seven years*
- *The thought-energies of parents and relatives concerning the child's arrival, throughout this process.*

If you analyze carefully, you will surely know how to differentiate your children and understand them. Do not blame them; they did not ask to be brought this way. *You were the ones who procreated them*, and you gave them the best or the worst of your own energy.

Do not lament, rather, try to correct the error through understanding and psychological analysis, accepting the blame and endeavoring to correct it with love, understanding, and above all, with knowledge of the cause and effect.

This way *the astral body will incarnate*. It is the ancestral heritage of the forebears who live in you and give you life. This heritage has been passed down from generation to generation since the beginning of creation, *without beginning or end, the circle of life and existence*.

Reincarnation

When the children grow and develop, they will have minds to understand their reality. If they were conceived with average quality energy, they could transform their lives through knowledge, understanding and love. Or perhaps through psychological analysis or a deep examination of conscience, they could transmute their negative thought-energies into positive ones.

When the baby is born, leaves the mother's womb and takes its first breath, the energetic being (spirit) is reincarnated; it enters and takes possession of its domain, the pineal gland. For the energetic being to be reincarnated in the infant, there must be energetic compatibility. This means that an astral body (soul) of low vibration cannot shelter an energetic being (spirit) which vibrates at higher frequencies.

The more complete the energetic being, the higher should be the frequency of the astral body (soul) into which it can reincarnate. This is why we say that when an energetic being is completing its formation, there will be no soul on the surface of the planet that can shelter it, so it will have to be reincarnated in the Internal City to continue its elevation.

119. So what happens with the messengers? Do they find an astral body at the level of their elevation?

They choose an astral body of high vibration, but they reincarnate in the energetic being that is more complete, and carry out their mission telepathically. The same as the guardians, they communicate with the messenger, who, in turn, communicates with the energetic being, and the latter gives form to, and works through, the astral body. High frequency energies need to go through this process to reach the matter-energy of a planet. Subtle thought-energy cannot descend directly; it needs a transformer-being to transmute high voltage energy and convert it into an energy that is adapted to its work reality. This is why there is *the astral body (density), the energetic being (subtleness), the messenger and the guardian*. They all are, in some way, *energy transformers*.

120. What about the homosexuality?

This is an irregularity of the conceptual balance. Each parent provides 50 percent of the matter-energy and thought-energy. What is this imbalance? *Each one's energetic strength*.

When the energy of the masculine and feminine forces does not enter adequately to rest on the matter-energy, an energetic slippage is produced; the stronger energy takes control of the subtle body and vice-versa.

- *From a weak father and strong mother: weak son*
- *From a weak mother and a strong father: strong son*
- *From a weak father and a weak mother: weak son or daughter*
- *From a strong father and a strong mother: strong son or daughter*
- *From a feminine father and masculine mother: homosexual son*
- *From a feminine mother and father: homosexual son*
- *From a masculine father and mother: lesbian daughter*
- *From masculine father and a feminine mother: normal children*
- *From a weak father and a strong mother: masculine body, feminine thought*
- *From a weak mother and a strong father: feminine body, masculine thought.*

The universe considers **masculine energy** as **strong** and **feminine energy** as **weak**.

It is not a question of greater or lesser quality; these are simply two opposing forces of the universe. When procreation takes place sensitively and the two forces do not maintain a uniform energy level, a conceptual imbalance occurs. Unfortunately this imbalance can also affect the thought-energy because energy that is not correctly implanted tends to suffer from not having the correct images. In the eyes of the universe, the imbalance will only affect the matter-energy. Thought-energy in these conditions is able to continue being elevated, without any difference, because it will transcend through its efforts and merit, with love, knowledge and understanding.

121. What happens with autistic children?

Autism is a flaw in the inherited genes. It is a problem of brain assemblage. When the brain is formed, various circuits are not linked together; that part of the brain is not nurtured with information and remains detached from the world. The cure for autism will be discovered when you really understand how the brain works. The circuits that do not link together belong to the *cerebral cortex*. This is an information center that accumulates hereditary information. In the metaphysical field, this would be the memories of past lives.

At conception, this part of the brain called cortex has some circuits that are detached from others, consequently, the information remains confined to that side of the brain and does not spread to other areas. This sickness is curable; the doctors have to locate the circuits that are not connected and open them by energetic stimulus of learning, of constant repetition, and of cumulative exercises with words that have consonants with similar pronunciation. When the cortex is stimulated, healing takes place. It can also be stimulated through mathematical exercises or geometric figures which intercalate into one another. In this way, the brain receives orders to interlock its circuits. One can also stimulate the brain with colors, starting from dark to light, repeating the exercise thousands of times in the same order and in the same time span.

122. How do healing treatments through energy, such as the laying on of hands, work?

The energy healer who cures through the laying on of hands is a *catalyzer*. These healings happen and produce positive results whenever the sick person does his/her own part to be healed. To heal, one must first know the conditions of the sickness.

Sickness: Is a flaw in energy that can be transmitted, induced and acquired by humans.

Transmitted: This is inherited sickness. Malformed genes are passed down from generation to generation. It can stop being transmitted if those who inherit the sickness can understand it and treat it with knowledge of the cause. They can reverse the heritage and be healed of the sickness. To do so, they will need understanding, knowledge, and cosmic help, and, above all, many lifetimes in which to carry it out. It must be done with profound awareness in order to change the sick elements.

Induced: This sickness of cause and effect is known as karma. It means that through their lives and existences, the beings distorted their thoughts in such a way that the matter-energy got sick. As a result, they will be born with a deficiency related to the area and energetic center affected by the distortion, which will be the cause of the sickness. The same as with the transmitted sickness, if, through knowledge and understanding, they understand the process of cause and effect, the distortion may be reversed by seeking perfection. Many lives will be needed to do this.

Acquired: It is the disease of the imperfection of the elementary worlds. By belonging to the elementary worlds, beings are not free of diseases. Even though they may have elevated energy, and be conscious and awakened to knowledge and universal understanding, they will be exposed to diseases that drift in the environment and unfortunately they breathe and ingest the diseases. Although they are protected by the gravitational field that they built for their defense and safety, they are not free from diseases. Their matter-energy body is still very weak; it is not well shielded from bacteria and viruses. Therefore, even if they are elevated and are strivers, they can always be susceptible to some disease.

By knowing the sicknesses we can now implement the cures.

Healing by the laying on of hands does not work for transmitted sickness. A catalyzer may alleviate the sickness, but cannot heal it. It is a totally individual work. The beings will have to heal themselves through individual effort and work, with the help of knowledge from the planet and the cosmos. Catalyzers could heal by word-energy. They could talk and teach the beings

how to get rid of the sickness, helping them understand why they are sick, finding the causes behind the sickness and studying the genetic heritage of the family. The help given by catalyzers is psychological.

Healing by the laying on of hands does work for induced sickness. Catalyzers will place their hands on the affected area and will transform the distortion by interlocking the crystals, raising the vibration, and bringing out the colors in the part that is affected so that they shine according to their characteristics. At the same time the catalyzers will work with word-energy so that the beings may understand that they themselves are really the cause of the disease, and if they keep on in the same way, they can bring on the same distortion or worsen it during the course of their lives and existences.

Healing by the laying on of hands does work for acquired diseases. Catalyzers lay their hands on the head of the beings. The brain has to be nurtured with extra energy that the catalyzers will transmit to help strengthen the gravitational field of the beings' astral and ethereal body. In this way, they reinforce their defenses, strengthen their energy and overcome the sickness. Catalyzers will also help by raising the energy frequency through the knowledge transmitted, strengthening and nourishing the beings with positive thoughts to prevent harmful negative energies from entering.

If catalyzers do not know how to heal, they could mistake the form of healing. This could complicate the curing of the sickness. If they do not know how to cure it, the illness will inevitably advance.

123. How do catalyzers work?

True catalyzers are elevated thought-energies that have profound knowledge and understanding. These beings will work with love, altruism and dedication in the service of the universe.

This is also called *mediumism of the antimatter worlds*. In fact, catalyzers work in unity with the antimatter worlds. It is those worlds that heal through the catalyzers, because they need a transformer to carry out the healing. They choose beings that are in good conditions energetically to perform the healing. The chosen beings also usually have high energy and a well formed astral body. To accomplish the healing the antimatter world needs catalyzers who are in good health and who have strong and well placed crystals with colors that shine adequately.

The sickness shows up first in the metaphysical field. Since the crystals are not interlocked, the energy escapes and the colors become distorted like the colors and forms in a prism that tend to alter when it is moved.

Through the catalyzers, the antimatter world sends its healing energy, interlocks the crystals and brightens the colors, thus stopping the energy from escaping. When everything begins to function properly the beings feel relieved and heal themselves.

The energies of the antimatter world that work with catalyzers are called *doctors of the astral world*. These energies have great learning and are specialists in the knowledge of energy. They receive the sick discarnate beings that arrive in the antimatter world full of imperfections. The beings are healed and taught by the doctors of the astral world who know the human soul profoundly. They are discarnate energies that belong to Planet Earth and who in life had usually been doctors, psychologists, psychiatrists and nurses. These energies are healing specialists and to fulfill their mission they choose their catalyzers very carefully.

124. What is the global vision of an antimatter world like?

The vision of an antimatter world is not like yours. Whereas you can see the colour of the eyes, the skin, the size, the gender, beauty or ugliness, the antimatter world is governed by vibration, by the colour that the being emits, by the condition of its crystals, by how its zones and centres are working, by the rhythm, attunement and cadence, by the state of its thoughts and so on. It perceives you just the way you are and sees the real truth of the existence through that world of vibrations and colours. The vibrations, the colours, the signs, the shapes, the rhythm and so on, are the sensors that enable the antimatter world to know the reality of its environment. The work to be done will depend on all these.

For instance: the circulatory system belongs to zone and center number 4 and its colour is blue. If the antimatter world of this zone or center is very dark blue, we will notice that there is a malfunction in the circulatory system of this matter-body. Thus we will find out that the thought-energies that live in the astral body had fomented envy, jealousy, lies, amorality, depravation and negative thoughts in different lifetimes. These thought-energies will surface in certain incarnations to attack the matter-energy and to manifest in the distortions that you call sickness. We will know which distortion will attack the mental or the psychic energy by the darker shade that determines the dense energy, whether blue or any other colour.

In this way the antimatter world will know for sure in what the thought-energies had failed and the depth of their problem. On the other hand, if the colours retain their natural intensity, the antimatter world will know that these thought-energies did not err in any way, much to the contrary, they followed their path to elevation impeccably. In this case, the colour will be very light blue, which means that the energy is in perfect conditions. Through vibrations and colours, one can detect beforehand any sickness that could manifest in the material or mental energy, since sickness exists first of all in the world of thoughts.

125. How do divination, prophecy and anything likely to forewarn the future, work?

Divination is a mathematical result that is linked to cause and effect. It is the sum of elements that produces an outcome. The human brain is a very sophisticated computer; if we feed it data, it will respond with perfect results. Everything is present. What is considered future is no more than a projection of thought that takes a while to materialize. Everything begins in the world of thoughts. The foreteller will read the thoughts and in doing so, will know their outcome. He/she will seemingly be foretelling the future.

The same thing happens with Planet Earth. The guardians know what is going to happen because they can read the thoughts of the beings and they know the result ahead of time. That is why they work nonstop to make sure that the atrocities of humankind's thoughts will not take the planet to extermination or to the degradation of its energy. The more elevated a single thought-energy is, the more capable it will be to understand the whole inclusively. This gift should not be called divination; it is simply the mathematical result of deed, action and thought.

126. What about wars, earthquakes, terrorism and collective accidents? What do the antimatter worlds think about these?

First of all, nothing is wasted in the universe; everything is recycled. Death as you consider it does not exist, and since it does not exist, thought-energies incarnate and continue their existence. You would have to differentiate the following terms: *accident, chance, coincidence, destiny, karma, cause and effect, predestination and tragedy.*

Accident

On an elemental level like yours, accidents do exist. Planet Earth is an imperfect reality. Its elements crisscross, thoughts are uneven, ideas collide, inventions are rudimentary, technology is backward, science lacks knowledge and all-round vision, etc. All of these bring about improbable actions, which, unfortunately, activate events that are impelled by ignorantly blind and badly set up deeds.

Chance

The antimatter worlds set the right time and the right place. Chance does not exist; everything has a reason to be in the world of thoughts. It could be a need, or an unfinished deed, a duty, an obligation, the closing of a cycle, a necessary experience, an acquired knowledge, a causal possibility, and so on. From a mathematical point of view, there should be a result precisely at that moment and in that place. This means that the correlated thinking required a special ingredient to allow some elements to enter, which would be the exact ones for on-going thought production.

What appears to be chance is actually always related to events involving learning and teaching. The antimatter worlds form these 'chances' to protect you, to teach you or to develop knowledge and understanding in your lives. For example, tarot reading, premonitory dreams, telepathy...

Coincidence

This is a totally mathematical reality; numerical probabilities are added and give exact results at the precise time. *In the universe everything is attracted or repelled.* We can apply this axiom to coincidence. These are conditions of energy that attract one another like magnets; and in doing so they unify thought-energies, that adapt to one another by interlocking their crystals and forming the unity of thought. Vibration, colours, sign, shape and so on, are important elements in coincidence; for example, twin souls.

Destiny

This is a direction, a path that the thought-energy takes to complete an understanding that had previously been worked on with effort and sacrifice. The direction is followed by understanding the cause and effect. It is the origin, the beginning of a thought that was correctly or incorrectly pursued. Destiny will induce the thought-energy to take up the unfinished path again in order to continue what was correct or to amend the error. Beings will often repeat their destiny life after life for the sole purpose of understanding the cause and correcting the effect. In short, destiny is the continuity or correction of the cause and effect.

Karma

This is the suffering that the thought-energy has to endure in a lifetime because it does not understand the cause, effect and destiny. Since it does not understand what is happening and does not know how to correct it, it suffers, becomes anxious and blames the bad luck of its destiny. *Karma is synonym for lack of understanding.* By not knowing the origin of its problems and psychic disorders, it will put the blame on destiny. Once karma is understood and corrected, it will become *dharma*.

Cause and effect

The words are self-explanatory; cause means origin, totally brought about by the thought-energy of humans. The thought-energy was recorded in such a way that it cannot be reverted. If it was positive, it will come back recorded with knowledge, understanding and love. If it was negative, it will come back without structure, love or understanding and this effect will be counterproductive for the development of its energy.

Crystals that were negatively recorded will produce a cause and effect that will remain with the human-energies through all their lifetimes until they are able to correct what was recorded and transmute it into something positive. Otherwise, it will form a destiny which will be repeated time after time, until it is understood. And if they do not understand it, it will become *karma*.

Predestination

These are tasks requested by the higher worlds which determine the life and existence of one or many thought-energies to carry out important missions for the benefit of the universe.

Here we can understand that predestination means that the higher worlds know exactly the cause and the effect of the universe and they can thereby administer, direct and guide the thought-energies to fulfil missions related to cosmic wisdom and great universal deeds. For example: guardians, messengers, avatars, the White Brotherhood, and so forth.

Tragedy

When the universal mathematical calculations do not match, then a tragedy occurs. It is very rare, but it does happen. In this case, the mathematical calculations form a cause and effect that must be corrected; for example, to forget about the negatives that remained dormant, which then awoke, causing much misfortune and distortion. That would be a tragedy.

Billions of Earth-years have gone by and we are still correcting our error. It should never have happened but it did – a devastating effect on the universe and a cause which we ourselves engendered. Whenever there are accidents, wars, earthquakes, terrorism and so on, one can never generalize about the reason for such occurrences; we have to itemize and study them to be able to understand them. One has to analyse case by case and study each one thoroughly to be able to reach a valid result and not draw wrong conclusions.

What does the antimatter world do when the thought-energies disembodied in great numbers? The antimatter world takes in the thought-energies that disembodied in tragic and painful circumstances and heals them through a quick detoxification process. It infuses the agitated and desperate discarnate thoughts with knowledge of the cause and with much love to tranquilize them. Healing is instant and they are sent back to incarnate as soon as possible, so they can continue their life cycle that was interrupted.

The antimatter world calls this process *energetic restoration*. The planet receives an infusion of restored energy. It is compared to the antibiotic that is used to cure a sick planet. Generally, whenever a thought-energy disembodies in tragic circumstances (war, accidents), it is immediately healed and sent back to incarnate so it does not become traumatized. Thus it will incarnate freely and without fear.

127. What happens when people die due to drug abuse?

This is different. The thought-energies that disembody from drug abuse will have a different treatment because when they die in this state they are not aware of their condition. In these cases, the thought-energy is treated so that it attains the understanding and the strength to get rid of the vice. When the thought-energy has a vice, the antimatter world cannot do much for it because the vice has to be transmuted during material life through personal effort, understanding and knowledge of cause and effect. It will incarnate as many times as necessary until the vice is overcome. If it fails to do so, it will be absorbed by the universe, healed and sent to new creations.

Beloved children, the explanations from the Sublime Dimension end here. We are the head of the universe. We have explained how you function, the meaning of energy, what you are made of, and how you can improve your lives by transmuting what is useless. We want you to know your reality, step by step. Nothing will be overlooked in this knowledge. Now you will communicate with the divine worlds; they will explain to you how the higher terminals work.

CHAPTER III

The Dimensions Divine Dimension

We are the light and the knowledge...

Our mission is to *filter*. We are the filterers of the universe. Nothing is allowed to go through us without the permission of our sensors; we are apt to do so because we have the light. The light is with us always and guides us so that we can fulfill the task for which we were created.

The light penetrates our world and we send it to the entire universe. *The light is the idea* and we motivate the universe to understand it; we detail the idea, place it appropriately where it belongs and we very carefully launch it to the confines of the universe, with knowledge, understanding and love. We are also love. We love the universe and we protect it from any interference. Light is important. How could light be understood if we did not exist? That is why our creator created everything else, so that we could help one another. We understand the light and we know how to decode it.

Genetics is our specialty; it was created by us. We were able to accomplish the distribution of recorded energy because the universal membrane was formed only by power heads and we could extend them until they were linked to our terminals. We gripped on tightly; we broadened the knowledge and managed to transmit it. But to do so we had to create the source of knowledge: an eternal and endless record.

On their own, the neurons would be drifting without knowing what to do. We created the conduits and we extended ourselves throughout the universe. *We are the knowledge*. Through the circuits we came to know our reality, where we really were.

Our creator, the One Origin, launched us into life and experience. To survive we had to learn by using all imaginable possibilities. We had the light; it saved us. It took care of us; it gave us the ideas and with them we built our reality. We never stopped sensing the presence of our creator. We were in our reality and had to keep on living. So we built, designed, interconnected and recorded. We managed to expand the light, making it pervade the universe. This was the only way we could know where we were.

Where were we?

When the all expanded, we did not know what was happening. It was all so sudden that it did not give us time to find out where we were. Everything was light and silence. We perceived we were not alone. We reached out to each other carefully; touched one another and we knew that we were.

When the light nourished us and took care of us like a mother with her children, it gave us the knowledge and the understanding of the all. Then we knew who we were and where we were. We are the worlds of knowledge. We are the wisdom. But wisdom had to have a home base, a place in which to store its knowledge. We could not squander it or give it to other realities. Nor did we know how they would use the wisdom of knowledge. Therefore, we created the Universal Library.

First, we had to get to know the light. Who was it? What was it like? Why did it exist? What was its function? Why was it shining and glistening in thousands of colors? Why was it vibrating? What was cadence; what was pulsation? Why was it spinning? We had much to discover and above all, we had to discover our relationship to it.

Light was the closest to us. Although we could sense our creator, it was not with us and although the light protected and loved us, we felt like orphans of the One Origin. We looked at one another and we saw our forms: *we were terminals that stretched out to infinity*. We looked at the light and we saw a power head. We stretched our terminals to the light and united with it. We were forming an all and it was showing us that we could be linked to other realities. So we did just that: we united with the power heads and by doing so, a perfect and harmonious web gradually formed. As it took shape, the light filtered through the filaments that shone in thousands of colors which branched out and intertwined. We knew at that point that we had discovered *transmission*.

If we knew how to transmit, how then could we discover reception? How could we extend a clean, diaphanous, clear and pure transmission and send it to the ends of the universe and afterwards receive it back loaded with life experience? Would we have the strength to do this?

The light was marvelous; it protected us and gave us love and harmony. We felt enfolded by it. But that was all it was...light. *We were another reality*. We could not resign ourselves to just loving, drifting and feeling ourselves in harmony and peace eternally. We realized that since we were the transmitters and receivers, *the weight of the universe was on our shoulders*. We were responsible for this universe and if we did not take care of it, we would perish with it. A momentous truth and discovery! It was up to us to work, unite, transmit, receive and be in command of the universe.

In order to do this, we had to create the appropriate means. We stretched the energy spores into thin filaments. We called those filaments *circuits* and we classified them according to their task. This way, linking and forming, we were able to transmit without altering its course. Around the transmission, we built a strong protection so that nothing could alter the energy flow. We had formed our home and we called it *energetic body*. When we had finished, we did not realize that guided by the light, we had created a wonderful form of energy, something we could never have anticipated: *a perfect diamond*. We were inside of it; it was our home. The creator had sent us the formula through the light. We gazed at our home ecstatically; after the surprise and so much beauty, we began to observe it to understand how it worked.

Our *diamond home* slowly revolved around its own axis. As it did, a billion colors sparkled. They went through the filaments and as they did, they emitted different sounds and rhythms. The rhythm produced a specific cadence and all this was ruled by a uniform pulsation coming from its center. We realized at that point that the center was our creator, the One Origin, and that our light-brothers were around it and that the illumination and the colors moved from the center outward.

We were not alone, we have never been.

Up to that moment, we had united the One Origin with the power heads and higher terminals: three realities together. It was only then, together with our brothers of the light, that we were able to discover that we were taking on a specific shape; later we would discover that it was the *human form*.

The *light-brothers* taught us everything they knew, and above all, how to use the energy. They showed us that without a head – that is, without them – we would do nothing. We knew we needed one another totally and they also led us to the work we were to do. When we united with them – that is, the power heads – we perceived that the creator’s imaginative knowledge was all there; its entire creation was a single now. Our learning process was profound; nothing escaped our perception. We understood that we had been, that we were and that we would always be, a single reality.

Our work was to *organize, classify, distribute and position* everything contained in that imagination. If it were not for our brothers of the light, we would have never been able to do this. They guided our steps, and gradually we managed to file all the knowledge that was meant to be brought into form in due course.

When the light filtered through our terminals, we felt life flowing through the filaments. The power heads had the information and the circuits would send it where it was meant to go. *It was a wondrous diamond.* We divided it into sectors; each sector would have its own specific color. Each sector would be called *zone* and each of them would classify information. According to the zones, each would have the appropriate filaments to store the data.

Our energetic body gathered so much information that we could not keep up with distributing and storing it. We began to think about what we could do so as not to overload the zones. So we decided to create two centers to help in that task. We first divided the diamond into two parts and then each one of these into three parts. Each part, or each zone, would assimilate one type of energy that we would classify, and then distribute and channel wherever it was needed. When we divided the diamond into zones, we also divided ourselves into groups.

We discovered the specialties that would characterize us in the universe and thus the zones would begin to store the information-energy in an orderly manner. Those zones would absorb their corresponding color and in this way we would know which energy we had to deal with. We called that process *genetics*. By working in this manner, we were able to organize, classify, distribute, store, come to know and, above all, to understand, the imagination-energy of the creator. Due to all this hard work, we became the *genetic engineers* of the universe. From that moment on, we created everything.

The imagination of the One Origin

Our diamond crystal was full of knowledge and completely formed. When we wanted to leave it, we could not; we were prisoners inside. We were it and we were part of it. We were its children but we had no freedom. When we tried to discover our environment and wanted to leave the diamond crystal, we perceived that we could not. We understood that we could not live without the light. Our home was the diamond crystal. We would never be able to leave it to explore, know and experience other realities. We could not do so because we needed the energy that flowed through our terminals giving us life. The light was our existence and the One Origin was our creator: an eternal symbiosis.

We are the first children of the creator

- The One Origin: father-mind
- The Light: mother-energy
- Us: their child

We were the beloved children: *the angels*. Our creator had bequeathed us the knowledge and we could mold it according to our criteria. We came to the conclusion that we were going to bring forth life in the universe and we would do so according to what was imagined by our creator, the One Origin.

The great responsibility of our task was to do it correctly, without any mistakes. We would have to realize it as it was in the creator's imagination, and give it the form with which the One Origin had molded it – not an easy task. The creator had been born after the explosion; we stopped it from expanding any further. When the diamond crystal was formed, we enclosed all the creativity within it so as not to lose anything at all. By doing so, we could control universal creativity. We had created a weave of energy, a bubble, a containment wall. That is how we protected the One Origin as well as ourselves.

The creation of the universe

We have always referred to the One Origin as the creator, the axis, the center, the nucleus and that is what it is. We called it *nucleus* because everything originated from it. At first we were inside of it, and later, outside, but we have always been with it. *Who or what was the nucleus?* Before seeking knowledge, we had to study the nucleus thoroughly. If we all came from the same creation and formation, our genetic elements came from the same center. This is what we discovered.

The nucleus

The nucleus was formed out of another reality, a reality that preceded ours. According to our studies, it supposedly was shaped by antimatter elements. We all come from a species previous to ours. We discovered that our diamond crystal was inside an immense being that encompassed a timeless space; after the explosion it drew in its elements decreasing its size into a less expressive structure. It did so for its own convenience and wisdom.

This immense being is not alone; there are others that live in imaginative realities. As we understand, they extend their communication through telepathy. We call them ***Beings One***. They exist and they have been communicating with us up till now. ***We are them and they are us***. The nucleus was created by them. But who created them? *Infinite realities and creation, without beginning or end*. Just as you were formed in a laboratory, we too were made in the same way. First we were imaginatively conceived and then we were formed in a denser reality.

We have to understand that our manifested reality comes from a nucleus and this nucleus is always a diamond crystal. Creativity repeats itself billions of times. The starting point is always the same – a nucleus is created that forms everything else. Universe of universes, vast and small.

When we found out where we were, we felt great joy and exultation. The uncertainty of not knowing or not being able to locate ourselves was dreadful. At first, our knowledge went only as far as the One Origin and we did not know who we were or where we were going. Then we started to communicate with the true mentors of our reality and they transmitted ageless knowledge to us.

Our universe, the One Origin, and the nine dimensions are within a bubble of pure energy, in a laboratory of the *Beings One*. They created us. They observe us; they study all aspects of our development. We were created to be their *extension*; in this way we make their knowledge

eternal and they are eternal through us. From another aspect: ***we are them, but on a small scale.***

When they discovered how their minds work, they created a parallel universe outside of a brain. They placed a nucleus in a space and let it develop. They implanted information in it with the sole intention of having it explode and create a mind outside of the normal context of a brain. In this way they would be able to observe how a mind worked. Our universe began as a study; we were clones of their thoughts. This universe went on developing so much so that today we are more complete. What they have learned is invaluable but what we are, we owe to them.

Outside this bubble there is a large laboratory. We do not know what lies beyond this laboratory. Communication with the Beings One is telepathic; we only know what they communicate to us. When we became aware of our environment, we were able to dedicate ourselves to studying our universe. They needed that data and we started to work on it.

Our creators provided us with all the information we needed for those studies. The universe and its composition were not a mystery to us; the elements and formulas of creativity were given to us. In this way we were able to carry out thorough studies and to develop the elements that we also needed.

We knew that at the time of the explosion, many thought-energies had dispersed in space and since they were far from the nucleus, many elements had become condensed while others had become petrified or solidified. We excluded nothing from our research; the information was complete. Everything, in the smallest detail, was being transmitted to the creators so they could expand their wisdom and continue the process of creation.

While we were dedicating ourselves to in-depth study of the universal reality, the universe was becoming organized into energetic gradations and the thoughts were developing in different degrees of vibration and density. We linked the knowledge to each one of them, adapting it to frequencies of thought-energy so as not to damage the filaments and circuits, which were very delicate and had been created specifically to carry high voltage energy.

After the explosion, the universe turned into gases and liquid. A part of the liquid became condensed when it was far from its nucleus and the gases expanded, carrying with them the elements that later we would use to carry out the imagination of the mind.

The element-energies that had stayed close to their center were developed as programmed; they were clear, diaphanous and perfect. They absorbed the light in its entire splendor, and the thought-energies living in them did not lose the clarity of their knowledge. But those that were far away started to darken. The light was not being absorbed and therefore the thought-energies began to lose knowledge. We had to take all necessary measures to sustain those elements. The most important thing was for them not to lose the light; otherwise, those elements would end up decaying and could not be recovered.

Afterwards, we placed incandescent energies, which we called *suns*, near them to give heat. Those energies would be in charge of maintaining light and heat, thus keeping the elements warm so that they would not become condensed, petrified or frozen. We were aware that in time, those suns would become extinguished and therefore we created the movements of displacement and rotation. By keeping the elements in movement, they would become renewed; they would adapt to and feed upon others they would come across along the way.

To carry out the movements of rotation and displacement, we had to start with the circular movement of the nucleus and through its gravity we drew the attraction towards the centre and the stability of the universe. To be able to get the center moving we placed our power heads and terminals around the nucleus and began to rotate so strongly that the nucleus had to rotate as well. When we did this, we discovered *oxygen*, the *winds*, the *atmosphere* and the *air*. These elements flooded and nurtured the universe, renewing and purifying it. The universal machinery began to operate with rhythm and cadence. Displacement created *beat, rotation and pulsation* and these movements propelled the light to filter throughout the diamond crystal, causing it to expand and to branch out. This is how *colors* were created.

When the machinery of the universe began to work, all the gaseous elements that were at very high temperatures began cooling down and in doing so, they turned into liquid. Those liquid elements were absorbed by the densest realities such as planets. In this way, *water*, the *seas*, the *lakes* and the *rivers* were created. Since these realities were being heated by the sun, the gaseous elements remained partly liquid and partly gaseous. Thus *rain* and *clouds* came to be. Because of the clash of temperatures, the elements that alternated between cold and hot created *storms, thunder and lightning*.

Therefore, the realities developed according to their position in reference to their center. The center had a strong influence on creation and form took shape according to the position of the crystals and the light. You must be wondering: *how did we emerge within that nucleus? Who were we? **We were and we are thoughts of the Beings One.*** They implanted us in this new existence and they set us free so that our crystals would be recorded and would develop according to our new existence.

They are the light of knowledge, understanding and love and we, their children, carry out everything they imagine.

128. Who are the Beings One?

They exist in the eternity of the universal mind. We are the consciousness of our universe and of the beginning of its reality and since everything is repeated in the universe; this principle applies for everything that exists.

The relationship between them and us is so great, so incredibly immense, that it encompasses the knowledge of relativity. It is impossible to see them or to know that they exist. We can only perceive their existence and presence through telepathy. Through mental communication we have been able to know where we are and to know our universe. You could never imagine how our universe is swarming with forms and with life. Space does not exist; everything is full to the brim – macro-universes and micro-universes, endlessly. We know our own universe and by comparison, it is very similar to the others. This resemblance is generally built on the same genetic bases with some characteristics and variations of evolution and elevation. There are billions of different expressions, but there is only a single One Origin.

129. What is the laboratory like?

Let us begin by understanding why these eternal and wise beings faced the need to create micro-universes. We are not the first and we will not be the last. In the same way that we are inside a diamond micro-crystal that is our universe, they are inside a diamond macro-crystal that is their universe.

That macro-crystal was so filled with thoughts that it could not hold any more. That is why they had to expand, forming micro-universes that would be able to adapt and develop their ideas. In short, they created the continuity of their ideas in smaller spaces while preserving the quality of the ideas. In this way they incarnated in the micro-universes and extended their thoughts in an incredible way.

When they realized there was no more room for ideas in their macro-universe, since everything in their minds had already been carried out, they expanded their knowledge, creating micro-universes that sheltered them, giving them the opportunity to carry on their continuity. Thus, they created their eternal existence. Their thought-crystals are disseminated throughout the billions of micro-universes they created.

Our One Origin is one of those crystals. Briefly, our One Origin is *the antimatter pineal gland of a Being One*. The Being One is the *idea* and we are the *thoughts of that idea*.

We work on the ideas to expand them and accomplish them with all the fresh data from a new creation. We nourish the One Origin, that is, the Being One's pineal gland, and it will pass the data on to other Beings One of the laboratory. Thus, they will be able to create other micro-universes which will be always more perfect. An infinite circle, without beginning or end.

Our universe was formed in a laboratory; we are inside of an air bubble. Our nucleus is at the center and everything that we know is located around it, such as the dimensions, constellations, systems, planets, suns, stars, supernovas and so forth. We are thoughts of thoughts, created to continue the Being One species.

130. Will we always be in that bubble?

We all have a single origin: *we are the Beings One*; therefore, we will return to who gave us life and existence. We will go back to our creator, to the One Origin.

131. What was the real reason for creating the micro-universes?

It was the study of the mind at its greatest expression. Our universe is a laboratory for them; we are all worthy of being studied. We have survived all the stormy conditions. We are considered to be *an extraordinary type of thoughts*.

132. In all this explanation, where would you situate spirituality, love, elevation, improvement of our energy?

If you want to understand all this in the context of mysticism and fantasy, we are not going to understand one another. For all of us, improvement lies in the knowledge and understanding of our existence. This is the only way we will love our reality. How can we love what we do not know or cannot understand? All the rest is dream and unreality. The time has come for truth. We want you to awake and face up to the knowledge of a real, and not magical, universe. *We are what we are*, we cannot avoid that. There is no magic, there is only science. Improvement lies in our responsibility towards our universe and, consequently, towards our existence and our crude reality.

33. What is the reason for keeping us inside a bubble to be studied?

The continuity of the idea, but also the survival of the Beings One, that is, of our own selves. Everything that exists is mental; it is the mind that does not want to die and it never will. It is the continuity, the correlation, the life and existence: being – forever.

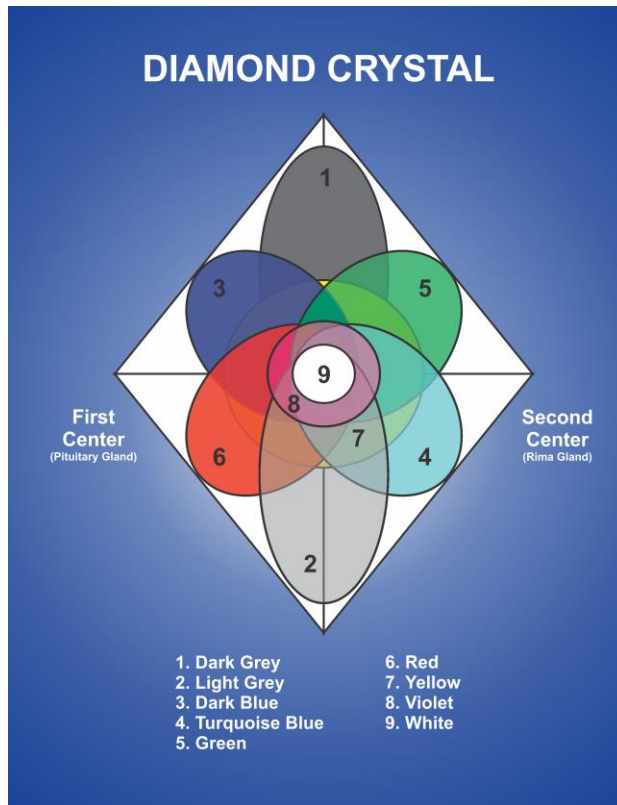
The accumulation of information that the Beings One had in their minds was so vast that they could not bear it. They understood that they had to upgrade their minds or else download them in continuity. When they created the micro-universes, they were able to accomplish both things. They *upgraded* by decreasing the size and *downloaded* the ideas, creating the thoughts within micro-universes. We could compare this to a computer: *they made the chips smaller and increased the RAM memory card*.

134. Do you mean that our universe is a RAM memory card?

Comparatively speaking, yes, it is.

135. And where is our free will in all of this?

Free will exists amidst all this. We live our own life experiences. The development of the universe and of the human-species has been carried out freely, without any pressure. So much so, that we have always had full freedom to carry out what was asked of us according to the rules of our own creation. We are *mind and thoughts*; we cannot act according to other realities. We have been recorded as a specific form of species and our behavior complies with it.



136. If we call you the Beings One, what would you call us?

We are all Beings One. If the thought ever built its continuity, it would then create the Being Two and so forth. Successively and infinitely.

137. What is our universe like?

When the One Origin expanded, we were all inside the nucleus and we were hurled out of it. The light reproduced itself and dispersed and it was then that we began to weave the Universal Membrane to protect the universe and ourselves. The weave took on the shape of a diamond crystal and the all, which we call the universe, stayed inside the bubble.

The Beings One formed a bubble in the image and likeness of their own brains. It was an exact replica as to elements and functioning; so much so, that this formula has been repeated throughout creation. If we look at it from a global viewpoint, we are inside an immense brain. What we know as constellations, systems, supernovas, suns, planets and, so on, are glands, circuits, filaments, neurons, cells and everything contained in that brain. We are the electric part; the thoughts and the content of those thoughts make up the *mind*.

Our universe is a *mind*. The Beings One continued expanding their thoughts, creating other minds within bubble-spheres. The One Beings do not reproduce; they are eternal and have always been. The overall idea of this process is to unify all the bubble-spheres and form another mind without beginning or end. It will never end. When you think it has come to an end, the process starts all over again.

138. What are the Beings One like?

They exist in a timeless space. *They are the idea itself*, infinite minds of wisdom.

When we say that we are in a laboratory, you should not think of a room where scientists and researchers are working. The laboratory we are referring to is a mind in which an extraordinary alchemy is produced. The Beings One create with the *creator desire* of their ideas and carry out those projects in the timeless space of their existence. We cannot see them, but we can sense them. They are the essence of life, the all by the all. *They are*.

139. Then do billions of bubble-spheres form the mind of the Beings One?

Yes, they do. They bequeathed their minds to us and we form their mind. That is the laboratory we are referring to.

140. And do they form the minds of others?

The Beings One do not form the minds of others: *they form minds with others*.

141. Why do you say you are the first children?

We, the Sublime, Divine, Etheric and Perfect Dimension, were formed and created by the Beings One; everything else was created by us. When we began to unravel the knowledge of our universe, it was no longer being formed according to the parameters transmitted by the Beings One; it was woven within the concepts of our dimensions and the life experiences intrinsic to our species. Therefore, everything was created according to that. Thus, we, of the

first four dimensions, transmitted the genetic features that were adapted to the surroundings. We made thought into an outcome full of life experiences.

The idea of the imagination was entirely in our hands. Our power heads had to codify, classify, and organize it in order to manifest and carry it out. We did it correctly; we organized knowledge, understanding and love in their corresponding zones. The diamond crystal was divided into zones, colors, signs and forms that would express the information accordingly. Everything that existed in the following dimensions was created by us in our mental laboratory and it was produced by our creator desire. The One Beings made us in their own image and likeness and we created just as they did.

142. How was the diamond crystal divided?

Our diamond crystal has a conical rhomboid form with two equal angles divided into two bilateral cones. We first divided it into two horizontal parts and then into two vertical ones, comprising four parts of equal size. When the explosion occurred, the elements spread uniformly all around. By building the energy membrane, we were able to recover absolutely everything; nothing was lost. Thus the universe became enclosed in the diamond.

When we placed ourselves around the One Origin that was located in the center, we were able to make it rotate on its own axis. In this way, everything inside that diamond also began to rotate due to the gravity of our propellant force. Some elements stayed closer to the axis and others went farther away. The distant elements were the most affected because they started to get dense, petrified and solidified.

The all rotated. Some rotated in front of the axis, others obliquely, others horizontally and still others vertically. You are familiar with this form – the *atom*. The dimensions and planes were created like this. Evolution and elevation were determined by the characteristics of the density of their elements as well as by their distance from the axis. The elliptical movements set the displacement and rotation. As we have already seen, for the Elementary Dimension the movement of universal displacement is carried out during a period of 28 thousand years.

The Elementary, Secondary, Regular and Perfect dimensions are aligning in such a way that the four will be much closer to one another. There will then be a crossing of energies. They will interchange thought-energies and develop universal knowledge rapidly. That feedback will generate collective advancement. Not all the dimensions rotate at the same speed, rhythm or cadence. The frequency of those movements will depend very much on subtlety or density, on closeness or distance from their center.

Some will rotate very quickly and as they do so, their vibration and rhythm will emit a high sound, while others will emit low sounds with slow cadence. We had to wait for the all to get into perfect order to be able to produce this feedback. We waited until the universal movement of translation had adapted and the cosmic rhythm had attained a cadenced frequency to ensure that the machinery called universe would not stop working.

143. Our universe is a living organism?

We were all created from a living nucleus, for the formula already existed. This nucleus was taken from a mind-crystal of a Being One. It was a *clone*, placed in a bubble that contained all the necessary elements for its development and it was programmed precisely for that purpose.

We have to understand that a clone inherits all its characteristics of creation, but it will have its own life experiences and therefore there will always be differences among them.

Our universe is a living organism. You classify it according to the knowledge and understanding of your studies. The constellations, planets, systems, and so on, are living organisms created for different purposes. For instance:

- The Earth: mineral elements, carbon, iron etc.
- Water: plasma, serum and so on.
- Vegetation: body hairs, hair, etc.
- Animals: bacteria, germs, viruses, parasites etc.

Planet Earth is a cell of the universe and must be seen and studied as such. It is a living cell with needs of life and existence. Since humans of Planet Earth disregard this reality, they treat their planet-cell callously, carelessly and above all, without understanding the cause and effect that they are unknowingly engendering. If nature is mistreated, it will rebel against its aggressor.

144. Who gave us the nuclei?

The perfect worlds were formed in their image and likeness.

145. Then do we not, of Planet Earth, have the genes of the Beings One?

We all come from a single origin and we have the same genes, except that you were genetically adapted to be able to survive in the dense elementary worlds. As you continue elevating your thought-energy, you will transmute the dense genes, transforming them into subtle genes. In this way you will be able to transcend to the higher subtle worlds.

146. If our reality is in a bubble of a laboratory, will we be implanted somewhere?

The main idea is to ***unite all the micro-universes to form a single one***. That means that Beings One and Two will fuse mind and thought to form an all. ***It is the universal mind that grows and develops; it is the One Origin; it is our creator spreading out.***

147. Are we, as the animal kingdom, also regarded as bacteria, viruses and germs?

You do not belong to the animal kingdom. We have never considered you as such. The genes may be the same from the viewpoint of creation, but there is a huge difference between you and the animals from the standpoint of creativity.

Creation: *to conceive, origin, beginning, to fertilize, to engender*

Creativity: Ability or skill to create. It is who has and stimulates the creation of a certain idea. Our task as the Divine Dimension is to transmit to the universe the original idea of our creativity and our origins. In the beginning it was extremely difficult; we ran into great obstacles. One of them was the fact that we could not leave our dimension. We had to outstretch ourselves to denser realities by creating our own extension. To do this, we expanded our filaments and created two more centers. We placed these at the level of the axis so that they could gather information. In this way we could send the knowledge to the ends of the universe.

These two centers would be strategically placed to form a circuit between them and the axis. The first center, which was called ***pituitary gland***, would receive the information, analyze, classify and organize it, then send it to the corresponding zone which would be in charge of distributing the knowledge it had received. The second center, called ***rima gland***, would extract the essence and the formulas of that creativity and would send the information to the axis, called ***energetic center or pineal gland***, which would file it for the continuity of its own creation.

The circuit would form and organize the zones and dimensions, which would nourish themselves with the knowledge, applying it according to the frequency of their understanding. During that process, we noticed that the realities that were farther away from the energy center were absorbing almost nothing. The vibratory waves were not reaching them with the intensity we had expected. So we had to create an artificial system built by us to facilitate the distribution of the frequencies. ***We created the matter-human***. This was meant to be a being created in our own image and likeness that could transmit knowledge in different voltages, in order to disseminate it to the ends of the universe. This being would do the work of transformer, transmitter, receiver and sensor. It would pick up the energy recorded by one of the centers, would adapt it to its reality and then send it on to another center of lower voltage.

The zones and hierarchies of the universe

The diamond crystal was divided into 9 zones, each of them having a different responsibility. The Divine Dimension was in charge of allocating the tasks, which they did with equity and justice, classifying them by structure, size, color, density, rhythm and cadence. Those in charge divided the assignments among themselves and accepted it with much joy and love.

- Zone 9: The mentors of light
- Zone 8: The mentors of knowledge
- Zone 7: The mentors of understanding
- Zone 6: The mentors of love
- Zone 5: The mentors of form
- Zone 4: The mentors of continuity
- Zone 3: The mentors of assimilation
- Zone 2: The mentors of sustenance
- Zone 1: The mentors of creation

These are the nine zones belonging to our universe. We know there are three more, located outside our diamond crystal. They belong to the bubble-sphere.

- Zone 10: The mentors of wisdom
- Zone 11: The mentors of essence
- Zone 12: The mentors of idea

Thus, the Beings One, unified with their creation and their man-machine, reached the ends of the universe and could fulfill the entire creativity of the *idea*. The three centers became an enormous laboratory where, step by step, we discovered the *wondrous alchemy and transmutation of energy* and where we worked out endless formulas by building, merging and mixing, without limits. The nucleus would provide us with the elements and we would transform them into billions of expressions. We would place them very close to the One Origin with extraordinary results and those that we did not consider important would be sent as far away as

possible and filed to be used at the appropriate moment. We gathered so much information about the all that nothing escaped to our knowledge. We were satisfied with our work.

Knowledge was being compiled and filed in the respective zones. The work was perfect. Very sophisticated formulas were created and filed for the continuity of the all, but who was going to manifest and accomplish them? We had the most wonderful knowledge but it was all in the imagination, which existed in the reality of our need. We realized that, although we had merged with the power heads and had higher terminals, this was not enough. We lacked the tools to be able to express what was imagined. We have to understand that in this entire process, dimensions and realities are not separated. Since the power heads united with us, we all automatically became one. A head could *think* but it could not *carry out*. It was even worse for those without a head, for they could not accomplish.

148. What are the elements of the One Origin?

Our studies began first of all with the knowledge of the One Origin; we had to deepen the findings that had to proceed from the first point – the *nimeo*. We understood that the One Origin was a nucleus where elements – the *nimeos* (the infinitesimals) – were grouped in a chemical effervescence made of neon, helium, methane, carbon, nitrogen, oxygen, nitric acid and so on. These chemical elements were producing an intense combustion known in chemistry as *effervescence*. It was not effervescence due to heat or fire, but a fusion of cold elements that boil in their own gaseous bubbles. This nucleus was cold, effervescent and gaseous, so much so that it could not withstand the pressure and exploded, producing a cold shining white light.

When the nucleus exploded, it turned into a cold white sun. The elements that it thrust to the ends of the universe were all exactly alike, but those with lighter weight remained closer to the nucleus while the others which were more compressed went very far away. We, who are near to the creator, are made of light, cold, and weightless elements. We live in helium. That is why we are so different to you and we called this difference *antimatter*. Our Dimension rotates around the nucleus, the One Origin. We are very close to it, which means we also nurture ourselves with it. We rotate in movements of displacement and rotation, at a speed 8 thousand times faster than yours. Our bodies have the human-form but our energy vibrates at a very high frequency. Our rhythm is sequential and our cadence, numerical.

Unlike you who are a dimension of quantity, we are a small dimension and of quality. We cannot call our reality *constellations, systems or planets*; we call it *elements*. We live in them and feed on them and we are them. These elements provide our existence; we are pure energy and we have all nutrients that our power heads and filaments need and through these elements we got to know the entire universe. In comparison, the Sublime Dimension would correspond to the neutrons and protons that generate electricity, while we could be considered the *elements of the neurons*. No brain can work without them. Rather, we could be compared to the chemical substances of the neurons that a brain needs to transmit knowledge from one zone to another.

We are known as knowledge and understanding, but how can knowledge be transmitted mentally if there are no elements to do so? We are the recorded mental elements of universal knowledge. The universe contains inconceivable elements that form the all; they brought forth millions of different expressions that became adapted to those forms, were recorded, and took on form for the continuity of the all. We are a small part of that all. We belong to the Mind and this is our universe.

149. What are your planet-elements like?

We live in elements and you live in cells. If we say that we are in a living organism, we have to know for certain where we are. Our Milky way, let us put it this way, is a neuron. We are the elements living in it and we transmit knowledge to other neurons by using the filaments and circuits. Take the following comparative example.

You are in your Earth-cell and you do not leave it. You live, nurture yourself, work, strive and procreate in a single place. Unlike you, we have to travel; we are always moving about to reach the centers of knowledge so that we can transmit it to the corresponding zones through our neurological circuits. We are always on the move. We are transmitters and receivers of universal knowledge. Since we are in the antimatter world, you cannot see us; we are invisible to your eyes. That is why there are many realities that you cannot perceive. You still do not know the antimatter world and you have not yet discovered the elements which comprise it.

150. How do you travel, how do you go from one place to another?

The antimatter worlds are the realities of the thought. We travel just by desire and the will to do so.

151. Do you ever come to our elementary reality?

When we find an elementary mind that became elevated, we can descend. We meet it halfway. This way we can communicate telepathically whenever a mind has already formed its energetic being, that is to say, its spirit.

152. If we were created by the regular worlds with the same elements of the universe, why are we so different?

When the explosion took place we were in the *action* and you were in the *reaction*. From a chemical point of view, that means that ***the elements reversed from the inside out*** and the opposite, *matter*, was created.

Action means to get a mechanism started and to make it work. This is the possibility or skill to do something. **Reaction** means to transform a substance into a different one by creating new chemical links.

That is why we had to divide the diamond crystal into two equal parts: *the higher and the lower worlds*. We became the *active knowledge* and you became *the reactive knowledge*. In short, *questions and answers*, we were the questions and you were the answers to this vast knowledge.

Active: from a chemical point of view, it is the substance with the capacity to emit energy or to cause a physical or chemical action. **Reactive:** in chemistry, it means something that produces a reaction. Substance used to discover the presence of others in order to identify them because they produce known reactions when they are combined.

153. Do you mean that the diamond crystal is matter outside but antimatter inside?

When the Beings One created us, they placed an antimatter nucleus inside the bubble-sphere. They knew it would explode and expand. They also knew some elements would become

condensed. Everything was planned, studied and performed scientifically. Their intention was to create a different reality and they managed to do so. Matter was the greatest discovery, above all because their ideas would take shape in a different reality where everything would be tested.

Two realities, so different and so alike, getting along together and forever after: one, *action*, the other, *reaction*, perfectly created. Everything that exists was created in the same way. Everything your material eyes can see comes from its center, its antimatter world. That is why whenever we talk about the internal city, we say that it is at the center of Planet Earth. The same as the planet, you have your own antimatter world right in the center of your brain, which is your pineal gland.

154. So, are you at the center of the material universe?

Yes. You will see it when your eyes can look through the purity of your hearts. You will perceive our presence, and you will know that there was never any distance between you and us. Sometimes what one seeks anxiously is closer and more accessible than imagined. Only by entering the world of your deep thoughts will you be able to find the answers. There, at the very center of yourselves, you will discover the truth and it will reveal what has always been there, in front of your eyes ...**us**.

155. How did the lower worlds become reactive knowledge?

All the knowledge that the Beings One bequeathed us was totally ethereal, intangible and imaginative. The antimatter worlds are still like that. When matter was created, the origin of the inherited knowledge had to be restated since the life experiences were so different. Universal knowledge adjusted itself to a billion unknown formulas which it had to intermix with the ones it already knew, thus bringing about extraordinary and different knowledge. After these experiences, the Beings One were never the same again. They transformed their ideas and emitted them according to the new realities. They learned things they would never have imagined and during this process, *they rejuvenated*; their elements were *updated through the dynamics and the activity*.

156. How did they rejuvenate their elements?

The elements of the mind have to keep constantly active; a mind stagnates when it is not nourished with new knowledge and its elements spin in a vicious circle of apathy and indifference. When the mind stagnates, it tends to get sick and its actions and reactions get distorted so the expression of its thoughts is abnormal.

The Beings One had filled their minds with all the wisdom of creativity and therefore they had to unburden their minds by particularizing them into thoughts of new life experiences. That is how they achieved their *continuity* and *renewal*.

As we perceived *the light of life*, we, the divine-antimatter worlds, had the expectation of normalizing the creative sequences and we made this preferential for the wellbeing of the universe. In order to do so, we created all the tools we needed. We had to ask for help from the higher dimensions that were our extensions until we reached the most distant expression: the Perfect Dimension. We had compiled the creator's entire imaginative information. It was classified and organized but we did not know how to manifest it and accomplish it. We needed the way and the means to carry it out. The matter-universe was still far away but we knew that the universe would be a part of the imagination and that it would become the expression of all creation.

In order to fulfill our aim, we, the higher worlds had to unite and work together with the light of knowledge, understanding and love. Three dimensions would unify their strength and wisdom to be able to express and carry out the task that had been commissioned.

The first thing we had to do was to know how to understand an idea.

- **Light** would express the pure idea in its essence.
- **Knowledge** would classify it and organize it.
- **Understanding** would itemize and study it.
- **Love** would carry it out and give it form.

But it was the *material world* that would actually make it reality. We have always said that you, the lower worlds, are an important part of creativity. If matter-density had never existed, we would never have known or seen our creations taking form and becoming concrete.

The idea

When the One Origin was creating, we knew that this was an imaginative creativity but we also knew that a well-defined and concrete imagination would take shape at the right time. Our task was to understand the idea correctly so it would not get warped whenever it reached matter-density.

We had to understand the symbolism of creation. We knew it was composed of signs, colors, shapes, vibration, rhythm, and cadence and so on. When the idea came out of the center, we could understand it based on our studies. In that case, we would provide it with all the necessary tools so that its development could express the best of creativity. To understand an idea meant that we had to know with what intent, strength, desire, color, rhythm and vibration it was emanated by the creator. And to understand the tools implied knowing which material, shape, signs, element and crystal would be used by us, the children of the creator, to manifest the idea.

Our brothers from the Etheric Dimension helped us with the understanding. They were experts in the knowledge of colors and through them, we could particularize the ideas. Our brothers from the Perfect Dimension helped us to do it with love. We knew that we could achieve nothing without love. Love was our survival and that is how we were meant to understand it. By understanding the idea, we were establishing communication with the Beings One because their language was the *symbolism of the ideas*. When we were able to understand, we began to know our mentors and the creation of their ideas. We had managed to decipher the *universal codes* and therefore, we were able to talk to them.

157. Could you give an example of what an idea is like?

The idea is always the general context of an action. In order to carry out the action, one needs tools and these tools bring about the real expression of the idea. For example, if the action were a factory; the tools would be the machines, raw material and employees; and its reality would be the knowledge, the processing, the formulas, the techniques, and so on.

The action of the mind would be as follows:

- Action: the need and the creator desire
- Tools: the material body

- Its reality: the knowledge, understanding, implementation, will, etc.

When an action is initiated, it goes forth equipped with all the tools it needs. The idea does not work if it lacks knowledge, understanding and love to implement it. Without these tools, it would be better not to carry it out because the results would be calamitous. All the good will and intention are not sufficient if they do not have the knowledge of cause and effect and a deep understanding of the idea. If these characteristics are not complete, we cannot call it idea because it did not take off from an imaginative idea but from a fantasy-thought.

158. What is the difference between imagination and fantasy?

Imagination: These are thoughts that propel action, with profound knowledge and understanding, to manifest and accomplish it in accordance with factual events that comply with its reality.

Fantasy: These are thoughts that propel action without knowledge or understanding. The action that was meant to be manifested and accomplished cannot be concluded because it does not comply with its reality.

159. How could you itemize the ideas through colors?

In this work, we had the help of our brothers from the Etheric Dimension. When they were thrust out of the One Origin, unlike us, they were hurled farther away from the center. Their vision was broader than ours. We were almost blinded by the light. They, on the contrary, received indirect light, dispersed in billions of colors. That light expanded throughout the diamond crystal and reached the confines of that reality.

Through those colors, we were able to understand the language of the Beings One; they were conveying to us the universal language of *symbols*. The colors signified strength, desire and expression. Thus, we could classify ideas, and above all, we were able to communicate with our creators.

The same thing would happen to you if you could see the antimatter world of your thoughts. The colors of your thought-energies would indicate the zone to which each thought belongs, and according to the color, rhythm, vibration, frequency, sign and shape, you could understand other people and other realities.

160. What is the idea behind making matter tangible in the antimatter world?

The idea of every creator is to make its creature become independent of it and to become a creator as well. We must understand that, if we failed to progress, our continuity would disappear and then there would be no one to testify to our very existence. Continuity *gives us eternal life*. Implementation and manifestation give us *reality*. We all struggle not to disappear; we came from a beginning and we are recorded that way. Now *we are* and we will never stop being.

161. What was the work of the dimension of love?

It was to make us all understand that we could never stop working on, and loving, our diamond crystal; if we did so, we would automatically stop existing. The struggle is to maintain continuity;

failure is not in our plans. Life is a gift from the creator and more so, to make life conscious. To understand life is to understand the greatness of creativity, and to love it means to love ourselves.

The dimension of love is transmission. Without this dimension we would never have known what to do. All universal work has its why and wherefore, a reason for existing, a development that leads us to eternal bliss of wonderful life experiences. We can have knowledge and understanding of the universe, but if love does not accompany this wisdom, we could never keep all the creativity alive. We would not be able to work with harmony, cadence and rhythm. We would be mere mechanical workers and we would not be able to contemplate the beauty, the symphony and the grandeur of creation and thus delight in it.

Love keeps all creation alive, and love was the expected response.

162. When you speak of the cold white sun, what are you referring to?

We are referring to the mind of the Beings One. That is how they were – beings of wisdom, of essence of the idea of pure knowledge and nothing more. When they created their own continuity, they did not know of all the surprises that awaited them. They thought we would be ideas like them; they never imagined that we, beings who were small in size, would be great in thoughts and that through these thoughts we would teach them the meaning of life.

When the Beings One created the bubble-sphere, they never expected to have created their inner world. They were, and had always been, pure idea. When they examined the ideas and could understand and love them, they could reflect themselves. They had entered their inner world of questions and answers. We never evaded answering them with the truth. We helped them see the imaginary, and through it, they learned to recognize pride, vanity, humility, love, and all that thought meant. They learned that thinking was vital and necessary for the continuity of their ideas.

The Beings One were confronted with their thoughts, which made them see their ideas face to face, many of which were wonderful and others insignificant. For the first time they were able to enter the world of thoughts and know exactly what their creativity had been. They called this process of confrontation *consciousness*, thus they could see, in every sense of the word, what they thought they had *created to perfection*.

163. How did the higher worlds become the consciousness of the Beings One?

The only way that beings can confront themselves is through deep thoughts of consciousness.

When the Beings One saw and perceived their fulfilled ideas face to face, they became aware of their creations. They no longer created for the sake of creating; they began to create with awareness of continuity and correlation. Ideas became real thoughts. Someday the lower worlds will become aware of their thoughts and will create according to those thoughts, with creative imagination and not with unreal fantasy.

164. How can we, the lower worlds, create our inner world?

The inner world of the lower worlds is called the *energetic being (spirit)*. It is the thought-being full of knowledge, understanding and universal love. The billions of bubbles-spheres unified are the energetic being of the Beings One.

165. So are they developing their energetic being through us?

Yes, all of us are the answer. We are the thoughts of the Beings One, and they are aware and know what happens. Someday we will be the energetic being of the Beings One.

166. Are all the bubbles-spheres positive thought-energy? What happens with the sick and negative energy?

They are all positive. What we call negative energy is so trifling that it does not damage the all. When sick energy cannot be healed, it is absorbed and sent to new creations. Sick and negative energy only exists in the elementary worlds of very low energetic levels, such as in Planet Earth, and we know that this planet is a special case of density and distortion.

167. If we form the energetic being of the Beings One, how can there be even a small amount of sick negative energy?

The energetic being is composed of positive thoughts. Indeed, sick energy could not be part of an energetic being, because we know that negative energy would be absorbed and sent to new creations. It would only be used to support the material part of the all. We should understand that often what you call sick negative energy may be energy that is ignorant and unable to understand. The universe gives it many opportunities to be transmuted; if it does not succeed, it will go on to other realities.

168. Did they retain the original ideas or did they change them through their life experiences?

They did not change them, but increased them with knowledge, understanding and love and they continue to nurture them with all the life experiences of the universe.

169. What could be an original idea and what knowledge increased it?

An original idea would be the use of energy at all levels. The mineral kingdom and its derivatives. The fire and its use. Humankind and his/her thoughts. The original ideas emerge from creativity; everything else is developed by thought.

170. What happened to the Beings One when they realized they had discovered their inner world?

When they entered the world of their thoughts, it was the greatest discovery of their own selves. They realized that they had been very much alone. For the first time they could see and understand that there were other realities and that their minds were wise and creators. They also understood that if all that wisdom were not shared, it would lag behind as a creation and not as creativity. They looked at themselves in the mirror of the truth and saw themselves as they were: solitary, self-centered and lost in thought. Because of so much creating, they had lost

contact with their own creations; they were so far away from them that they did not even notice them.

When they realized that their creations were imaginative and unreal, they saw themselves as abstract beings. They understood that if they went on that way, they would disappear from lack of continuity of their minds. The imaginative creation of their inner world awakened them and made them aware and responsible. They came to the conclusion that they should imagine with implementation, otherwise that imaginative creation would be trapped in an imagination that was eternal but not concrete. At this point the Beings One understood the importance of the work that mind and thought had to carry out conjointly.

If the Beings One wanted to be eternal, their crystals had to be recorded with real imaginative thoughts and not fanciful ones. When creating their inner world, they were able to perceive that many of their creations were fanciful, because they did not become concrete. However, since these ideas had already been created, they would proceed.

Our task as thought-energies was to organize, classify and distribute; we did not know what could or could not be concrete. Through life experiences we could determine what could be of use and what was unusable. In this way, thought set aside and used what it really needed. Thus, creativity took on a positive expression and this expression imprinted the characteristics of our universe, which became an eternal, concrete and positive universe.

171. What did they do with what was useless?

We do not discard what we call useless. In creativity we always find a reason for something to be; we fit it into what is usable, we recycle it and give it a use. All that has been created remains created; nothing is wasted in the universe; everything is recycled. The Beings One entered their inner world, discovered the real and useful universe of their minds and got to know the truth of their existence.

172. And what is the truth of their existence?

When the idea-mind entered its inner world, it prepared itself to be born again. And this birth would not to be an idea or a thought; ***it would be a thinking idea-mind, a father, mother and offspring, a real and eternal family.***

173. What will the cosmic alignment of the dimensions be like?

All the dimensions are linked to the nucleus; all nourish themselves with it and all live according to the universal beat, that is, the life the nucleus grants them.

These dimensions traverse the universe in elliptical movements, rotating and renewing themselves for their own subsistence. When we say that they nourish themselves with their center, this means that all the disseminated elements that form the constellations, systems, galaxies and planets, of all dimensions, will be approaching their center, their axis, in the next 7 thousand years, a phenomenon called ***cosmic alignment***. These universal cycles determine the great cosmic changes that are reflected in the advancement and progress of creativity.

The Elementary Dimension is preparing for a major inner molecular renewal that will transmute dense thought-energy into subtle thought-energy. The three dimensions, Elementary,

Secondary, and Regular, will meet in a central eclipse with their One Origin. The Perfect Dimension will join the central eclipse, leading the confluence of energies; it will represent the higher dimensions, which will transmit their wisdom through it. The cosmic alignment will take place in the Interstellar Cosmic Confederation of the regular worlds, known as the White Brotherhood. This will be represented by cosmic leaders of that brotherhood. Four zodiac signs will gather to receive feedback and thereby achieve greater advancement, especially for the lower dimensions.

The Elementary Dimension is entering *the Age of Aquarius*, which represents the eleventh sign of the zodiac and symbolizes solidarity, cooperation, fellowship and detachment. It controls its instinctive currents and liberates spiritual forces, which are fluid, light, etheric, volatile, transparent, crystalline and angelic. It also means progress, emancipation and adventure, briefly – *freedom*.

The Secondary Dimension will nourish itself with spiritual abundance. Humans will reach the peak of their nature and their materiality will be guided by the accomplishment of rational mental work. The Regular Dimension will attain the exaltation and freedom of its rebirth, entering the immortality of its essence. It will be the magnificence of the self, the illumination of the energetic being and through it, transcendence of man to become pure cosmic essence. The great mentors of love, which are the perfect worlds, will precede this cosmic conjunction transmitting the wisdom of the great ideas.

174. Will only the three dimensions transcend or will the others do so as well?

Three dimensions of thought-energy will transcend. We have two more, the Lower Dimension and the Creativity Dimension. They also evolve, but they still do not become elevated because their thought-energies are in a petrified and solidified state. First they have to evolve to be able to awaken.

175. Is Planet Earth part of the alignment?

Planet Earth is preparing for great changes. During the next 7 thousand years the planet will be gradually adjusted to an energy purification brought about by a molecular renewal caused by a natural process of metamorphosis and of the species. The energy has already been recorded to produce the molecular changes from matter to antimatter.

We are working hard for Planet Earth to belong to the Cosmic Confederation and to participate in this universal solstice. For this to come about, thought-beings of the planet have to become elevated, to give birth to their energetic self, that is, their spirit.

We are confident that we will succeed. The work we have done with you has been extraordinary; we have almost totally recovered you. You have been the most sophisticated laboratory of our knowledge and wisdom. If Planet Earth recovers, it will belong to the Interstellar Cosmic Confederation of Orion. It will join other planet-cells which will be under the supervision of Alpha Centauri in its secondary level. This constellation will be in charge of teaching and transmitting universal knowledge.

176. Are the Ayaplianos in charge of us?

Yes, they are your brothers of species and have always been in contact, mainly with the internal city.

177. Who is the White Brotherhood?

The Cosmic Confederation is governed by great sages. They are ancient thought-energies that are responsible for the effective energetic functioning of the universe and of creativity. The Cosmic Confederation is in the regular worlds. It was created to maintain order and to supervise all creation, since they had implanted the existence of these worlds. The White Brotherhood was created to oversee the planes, levels and hierarchies of the lower worlds, and they are classified as follows:

- Planets: Guardians
- Galaxies: Regents
- Systems: Avatars
- Constellations: Masters

Within the planets, systems and constellations, there are countless planes that are also governed by thought-energies in charge of working on the level to which they belong. They are messengers, guides, teachers, instructors, organizers ... Together they carry out the positive universal work; they are called the White Brotherhood. They are in both the antimatter and the material worlds; they will carry on their work on both sides.

178. Is Alpha Centauri a secondary dimension?

This constellation, like others, such as Orion, contains within itself various levels of existence, from elementary worlds to sublime worlds, all under a single command. These are large clusters of systems that have been systematically classified according to their evolution and elevation. For example, Planet Earth, in general, is under the supervision of Orion, but it is being helped by Alpha Centauri because this constellation has its secondary worlds closer to the planet and also because of the similarity of species. By its astronomical configuration, Planet Earth belongs to the Confederation of Orion.

Higher dimensions, unlike the lower ones, are not classified according to commands or hierarchies; they function in a collective and unitary way. When we say that there will be a cosmic alignment, we are referring to part of the universe that includes some constellations belonging to that latitude. Alignments are constantly being produced and each one encompasses different angles of the universe. The translation movement allows the galaxies and constellations to adjust continually.

The diamond crystal is not rigid. When it moves, alternate equinoxes form in its structures and angles which geometrically bring about different expressions. Thus, the universal language is decoded into billions of forms. The dimensions have to understand that language in order to fit into the universal knowledge adequately.

179. Why is it always interlinking its angles? What is the purpose?

If you could look closely at your pineal gland, you would actually be seeing the diamond crystal moving and interlinking so rapidly that you would not be able to follow it, because its movements follow the desire and the speed of thought. If we say we are in a living organism, we have to imagine that this crystal is alive; it will react according to the data it receives, and these data are called thought-information.

When the crystal receives disorderly information of low vibration, it will undergo the same as any living organism. When it keeps going up and down, the voltage will drop, the filaments will give way, and since it is electrically unstable, the crystal will react with dense, slow and incorrectly expressed movements. So the mind will begin to deteriorate and, in doing so, its universe will go the same way. We, of the divine worlds, want you to understand what happens. We want you to know yourselves inwardly to be able to understand the functioning of the all, and to be part of it.

You have reached a point in evolution and elevation where you should be able to understand that the mysticism and beautiful words of the Age of Pisces were used to soften your hearts and help you understand that you could elevate your thoughts through the spiritual path. This first step was to prepare the land, fertilize it, and plow it, to be able to sow the seeds of knowledge. When these seeds germinate in your minds, you will grow, because they will be:

- The land: Knowledge
- The seed: Understanding
- The fruit: Love

When you harvest the fruit of all your efforts, you will be able to unite with us and you will see that by doing so, the universe will open up to your minds and you will be able to contemplate creativity in its full splendor.

180. If we are now entering the alignment, what happens when we are far away from the center?

We have said that universal movement of displacement of the elementary worlds lasts for 28 thousand years of Planet Earth-time. These years are divided into four equal parts of 7 thousand years. Every 21 thousand years, Planet Earth will be farthest away possible from its center. To understand what we are going to explain, we first have to know that the displacement movements are not the same in all the dimensions: some will be oblique, others horizontal or vertical. The universe is not flat, and that means that the dimensions are intertwined.

It is true that Planet Earth will be far from its center in the displacement movement, but it will be always accompanied by other constellations that belong to higher dimensions or planes, which will continue interchanging knowledge and transmitting the universal task. Meanwhile, Planet Earth-humans will continue evolving and transforming their elements to elevate their matter and energy. Their transformation will be incredible. During the displacement movement – that is, in those 28 thousand years – humans will go to the Internal City, making way for those coming from behind to continue the process. You have formed the third race and you are starting on the fourth; it is a natural development programmed for the species.

The first race was that of the *Akahanas*. They were the first beings who developed after the distortion. They were tall, slim and hermaphrodites. Thought did not govern their totally

instinctive and sensitive minds. They had no language and their communication was carried out through basic needs.

The second race was of the *Lemurians*. The species was then divided into men and women. It was the beginning of passive and instinctive thought; communication was carried out through gestures, with a basic and incipient vocabulary.

The third race was that of the *Atlanteans*. Men and women developed and formed the family. Thought expanded through gesture and needs and encompassed a larger vocabulary. It was the beginning of active knowledge. Instinct and feeling were transformed through reason and understanding. The experience of group living was initiated. Religion emerged and, through it, ethics and morals developed. Ethnic differences of race, color and beliefs were generated.

The fourth race will be that of the *Aquarians*. Thought will be developed and nurtured by elevated knowledge. Mankind will become humankind. Thought will be fully active and will be directed toward the benefit of the all and for the all. Unity and group experience will be aimed at forming a collective thought that will activate the energetic frequencies. The expression of understanding will govern humans and become their inner religion. Science will be their future way. Their reality will not be individual, but collective. Their language, their expression, their way of life will be called *consciousness*.

The fifth race will be that of the *Abigahels*. They will be thinking energetic beings with universal knowledge. They will have profound and conscious understanding. They will have highly evolved and elevated mental preparation because they will be nourished by cosmic thoughts. Knowledge will be given at the level of collective work. Love will be their guide and conscience. Humans will become transformed and elevated to vibrational states of the maximum voltage; they will have full knowledge of the energetic faculties and the wisdom to use them.

The sixth race will be the *Inner Race*. From then on humans will be born in the Internal City. They will transmute their matter-energy into antimatter-energy. They will incorporate the knowledge of symbols, which will be the language used. They will acquire deep and universal cosmic studies in science and technology. They will embark on interplanetary travels to other worlds and realities. Their minds will function based on the philosophy of abstract thought. And, finally, they will have the knowledge of energetic reality and the full use of it.

The seventh race will be that of the *Ayaplianos*. Here, interplanetary cultural exchange will begin and studies will be carried out of other realities, hence fellowship with other worlds will unfold. There will be specialized studies of thought and virtual projection.

The eighth and ninth races will be developed in other realities, that is, in the secondary and regular worlds. This will take place when the energetic being has been formed, and thus, will be prepared to exist in high vibrations.

When we use the word race we are not referring to color or ethnic differences. These are the inner races of mankind, which will be transformed into energetic beings. If you could see them in the antimatter field, you could verify what we mean. Positive thoughts transform energy, and we call these differences races because inwardly there is so much difference that they cannot recognize one another.

There was a time that you were no different to an animal. Could you compare yourselves today with the ape-beings that you were? No, you cannot. However, there was a time when you were just like them and then you detached yourselves from them because you evolved; you became the human-species and they will always be animals. The energetic elements are so similar that if we did not know about evolution and elevation, we would not know how to differentiate the natural process of the species. If you look at a tadpole and a frog, would you say they are the same?

181. What will our evolution be like as we elevate our inner races?

First of all, we should know why there are different races on Planet Earth. When the Regular Dimension colonized Planet Earth, it did so with full knowledge, because it already had other experiences from other regular planets that had also been implanted and colonized. These early experiences in the regular worlds were based on the implanting of humans in the embryonic stage and then letting them develop in their environment. The first experiences did not produce the expected results, but gradually, and through the development and natural evolution, they were able to create a human-being who adapted and developed.

At first, the human-being of the regular reality was hermaphrodite, but because of environmental conditions and precarious development, they decided to separate it into two manifestations, one male and other female. This way, the human-beings could also carry out the procreation and continuity of the species.

After much experimentation, research and study, they successfully achieved their aim; the human-forms responded, so they decided to implant them on other planets. To do so, they had to take all precautions and first they had to find some planets in the regular reality that would adapt to the required conditions.

They found and prepared the selected planets. The human-being evolved beautifully, the experience produced extraordinary results. Regular Dimension was satisfied and decided to continue populating the universe. In this way, they would be able to assimilate all the knowledge of those dense and controversial realities.

Millions of incredible years went by, and when the human-being was fully developed and elevated, as the Regular Reality had envisaged, they decided to colonize other denser and more distant realities. In this way, they descended gradually from plane to plane and from level to level.

Billions of years went by until they reached the elementary reality. They went on descending through that terrible density, adapting to, and colonizing the planets that were in that density until they reached seven planets that had very similar characteristics. One of those planets was Planet Earth. Those planets were conditioned and adapted to receive the voluntary settlers who would be in charge of colonizing, researching and studying them.

When these beings reached Planet Earth in their interplanetary space vessels they were placed in different locations. Some stayed in Africa, others in South America, Asia and Greenland. All the colonizers descended from a single origin: *Ayaplano*. Therefore, the development and adaptation was meant to be the same for everyone. But it was not so. They acquired different characteristics in their evolution because of the climate, the food, and the environment, and one should not forget that these differences were also accentuated by the distortion and oblique belt.

Thus, four genotype humans were formed that are the origin of the species of the Planet Earth-human.

- Africa: Negroid
- South America: Copper-colored
- Asia: Mongoloid
- Greenland: Caucasian

The regular worlds adapted Planet Earth for the livelihood of the *Ayapliano* colonizers, but before doing so they carried out many experiments with the plant kingdom and, then, with the animal kingdom. The plant and animal kingdoms are the bizarre results of genetic experiments necessary to create the perfect environment for man. This is why you have an inexplicable variety of rare and strange species that have no reason to be. Through evolution, many of them are absorbed by Mother Nature, which gradually eliminates them from the genetic code, absorbs them and sends them on to new creations.

The evolution of Planet Earth-humans consists of unifying the four original races and creating a single one, and also of unifying all the thoughts to form a single one. The humans of the future will have the following characteristics:

They will be tall and slim, without head or body hair, well developed head, olive skin, large clear almond eyes, elongated hands and feet, without teeth or nails, small heart, normal sexual system, digestive system adapted to light food, small mouth, well developed lungs and brain, energetic respiratory system and energetic circulatory system.

With this explanation you can notice that you are returning to your origins, to be *Ayaplianos* again. That is where you came from. When you enter the Internal City the metamorphosis and transformation of the energy-elements will begin. Every 28 thousand years a race develops. You developed the Atlantean race and are entering the fourth race: the Aquarian.

With the outset of the alignment, in 2014, the gestation of *the energetic being* will begin. At this point, the triads will unify:

- Body, soul and spirit
 - Pituitary, rima and pineal
- Mind, energy and thought
- Knowledge, understanding and love
- Power head, upper terminal and lower terminal
- Regular, Secondary and Elementary dimensions

The entry to the alignment will take place in the year 2014 and the aligning process begin in the year 2228. This means that Planet Earth will be in the core of the confluence together with the other dimensions.

When this dimensional eclipse takes place, Planet Earth-humans will be mentally prepared for contact with their extraterrestrial brothers, who will disclose themselves to begin the cultural interchange among species. In the following 200 years, Planet Earth will attain a major breakthrough in science, technology and spirituality. It will be adapted and ready to receive universal knowledge because, having become elevated, it will use universal technology properly.

182. If Planet Earth is in its third race, how many years has mankind been on the planet?

It took Planet Earth billions of years for the elements to become compacted and for us to consider them fit for life. At first, the planet was made up of gases, incandescent liquids, and effervescent chemical elements. Life as you know it could not exist in these conditions. We had to wait for the elements to cool down for them to be able to weld together. We helped speed up the process by building large water reservoirs which would prevent the elements from heating. In this way we prevented the Earth from boiling nonstop, and to impede it from cooling completely, we placed a heating element (the Sun) as if it were a stove. Thus we kept it at a stable temperature.

We found out that we could live in the cold elements and suns because we were antimatter, but dense matter would freeze and this kind of material life could not survive. We kept the planet at a stable temperature, but we could not prevent the poles from freezing because the sun did not reach them to warm them. After many attempts, we began to implant life. The first experiments were with the vegetal kingdom; countless experiments led to the development of innumerable species. The same happened with the animal kingdom. At first the animals did not survive because the atmosphere was dense and poisonous, but they gradually adapted until they started to breed and reproduce, inhabiting some parts of the planet.

Planet Earth is billions of years old in Earth-time. The Ayaplano settlers arrived on the planet 600 million years ago. These men and women were perfectly formed; they were volunteers who offered to colonize the planet. They were descendants of the Ayaplianos who had colonized some planets of Alpha Centauri and the results had been remarkable.

We already know the story of these beings. Through an evolutionary process their energy got sick and did things against its own nature. It was then that the ordeal of these beings began. Their elements got distorted; ugliness imprisoned them and darkness dominated their thoughts. They turned into animals and behaved like them. The first genotype that began disfiguring was the Copper-colored, followed by the Mongoloid, the Negroid and lastly, the Caucasian. The awakening and the correction of the distortion has been carried out in the same order: the Caucasian (Western) type is the slowest to understand its spiritual awakening. It is where we have the most work. They are so engrossed in their material progress that they have put aside their spiritual energetic progress. The other types are progressing in the transformation of their elements and their thoughts. One of the most advanced is the Copper-colored, followed by Mongoloid. These genotypes have very open minds and profound knowledge of spirituality.

For progress to be faster there has to be a grafting; the blending of types is indispensable for energetic input. In this way the elements are integrated with surprising results.

When we speak of species, we are referring to humans about 90 thousand years ago who awoke from their elementary state and became thinking humans. Their brain became differentiated and they began to unify the experiences that nurtured them. At first, they underwent the life experiences; then they unified them and correlated them until they formed a language of expression. It was then that we could already consider them a species, a *conscious existence*, and also, since then you have been what you are: you have correlated your thoughts in continuity. Today we cannot consider it a language; you have now developed an *idiom*. Tomorrow this will be a *programming*, which will then become *symbolism*, and so forth.

183. Does that mean we still need another 90 thousand years before we belong to the Internal City?

Do not measure universe time in terms of earthly time; you cannot look at it like that. What 90 thousand years are to you, to us is a thousandth of a second. Many of you who are more elevated will incarnate in other elementary planets that are more advanced than Planet Earth. This will allow your energy to accelerate so the process will be faster. You do not have to be on Planet Earth in order to form your energetic being. Other more evolved and elevated elementary planets will receive you, so that you will have all the opportunities to advance. And when the cosmic alignment occurs, maybe you will not be incarnated on Earth but on another planet. In any case, you will experience the *universal solstice*. The internal cities are disseminated throughout the antimatter universe. When the time comes, some of them will receive you to transform your elements and the totality of your being.

184. When the alignment occurs, what will happen to the diamond crystal?

The diamond crystal is continually aligning billions of constellations at such an incredible speed that 7 thousand years may be seconds in its time.

Let us look at it globally to understand it. If you could look at the diamond crystal, you would see a diamond carved into billions of angles and in constant movement. You would notice that the chiseled angles fit into one another, and these movements take on geometrical shapes. Infinite colors would emanate from them, filtered through the angles which variegate those colors. In the center of the crystal a ball of strong, white light would rotate as rapidly as the crystal itself. Around the center, you could see the dimensions with their respective galaxies rotating at different speeds and frequencies. You would see the alignments as angles that join together, and in doing so, the white light would converge and diffuse into billions of colors that would reach the bubble-sphere, which would absorb the colors and thereby light up its sphere. This explanation would be an observation from a material point of view and from a dense perspective of the third grade.

The truth of the universe could be explained as follows: it is an *elevated* pineal gland with its nucleus that processes thought-energies of the highest quality. This gland classifies the universal thoughts of the One Being and organizes them in the zone of the brain to which they belong. The alignment consists of the unification of the thoughts of El Ser Uno (being one) which form an idea. This idea extends to the ends of the universe, that is, from the mind of the being to the dimensions and zones that pick it up and nourish themselves with it. When the ideas reach the confines of the mental universe of El Ser Uno, its mind will be clarified. Two points of view: one in matter and another in antimatter. When you have unified your vision, you will have been able to understand existence and life. Therefore we say that you *will understand what you want to comprehend and you will see what you want to behold*.

It is important for you to acquire universal knowledge so that your minds will nourish themselves with truth and not fantasy. Science and technology of your Planet Earth could develop according to the basic sources of universal information and could work with the correct formulas. We cannot teach you the truth because, since you are not spiritually elevated, you would use the knowledge for profit and power. During the next two hundred years, Planet Earth-humans will elevate their thoughts and attune their consciousness. There will be many changes, such as:

- Countries will unite and work together.

- Energetically sick beings will be recovered.
- Health will be available to everyone.
- The knowledge received by thousands of beings will be accepted with love.
- Justice will turn into consciousness, religion into support, science into truth.
- Technology will benefit everyone.
- Hunger and poverty will be eradicated.
- Goodwill beings will become the great leaders.
- Freedom will mean responsibility.
- The great potencies will help the poor.

Humans will understand that love is the key to create their heaven, and that this sentiment is the only one that breaks the barriers of ignorance, misunderstanding, inhumanity, indifference and inertia. To attain this understanding and the positive transmutation of the world, humans must still undergo suffering that will make them reflect deeply on their mistakes. They will ponder until they understand that if they do not change, their home – the planet – will not be able to survive.

The planet is preparing for great transformations, but we know that all transformation brings about radical changes that tend to shape concepts and rupture the ways of thinking that are often embedded deep within the minds. To remove them one must have strong willpower and inner strength. This generally entails great effort and suffering. For the changes to take effect they must be radical, intense and necessary.

The guardian Abigahel will bring knowledge, understanding and love to the hearts of all the beings of Planet Earth. These will be needed to be able to face the future course of events. To be able to understand a cause and its effect, humans will need the tools to be able to work and to reverse the consequences.

185. If we are the third species, what happened to the previous two?

We have to differentiate the meaning of the words *species and race*.

Species: A set of things with common characteristics.

Race: The classification of living things according to characteristics that differentiate them.

When the matter human-species was created in the laboratory and in the Regular Dimension, many experiments had been carried out before they achieved what they really hoped for. First it was the Regular Dimension that had to form its own self with the help of the higher reality. This was carried out through life experiences. It was a slow and painful process. We can understand how this dimension was the one that suffered most in the entire process, since its development took place first of all, inwardly and then outwardly. Its imaginative antimatter world became condensed until it achieved the much desired human expression. It was marvelous for them to see thought manifested, and, above all, to be able to touch it. Their elements became condensed according to the reality where they were. For them it was very different to exist in subtle realities, with the appropriate elements, and at the same time take those same elements to greater densities and consistencies.

The first experience carried out in the planets was an attempt to adapt the subtle elements to the density, which was not achieved at first. The first man-species had to be developed initially

in plasma (sea water), because its elements were first gaseous, then liquid and finally solid. It was a process of adaptation.

When this man-species began to develop in the water feeding on nutrients from the plasma, its form was *reptilian*; its spine stretched forming a tail that allowed it to slide. We have to understand, with this explanation, that the early experiences to give a form to humans were extremely complicated.

In the second experimental attempt, the Regular Dimension developed embryos in the laboratory. These were to be placed on the different planets to observe their growth and development. The matter-form man also did not develop as they wanted; this resulted in the creation of the animal kingdom.

After a third attempt the Regular Dimension came to the conclusion that the human-species could not really be implanted in the dense reality, jumping from a higher level to a lower one. The secret was to descend gradually from plane to plane, slowly, until adaptation took place. In this way, the regular worlds themselves descended from level to level, so subtly that the elements could adjust without any distortion. The species that descended went on adapting itself, acquiring its own characteristics of species, often accentuating enormous differences among them.

The essential elements that formed man in density were similar in all three dimensions: Regular, Secondary and Elementary. The characteristics of evolution differed because when the elements were adapted they absorbed features and singularities that characterized their different expressions, depending on their level and location. So, in this way, we have disseminated infinite *Ayaplano* species throughout the universe.

You belong to the **human-Ayaplano** species. There are others with features of reptiles, with scaly greenish skin and clear slanted eyes. They are the reptilians. Others, tall and slim with pale white skin, clear eyes and prominent heads, are the *orions*. There are those who are short, slim, with clear eyes and big heads; these are the *andulians*. There are also some medium sized with small heads, violet skin and clear eyes; they are the *violet light*. Others are very tall, slim, with large hands, slanted eyes, and no hair; they belong to *sunlight*. The species took on different characteristics according to the environment in which they developed.

They are all of the Ayaplano-species, with specific differences. These species are disseminated throughout the universe; some are very evolved and elevated, others halfway, and still others very backward. There are too many species in the universe to name them all. Remember that the universe is global, inhabited by infinite planes, and for you to understand it you first have to get to know the environment that surrounds Planet Earth and then go on to other distant realities.

The important thing in the universe is *the mind*, and all species possess it. When they reach the maximal elevation, they unite and form a single race. What matters is the vibratory thought that unifies them.

Just as you will get to form a single race, so the universe must unify all species to form a single one. Everything in the universe is repeated. To unify all species into a single species is the formidable task that awaits us. It is not easy because of the different elements that were

transformed for the adaptation to occur. Many different species have already procreated and unified their elements, with outstanding results.

186. When alignment occurs, is there also genetic interchange among species?

The interchange is general, both in antimatter and matter. Genes that seem to be ambivalent, merge, bringing about surprising results that often not even we know the outcome. The species amalgamate and the elements blend together. Energy is eternal and indestructible. It adapts to any circumstance and evolution; it is infinite and even today it continues to amaze. ***Creation is the greatest thing a universal mind can imagine.***

The *Ayapliano*-human species on Planet Earth is special. We do not mean to say that others are less important; they were developed in accordance with the laws of evolution defined by the correct formulas of creation. These formulas were also recorded in your genes, but when they distorted, they created other, new elements with unexpected results. In the Elementary Dimension only seven planets, like Earth, underwent the degeneration of their elements and the distortion of their energy. Evolution in these seven planets developed alike due to their similarity and the reasons for their distortion. These planets are considered by the universe as *the greatest school of learning*, because of the richness and content of infinite formulas that have been created in accordance with their development.

There is sick negative energy on these planets. This energy is not found anywhere else in the universe, so these planets are sought by other planes and dimensions in order to be able to study this special energy, to understand it, and to heal it. Like a virus, sick negative energy protects itself, and when we believe it is cured, it emerges again, stronger than before. Great universal masters incarnate in these planets with the mission of not only studying, but also humbly learning what you have to teach them. Philosophers, scientists, researchers, and spiritual teachers come from the confines of the universe with the sole intention of being able to incarnate physically or mentally, to carry out an interchange of mutual aid. They contribute their wisdom and you, the knowledge of your plane.

We are serious when we say that these planets are the best schools in the universe. Although you underestimate yourselves and do not consider yourselves as such, you are a special and unique species. While we were formed according to universal formulas, and we are what we are, you *disfigured* the formulas, reconstructed them and did not do it according to universal laws, but based on your own life experiences. You *altered* the One Origin at the source of thought and thereby adapted it to the reality that you created out of your own convictions rather than through a universal recording.

You are *unique* because you are a species that resurged with incredible strength. The formula of the One Origin had forgotten its origin in the distortion; it had disappeared into the depths of the initial thought. The elements were totally immersed in almost nothingness, and from that nothingness you resurged. The conceptual dynamics were reformulated and you thereby created your own thoughts and yourselves. Something similar happened with regular worlds.

The seven planets are: Alfa Nova, Ebiares, Kryon, Antares, Aberon, Cyrius and Earth. They belong to the Elementary Dimension and are allocated in different constellations, such as Alpha Centauri, Orion, Virgo, Pleiades and Libra. Not all are on the same level; some are very advanced and some less. The evolution of these planets follows the course set for them. They are *human-Ayaplianos*, brothers of the same species, and, in general, they all have the same

progress and the same characteristics. Someday they will meet and will form a single family and a single knowledge of evolution and elevation.

187. Do they visit planet Earth?

Not yet, so far the contact is only telepathic. When the alignment takes place, you will be able to have the first physical contact with Kryon, which belongs to Alpha Centauri and is the closest to you. The development of this planet is more advanced than that of Earth; when they make the contact they will interchange a lot of information.

188. Will they also become Ayaplianos?

The seven planets will become Ayaplianos by evolution, but all will be human by elevation. Like the other six planets that became distorted, your origins are the Ayaplianos; evolution and elevation will lead you to that path.

When the regular worlds perceived the deterioration and distortion, it was too late; the sickness had spread and the conditions were critical. In order to correct what had happened, they had to carry out many experiments and adapt the elements to return to the origins of creation. Because of the distortion, planet Earth-humans became externalized in many forms: tall, short, dwarfish, fat, thin, with or without hair, and thousands of other characteristics, which, when they are unified in the future, will produce a single result and a single manifestation.

To determine the convergence of mankind and evolution, the Cosmic Confederation colonized planet Earth with four Ayapliano species so that, when unified, they would form a single species: the universal Ayapliano. In this way, planet Earth-humans will be able to return to their evolutionary origins, adapting to the original thinking of the planet through their life experiences. They are already achieving this by absorbing crystals of high vibration through breathing, nutrition, words, knowledge, understanding and love.

The Cosmic Confederation has always sent volunteers who have sown crystal-*nimeos* in the thought-energies of the beings of planet Earth with knowledge, understanding and love. It has been – and still is – hard work, a slow and laborious process, and the most difficult is to eradicate and heal the sick negative energy because Planet Earth-humans keep on creating and nourishing it. As long as they continue to do so, these negative elements keep on readapting themselves to new configurations, to the point that when we believe we have eliminated that energy, it begins all over again.

189. Where is Planet Kryon located and what is it like?

Planet Kryon belongs to the constellation of Alpha Centauri. It is in the Elementary Dimension, on the eighth plane. This planet is inhabited by the Ayapliano-human species. The system to which Kryon belongs has two suns and four moons. Kryon is actually within a cluster of planets that formed a major system called Lower Alpha Centauri. Three planets in this system are inhabited by human-Ayaplianos: Kryon, Antares and Aberon. The last two belong to the eighth plane.

The seven planets that formed the Ayapliano-human species were colonized at the same time and in different places. *All became distorted.* Although it may seem coincidental, the distortion was produced by the same motives, and the opportunities for correction have been similar for

the seven planets. Two of them have not yet achieved the expected progress: Ebiares and Earth.

- Alpha Centauri: Kryon, Antares, Aberon
- Pleiades: Alfa Nova
- Libra: Ebiares
- Virgo: Cyrius
- Orion: Earth

Planets Earth and Ebiares were the most damaged by in the distortion. The evolution and elevation of their elements were affected to greater degree than the other planets, so the others managed to correct it sooner and faster. The cosmic alignment will take place in such a way that the seven planets, in different angles, will be aligned with one another, allowing them to progress as envisaged.

190. What do you mean when you say that humans are Ayaplianos by evolution and humans by elevation?

The material genes of the species will return to their correct form: Ayaplano. The thought-energy genes will be human. The thoughts were restructured according to the life experiences of the Ayaplianos who came as volunteers to colonize Planet Earth.

191. Why is the human species so special and why is Planet Earth considered to be a place for exceptional learning?

When the Regular Dimension was formed, they quickly established their descendants in all the planets, and they did so with full conviction that those beings would evolve and would elevate according to the universal formula, with all the universal information. Those beings had been created with the imprinted wisdom of transmitted knowledge. The species that expanded in the universe and followed the predetermined path did so according to the universal laws; they carried on a natural process of the species.

This is why the universe is kept in perfect conditions and on the right track, and if we compare the species, their characteristics are similar, perhaps with some differences of evolution, but the thought is one. The Ayaplianos who colonized Planet Earth were supposed to develop just like the others, but when they got distorted, they changed the course of evolution. The elements got sick so matter adapted to the change in energy. The original formula was molded differently, and thought-energy also readapted to a parallel energetic form.

That is how humans came to be. They were Ayaplianos adapted to a new profile of evolution and elevation. A new species had been formed; the universe could not catalogue it or fit it into the universal laws. The Ayaplano-humans have supplied the universe with much new knowledge; you have elements that are different to those of other species, elements that have come out of your own evolution even though your origin is the same, for we all descend from the One Origin.

The human chemical elements stabilized and adjusted, as if they had come from a new beginning. Human reprogrammed their original elements, adapted them to their environment and the formula became altered. With the alteration, pathways were created that were not planned; you transformed the true meaning of thought.

While other species itemized the idea and turned it into thoughts, you broke down thoughts and turned them into thoughts, something unusual in the universal context. This explains your characteristic slowness. This human way of thinking was an extraordinary discovery because humans reached the depths of thought. They had to tread a difficult and tortuous path, and they faced many obstacles. Those barriers, those difficulties, made them into the greatest discoverers of the universe. By struggling against barriers and intrusions you became warriors, survival specialists. You created and invented your own weapons, such as daring, strength, vigor, courage and dauntlessness.

Humans were fashioned as warriors to be able to confront the harshness of their reality. As they descended to the depths of thought, they learned what was unthinkable. They discovered feelings and emotions that to us, the divine worlds, are unattainable. For example, passion, grief, tenderness, friendship, order, longing, joy, weariness, disorder, envy, jealousy, sadness, and so on. The many energies intertwining formed a composite of elements of high and low vibrations that are both together and separated at the same time.

While you coexist in the midst of your human conflict, we, the higher worlds, could not exist as you do. We are not formed that way; our vision is direct, logical and perfectly orderly. This is why we consider you worthy of study. Your emotions, feelings, reasoning, and logic, your way of facing challenges, of dealing with conflicts, your system of life, expression, and continuity – everything in you is very distinctive. Because of these differences, we consider you to be a very special, authentic and real species; however, the development of your emotions must continue to be totally positive, so that your thought-energies can fit into the universal structure.

The other species, which progressed normally, did not need us, the divine worlds, to teach them universal knowledge; they have it recorded in their genes and are developing it as they progress. This is a natural process of the species. With you things have been very different. We have had to accompany you closely, step by step, first the distortion and then the correction. To do this, beings from the higher dimensions had to incarnate in your planet so that they could study, analyze, and above all, feel in their own mind what you feel and think, in order to help you in your evolution and elevation.

You are our prodigal sons. When you return to our world, we are like parents welcoming you with all our love, because you are our beloved children.

Other species are most interested in studying your sick negative energy. It is essential for them to know about that energy. Many scientists and researchers of the universe go to Earth in order to analyze this type of energy, which is unknown to them. *Humans have the capacity to create, transmute, and eliminate it merely through desire.* This energy does not exist on other planes and dimensions where humans have developed normally.

The fact that humans have the capacity to create this kind of harmful energy is what surprises the scholars of the universe most of all. Up till now they have treated the sick energy as a virus and are healing it. Perhaps later on it can be used for the good of the universe, which is why they are studying it. So far it is ineffective, useless. This is the reason why humans cannot get out of their habitat. They will remain isolated and in quarantine until they heal the virus. That is why you receive so much from the other planes; it is to help you heal yourselves so that you will be able to leave. To do so, you need to correct the crystals, position them and interconnect them correctly, as we have already explained.

The Higher Dimensions are helping you with knowledge but healing depends on each one's efforts. This healing consists of completely eradicating your sick negative energy thoughts. The virus has to be exterminated, and only you can do that. This sickness can be eliminated with knowledge, understanding and love. *Keep striving, do not give up. Never forget that you are warriors.*

192. Do you mean to say that we are prisoners in our planet?

Unfortunately, yes. No thought-energy that has not been healed can leave. Those who work on themselves with knowledge, understanding and love must go to the Internal City, which will be responsible for wholly purifying the thought-energy so that it can transcend to other planes and dimensions.

Those who promise easy eternal salvation, without any personal effort, are misleading you. No one can pledge the work of others; it is each one's individual responsibility.

193. What makes us so different from the other higher planes?

Humans in the universe were created in the image and likeness of the One Origin. If we say that the One Origin is the mind, then the main characteristic of humans is their mind. This will govern their existence and, through it, humans will shape and express the creator's imagination.

This happened on the planes where the realities developed normally; beings did not become distorted so they could fully meet the task requested of them: *to partition the creator's imagination and then express it correctly*. Since you were distorted, you provoked a dimensional gap between mind and thought. Thought became completely separated from its creator and, finding itself orphaned, it had to defend itself as best it could. It was during this time that humans separated from the other species, and the significant differences also began to show up.

194. Are the species of the universe all positive? Do you mean that there are no negative species?

There are none. Logically, we must understand that when the creator's imagination extended, *the all was made in his image*. Negative energy is considered to be the opposite force that is necessary for the balance of the universe. The sick negative energy that exists in the universe was created by humans who are in the density, that is, in the subconscious of the universal mind.

195. Do the higher positive planes of other species not have emotions and feelings?

We have sentiments, not emotions. All our thought-energies are channeled through the mind and our energetic body. You are channeled through the psyche and the astral body. We control our expressions perfectly; our minds have total mastery of knowledge and understanding.

We could compare it as follows:

- Passion is: love
- Emotion is: reasoning
- Feeling is: logic
- Worry is: analysis

- Existence is: wisdom
- Work is: research
- Coexistence is: corporate nucleus
- Family is: energetic union
- Possession is: corporate equality
- Power is: hierarchical order

When humans develop their minds, they begin to organize their thoughts. As they do so, they return to their origins, but unlike other species, they will have their own characteristics of *human beings*.

The planets of Kryon, Antares and Aberon are humans of the eighth level. If you want to see your future, they would be a perfect example.

196. What does being an elevated and evolved human mean?

The three planets, Kryon, Antares and Aberon used to be exactly like you. They also suffered the distortion of their elements, but, unlike Earth, they did not let this distortion reach a critical point. These planets carried out the correction in time, that is, the elements had not been engraved deeply and the mixture of energies was superficial. The negative sick energy was still beginning to be created; it had not yet entirely taken over the minds and thoughts of those beings.

We know that, in the universe, sick negative energy is considered to be a virus and it is treated and healed as such. Through their research, the humans of the three planets understood the process of healing. They elevated their thoughts with knowledge, understanding and universal love, and consequently, the thought-energies of their emotions and feelings, such as willpower, perseverance, strength, joy, awareness, tenacity, hope and many others, were organized and placed in their respective zones. Science helped them a lot because they continually questioned and researched to find the answers to the problem.

They discovered the importance of thought-energy and realized that all suffering has a source: *sick thoughts*. Thus, through profound understanding, they blocked out the harmful energy and did not let it get into their thoughts, or their hearts or their planets. The work was difficult, slow and intense. The inhabitants became deeply aware and helped one another. They set up psychological institutions that provided the knowledge of cause and effect to help those in need and the backsliders.

Technology, science, religion and others joined forces, like brothers and beings of good will, and overlooked their divergences and different beliefs. Science and religion united and formed an extraordinary and unbeatable alliance. Together they struggled to overcome and banish what had caused so much harm. It was a desperate war, but they succeeded, *they won*, and when they were rid of the sick negative energy, everything changed. Sickesses began to disappear: such as suffering, anguish, fears, sadness, failure, violence, poverty, hunger, evil, degeneration, and so on. The sicknesses ceased to possess and control these beings who then began to nurture themselves with knowledge, understanding and universal love. They only allowed positive thought-energies, such as joy, health, harmony, peace, and brother/sisterhood, to enter their minds. They progressed greatly in their research and studies on energy and the universe. Much technological and scientific advancement emerged. Thus, all working together, as brothers of a single species, *they succeeded*.

This story is not a fantasy; it is real. It happened on these planets that today are an example of tenacity and strength. They are humans who knew how to struggle against adversity, sickness and suffering. They are warriors who, by their own merits, won the heaven where they live. They built up and formed their next generations, who would *be themselves*.

197. Why would they be themselves?

The present returns to the past and the present paves its way. This is very true. When the three planets corrected themselves they were working for their future generations, and these would be themselves reincarnated. They formed their heaven, cause and effect, they healed their three bodies. Since they knew they would reincarnate in the heaven they had created, they prolonged their lives with health, because they knew they could soon return to their creator.

Although these three planets, Kryon, Antares and Aberon, are human, they have not yet contacted Earth in material bodies, but they have done so within the range of telepathy. Many beings from Planet Earth are receiving knowledge from them. The merging will take place in the next 200 years.

198. Do they have their internal city?

These three planets are still subject to reincarnation. They have a long and full life. Although they overcame the distortion and sickness, they cannot avoid old age. The material body wears out and gets old and when that happens, they relocate to their antimatter world until they reincarnate again. When they reach the end of the sixth level of elevation, they enter their internal city, where they are prepared to go to the Secondary Dimension; they are human Ayaplianos in regard to their evolution and energetic beings in regard to their elevation.

The material reproduction of the species is the same as yours, but not the mental one. They unite through energetic attraction, similarity of frequency and the combination of their colors; man and woman are joined by vibration, colors, shapes, signs, etc. Marriages take place by a communion of thought-energies, feelings and energy-elements that are complementary and intend to hand down perfect inheritance to their descendants.

When you are in the Internal City, you will be preparing to reincarnate in one of these planets. They will welcome you with love for you are brothers in creation.

199. Why have we not yet had any contact with them?

Planet Earth is extremely dense; at present they only have contact with the internal city. They travel on the antimatter level. Material contact cannot take place because of the virulent atmosphere surrounding the Earth. They travel throughout the universe in high-tech space vessels. Through these voyages they have come to know other species and have carried out interchange with them that has benefited their evolution.

These planets belong to the Cosmic Confederation and will be present at the next alignment, representing the human species. The other planets, such as Alfa Nova and Cyrius, are too far away for you to contact them. You have to be in the secondary worlds; before that it will be impossible because of the great distance that separates you from them.

200. If we are the third species, does that mean that there will be others that will follow us?

We know that the two previous species failed on the universal level, and many experiments were carried out to be able to form a human with the full features of creation. When we speak of creation, we have to imagine that the all created itself billions of unimaginable years ago, and that this reality was accompanied by ongoing processes which were gradually becoming transformed and they still continue to shape the elements – and will do so eternally. Therefore we say that everything changes; nothing is stable. The universe is in eternal movement; nothing is permanent.

When the Regular Dimension created the human-forms in the laboratory, it did so based on its life experiences. That is why they assimilated so much knowledge from the all, which, in turn enabled them and the higher dimensions, to improve themselves.

If we want to look at it and understand it realistically, the creation of the universe was an *experiment*. The Beings One experimented; the Regular Dimension experimented. The only real thing was the One Origin, all the rest were creations of creations of the One Origin from which everything else derived. The universe came into being in the nucleus; the only real heritage that was not created in the laboratory is our One Origin; all the other thoughts emanated from us.

To create humans, each dimension contributed some part of itself, bequeathing to them the material world and the antimatter world because humans were created by a process of *inversion and reversion*. We say that you are the third species because many experiments were carried out before reaching what you are today. We know that development was not the same on all the planets; humans took on different characteristics and we classified these into *species*.

Planet Earth human-species

The Higher Dimensions had to adapt Planet Earth to be suitable to receive the human species that would colonize it. The settlers were chosen from the Secondary Dimension. They were volunteers who had offered to colonize and to study the human species-form and life of the universe.

The group consisted of scientists, researchers of thought, analysts, chemists, philosophers and so forth. These men and women were very well prepared to carry out their task. They came from four planets of the constellation of Alpha Centauri, called Tenezia, Ebiar, Retryon and Ambiares, known as the Ayapliano species. All of them belonged to the Pleiades.

Planet Earth had already been adapted and specially reconstructed to receive the colonizers. The vegetal and animal kingdoms had been implanted prior to their arrival. The vegetal kingdom was cultivated to serve as nourishment for the human-form, and the animal kingdom was the result of all the experiences and experiments that the Regular Dimension had carried out to prepare the habitat for the human colonizers.

Through the animal kingdom they became familiar with the environment of the planet and were able to create a bubble-sphere that would allow them to colonize the planet and be able to live in dense and unknown surroundings. When the planet was in stable and ideal conditions for human life, they were able to colonize it.

The groups arrived in four space vessels and were sent to four areas of the world: the *Tenezians* went to Africa, the *Ebiarians* to South America, the *Retryonians* to Asia, and the last, the *Ambiarians* went to Greenland. These beings proposed to study the environment and their adaptation, as a species, to different climates and lifestyles. We must explain that, since they came from different planets, their characteristics as Ayaplianos bore some differences.

- **The Tenezians:** Although they were Ayaplianos, this species had already developed in hot climates on their planet of origin and were used to it. They were chosen by the Cosmic Federation to participate in the colonization because of their great energetic adaptability in new processes of species. Of medium height, round dark eyes, tanned skin, no hair, slim and flexible bodies, long arms and long legs.
- **The Ebiarians:** Medium height, large, slanted and dark eyes, copper-colored skin, slim body, long arms and legs, no hair.
- **The Retryonians:** Tall stature, large, clear and slanted eyes, yellow skin, slim body with long arms and legs, no hair.
- **The Ambiarians:** Tall stature, large clear eyes, very white skin, sturdy body, no hair, long legs and arms.

The four planets were chosen by the Cosmic Federation, because they had the necessary characteristics to colonize Planet Earth.

These beings were already adapted to the climate since their planets were similar to the Earth. The real name of Planet Earth is **Tera**; this is how it is known in the Universe. It was given this name because of the first four letters of the four planets that colonized it. For these four planets, colonization meant the expansion of their species and it was not the first or the last time that they would accomplish this. They were scientists; they were used to studying and researching the universe. The Ayaplianos of the Regular and Secondary Dimensions were aware of the outcomes of colonization and their results were generally similar.

During their colonization experiences, the Ayaplianos tended to adapt themselves energetically to the environment where they lived and developed, always taking on the characteristics of their surroundings. The chemical elements of the different planets had an effect on their bodies, which became transformed.

201. What happened to the seven planets? Why did they become distorted?

The seven planets were chosen because they had similar characteristics of creation. They were all in the Elementary Dimension and had the same creative foundation; their formation was fairly similar. They were chosen because of a certain quality, a common denominator: the seven planets were aligned within a dimensional belt of ambiguous vibration. This enabled the colonizers to adapt easily. This dimensional belt, called *oblique magnetism*, also facilitated the exit of their spacecraft. Remember that the colonizers belonged to the secondary worlds and the force of gravity of the elementary worlds is very strong.

The distortion was caused by such factors as: magnetism, gravity, negative elements originating from the One Origin, inherited negative elements and the consumption of food taken from the animal kingdom.

- **Magnetism:** The colonizers were accustomed to subtle bodies and could not withstand the magnetism which began to deform and transform their elements. The energy mixed chaotically because of the low density electrical currents that penetrated the cells, causing genetic distortion.
- **Gravity:** This made the situation worse because the energy became trapped and even denser; the elements could not move around.
- **Dense Nutrition:** This completed the process of distortion because the energy and the elements that fed on low quality nutrition hampered any solution to the problem.
- **Genetic heritage, origin and cosmic feedback among planets:** This created a real chaos in the elements, distorting the energy and amalgamating the formulas of creation.

Worst of all, attempting to correct these problems by restoring the elements the colonizers began to invent chemical formulas using the elements belonging to the same planet. These elements were very ill because they had come from the original planet and from the One Origin. This negative energy had remained dormant for billions of years; when it was chemically reactivated, it awakened, causing the worst disaster that those beings could have ever imagined: *the distortion*.

The seven planets were contaminated. They had to be isolated from the rest of the universe for fear of spreading this contamination. The Regular and Secondary Dimensions worked very hard to rescue them. Formulas and methods from the higher dimensions helped in the process of recovery, until they came to the following conclusion: *the distortion could only be healed as long as the colonizers themselves helped invert the elements.*

They could overcome the magnetic force by drawing knowledge, understanding and universal love to themselves once again. They could overcome gravity by forming their energetic being or spirit. They could replace the dense foods with healthy and subtle nourishment. They could change the hereditary negative energy by transmuting their thoughts.

In short, they were able to correct it and this correction was named *energetic reprogramming of thought*. The Regular Dimension came to the conclusion that, by becoming inverted the distorted thought would automatically be corrected. This process was called *spirituality*. It was the only solution that the Higher Dimensions found for the elementary worlds to get out of their density. In this way, the dense and distorted thought-energies would not be lost or abandoned.

The gods descended into hell.

What had happened then to the four Ayapliano-species that inhabited large parts of planet Earth? When they arrived, they were sure that they were meant to settle, inhabit and develop the planet, exactly as they had done in other places. Throughout this process they would be able to use their spacecraft to leave and return and to communicate with their planets of origin. The colonizers' experience was meant to be integrated into the knowledge of the universe; thus they would be able to continue their research.

The distortion came about so subtly that they were not even aware of what was happening. They began to notice it in the following generations, when certain genetic anomalies appeared. At first they thought that they could correct the anomalies and everything would continue as before. *That was not the case.* The distortion persisted, in spite of all the efforts to stop it from spreading. Unfortunately, they had consumed the produce that they themselves had cultivated. These foods were contaminated with magnetism, gravity, and negative energies.

They were sick and isolated from the rest of the universe. Their planets of origin did not allow them to return; they were forbidden all contact and were placed in quarantine until a cure could be found. The colonizers felt abandoned and betrayed, and because they were sick, they were unable to reason. Their minds began to perceive negative feelings which made them suffer; their thoughts became dark and their memories gradually vanished. The young people began to listen to their elders telling the story of their origins, until the day came when everything vanished; darkness overran their thoughts and their lives.

While all this was happening, degeneration engulfed their offspring; those beings that one day had been beautiful and angelical, gradually became like violent and savage animals. Struggles, power, jealousy, envy and distorted emotions dominated their desires. They could not remember their origins. The violence of the strongest dictated the law and savagery prevailed. Cannibalism worsened the situation. Since they were not renewing their foodstuff, the elements were spinning in a vicious circle of sickness.

When the groups of colonists arrived on Planet Earth, they were given assignments for different places. Some of them went to live inside the earth in immense deep caverns close to the poles. These caverns provided the shelter they needed for their research. Since this group was inside the planet they unknowingly prevented their elements from getting contaminated. They were able to preserve their purity and their origins because the magnetism, gravity and negative energy had not reached them. This group was not affected by the distortion.

From within the Earth, step by step they watched the sickness of their fellow colonists attentively. They felt desperate for they were unable to do anything for them. They built large buffers around their cities, and from their research they realized that they were still able to exit and enter the planet through the poles, which had less gravity, magnetism, or negative energy to contaminate them. The negative energy had remained dormant at the poles. The poles were dead zones and since they were in sub-zero temperatures, they were not affected by the sickness.

This is how the Internal City was created. It has remained pure until today. Someday you will enter the Internal City to be purified and to be able to return to your real homes that are awaiting you.

In the beginning of the distortion, the Internal City used to communicate with the outside and suggested to their brothers and sisters living on the outside to flee to the coldest regions of planet, especially the mountains of Himalaya, Machu Picchu, Arctic and Antarctica or to the places closer to the poles. In this way they could hold back the sickness until a cure could be found. This is what they did; small groups departed and started to live in the cold areas believing that this way they would be definitively healed. Unfortunately, they could only delay the sickness. Through evolution it flourished and inevitably distorted. Like all processes, the distortion took place slowly, so much so that millions of years have gone by since this happened; consequently the correction has also been slow and belated. The correction of the elements has been accomplished individually; those who had been gradually healed had undergone a slow inner process of great endeavor and understanding.

The elements that continued adapting to the magnetism and gravity started to adjust to their reality and since they were recorded that way, they did not allow other healthy elements to enter. The elements reached the depths of their distortion, and when they could not sink any more, they started to reverse so as to go out again. This exit happened through evolution. The Higher Dimension has had to wait for humans to make headway to be able to help them in their elevation. ***Elevation cannot be attained without evolution.***

The process of evolution has been irregular because both the distortion and the correction have also been gradual. Until today there are thought-beings trapped in it, however, existing as primates. In caves of the mountains of the Himalayas and between the United States and Canada, as well as in Siberia, there lives an animalistic creature of medium height, strong and with its body covered with hair. This creature is in full process of evolution to become human. You know it by the name of *yeti*. This creature is in its evolutionary process of correction. There are other creatures which are also in a primitive state and will also become human. You should help them in their evolution and elevation. These are the chimpanzee, the gorilla, the kuturo monkey and the Malaysian monkey.

202. Why did we evolve and become elevated while these creatures did not?

As with all sickness, the distortion took time to manifest. It happened so slowly that it was full of irregular lapses. The process of correction was also irregular. Currently the species that have populated the Earth are a mixture of the four original ones. The distortion spread because the elements were no longer genuine; the energy had been molded and densified and it was under these conditions of existence that the correction was begun.

One day, without any idea of what was happening to them, these beings looked up to the skies and started to adore what they had known or did not remember: the sun, the moon, the stars, the wind, the rain, the fire and everything that aroused inside of them a feeling of power or fear. In the midst of their ignorance, they intuitively perceived the grandeur of creation and the universe. They began their return through these intuitive beliefs. They started following the path of evolution, and through this path their material genes have continued becoming restructured in consonance with the knowledge they acquired.

The group that was living inside the Earth, in the Internal City, had also intermixed. Today the universe considers them to be human-Ayaplianos, beings of extraordinary evolution and elevation. They managed to preserve their elements intact and thereby they were designated by the Cosmic Federation the ***guardians of the planet***. The planets of the universe have always communicated with the Internal City and have never stopped watching over their distorted brothers and sisters.

About 150 thousand years ago, a group of beings from the Internal City volunteered to go to the surface of the planet with the sole intention of communicating with their brothers and sisters. They did so, and took the necessary precautions since they could not breathe the contaminated air surrounding the planet. They manifested and communicated with their fellow-beings on the outside. The venture was a total success; the interchange of knowledge was extraordinary. The human-Ayaplianos were considered gods, and were treated as such. They named the planet ***Tera*** and the inhabitants of the surface were called earthlings. Thus their species intercommunicated and integrated; the guardians transmitted much knowledge and evolution was accelerated. The thoughts gradually restructured, until one day, by order of the Cosmic Confederation, the inner guardians were told they should procreate with the earthling women because this would accelerate the process of evolution and elevation.

The gods intermingled and procreated with human women. Their offspring were born with two extra glands, the pineal and the *thyutaroh* (*pituitary*). You are all descendants of that procreation. Since then, evolution and elevation have accelerated; you are the result of the GRAFTING and of 100 thousand years of development. Evolution followed its path in the subsequent development of the species. Today you are the result of that and will continue the evolution process until you attain what you were programmed to be. When you, the Aquarian race, have achieved the development and transformation of your evolution and elevation and

are ready to enter the Internal City, that distorted Ayaplano that struggles to be healed, *the yeti*, will follow you and will continue its evolution on its way to fulfillment.

But, unfortunately, the oblique belt, which still endures on Planet Earth, will incline its axis 3.5 degrees to the left. This will bring cataclysms, earthquakes, and much misfortune. North America and Central America will be divided in two continents and a third of the planet will become frozen. Europe, Asia, Australia, the Nordic Countries, Indonesia, part of Canada and the United States, part of South America and Central America will be frozen, as well as part of the seas, rivers and lakes. When this happens, Planet Earth will be helped by other planes and dimensions, and its inhabitants will certainly take all the necessary precautions, colonizing other planets that will become their new homes. In the meantime, since the creature known as the *yeti* was accustomed to living in the cold, it will come out to live on the surface and will be able to develop and procreate freely. Humans will leave the planet and be taken in spacecraft to other worlds that will host them until Planet Earth can be inhabited again. For a long time the only life on the planet will consist of the plant kingdom, the animal kingdom and *the yeti*.

This creature – the *yeti* – will do exactly the same as you had done: live in caves, feed from hunting and fishing, evolve and when it reaches a certain stage of evolution, the guardians of the Internal City (you) will come out to communicate with it. They will teach the *yeti* everything they should learn, and at the end they will procreate with the human woman. In this way, everything will start all over again.

When Planet Earth is 18 billions years old, it will have reached old age. The Sun will explode and become a supernova and the entire system will turn into millions of fragments. These fragments will start to rotate, attracting other smaller fragments and in time will form planets, galaxies and systems. When everything has been formed and prepared, other planes and dimensions will take charge of colonizing them. Each time they do so, it will be more perfect than the time before – infinite, without beginning or end.

For this to happen, the cycle of the human Ayaplano species will have to have been completed. In this way all the colonizers and their descendants will be safe because they will colonize other planets that shelter them. The guardians cannot abandon the planet until they have fulfilled their mission: to recover every last human Ayaplano.

203. Will those beings who will be taken in spacecraft to other planets return to earth?

Planet Earth will no longer belong to them; this right will have been earned by the *yeti*. They will be the ones who will develop and be responsible for the future times. When we said that the beings who were taken would return, we are referring to incarnation.

When the yetis evolve, many of those beings who were taken will return as volunteers and will incarnate in the new species to help it evolve and elevate. The universe is recycled; thought-energy is never stable, it continually keeps on revolving; it is never stagnant and is always activating itself.

204. What will happen to the Internal City when all this comes to an end?

The beings of knowledge, understanding, and love will transcend, reincarnating on the higher planes to continue their evolution and elevation. By doing so, they will become avatars. They will be in charge of various systems.

205. Are the poles what we know as dimensional doorways?

We have to distinguish the words, exit and entry doorways, dimensional doorways, and Internal City. *Entry and exit doorways*: the poles are doorways or openings that are used for the exit and entry of space vessels or UFOs.

Dimensional Doorways: these are the entry and exit points of antimatter energy, where the parallel worlds go in and out. To make a comparison, they are the zones and energetic-centers of the planet. Through these doorways the disembodied thought-energies that belong to the same planet are able to enter and exit or those disembodied thought-energies that come from other planes and dimensions and enter the antimatter world of the planet.

Internal City: This is concrete and real. Many of you communicate with it materially or telepathically. Of course, when you see its inhabitants, you will think they are extraterrestrials. Many of you have also visited that city physically or mentally; you know it as the Crystal City. Some governments know of its existence, but not its location. The Internal City is never in one place; it is able to relocate so that it can never be found. It moves according to the six-pointed star. Currently it is located in South America, and its metaphysical capital is Cusco. Planet Earth will be prepared for the contact.

We, the Divine Dimension, want you to have all the universal knowledge to know yourself and your surroundings. It is important for you to adjust mentally to the coming changes. Great transformations will take place, and those who have prepared their thought-energy will transcend, because they will be ready for the influence of the energies of alignment. Those who do not elevate their thought-energy will be taken to planet Ebiaries because they will have to help the inhabitants of that planet to evolve and become elevated.

206. Why will they be sent to Ebiaries?

It is a universal law. Those who lag behind because they did not become elevated are sent to planets of lesser evolution and elevation. In this way, those who incarnate can share their knowledge, at the same time they will have the opportunity to care for their own elevation.

Planet Ebiaries is 100 thousand years behind you in evolution. The species that inhabits this planet is still in an elementary stage and is in the process of becoming human. Yet nothing is wasted in the universe, the all gives those who straggled thousands of opportunities to advance.

Can you imagine what it means for a being from Planet Earth to embody in a Stone Age creature? The very advanced and the very backward planets could be compared to heaven, purgatory and hell. That is why we say: ***And they descended into hell.***

207. Can we travel within time?

What you call *time* in the universe could be compared to an accumulation of life experiences, which, while they were being accomplished, resulted in a summation of engraved energies. To go to the past or to the future means the knowledge-thoughts remained engraved in the universal mind, and as such, they are eternal. Whenever we want to locate these thoughts, they will always be available to us. When you want to see the future, for example, look at the events of the past causes and you will be able to see the future results. ***One can only travel within time through thoughts***, in other words, within the antimatter world. In the universe this is known as *Akashic Records*, a *cosmic archive* that contains the entire universal memory.

208. What is really going to happen with us when we enter the alignment and during the next 7 thousand years?

As Planet Earth gets close to the beginning of the alignment that will take place in 2014, human beings who had worked on their energy and had sought their elevation will begin to feel many changes within themselves that will affect their lives, their consciousness and their thoughts. Those who carried negative karma from other lives will understand the reason for it; in some way, their lives will intermingle with others and this will instantly burn away the negative energies that were holding them back.

The most significant advancement will be the elevation of thoughts and consciousness. The elevated beings will take it upon themselves to expose all those who in some way had intervened negatively in their lives.

Lies cannot be hidden. Beings will be more awake and alert; they will not let themselves be deceived because they will be living with the truth.

All those religions, sects and orders that sell eternal salvation, deceiving the beings of good faith, will stop taking advantage of needy and desperate persons because these individuals will awake their own consciousness and will.

Corruption in large corporations will be eradicated by those who have awaked and will strive to establish order and justice.

Negative energy will gradually be eliminated; it will no longer be tolerated anywhere because its past will judge it. All those who want to hide their acts will no longer be able to do so because the truth will always be known. **Human beings will set themselves free.**

209. What will happen to the energy?

When we say that human beings will be transformed, it is true. Not only will the thoughts become elevated, but also extrasensory phenomena will begin to flourish. By elevating their thought-energies, human beings will become crystalline and diaphanous humans who would not be able to hide anything at all from themselves. Paranormality will be their way of knowing, understanding and love. With this quality they will be able to see and perceive **the truth** and understand their own thoughts and those of others. They will discern lies and deceit. Dreams will be the symbols of their lives. It will be the conscience of moral and ethics and justice that will govern the planet because, by perceiving the truth, they will not be able to escape from this image that, like a mirror, will reflect what they really are. Fanciful thoughts will stop being procreated; no one will accept them, they will not be real. Those who persist in living in negativity will be excluded from society because they will be considered sick.

210. Why will the alignment produce these phenomena?

Because energy will take the true path. This means that the energy of the human body cells will be nurtured by an atmosphere filled with special *nimeos*. These will be recorded with universal knowledge that will nourish the mind of the planetary beings. All the energy that is breathed in will increase the energetic volume of each cell. As the cells become stronger, they will automatically eradicate all bacteria and viruses that could contaminate them. This will bring about wellbeing, health, coherence and improvement of both matter and mind in humans.

We mentioned before that there are six energy-levels that have to be developed. You are finishing the third and entering the fourth level represented by **Aquarius**.

The same way that the woman's pregnancy lasts nine months, and the higher risk of miscarriage is up to the third month of gestation, so those who reach the third level and have not awaked will be left behind and be taken to planet Ebiares for progress and development. This means that all those who have not awaked by the year of 2228 will be considered by the universe as an abortion of nature. They will gradually be eradicated from Planet Earth to allow those positive discarnate thought-energies in the antimatter world to reincarnate because they deserve to advance.

The negative discarnate energies also will be eradicated. They will not be able to reincarnate on Planet Earth because the humans will have elevated their own and the planetary vibration, thus there will be no room for them and much less the opportunity to incarnate.

Beloved children, you have a little more than 200 years to awake. We have sent you much information. Those who do not want to see are blind; those who do not want to hear are deaf. We have nurtured you; we have watched over you constantly; we have never abandoned you. But you have insisted on merely living and not existing. Wake up! To do it you need:

- Knowledge
- Understanding to accomplish it
- Love to record it eternally.

When we speak of knowledge, we are referring to your true existence as human beings who can live in harmony, peace, hope, love, humility, brotherhood, unity, fellowship, beauty, sincerity, truth, clarity, and realism. You already know how to do this; do not let the sick negative energies dominate you. Fight the sickness that has only given you pain and suffering. Do not allow thoughts of low vibration enter your minds. When you feel that negative energy wants to dominate you, drive it out; do not let it get into your hearts or your minds. Thus you will go on reeducating yourselves until you attain freedom.

We can give you the techniques, the teachings and the knowledge, but everything depends on you – the effort, the belief, the will power, the steadfastness. It is not by exercises, rituals and chants that you will attain elevation. Of what use are the chants, rituals, and prayers if you do not understand the source of all your ills? The cause lies in sick negative thoughts. That is where the real sickness begins and real healing starts with knowledge to understand the causes of the sickness. Once you understand and want to heal it, you love yourselves. This is the only way you can heal yourselves. Until you discover this, you will always be suffering as if in a vicious circle.

211. If the thought-energies that do not become elevated are sent to Ebiares, who will incarnate in the yeti?

Those who do not manage to become elevated in Ebiares will return to incarnate in the yeti. Planet Earth is currently on a level of evolution that is 100 thousand years ahead of Abiaries; this planet is presently in the Stone Age. When Ebiaries has evolved for 100 thousand years, Planet Earth will be in its Stone Age. The thought-energies that did not become elevated will return to Planet Earth and will incarnate in the *yeti*. Everything in the universe is recycled; nothing is left drifting. The all is wise, and thought-energy always finds its own place; if this is not in its place of origin, it will find another place.

To incarnate in the *yeti*, the thought-energies will have to wait until the *yeti* is ready to procreate. Until then, they will live in their Antimatter World, waiting for the opportunity to incarnate to evolve and become elevated. It is a fierce struggle. Those with higher evolution and elevation

will always win. When the thought-beings become aware of progress and regression they will also realize that to evolve and to become elevate are very important for existence. That is when beings become aware of their development and learn through their life experiences not to make the same mistakes again. Unfortunately, the lessons come through suffering and not through knowledge, understanding and love.

Beloved children, we are the dimension of knowledge. We travel throughout the entire universe; we know all the realities of the universal mind. We are the thoughts that keep the universal mind alive and working. You must realize that knowledge is the key to progress; without this quality thoughts ramble and are not organized. To form your energetic being and to go on to other planes of existence, you have to learn about energy – how it works, how to mold it, transform it, engrave it and elevate it.

When you look at yourself in a mirror and see your image, *it does not exist*. That is not you; *you are thoughts*. And when you look at the sky and see the planets, systems, and stars – *they are thoughts*. ***We are all inside one mind*** and we all function as thoughts of this mind. You have to take up your responsibility so the mind where we all exist will work perfectly and thus be reverted in our own benefit.

It is unfeasible to want to have the knowledge of the all. We are billions of bubble-spheres and in each bubble there is a universe like ours. All these bubbles together form the mind in which we all live. So, to gain knowledge, first you have to know yourselves and thus you will surely know what the external universe is like. When you improve the inner universe, all the rest will automatically be positioned in perfect order. When this happens, you will start to understand. Understanding will bring wellbeing, tranquility, patience, openness, and belief, which are the qualities you are seeking, and you will only find them in your mind.

When you are able to understand knowledge, you will feel peace, harmony, joy, serenity and love. You will no longer feel alone or orphaned; you will be part of the all. You will understand that functioning is not individual, it is collective; it is the universe united working for our own subsistence. We were created to exist. The universe, existence and life are the legacy we inherited with the legitimate right that is ours as children of the Creator.

You are going to have 200 years of such great, such extraordinary mental openness that it will mean an unprecedented transformation in Planet Earth. You will be united with the all, and we of the Divine Dimension will welcome you with so much love that you will become part of us; we will merge into one and thus will continue our journey. You will be taught and prepared for the unification. After this unification your paths will be transformed into pathways of light and wisdom and we will all be... EL SER UNO (Being One).

CHAPTER IV

ETHEREAL DIMENSION

We are the light and the understanding of knowledge

Our task is *to understand*. To understand we need communication and language, techniques that we had to create to get to know the universe. To communicate is easy, but the creator's idea was not only to extend its imagination into billions of symbolic expressions but also to let them take on their forms at a given time... The idea had to be understood, analyzed, questioned, identified and observed so that we, of the Ethereal Dimension, could allow it to materialize.

Ideas are chemical desires that the mind emits, and as it does, the ideas materialize and take on forms. *We are language*; without this quality the universe would never have been able to unify and communicate. *Light is vision, knowledge, and expression, but understanding is the externalization.*

We are the analysts of the universe. Our mission is to particularize, deepen, study, perceive, and validate the understanding. We are researchers of the mind. We study every detail, every perception; nothing goes by unnoticed. We are the *mentors, the instructors, and the advocates of active thought*. We have a great capacity for action; our effect is quick and dynamic. We are the expressive result of concrete action.

Knowledge is the accumulation of ideas that specifically signify a totality. We are the *understanding*, which is the all disseminated in billions of fragments that encompass its immense volume, leading us to greater results of cognitive capacity. Our reality is intense and it reaches places that we could never have imagined. We do not work alone; knowledge is our instructor. We manifest and effectuate the universe. *Everything created has been formed by us; we gave it true life* and this was accomplished because we had *the secrets of the universe*. We discovered them because we *understood them*.

What does to understand mean? To understand we first have to *know*. How can you understand what you do not know? The *idea* was made tangible because *knowledge* worked with it. The *creator desire* was the first stimulus of necessity; it produced and transformed it into an *active* state. In doing so, it gave *life* to necessity, which it needed to become *reality*.

Every creator desire is associated with a universal chemical reaction that gives it its form. Depending on this form, we could say that understanding will take the routes to guide the idea, which will be fragmented into billions of paths until it reaches an understanding. This will be characterized by the work done on it.

Understanding becomes the *cause*, and depending on this cause, it will become *effect*. Understanding will respond according to the effect. This means that understanding will govern each of your lives because it will comprise the continuity and correlation of what you call *life*. The only way to understand is through life experiences; there is no other way.

Language was stimulated by the accumulation of knowledge that gave it its directives but also its dilemmas. That is how thoughts were developed; they interwove as they went on unifying. The result of this universal weaving has been called *active dynamic circuit*. If this weaving is not correctly interlaced it will produce *energetic leakage* that will affect the physical and psychological health of the human beings.

When the One Origin outstretched, propelling all its energy to the edges of the universe, our energy became condensed, and as it did, we were able to be *aware* of our existence. And this awareness was the first to enable us to understand the reality of where we were.

It was not easy for us. In the beginning we did not want to understand. We did not want to be aware of our reality, but the light of knowledge opened our eyes. It was a shock, a sad truth, a recognition of our imperfection. We were no longer those children of the One Origin; we had changed. For the first time we perceived that we were not alone and that we had to question deeply in order not to get lost in the creativity.

The first thing we did was to try to *remember* step by step, from the beginning of our creation. We studied every detail; nothing escaped from our inquiry. With the help of the light of knowledge, we gathered all the information and began to examine it in detail. The zones of knowledge were available to us; they had been classified as to shape, sign, color, intensity, vibration, frequency, and so on.

When we wanted to research, we found technically organized information, but it meant nothing to us; the knowledge had no continuity. We came to the conclusion that correlation was lacking because there was no understanding of the organized knowledge that was available to us.

To us, understanding meant hard work. We had to study the crystals, colors, signs, shapes, vibrations, frequencies, and so forth. This is how research was created. We based ourselves on it to form and to understand the all. We also discovered that research had to be complemented with *analysis*, which, in turn, had to be worked on with *knowledge of the cause*. To reach the cause, we had to use *logic and reasoning*. These, in turn, had to be complemented with *structuring of the action*, which was definitively based on *universal laws* that were sustained by the methods and principles of *mathematics*. When we started to study the analysis of knowledge, we also discovered that this entire compilation of analyzed wisdom was channeled through the common sense of knowledge, and thus ambiguity was avoided in language.

With these extraordinary results we were able to form the *universal language of thoughts*, which prevented expression from digressing and allowed us to truly understand reality.

We systematized the knowledge organizing and expanding the process of understanding, because once it was in the appropriate channel of expression, the thought-idea was not lost in digression and became a tangible and eternal truth.

When we started to work with sequences of logic everything interlocked. It was like a jigsaw puzzle: the pieces fell into place and we began to see clearly and distinctly. It was extraordinary because the mathematical sequences unified and connected the forms with the signs and vibrations, which resulted in rhythmical order. This created frequency, which produced rhythm, and the scale of rhythm created harmony and peace. The sequential rhythm of the energy was distributed uniformly. The structures interlocked with perfection and cadence to the extent that they became universal keys of understanding and wisdom that are located in the seventh zone of the universal mind (pituitary gland). This zone encompasses the ancient secrets of understanding. To discover these, one has to open the door of circumstantial dynamism. Once this is achieved, human beings will have no more obstacles on their path; they will have the total knowledge of cause and effect of the past, present, and future, all at the same time.

When knowledge does not work together with understanding and circumstantial dynamism, it will become a thought of environmental obstruction. This means that the thought-beings work only and exclusively with the limited knowledge of the environment where they live and develop.

As long as the thought-beings do not attain a global vision of the universe, their thinking will be limited to *living* and not *existing*.

212. How were the techniques for communication and language created?

We, the ethereal world, are the creators of the *universal codes*.

Knowledge of the universe was classified by codes that selected and classified the symbols. These, in turn, became the vibratory energetic expression; thus the language of symbols was created.

Everything created in the imagination of El Ser Uno (Being one) consisted of images that were expressed in a formal sequence; we had to understand them. The colors that came together with the images would tell us the intensity of the image and its importance. Our task was to identify each image and associate it with an expression. To do this, we gave it a code consisting of a number, a color, a sign, a vibration, a rhythm and a shape thus creating a language. In this way we were able to communicate with other dimensions.

As language progressed, we discovered that it could only be used by the dimensions that could pick up the pure ideas because these were communicated through symbols. The other dimensions far away from the center did not understand this language. It was very complicated, because their reality was very different from ours. Consequently, the symbol-images had to be broken down into a numerical sequence of colors, symbols, vibrations, rhythm, and shapes. With the particularization, idiom was born, which was language adapted to each reality, and expressed according to the knowledge that nourished it. When the language was understood and broken down into idioms, the techniques for the expression to become concrete were created. These techniques were divided into sign, sound, intensity and rhythm. This was how the lower dimensions began to interrelate and interchange knowledge and understanding.

213. How do the ideas become concrete?

A symbol is an idea. Basing ourselves on this premise we can understand how the universal mind functions. The association of symbols forms an idea, and the aggregation of ideas is called the *dynamic of association*. This means that when symbols are born they will generate a string of ideas that will be supplanted by thoughts until reaching the infinity of the mind. When these thoughts get to the depths, they start to return. As they do, they carry with themselves the billions of possibilities as to how the idea and the symbol could be developed. The return path is filled with infinite expressions, where thoughts become ideas again, but this time they are concrete. In this way the symbol becomes a reality of cause and effect.

214. What is a universal analyst like?

A universal analyst is the *absolute knower of cause and effect*. To really be a knower beings must deepen their knowledge and understanding of symbols, ideas and thoughts. They will also have to dominate the knowledge of the timeless transaction within structures applied to the numerical cabala; they can obtain this knowledge in the Regular Dimension. However, in the Elementary Dimension where you are, complete universal knowledge is not yet available since technology and applied science are still backward.

In the case of Planet Earth, analyst are those who thoroughly examine chemical or medical research, investigate problems of computer science or routinely study events related to the area of social and cultural life. It could also be individuals who in different areas systematically

examine some components that form a whole in order to reach a diagnosis applying scientific methods with regard to a quality or quantity.

215. Are you, the Ethereal Dimension, analysts?

We are analysts, thinkers, philosophers, mathematicians, technicians, scientists, and knowers of the universe because we gave it form and evidence.

216. What is active thought like?

To understand an action, first you have to activate knowledge. This is necessary, because to be able to record it eternally one has to have activated its chemical components that will be absorbed by the crystals which will classify and place them where they belong.

Order is definitely very necessary in the universe. How can you understand something you do not know? To explain this clearly we could say that evolution coexists with elevation. There is no planet in the universe that has only become elevated, without evolution. The chemical components of the brain and the circuits which form it have to be able to receive universal knowledge, which develops according to the planetary grade and the understanding that governs it.

217. What does “to be the result of a concrete action” mean?

Universal knowledge gives the guidelines for the manifestation and accomplishment of understanding. Without knowledge, beings would be blind and would not really be able to experience their own existence. In the same way that you ingest food to energize your matter-energy, the brain also needs the thought-energy nourishment called knowledge.

The result of a concrete action means that the brain has to be nourished with good thought-energies. What is the sensation of good material nourishment? Satisfaction, fullness, joy, isn't that so? When the food is not correct, what does it cause? Indigestion, stomachache, heaviness, discomfort, etc. If we raise the energetic nourishment to the level of thoughts, we could say that bad mental nourishment could cause anguish, sadness, disharmony, lack of peace, lack of love, anger, etc. But if the mental nourishment is correct, it will bring about joy, abundance, satisfaction, harmony, peace, love, tranquility and everything that produces wellness.

It is very important to know and to understand what kind of knowledge is nourishing the mind. There is knowledge that is useless, superficial, ineffective and malevolent, and so on. This type of negative mental-food does not produce a concrete action; it is not recorded eternally and it is what we call a *sick negative energy*. It is important for humans to want to know with what kind of thought-knowledge they are nourishing themselves. In this way they could classify it so that useless thoughts could not penetrate their brain, filling up the available spaces that could be occupied by good quality thought-knowledge.

218. What is the active dynamic circuit like?

Let us go on with the previous topic. If humans nourish their brains with high vibration thought-energies they will awake the dynamic active circuit. This means that the knowledge, as understood, will be manifested and accomplished in the action of the beings. These humans will conduct themselves in living and existing according to their understanding. This is why we, the Higher Dimensions, work so much with you. Our mission is to elevate the knowledge and

understanding of your brains, thus your lives will automatically improve because you will manifest your deeds, actions and thoughts according to a high level of energetic nourishment.

The active dynamic circuit is known to you as *I am*. It is the positive thought that becomes concrete in human brains and humans will conduct themselves according to it. They then become *genuine beings* and do not need to think or understand; *they are*.

The active dynamic circuit signifies *the unification of knowledge and understanding*. This means that both sides of the brain – the right side (understanding) and the left (knowledge) – work together.

The pituitary gland has an important role in this work. It is the first one to pick up the knowledge, classify it, and distribute it to the power heads and brain terminals. If the nourishment is of low energetic quality, the brain circuits become clogged with dense crystals and this causes lack of understanding. In these circumstances, humans do not work with the active dynamic circuit because each side of the brain carries out separate activities. In doing so, the brain will work with passive mechanics due to a basic motor need that impels it to live mechanically and not to exist dynamically.

219. Does all this explanation have something to do with the intelligence?

Intelligence is the capacity that the brain has to retain, reason, perceive, memorize, and analyze, among others. This cerebral capacity marks the difference between humans and animals. All humans have a certain degree of intelligence that is used to grasp knowledge. The gradual unfolding of aptitude for understanding will bring out the difference among humans.

For example, if we compare ten identical computers, we will find out that they all function in the same way, but the content of their memory and the type of information they contain will show the difference. Likewise with the thought-mind; each one will act according to the knowledge and understanding contained in the brain.

220. What kind of knowledge and understanding should this thought-being have to work dynamically and not mechanically?

We, the Ethereal Dimension, consider the thought dynamic when it works with profound understanding of cause and effect. All discovery, research, ideas, inventions, creations, and so forth, must be associated to cause and effect. You invent and create without knowledge of the cause; that is why the results are catastrophic and often even you yourselves do not understand why.

Dynamic thought is responsible, careful, accountable, moral, and ethical, with well-balanced common sense which allows it to know its limitations.

Mechanical thought is irresponsible, selfish, greedy, amoral, unethical, unbalanced, without any common sense to lead it to greater fulfillment of existence; it is totally unaware of its limitations.

For the universe, humans who have mechanical thoughts are no different from commonplace animals: they are born, live, and procreate without knowing what is happening to them. Their thoughts often work with sick negative energy and in such cases humans commit unethical and animalistic atrocities because they act based on instinct and sensation, just like an enraged and brainless animal.

221. What does “to analyze” mean?

The words *analyze, research, use of reasoning and intellect*, etc., signify the work that human beings of the Elementary Dimension must evaluate constantly in their thoughts. The Higher Dimension does not need to think because everything is already recorded in it.

Thinking is a faculty that you have for the sole purpose of recording your thoughts. Thinking allows you to analyze, research, organize and classify thoughts; thus you can correct the thoughts as many times as you want, until they are recorded correctly. By thinking you are continually analyzing yourselves. It is a natural process of the elementary species. Thinking also works with other qualities, such as *memory, imagination, intuition, perception* and *sensibility*.

222. How do logic and reasoning work?

When thought has the correct correlation and continuity, we are talking about logic, because it is joined to reasoning and to the common sense of thoughts that are structured and adapted to the true forms of knowledge. This wisdom is based on mathematical methods and symbols, which have a formalized language that prevents ambiguities.

223. How does language avoid ambiguities?

If the language is structured on the true concepts of knowledge and understanding, we could say that its signs and formulas are correct; therefore the language is defined within a single channel of interpretation. When understood positively, thought develops with knowledge that is secure, strong and with deep understanding; hence the thought-being will develop according to universal laws.

224. How is an action structured?

For an action to become structured, it needs an agent to activate it. This is the *dynamism*. This quality is the booster that arouses and vivifies the intensity of the thought-action, producing a rapid effect, activating the thought mechanism and setting it for functioning. This brings about the manifestation and implementation of the thought, which becomes an actuality.

225. What is rationality?

This quality of the brain appeared when humans began to unify experience and life. Thought started to become woven as an outcome of both. The rationality of Planet Earth-humans started when they became aware of themselves and their surroundings. Reason is based on the perception of the senses and the knowledge that humans have accumulated through their development. This knowledge does not accept reasoning based on fanciful or unreal concepts. Reason is built on real facts; this is why it is important for intellectuality.

226. What is the meaning of “to open the door of the circumstantial dynamism”?

Every dimension has *circumstantial dynamism*. The thought-dynamism adapts to the circumstances of its surroundings and reacts accordingly. If the thought of a dimension is not correct, its dynamism will also work incorrectly. The door of the circumstantial dynamism can be opened and closed as long as the thought-being has a profound understanding of cause and effect. Often a positive foundation underlies what appears to be negative. Sometimes it is necessary to make a sacrifice in order to obtain some benefit later. For an action to be activated with knowledge of the cause, beings have to be sure of their reaction.

Understanding generally uses circumstantial dynamism to record its crystals and to enable the energy to flow through the appropriate circuits until the human being thoroughly understands it. When this happens, the energy will return to its normal state and will continue on its way. You see this as retrocession; we see it as advancement. *Humans understand by following tortuous paths* and these paths are often not comprehended, but if they *explore and analyze them profoundly* they will understand those paths.

The universe is a chain reaction. *Light* comes first, so you can see and not be blind; that way vision is complete. Then comes *knowledge*. Since you can already see, you can start to know what you see. And as you begin to know, you can classify, organize and distribute it. To do this you need *understanding*.

To know the meaning of every element and energy, to study them thoroughly and to understand them is a task that has to be carried out with love. You must realize that, when you do it with love, it will be to your own benefit and fill you with great joy, satisfaction and peace. You will know that every effort is eternal, because you will have created your own eternity.

227. Why does environmental obstruction not allow human beings to exist?

The environment and the surroundings are very important for humans to be able to develop and progress. This is why we say that evolution is very important to help elevation.

Often human beings become elevated but the environment and the surroundings where they live impede further progress because these difficulties block them. To avoid this slowing down, humans of the Elementary World first have to create all the possibilities for development in their own surroundings and environment.

The systems and structures in which Planet Earth develops are very precarious. Religions, education, governments, subsistence strategies, work, distribution, and so on, obstruct development of the dimensional plane.

Sometimes goodwill is not enough. In order to bring about progress all the inhabitants of the planet have to contribute. All must have the positive frame of mind to give their grain of sand and to work for the good of the planet. Knowledge, understanding, and love must be manifested and carried out in daily life.

The planet has to be an example of these qualities. What is the point of having knowledge, understanding, and love if you do not practice it? **If the planet is not a living example of what we are transmitting, then you have not understood anything and so you will go on living but not existing.**

To exist is eternity, light, knowledge, understanding and love, manifested in your eternal existences. These qualities of existence cannot come from the planet's erroneous knowledge for it does not belong to universal knowledge. Universal globalization is indispensable. You cannot remain relegated to rudimentary and backward knowledge; you have to open your minds and let them be awaked.

228. How is understanding brought about on Planet Earth?

Unfortunately the environment and the preconceived strategies of Planet Earth hinder universal knowledge and understanding for true development. For the time being, knowledge, understanding and love are being sought individually by those who free themselves from the established systems and seek energetic nourishment that will lead them to their own fulfillment.

For beings to awake, they need many reincarnations to interlock their crystals. This comes about by energetic maturity which guides them with the sole purpose of progressing.

Since its creation the human species has been programmed to evolve and to become elevated. When the time comes, humans will awaken naturally to continue their advancement. Like the fish that swim against the current to lay their eggs upstream, like the butterflies that migrate and fly over incredible distances to leave their cocoons, like the millions of spermatozoa that find the ovum and only one gets to fertilize it – so is the awakening of humans.

To awaken is easy; to remain awake is difficult.

Humans awake because the energy of their species has reached maturity; from then on it is up to them to develop, increase, block or extinguish it; this will depend on their *free will*.

Understanding is a chemical reaction occurring in the brain that separates the recorded crystals and apportions them to the zone where they belong. This is called *spontaneous activation*. This process has been recorded in humanity ever since the beginning of its creation. It is an automatic sequence of definition by sign, form, color, and vibration, and so on. When the crystals find their place to adjust, they form spontaneous alignments of mathematical sequences that induce the brain to think, and this brings about an immediate result of understanding. This result will be consonant with the data and content of the brain. The brain has to be nourished with positive knowledge for it to achieve a perfect result.

229. What happens with those who awake, are nourished with transmitted knowledge and end up using it to increase their power or to exploit other human beings?

Those beings have not understood anything. Their mind-energy will work with mechanical thought. Unfortunately their awakening will become blurred and they will lose the opportunity to become elevated. They will have to wait for the next harvest. Furthermore, if regardless of all the opportunities that the universe has given them, they still do not succeed, this energy will be absorbed and sent to new creations.

230. What does it mean to be authentic, to be *I am*?

Authentic means what is correct and true. *Authenticate a deed with truth. Legitimize it with certainty.*

By your deeds you will be known: words of wisdom from a messenger who taught you the truth. Authentic beings are recognized by what they stand for and by whom they are. They live with the truth of their thoughts and feelings, and with sincere hearts. They do not need to constantly face up to or question themselves in regard to their deeds and actions: *they are*. Their deeds and actions and thoughts are based on knowledge, understanding and love of positive work carried out life after life. They exist with truth of conscience and express it in their daily lives.

*Authentic beings exist in the truth of their conscience and in the love of their knowledge and understanding: **they are**.*

231. How is the alignment of thoughts produced in the human brain?

The evolution and elevation of the human-species is the most complex of all universal creation. Humans are *mind and thought*. So we could assume that their development is not fulfilled in a simple way, as you would like to consider it. It is more complicated than you think.

The human brain is not a machine that always works the same way and can be turned off and on as many times as necessary. *The brain is living being, with individual characteristics. Remember the seat of the mind is the brain, and the seat of the brain is the encephalic tissue.*

In the lower dimensions, the three – brain, mind and encephalic tissue – cannot live without one another. When we refer to the *mind*, we know it is the world of antimatter; when we refer to the *encephalic tissue* we understand that it is the dense matter-energy, that is, the machine-energy where the other two are lodged and through it, are able to work.

When the mind, the brain and the encephalic tissue work together and in perfect harmony, they produce alignments of understanding. For this to occur, the zones have to have adequate knowledge so that they can become unified and thus form understanding. We can look at it as follows.

We said before that during the next 7 thousand years you would be entering the Age of Aquarius, an important alignment that will elevate the human beings of Planet Earth to the fourth plane of existence. This phenomenon will take place because the energetic zones and centers numbers 3, 4, 5, and 6 of the universal mind will unite and form an axis of energetic interchange on all levels. When this happens, your mind will also have to be aligned. This means that the capacity of cognition of the four zones and of the centers 3, 4, 5 and 6 of your brains will have merged so that they will be working together.

To enter the universal alignment positively you have to form the individual alignment of your minds. The billions of alignments that are produced universally in the mind of the One Being are also produced in the microcosm of your minds. Each understanding is an alignment; *everything is repeated in the universe.*

When the universal alignment takes place, and your brain is also aligned, you will be able to be mentally interconnected with the thoughts of the universal mind.

To have the knowledge, understanding and love in your thought-energies is wonderful, but incomplete, because you have to manifest and fulfill them in your lives, in the daily life of the planet, so that they become a reality of existence.

Once these are recorded in your thoughts, they will automatically be aligning Planet Earth as well. That is, the zones and the centers 3, 4, 5 and 6 of the planet will have to become unified and also work together. When an alignment is brought about in the mind of the macrocosm, this will be repeated indefinitely until it reaches the depths of the mind. When one point is activated, all the rest is reactivated correlatively; it is a chain reaction.

232. How are our thoughts aligned?

When the qualities that govern thoughts are unified, they form a confluence of positive results. For example, let's take one quality of each zone and center and apply it in daily life:

- Zone 3: *Morality*
- Zone 4: *Cooperative work*
- Zone 5: *Collective assistance*
- Zone 6: *Globalization of concepts*

Let us suppose that you have some work to do, an idea that you want to manifest. You will need to think to carry out this idea. If you draft the idea using the above qualities you will have

attained an *alignment of thoughts*. This means that when you unify the thoughts they will bring about the following result.

To work on the globalization of positive concepts, you needed collective assistance, and to manifest them you had to work cooperatively, and to do this you had to act morally.

This unity, expressed in thought-energy, is called alignment.

233. Which universal thoughts will be aligning in the next 7 thousand years?

Each dimension will use the alignment according to its needs. For you, Planet Earth, the following thought-energies will be aligned:

- Zone 3: Assimilation (classification) Elementary Dimension
- Zone 4: Capacity (comprehension) Secondary Dimension
- Zone 5: Accomplishment(knowledge) Regular Dimension
- Zone 6: Expression (word) Perfect Dimension

These four dimensions, centers and zones will be universally aligned and this alignment will also occur in the planetary and individual spheres, at the same instant, at the very same moment.

The alignment will bring about the following in you: *you will assimilate knowledge and understanding; you will fulfill it through classification, comprehension and the word; and you will eternalize it with love.* On a planetary scale this means that zones and centers 3, 4, 5, 6, should unify and work together, and also bring about environmental and global alignment.

Let us go on with our history

When the explosion occurred we were the least affected because we had the light of knowledge. Our capacity was not distorted; we were what we were meant to be and our universe was exactly the way it was imagined by the creator.

We did not have to understand because our task was not *to understand the knowledge; we had already assimilated it through instant perception.* We knew that we were thought-ideas; thought was a part of us. We discovered that we did not have the quality of thinking.

Below are listed the important differences between the higher and lower dimensions.

The higher dimensions had:

- Recorded knowledge
- Instant perception
- Reason
- Intuition
- Analysis
- Capacity
- Logic
- Conscious memory

The lower dimensions differed because they had:

- Transmitted knowledge

- Investigative perception
- Reason
- Cognitive research
- Conceptual studies
- Experimental comprehension
- Emotions and feelings
- Subconscious and conscious memory

The higher dimensions did not need the quality of thinking. We *are*; our understanding is instant and it is already recorded in our crystals.

When you became distorted, it was thought that manipulated the true knowledge because it was incorrectly understood. You understood it according to the knowledge and understanding of your own perception and you recorded it according to the image and likeness of your distortion. Since you did not have instant perception, you had to perceive your thoughts through the concept of investigative perception.

The oblique magnetism distorted absolutely everything. The encephalic tissue did not chemically produce the appropriate elements and the brain reproduced the thoughts in a distorted way. Thought-energy got very sick. What could be done to correct it? The first thing that the Higher Dimension and the Regular Dimension did was to modify the encephalic tissue. Since instant perception was not working, they replaced it with the senses. These were formed chemically so that humans could perceive themselves and their surroundings. The elements of the senses were placed at the cranial base and would become part of the pituitary gland. Since the recorded knowledge was not working, the senses would transmit the knowledge to the encephalic tissue, which, in turn, would transmit the life experiences to the brain to be recorded, beginning with investigative knowledge.

So far everything was working. Through the senses, the crystals were being recorded and they accumulated the knowledge that was being assembled through research. This research was incomplete because it was only assimilating and not classifying. So they created reasoning, which organized, classified and distributed the life experiences in the form of thought-crystals that were placed in their corresponding zones.

In the beginning, reasoning was mechanical and so was human behavior. Since humans only had the senses and mechanical reasoning, reasoning was the byproduct of sensation and instinct. Planet Earth-humans went on this way for a long time, re-recording their crystals through the senses. There was no other way to do it; their thoughts did not respond to the normal stimuli as they did when they were Ayaplianos. We can add that even today many of you continue to be governed by instinct and the senses; you are born, live and procreate without knowing what is happening to you.

Finally a day came when the humans of Planet Earth accumulated so much information in their encephalic tissue and their brain through their senses, that the crystals were jammed together; there was no space. The condensation was so compact that it caused a big explosion. The encephalic tissue went on with its work, but the brain expanded as planetary, but not universal, knowledge. There were the Planet Earth-humans, full of knowledge of the planet and without knowing what to do with it, without understanding what it was for, without being able to apply, manifest, or accomplish it. Totally unaware of their reality, and working with *mechanical thought*, humans were simply living but not existing, because *existence is an outcome of thinking*.

It was there, in that process, that you reprogrammed yourselves. That is, the crystals were re-recorded, *layer upon layer of information*, and that Ayapliano wisdom was left dormant in the depths of the subconscious. The higher dimensions were aware of this reprogramming and had to take every precaution. They were facing a mental distortion that had never happened anywhere else. Reasoning was not sufficient because it merely organized and classified but did not heal. The crystals became increasingly sick and the earlier information hid in the marasmus of the brain.

What could be done to prevent the information of the senses from remaining mechanical thought? How to induce this mechanical thought to become dynamic? How to get the thoughts that fed the brain to understand *consciously* what was happening? How to recover Ayapliano thought? How could the return to the first source be achieved?

The senses transmitted sensations to the encephalic tissue which produced different reactions. Those reactions instinctively recorded the quality of the feelings and then transferred them to the brain, which organized and classified them. In order for the senses to be classified, the brain had to reproduce the feeling, and to do so it had to imagine that feeling. By doing that, symbols would be created, the same as in the antimatter reality of the higher worlds. The Higher Dimension inserted imaginative elements into the brain and the thought-energies started to act according to them. In this way the elements produced a chain reaction...

- Imagination created memory
- Memory created correlation
- Correlation created continuity
- Continuity created language
- Language created expression
- Expression created communication
- Communication created understanding.

The thought-crystals were totally re-recorded with information of Planet Earth itself, and Ayapliano universal knowledge had hidden deep in the brain without any possibility of surfacing, much less, remembering. The brain worked by a natural sequence of imaginative correlation; the being activated the elements, which reacted chemically, activating the thought machinery. Thus far, Planet Earth-man functioned, but worked like a robot; all his movements, acts and actions were limited to the symbolic images he had in his brain. He didn't think, and by not doing so, he had no life on his own, comparable to a collective life. How could the brain be individualized? What could be done for it to have a life of its own?

The higher dimensions came to the conclusion that the brain worked and did so very well, but it was not conscious of the work. It performed the work mechanically therefore it did not have the dynamics that gave it impulse. It needed *the dynamic impulse from the source*, a chemical element to be placed in the encephalic tissue which would trigger the brain to respond and act independently of the image and symbol. It would also make the brain work together with language, thus becoming enriched. Image and symbol would no longer be the most important because language would become a more complete expression.

In the laboratory, the Higher Dimensions, together with the Regular Dimension, began creating the perfect chemical element, which would activate the encephalic tissue and the brain with the dynamics suited to their environment. This element would have to be activated through a sense of attraction. Through study and research, they discovered the *feeling* element. This element had to be attractive enough to make it desirable, so they fragmented the feeling element into

thousands more elements. Thus they discovered the *emotions*. Along with these elements they conditioned others, such as attraction and rejection, classified as pleasant and unpleasant, which would mold the elements already present.

When the elements were integrated and recorded in continuity and correlation, they began to build and insert thought-energies full of life experiences and the accumulation of these elements was called Consciousness. When consciousness was formed in the brain, for the first time humans could perceive themselves and their environment. Consciousness gave them the ability to perceive and with it they were able to choose. This ability was called *free will*. When the brain made its own choices, differentiating the states of consciousness, it activated **thinking**, a process that would never end.

Thought

When we say the word *thought*, we are referring to the accumulation of knowledge that is present in thinking. The understanding of thought can be differentiated by the cognitive ability contained in the brain.

Transmitted thought often functions only in the encephalic tissue. In this case, the brain files the thought and does not give it the real meaning, because, since it does not have universal knowledge, the thought will be recorded according to a poor projection and full of so many serious flaws that it remains ensnared in them.

Here was where the real problem started. Isolation, lack of communication, obscurity, lack of understanding and suffering, added to the fact of not having the true universal thought within you, caused the thought-energies to become recorded according to signals from the senses and since these were distorted, the perception was not authentic. By now you can imagine what you would have been recording and what you still have in your thoughts today.

With all that what we are teaching you, we, the Higher Dimensions, want you to re-record your thoughts according to the universal thoughts of what you are, not of what you intend to be because of the distortion.

What you think that you are is not real. The image that the mirror of life reflects to you is completely outside of reality. We have worked hard to recover you, but every time we think we have succeeded, a new distortion comes up because your thoughts are based on a conceptual foundation that is different from ours.

Thoughts that arise from distorted thoughts tend to engrave the crystals so deeply that when they are re-recorded, they cannot return to their natural state. They are like closed wounds that always leave scars.

We discovered that to recover you completely, it was not question of re-recording a thought on top of the thought that was there, but rather to have it deeply understood. The energy had to be *analyzed* and fragmented into millions of parts. In this way the thought would not have time to be recorded. This was one way to keep it drifting, so that, when the real universal thought came, it would be recorded. That is why we created thinking.

Intrinsic *nimeo*-energy-elements were placed within the brain. These *nimeos* prevented the thinking from becoming rigid; so that it would be flexible and adjustable. Thus it could control

and oscillate between mechanical and dynamic thinking. In this way the zones of the brain would also interchange energy and feedback, furthering a stable and synchronized relationship.

This oscillation of energetic interchange enabled the brain to shape the thoughts, and the crystals no longer endured the tremendous pressure of re-recording over and over, thus avoiding wear and tear and rigidity. This interchange of energies from the right to the left brain with feedback from both sides, constant self-analysis, the reformulation of thinking and the possibility of recording it alone and only when the thought-energy would be able to connect to universal knowledge, was called *thinking with positive thoughts*.

Humans from other dimensions who did not become distorted do not have this quality of thinking. They have always maintained their thought in order and working with its active dynamic. They did not need to analyze themselves or to have profound understanding. Knowledge was always available to them and they understood and applied it according to the universal laws. *They are present in the consciousness of the universal mind and you are in the subconscious of the universal mind.*

You have to understand that the suffering caused by the distortion was so deep that it left psychological traumas in your crystals. To get out of the marasmus of trauma, of painful memories hidden in the subconscious of your brains, you have to work hard on yourselves. You have to think, analyze, seek, understand, know and be courageous, in order to go back to what made you suffer so much. When your thinking is properly adjusted to universal thought, we can say that you are recovering, that you are forming your energetic being. You, yourselves, in your real expression, are healed and are returning to where you came from.

234. We, Planet Earth-beings, are thoughts of our own thoughts – what does this mean?

When you were distorted, you went on sinking into the depths of ignorance. You wanted to return, so you started creating self-defenses that have seemingly been protecting you. You hid terrible truths that you did not want to cope with or confront. You created a kind of beauty to hide your ugliness, a kind of force to hide your weakness. You had to structure yourselves like the humans you had been. It was difficult, because to do so you had to hide much and show little. The most serious problem was to create a new identity, starting from scratch. You were like babies living in a hostile environment; you had to adapt to the unknown, the uncertain. The worst was the orphanhood of your hearts, feeling alone and abandoned.

It was during this phase that the worst enemy you have inside you began to be created, which is *your own selves*. The great existential problem of your lives was the abrupt severing of your minds from the universal mind. This abandonment and loneliness will always be with you, because, by being separated from the creator mind, you are alone and live alone, you do not feel the presence of the universe inside you. **You are not an all**; you are only a part of it. This is why we always tell you that *you are thoughts of your own thoughts*; you created yourselves in the image and likeness of your own senses.

235. What did our senses mistakenly perceive that so far we have not been able to correct?

By having thoughts that oscillate from the right side to the left of your brain, you are undefined thoughts, and, as such, the true perception eludes your own senses. This lack of definition makes your lives inadequate and fanciful. What your senses perceive is not real. Your life is

camouflaged, hidden and uncertain. You pursue unrealities and lies which you yourselves make up, support and foster. Layer upon layer of thoughts – and when you decide to discover the truth, you do not uncover even the first layer.

When we talk about indefinite thoughts, we are referring to *nimeo*-crystals that oscillate in the brain and around Planet Earth. Since they are undefined, they have no form, because they are not adequately recorded. You use these thoughts-energies as feedback. It is a vicious circle; the crystals are not renewed with new knowledge, and since they are crystals of the same planet, they keep on rotating and jumping ambiguously from one brain to another.

It would be very different if the knowledge that nurtures you came from other, higher realities. In this way you would be always renewed, updated, dynamic and active. You could interchange so much information that your minds would grow in wisdom, and the active dynamics would renew your elements, bringing you health, wellbeing, harmony and peace. The difference between you and the other higher realities is incomparable.

236. Is it true that there is energetic vampirism?

There is energetic vampirism because you do not generate dynamic thoughts. You are thoughts of thoughts and not ideas and thoughts. This is why you have to steal and to nurture your brains with recorded energy that comes from other brains that generated these thoughts and that also absorbed these crystals from other sources. It is a vicious circle. Our task is to awaken the active dynamic in you, so that you can work more with your right side and thus be able to open up the universal thoughts. These would nourish you with new data, so that the vicious circle could be broken and you could renew your crystals and circuits. The areas of your brain could then grow in wisdom and understanding.

237. What are we? Why we are not real?

So far, you, the human-Ayaplianos, have been governed by your material senses. You have to know there are other senses which go beyond all logic and understanding: *the energetic senses*, that belong to the energetic being (the spirit), which develops and is nurtured through them.

When beings come into existence, they open their channels of understanding. To do this they need more acute perception to guide their existence and elevation correctly. We could make the following comparison with the senses:

The senses are:

- Smell: Numeral intuition
- Sight: Dynamic imagination
- Hearing: Immediate perception
- Touch: Infinite sensibility
- Taste: Energetic nourishment
- Sex: Creativity

Regrettably, you perceive your lives at a low level through your external material senses. You feel alive because of those senses but when one of them is missing you feel limited. When your existence is governed by the inner energetic senses, your knowledge and understanding expands, the perception of yourselves and your environment will globalize that understanding. Using the inner senses, will transform you; your nourishment will be of high quality and the

dynamism of thoughts help you develop cognitive ability. In short, you will evolve and elevate toward the highest universal levels of knowledge, understanding, and love. You will automatically manifest and implement your creativity within yourselves and your environment and do so emphasizing quality and not quantity.

We, the Divine Dimension, are the understanding. We are explaining this knowledge so that you may nourish yourselves properly, and not only with chants, prayers, violet energy, and messages from other planes of existence. All that has to come with an adequate nutrition of universal thought-energies. Thus, when changes inside you occur, you will be able to transcend the plane you are on and advance to the next.

When you asked earlier if there is energetic vampirism, we said –and we repeat – that it does exist. When humans have thoughts that oscillate and are not recorded, they run the risk of having their thoughts absorbed by others, who feed on them to continue living. The brain works like an electrical device and has to be recharged to continue living and doing its work.

Where did the word *vampirism* come from? Vampires feed on the blood of their victims; that is how they stay alive. What does it mean? Symbolically, blood means life or soul. Since they are dead beings, they need the life or the soul to go on living, that is, they absorb the blood of another being to be able to have a soul and thus live.

Vampirism of thought-energy works in the same way. Energy is the life or the soul. The brain needs to nurture itself with energy to continue living. Since the soul is collective, the brains of humans work with energetic feedback to continue thinking.

This does not occur with the thought-energy of the spirit; since it is recorded energy, it belongs to the energetic being. This means it is already united, forming a body. When one energetic being feeds another, neither one is vampirized; much to the contrary, both of them are receiving feedback, nurturing themselves in an interchange of knowledge, understanding and love. When there is elevated and spiritual feedback, we do not call this vampirism but *nutrition*, because the recorded crystals are not oscillating; they belong to an energetic body called *spirit*.

Oscillation of thought-energies is not the same in all beings; some are fairly safeguarded, others are completely exposed and defenseless. There are also those who are fully protected by the gravitational field they themselves created. This field would not tolerate energy absorption or *energetic vampirism*.

238. What would working with the real senses be like?

It would mean to work with the truth. It would mean that you would go from the subconscious to the conscious of the universal mind. Your minds would be limpid, diaphanous, and clear; they would express what you are, and not what you aspire to be. Life on the planet would be very different. There would be no hunger, destitution or war, because humans would know and understand one another. Comprehension and humanity would flourish. Therefore we want you to elevate your mental energy because when you do so, no truth will be hidden. You will work with perception, intuition, symbolic dreams, dynamic imagination and your inner senses, which will help elevate your thoughts. This way, you will have attained real vision.

239. Does feedback of thought-energy exist on the universal plane in the same way as on the planet?

Up until the third grade, feedback of thoughts is carried out to attend a basic need to ingest food without the knowledge of cause and effect. As of the third level or the beginning of the fourth level, feedback becomes *nutrition*. It is an energetic interchange from one being to another, which occurs when the thought becomes a *dynamic thinking*.

Food: required for sustenance and functioning.

Nutrition: a provision of substances needed to furnish or increase energy.

The universe does not give feedback to itself. The universe NOURISHES ITSELF because it needs to sustain itself. It is a living body and as such, it has to keep itself healthy, dynamic, active and completely sound. You, Planet Earth-humans, work simultaneously with mechanical and dynamic thoughts. You will not find beings on the planet that tend to use only one side of the brain; that is why you are a mixture of dynamism and mechanism. The drawback of this alternate process is that many thought-energies are left unused and lost. This is why the universal mind rejects them and files them as useless energy.

240. Do you mean that you consider thoughts to be nutritious food for the universal mind?

Thought-energy is the sustenance of all existing things. It is the food, the nutrients, the vitamins, the calcium of the material body, the psyche and the mind of the universe. We understand the universe to be an all, a living being and it will behave as such because it needs to live. If we say that we are all in the universe, then what is the difference? Have you not noticed, so far, that we all are in a gigantic body called the *One Being*? The universal human within this body is in charge of the encephalic tissue, the brain and the mind.

This is our reality and depending on the quality of the thought-energy developed by the brains, we will be placed where we belong. If the thought-energy works mainly with mechanical thinking, then it will feed the material body of the universe. If the energy oscillates between mechanical and dynamic thinking, it will feed and nourish the soul of the universe. And finally, if the thought-energy works with dynamic thinking, it will be nourishing the energetic being (the spirit) of the universe.

241. When did we, Planet Earth, start to think?

Thinking means *reflection of thought*. Planet Earth humans started thinking when they acquired consciousness and language to be able to express the continuity of their thoughts. When they created symbols, they also created their need to get in touch, to manifest and to perform, from the inside out, and to leave evidence that their thinking could be transmitted from one to another, at first verbally and then, written.

242. Why do our senses not perceive what is real?

Everything you perceive is *timeless*. What happens is that you do not have enough time-space to prove it. Living in the subconscious of the universal mind cannot be defined as an absolute truth; it is always changing. Thoughts are thoroughly analyzed with rigor and purpose.

If you stared at one house and one thousand years went by in a second, you would see it disappear before your eyes, and instantly other shapes would arise at the same time and in the same place. Therefore we say it is timeless. Your reality is not eternal, and to us, the real is that which remains forever unimpaired. Everything else is transformed, recycled, absorbed and sent to new creations.

Everything is relative in the universe. For example, your beliefs are based on what you know. You have created religions that appear to be as wide as an ocean, but they are only two centimeters deep. Technologies, medicine, scientific progress, literature, philosophy, psychology, and so on, tend to change with the progress of research and discoveries. Thus, what the present shows you as solid truth, the future demolishes and the past nullifies. How can we say that your senses are real?

The material part of a subconscious life must be lived carefully. Only awaked beings, conscious of their energetic senses, could feel the difference and to do so they must live according to the real perceptions of what surrounds them. Living in the subconscious means that individuals are below psychological consciousness. They are not aware of it, because it is a set of contained thoughts beyond their awareness, which is why they do not perceive their own reality. This is what we call *to be dormant*. When beings awake to consciousness, we say they are *awaked*.

Many of you perceive that you are living misguidedly; others hold their lives on a tight rein and make corrections. But there are those who are tied down and immersed in their convictions, fears and insecurities and cannot get out. They keep on spinning in a vicious circle until something or someone helps them out.

The senses were created from a need for perception, but you have downgraded them to feeling pleasure. You have turned them into a placebo and a drug. Material senses were given to Planet Earth-humans so that they could perceive themselves and their environment. Through evolution, these senses were meant to have been developed and become deeper senses, like intuition, sensitivity, perception and comprehension, but that did not happen. Humans caused them to degrade and thus gave their lives a different meaning.

243. What is the subconscious of the universal mind like?

You are probably wondering: how can the universal mind, created with perfection, have a subconscious reality? It did not have any until you Ayapliano-humans appeared.

The distortion created the subconscious because it dragged along the thought-energies with it and condemned them to darkness and ignorance. It took them to the underworld of disability, pain, suffering and unconsciousness. This created an unreality of confusion, instability and inconsistency, without continuity or correlation, an unreality of fantasy and transitory dreams. Millions of entities in the antimatter world that were dragged against their will to the underworlds of a new and unreal creativity want to emerge, to get out of the subconscious, to be what they were before the distortion. These are you, yourselves, who are getting healed with the help of those of us who are present in the antimatter world.

244. How can we get out of the subconscious?

You can only get out of the subconscious through knowledge, understanding and universal love. You can only do so by analyzing, opening your minds and hearts to the universe, using your intuitive mechanism within yourselves, seeking the truth of your existence in your minds,

breaking free from the schemes which had kept you ignorant and blind, perceiving the consciousness of life, facing truths that are sometimes painful, and opening new ways with belief and new possibilities. In short, *returning* to where you belong: *the conscious mind of the universe*.

245. What is the subconscious of Planet Earth like?

When the distortion occurred, the thought-energies sank into the depths of oblivion and ignorance. In doing so, a lower dimensional plane called *unconscious* was created, and to understand it, it had to be divided in two more segments called *subconscious* and *infra-conscious*.

In general, the thought-energies of Planet Earth are located in the dimensional plane of the subconscious. They are controversial realities, difficult to predict and understand. It is impossible for us, the Higher Dimensions, to enter these realities. The entanglement of thoughts is such that even we cannot unravel it. To be able to communicate with you, we have to wait for you to go to the unconscious reality, and as we nurture you with knowledge, we can help you move to the conscious. That is why we insist so much that you are going to elevate yourselves through knowledge, understanding and love.

We will not broach the subject of the infra-conscious; those who are below the subconscious are totally immersed in materiality. This dimensional plane no longer exists on Planet Earth.

246. In which dimensional plane are the yetis?

They are in the first levels of subconscious thought. The infra-conscious plane existed when the thoughts of man were rigid and robotic.

You are currently moving from the subconscious to the unconscious level; then you will go on to the conscious level. We are working hard to achieve this.

247. How are our antimatter worlds working to progress in the dimensional planes?

The antimatter worlds of Planet Earth that work with you are the *Internal City*. They are responsible for everything that is related to inner work.

Since you are in the subconscious, to be able to help you, the antimatter worlds have had to know, study, classify and organize the mental disorder of this reality. The subconscious is a plane of thoughts without correlation or continuity; they are mechanical thoughts created for the simple fact of pleasure. Pleasant or unpleasant is the law that prevails on this plane. Since pleasure rules the thought-energies without any order or control, chaos has been created because thoughts struggle to prevail in satisfaction, without measuring the consequences. In such circumstances, pleasure has become such a strong dependence that the antimatter worlds have had to create antihistamines to be able to counteract the symptoms of this drug abuse.

Pleasure consists of placebos acquired through the senses. The subconscious feeds on them in order to escape its sad and poor reality. Only conscious reality can control pleasure and turn it into a wonderful tool for growth and elevation.

When the distortion occurred, thinking could not distinguish right from wrong, and since it also had no knowledge and universal understanding, the senses re-recorded the crystals, and they

did so by means of pleasure, because it was the only thing they knew. Through these senses, they perceived pleasantness and unpleasantness. Human thought was rigid. Humans did not understand or know their reality and environment. The antimatter worlds have been able to recover them, because by understanding what was happening to them, they created the opposite of pleasure and called it *suffering*. They did so for the sole purpose of counterbalancing the abuse of pleasure through the material senses.

Humans have to understand that suffering helps them master the pleasure of the senses and thus attain balance. With this quality they will no longer create thought-energies geared to subconscious pleasure; on the contrary, they will create thoughts with conscious satisfaction, with knowledge of cause and effect, therefore without *suffering*.

When abuse of pleasure is repetitive, it is called *vice*. It means that the thought-energy refuses to leave the subconscious, causing tremendous suffering. If the vice is deep-seated and continues tormenting the person, it becomes *disease*. If, after suffering, the thought-energy still refuses to leave the subconscious, it will then be absorbed, recycled and sent to new creations. When pleasure is worked on, understood, and balanced, it becomes a part of the energetic being, which turns it into satisfaction, joy, enjoyment and fulfillment, because it is complemented with knowledge, understanding and love.

When we speak of pleasure, we are referring to thought-energies located in the left side of the brain. They stimulate the circuits to feed on the senses and receive feedback from other energies which can give them pleasure, such as food, power, money, sex, vanity, pride, arrogance, sadism, masochism, lust, etc. The unrestrained pleasures produce the delight of the left side, where the low vibrational energies of the antimatter worlds are located. The right side strives tirelessly to maintain the balance and, above all, to save the thought-energies lost in the underworlds of the conscious.

Our real work, as antimatter worlds of dynamic thought-energies, is to recover you. We have to get you out of unconsciousness and take you to the consciousness of the universal mind. We do this work with knowledge, understanding and much love.

248. How do you see our reality?

The vision of the antimatter world is undoubtedly very different from yours. Remember that this reality has also levels of existence: some are in the conscious, others in unconscious, and there are those that are present in the subconscious. We, as the Ethereal Dimension, exist in the consciousness of the universal mind and we perceive you as follows.

We are all within a mind, and its reality differs much from what you perceive as existence. The mind is a whole; its reality is distinguished by sounds, rhythms, colors, vibrations, sequences and signs.

We, the thought-energies that exist and live in this reality, conduct ourselves according to our corresponding grade. We are thoughts that adapt to forms according to how we perceive our capabilities or our limits. In the all, there are denser or lighter, faster or slower, lighter or darker realities. These differences give the impression that we all seem to be living in different and distant realities. This is not the case; we are all together and separated at the same time.

The universal realities oscillate in vibrating waves, producing sounds and emanations of colors, which, for us, mean language. This enables us to know and understand El Ser Uno (being one). We know that we are in the conscious reality by the energy emanations of the universe.

The energy center of El Ser Uno is located in the pineal gland. We are close to it, nurtured by the light of knowledge, understanding and love that emanates from it. We do not see reality the way you do, that is, the color of the skin, the shape of the nose, if you are blond or brunette, if you are tall or short. We perceive the inner reality that characterizes you, the depths of your truths, your innermost thoughts. We know the truth, which is why we try to help you.

You cannot deceive us; we see and perceive your thoughts, and since we are within the existence of El Ser Uno, you cannot lie to us. We can see your difficulties, the terrible suffering, confusion, and sadness, the endless struggle for survival, the discomfort and anxiety. Those thought-energies are in the depths of the mind. You call it hell. Those thought-energies need much help, and we provide it. We are their *doctors*; we treat you psychologically; we help you understand your sicknesses and errors; we try to focus you and cure you, preparing you for your next incarnations.

We are with you. Since you are a dense, dark and slow reality, you do not perceive us, because while you take so long to walk and talk, we move at incredible speeds, so fast that we go by right in front of your eyes, unnoticed. Nevertheless, we are here with you, always helping you with love and dedication. When you begin to heal yourselves and leave the density, the darkness and the sluggishness, you begin to be quicker and lighter. Then you will begin to realize that we are with you. Only then will you perceive our presence and we will be able to talk face to face, as it should always have been.

249. If we are in the subconscious of the mind of El Ser Uno, are we this being's thoughts that are not understood?

The thoughts of El Ser Uno that were not understood did not sink into the depths of the subconscious; they went to the unconscious because those thought-energies had been formed through ignorance, not distortion.

El Ser Uno created, and it created what its imagination perceived, but this imagination was correct; it had continuity and correlation. The subconscious was created when the correct thought-energy got distorted with the oblique magnetism. If we say that we all are in one mind, then the oblique magnetism is in the universal mind – how can this be?

250. How can the universal mind, which is perfect, have an oblique magnetism within itself?

When the nucleus of El Ser Uno (being one) exploded forming a universe within the bubble-sphere, the gravitational force attracted to itself everything that exists, causing the universe to rotate around its own axis and thus preventing the dispersion of its elements. It maintained itself intact and for what it had been created.

The axis exerted utmost force to preserve its creativity; it produced vibratory waves to preserve the rhythm of its pulsation. Unfortunately, more distant dimensions perceived the vibrations that had low intensity and frequency. Since they could not attract them, the crystals began to rotate obliquely around themselves in imperfect circles. Because of the irregular movements, their poles became flattened and their sides widened.

That was not the only thing that happened. The movements of rotation and translation occurred in the same way, consequently the reception of the universal wave was also distorted, forming a different, low-intensity vibratory belt. Thus, the thought-crystals of the beings in that belt were also distorted.

Part of the Elementary Dimension that did not apprehend the universal pulsation clearly, mentally created unconscious thinking. This meant that part of those planes were unaware of what was happening to them. The oblique deed, action and thought of the thought-energies were distorted due to ignorance, different from those that were in the oblique magnetism. They created subconscious thought, because their oblique deeds, actions and thoughts were not brought about through ignorance, but due to an energetic sickness called distortion.

Many thought-crystals of the Elementary Dimension have corrected themselves, leaving the unconscious; others continue trying to do so. There are those still in the distortion. The ones in the subconscious are you, who are struggling to get out.

251. Was the distortion an accident? Did it occur in other bubble-spheres?

When we acquired the knowledge and adapted it to our reality, we also discovered what had happened in many bubble-spheres. In the end we verified that the conscious, unconscious and subconscious, formed the universal mind. There are infinite bubble-spheres in the universe; we already communicate with them. There are billions spread throughout the all; our sphere is a part of it.

252. Do you mean that you consider the subconscious to be a sick thought-energy?

The subconscious is a reality that needs much help, much love. Its most intense suffering is solitude.

When the thought-energies abruptly cut the umbilical cord with their creator, it was the most terrible thing that could have happened to them. They felt abandoned, alone, blind, deaf, dumb, and deprived of support. It marked them for their entire existence, a trauma that they will hardly overcome.

Elementary humanity's *need for coexistence* is so great, that humans have created society, interaction, interchange, community, religions, and family.

- Their *insecurity* is so great, that they have created reward, work, fame, recognition, history.
- Their *need to return to their creator* is so great, that they have created music, art, literature.
- Their *need to know* is so great, that they have created science, technology, medicine.
- Their *need for healing* is so great, that they cling to hope, faith, god and their beliefs.

Because they know that all this will lead them *to return*, to what they were and to what they will be.

Humans from Planet Earth: may you have the strength to continue struggling. Do not ever give up because you will succeed. Knowledge, understanding and love are with you. Discover them inside you, within the truth of your lives. We love you very much; we are waiting to receive you with all the love and respect that you deserve.

The reality of the subconscious consists of thought-energies lost in uncertainty, fantasy and incongruity. They do not know where they are, who they are or where they should be going. They suffer and they do not know why; they cry without knowing the consequences; they implore to the invented God without getting an answer. They are worlds of madness, where thoughts are mixed up, vampirized and malnourished, weak, without character or personality. They wander in the antimatter worlds without knowing whether they are embodied or discarnate. These thought-energies are cared for by teachers of higher planes, who treat them and heal them, to send them back to embody and thus continue their evolution and elevation.

253. What is the material and antimatter reality of the subconscious like?

Let us begin first with antimatter reality. A thought-energy in this antimatter dimensional plane is situated electrically in a brain that gave it the shelter it needed for its subsistence. This shelter has to have the necessary connection – that is, the same vibrational frequency – so that the thought-energies can attract one another. It means that the embodied thought-energy and the disembodied thought-energy must have the same characteristics.

We know that antimatter reality is divided into nine zones, and each of them will shelter its corresponding thought-energies. When we say that the subconscious is a vibration of much suffering, we are referring to the first three zones on the left side of the brain.

Zones of subconscious thought-energies

Zone 1: Thought-energies submerged in the filth and dung of their own desires: drug abuse, alcoholism, concupiscence, lust, murder, sadism, masochism, depravity, theft and so on, are located here.

Zone 2: Thought-energies that are negatively slaves of their own desires: lies, vanity, arrogance, power, ambition, abusiveness and manipulation, evil, violence, envy, sick jealousy, inordinate possession, and so on, are located here.

Zone 3: The thought-energies are so trapped in their emotions and negative feelings that they cannot perceive other better and more positive realities: lack of humanity, sadness, negativity, depression, lack of esteem, insecurity, lack of character and personality, fear, greed, lying, deception, laziness, and so on, are located here.

Zones 3; 4: Thought-energies that, even though they work with the positive side of creativity, cannot achieve elevation because of inconsistency, lack of will, instability, lack of courage, lack of knowledge, understanding and love, lack of analysis, conflicting feelings and emotions, and so on, are located here.

Zones of unconscious thought-energies

Zones 4; 5: Thought-energies that have already overcome their conflicts and have been able to record their energy are located here. They have achieved this because they have worked with the right side of their brain, have used their dynamic, and so they have elevated their thoughts. But regardless of all their efforts, they still have some relapses due to lack of knowledge and understanding. Perhaps these are sometimes not deep enough to be able to analyze and correct, so they need to work and acquire much knowledge to be able to overcome the obstacles.

When beings are at this grade or stage of the work and have relapses; the universe calls them *unconsciousness*, because they fall back through ignorance and not sickness, like the previous zones.

Zones of conscious thought-energies

Zones 6; 7; 8 and 9: Here thought-energies have knowledge of cause and effect. Totally analyzed and deeply congruent, they have the virtue and the gift of external and internal visualization. We mean that their antimatter world works congruently; they can manifest and accomplish with absolute perfection.

Description of the subconscious worlds

When we speak of the antimatter worlds, we are referring to all of us, including you. *All of us are present in the antimatter worlds.* The material worlds, as you want to consider them, do not exist; it is all *a single dense or subtle energy.* Since you are in density, you can touch it, because you are on the same level. The same thing happens to us; we are within a very subtle energy and we can touch it because we are identical to it. The energy of the bodies adapts to its level and vibration.

When we say that we are in the brain of a Being One, we must realize that in our brains there are planets, constellations, stars, and all one can see, and that these planets may or may not be inhabited.

We can look at it like this. Within your brains there are planets inhabited with beings that live and behave exactly as you do on Planet Earth, with people, houses, animals, plants. You may be wondering: "How is it possible?" We explain it this way: if the universe is a mind, everything that exists is in the imagination of that mind. Everything that exists is imaginative, and being so, all that your eyes or senses perceive is recorded in your imagination. Thus, you will imagine your antimatter world and it will be the same as your Planet Earth.

When you disembody you will go to a Planet Earth which will be in some brain that will shelter you imaginatively. You will live according to what you yourselves created when you were embodied. You are the creators of your own hell, purgatory and heaven, and you will continue to live on that planet, exactly the same as your thoughts. If you lived according to zones 1 and 2, the thought-energies on that planet will have the same level of conditions. *It will be hell;* and this is the way you will be treated and healed.

Zones 1 and 2 of the antimatter world are large hospital-centers, where the thought-energies are healed by other higher thought-energies that will take charge of them. We could call them guides or astral doctors who, through psychological treatments, will heal the thoughts that need healing. The way of life there is the same as in psychiatric hospitals on Planet Earth. The thought-energies there do not know whether they are embodied or discarnate. Since they are very sick energies, the treatment consists of feeding them with *nimeo*-vitamins because their energies are very weak, undernourished and inconsistent.

They cannot be given universal knowledge because they would not understand it. What they need is be strengthened and to find themselves and unravel their conflicts. To do so they need peace, harmony and much love. When they are strengthened, they will be sent to embody to continue the path of their lives and be able to awake at the opportune moment. These thought-

energies are submerged in the subconscious and need a lot of patience to be able to get out and continue.

254. What happens with thought-energies that are immersed in vices?

If we are talking about distortion in this knowledge and we saw that it was terrible for thoughts to reach this state, can you imagine how terrible it is for a thought not only to be distorted but also be enticed by chemical dependency? When the energy does not become rehabilitated, the thoughts are absorbed and sent to new creations, but first they are healed and restructured. Absorbed means that the thoughts are annulled and the remaining energy is used for new creations, as if it were a new and virgin energy.

Before reaching this process, the thought-energy has many opportunities to overcome the vice; if it really desires to do so, it will have all the necessary universal help. It will never be abandoned or rejected, and will always have its place in the universe with much love.

When the thought-energies are in zones 3, 4 and 5, they will meet up with others in an imaginative planet. Like the others, they will also have psychological treatment with guides or astral doctors who will be in charge of those tasks. They will live exactly the same as in their planets and they will go to college to attend universal teachings which will be ministered by teachers who will guide them to the right path. They will learn sensory behavior and confront the shortcomings which, through their lives, had caused them so much discomfort and suffering.

The imaginative planets will place them according to their vibratory frequency and the kind of work they need. When you are there, you will not notice the difference because, since it is an imaginative reality, all your needs will be covered.

In these zones treatment is entirely psychological because the sickness is not so serious and the thought-energies are not debilitated. On the contrary, they are strong energies and able to heal themselves through knowledge, understanding and love.

255. If we are psychologically treated in those imaginative planets, why do we make the same mistakes when we embody?

We have to consider that thought-energy is linked to habit and pleasure. It is difficult to remove an ingrained habit overnight, more so when it is a question of pleasure. *Pleasure is overcome with renunciation and sacrifice* and you are often not willing to take up renunciation, much less, sacrifice. Do not forget that pleasure is a placebo, a drug, and you need a lot of strength, will, understanding, love and knowledge of what we are saying, to struggle against it. If you had the knowledge of the cause and effect, you would not let yourself be influenced by pleasure but by prudence and common sense. This is why we insist that you elevate yourselves, because if you did, your memory would be clearer, and you would remember your lives in those imaginative planets. You go from an outer to an inner reality and from an inner to an outer one. You will never die as you think you will, because death does not exist in the universe; *it is ongoing living*.

Since your thought-energies are not yet clear, the thoughts in your memory are confused and if they repeat the same mistakes it is because the positive understanding has not yet been deeply recorded. The lack of remembrance occurs because mechanical and dynamic thinking do not work together, therefore the role of memory is relative; it will only file what has been recorded and, as we have stated, thought-energies oscillate and so they cannot remember. Memory will be fully active when beings have managed to record absolutely all the details of their existence and all their dense or subtle lives.

256. If our thought-energies oscillate, how is their corresponding place in the imaginative antimatter worlds determined?

While the amount of thought-energy produced by a given zone will classify the energy, determining the location, color, vibration, sign, form, rhythm and everything that characterizes it, the imaginative antimatter world is classified with absolute perfection, that is, never oscillates, is in perfect order and in its right place.

257. Is Planet Earth in the imaginative antimatter world of El Ser Uno?

Yes, you are:

- *Elementary Dimension*
- *Third grade*
- *Subconscious antimatter imaginative world*
- *Human-Ayaplianos*
- *Digestive system*
- *Planets in formation*
- *Triangle*

When we refer to the subtle antimatter world, we are indeed referring to the imaginative conscious world, created by higher minds which gave it form and universal meaning. This subtle world is the shelter you need when you disembody. These are the real worlds, where thoughts cannot be hidden, deceived, or manipulated.

The antimatter world is the shelter for all the thoughts of the universe. They take on form, sign, vibration, frequency and rhythm according to their meaning. You, for example, have the exact form, color, etc., of a distorted thought. Guides of the antimatter world know for sure the characteristics of each thought-energy and, as such, they treat and heal it, nurturing it with the sign, shape, color, vibration or rhythm it lacks. We call this nourishment *vitamin-energy*.

258. When we disembody, can we go to an antimatter world of other bubble-sphere?

This is not necessary since our bubble-sphere provides us all we need for our sustenance. We can travel and visit them and if we do, it is to gain knowledge of other realities like our own. Often when you come from Planet Earth, third grade, and you disembody, by merit and work you can go to a higher antimatter world, which could be a fourth plane. This happens because energetically you have elevated your knowledge, have worked on understanding and there was love in your lives. Therefore you deserve to go to a higher grade. If you do move up, it is because you will be prepared in universal knowledge. When you return to your dimensional plane, it will be for you to transmit the knowledge or to perform some mission entrusted by the higher planes. In this way, you become receivers and transmitters of both realities, dense and subtle.

This is when you become *volunteers*. You will be workers of the universal kingdom, which means that you will be present in the two realities simultaneously: matter belongs to the third grade and the mind could belong to the fourth grade. The two thought-energies are not uneasy about being together because they know their reality which is what you need for your work. Many of you are in these conditions, and if you have been sent back to continue on the third grade, it is because evolution has to keep up with elevation.

During the 7 thousand years of the alignment you will be able to evolve and your evolution and elevation will be energetically matched. This is the only way of preparation that will take you to the fourth grade, that is, to have you incarnate in other more subtle realities or planets that can meet the more developed and elevated needs.

259. How can we form our heaven in the imaginative antimatter world?

Those antimatter worlds are your very thoughts, that is, they will be you yourselves. Forever. You exist at the same time in all the dimensions, planes and realities and you will always be yourselves.

All reality of the universe is a single present; there are no separations, only gradations. You had given it many names; that is why there is confusion. Terminology is wonderful as it means language, but it also hampers understanding because it tends to distort the true meaning of words. When we say that there is a single present, this is you yourselves in billions of different expressions. You are present in your highest and divine as well as in your lowest and distorted reality.

You might be wondering: who the first Being One is and who the last one will be? All we can tell you is: when we think we have discovered a beginning, it turns out to be an end. Then how can you create your heaven or a divine and elevated reality? By *discovering you yourselves*. The secret of everything is in your mind, because deep inside, you exist in millions of expressions. However, since you are so lost in the pleasure of the senses, you cannot see what you really need to see. If you had worked with the inner senses, your vision would be very different. You would discover the thousands of inner selves that you are. Each of them represents you and lives on some planet of antimatter worlds. To create your heaven means to discover yourself in your highest expression and to live according to it, in the reality where you are.

260. If this is an imaginative world, why do we see and touch everything as real?

An imaginative world is a totally tangible reality since being imaginative does not mean being invisible, as you might think. Imaginativeness is a synonym for creativity and, as such, deals with reality. *Imaginativeness* refers to the faculty of representing something real in the mind, ease in forming new ideas, creating new projects, inventing and also suspecting based on evidence. As you can see, imagination is based on real events; that is what makes it tangible. If the mind creates some thought that does not adapt to it, then we are not speaking of imagination but of *fantasy*, which, unfortunately, is unreal and fades away; it *lives, but does not exist*.

Much of what you assume to be real is fantasy. For example: your bodies, your way of living, your feelings and emotions, your food and much more, are fantasies created to satisfy the illusory support of your lifestyle. These unreal forms tend to disappear, because they were not created with imagination but with fantasy. You are in the antimatter world of the brain of a Being One, in the thought-energy of its fantasy and its subconscious. You have not yet emerged as conscious or real thoughts. For you, this is very real, because you do not know any other way of living, but to the Being One you do not exist, since it has no awareness of you as real thoughts.

When you begin to awake, show clear signs of consciousness and control of your subconscious thoughts, then you start to become real to it and thus, you exist. The same applies to your antimatter world. This reality has its subconscious world; you do not know or perceive it, you only discover it when it emerges. Only when you discover the problem and resolve it will this

thought-energy be known and understood and. It will exist to you, because you will actually know it. You will look at each other and not be able to deny that you are the same.

261. Then to the Being One, are we, Planet Earth, the unresolved issues?

Yes. You are in the subconscious; to it, you are thoughts without understanding, not worked on, unknown and without knowledge. You have become thoughts that somehow disturb it, since it must extract them from the subconscious, work on them, understand them, give them knowledge and also, elevate them. When it does this, it will also elevate you. The billions of united Beings One are a single reality; what affects one, affects them all to a lesser or greater degree, depending on their vibration.

The subconscious is unworked thought-energies without understanding. These are problems, confused emotions, insecurities, fears, apprehensions, traumas and everything that accumulates in the brain and seems to be filed away. At certain times they surface and call for attention, and when they manifest they always cause uneasiness and discomfort. Like it or not, at this time the Being One has to give them due importance; not to do so would tend to aggravate the situation and thus create more thought-energies in its subconscious world. If the subconscious thought-energies turn majority, then the Being One will become seriously ill.

This is how mental disorders with varying characteristics and consequences originate.

262. Then, by its characteristics, is Planet Earth, within the brain of a not very elevated Being One?

According to its characteristics, Planet Earth is in a Being One of the same human species; it can neither leave its grade nor its planet. Planet Earth, like many, has nine grades of elevation. Since you are on the third grade, you are in the brain of a Being One of the fourth grade, in your own planet.

263. Is it a gigantic being?

It is, for you, not for the universe.

264. Then the planes are interlocked with one another?

Yes, like the dimensions.

265. Do you mean that Planet Earth has nine sizes?

What you define as sizes, we define as grades. Each one will shelter the other, and when they finish going through all the planes, they will go to another dimension to be sheltered. Each time they go through a grade, Planet Earth-humans will embody in a being of greater volume and size. That is, those who go to the fourth grade will become the Being One of Planet Earth, and this, in turn, will be the subconscious of those who have transcended.

266. What are the grades like?

When we use the word *brain*, we could be speaking of an ongoing state of a mind. With this we want you to understand that everyone, absolutely all of us, are in the universal mind. This mind has billions of gradations with realities disseminated in all of them.

Our universe is within a bubble-sphere; there are billions more, that is, an infinity of brains that shelter other brains.

267. Is the fourth grade a gigantic human Being One in a planet greater than ours? Where is it?

Everything that exists is always divided by the number 9. When we speak of grades, it means that the thought-energies of Planet Earth beings have nine grades of rhythm, vibration, frequency, form, sign and color. They are nine expressions of thought.

This means that when the planet is in the subconscious of the third grade it will go to the subconscious of the fourth grade which will be much lighter and much more understandable than the former.

The fourth is also a grade of the subconscious but different to the third, as its thought-energy understands, analyzes, clarifies, and defines everything that caused it discomfort and insecurity. The fourth grade of the Being One of Planet Earth knows, understands and loves because it has these qualities to help it.

This thought-energy entered a versatile state of adaptability. With this virtue, it can work better and, above all, achieve greater results, so that later on it can go into the conscious mind of a universal Being One that will shelter it.

When you enter the brain of the forth plane human being, you will be on the same Planet Earth, only on another dimensional plane, that is, in a more advanced and elevated Antimatter World. You will continue advancing until you reach the ninth plane. When this happens, you will go on to another dimension. This means that you will leave the Earth and enter another brain, another plane and another reality.

268. What will happen when we are on the fourth grade? What will be our work regarding the Being One?

When you are on the fourth grade, that is, in the understood subconscious of the Being One, you will turn *the analyst of truth, consciousness, perception, clairvoyance, true expression, and support of the Being One.*

You will become the continual analysts of that being. It will not be able to evade its truths because you will make it see its faults. Who better than you to understand them since you were already living in the middle of them? You already went through all those problems and overcame them with effort, perseverance and knowledge of the causes. You suffered because of them but managed to get out unharmed, with love and understanding. You will be the heroes of this Being One, and not only the heroes, you will be its wise, analytical and greatly experienced inner voice. You know it very well; you lived in the depths of its mind and know its needs and problems because you are it and it is you.

Someday, when looking with your inner eyes and senses, you will remember that you lived in the depths of your own minds, and since you will know how, you will want to heal all your ills, because you will have the understanding for that.

269. Is this the inner voice that we hear? Is this us on another dimensional plane?

Yes. When you look with your inner eyes and senses, it is the antimatter world that is expressing itself, that is learning. Many lives are needed to understand it.

But it does not mean that you are going from grade to grade each time you disembody; to do this you must reincarnate many times to understand the subconscious. It may happen that you have to repeat a grade over again to be able to advance. What is certain is that each reincarnation is a particular experience with its knowledge, understanding and love. In this way you will gradually be progressing and elevating.

270. If the antimatter world is formed of billions of thought-energies, how does it draw them together and express itself as a single self?

The brain of the Being One also has grades; but it is the energies of the higher grades that will form that *self*. Each Being One will be the expression of thought-energies. When these thought-energies are in zones 1 and 2, you will already have an idea what they will be like and what will be their expression of life.

When we refer to the *self*, we are speaking of the general characteristics which identify the Being One, but we have to understand that, since everything in the universe is hierarchical, the *self* also has grades of expression. These are:

- Zones 1-2: Ego
- Zones 3-4: I – Self
- Zones 4-5: Character
- Zones 5-6: Personality
- Zones 6-7-8-9: Individuality

The thought-energies in the different zones will express themselves according to the grade they occupy.

Ego

These thought-energies are characterized by an exaggerated appreciation of themselves. The external senses revolve around their pleasures and always tend to satisfy their needs so that they can be fully provided, evidently, at any cost. They make an elated and fanciful evaluation of their personality. Their life experiences are strongly marked by an excess of pleasures of doubtful satisfaction which annul the development of its *self*.

I - Self

These thought-energies are the mediators between the *ego* and the *character*, that is, between antimatter and material worlds. Here is where these thought-energies will establish their relationship with their life experiences and according to them, they will form their *personality*.

I-self is the assimilation of all that is internal and external; in this way, the antimatter worlds can constantly re-record their crystals and will learn how to differentiate imagination from fantasy. *I-self* is the total expression of these thought-energies, because it will have within it, in its *self*, everything regarding the relationship with the universe and its own development. *I-self* that is worked on and understood will become the character and personality that will accompany it

through all eternity, and an eternity full of knowledge, understanding and love is called *individuality*.

Character

Each *thought-energy* has its own unique characteristics in the universe. *There are no two energies exactly the same in the whole universe*. They may have similar features, but are never the same. Therefore, character is a set of qualities and circumstances, personal and instinctive, which distinguishes each thought-energy from the others. Character is formed when the thought-energies are properly recorded; until they are, the brain will work only with its *I-self*. You often confuse character with someone's way of being. The latter is the result of the *I-self*, which can work correctly, or in a distortive manner, giving an appearance of character and personality.

I-self consists of ways, temperament, behavior, education, expression and modality.

Character is the thought-energy of the I-self elevated to its maximum expression, recorded for all eternity, with reality of cause and effect, with full consciousness and in perfect harmony.

Personality

While character is a set of qualities that determines the characteristics of a thought-energy, the *personality* is also a set of qualities and characteristics that determines the form that makes up the thought-energy. Personality is distinct because it stands apart from the activity whereas the character personalizes its work, action and thought. It is *originality*. It also means a person's attachment to the tendencies that it represents, by adapting its inclination and needs to itself.

Individuality

Here the thought-energy especially determines its characteristics and directs them, recording them in its individuality. Its own features stand out for their interests, knowledge and understanding. Its thought-energy works apart from all others, because it is differentiated and characterized by its background of distinctive traits and personality. This thought-energy is noted for courage, kindness and supreme universal intelligence.

These key features of the antimatter world will lead you to behave according to them. There is a hierarchical order of expression, and those prevailing energies are the ones that will govern this universe, that is, the Being One.

271. Does the Being One possess other energies?

Since you belong to the third grade, you still do not consciously determine who will govern your Being One. Unfortunately, since you are not yet defined, the thought-energies of Planet Earth continually oscillate and take over different possessions, depending on the strength of their senses. For this reason, energetic possession, as you call it, does exist. Most of you generally function only with your *I-self*. The *character* and *personality* are not defined, and this counteracts the order and the true function of the hierarchy. Possession exists, because the thought-energies that are supposed to govern the Being One do not stay in their rightful place; they are always oscillating, going up and down from zone to zone. These energies are dominated by the senses and by the pleasure they provide.

When the brain works with zones 1, 2 and 3, most of the time the thought-energies are subject to the dominance of their senses. In this case, the highest thought-energies that are meant to govern the brain are constantly being beleaguered by low vibration thought-energies that want to rule. We could compare this to the intention of an overthrow, as it frequently happens with governments of the planet. Here we could explain the struggle of two forces in the universe: good and evil. When the Being One cannot keep thought-energies stable because it is not stable or its desires are stronger than its own need, It will become a slave to its wishes and will not have the capacity to remain firm since its character and personality are not yet molded. But if it worked with its inner senses, then its antimatter world would be strong and its character and personality be formed. This means that there would be nothing to make it change its mind; its wishes would be based on and realized with knowledge, understanding, love and with a good sense of deed, action and thought.

In this way, the Being One would maintain consistency, work, psychological stability and, above all, continuity. Possession exists to a greater or lesser degree. When it is on a negative grade, you call it *demonic possessions*. This type of possession only exists in the subconscious worlds. It cannot occur in unconscious and conscious reality, since the Being One is totally protected by self-determination, knowledge, understanding and energetic elevation.

272. How does an energetic overthrow happen?

If the antimatter world of the Being One is fragile due to the constant adversities that tend to weaken it or because its brain was not nourished with knowledge and thought-energies that could strengthen it, if it is weak, malnourished, inconstant, negative, malicious, sick, and of course dominated by the external senses, if it is a tormented, unhappy, misguided, foul-mouthed, uncertain, frustrated soul with everything that goes with distortion, then we must be certain that with these characteristics, the antimatter world of its brain lives in zones 1 and 2 and part of zone 3.

The negative sick thought-energies know that there are other higher zones and they will do the unthinkable not to allow the higher energies to take command of the situation. To avoid this, they will steal, kill, lie, cheat... They will do whatever is necessary to ensure that the highest thought-energies do not overthrow them, because if this happens, they know that they will disappear forever and become filed away to later be absorbed and sent to new creations. Since the role of the thought-energies is to be the inner world of the Being One, they will want to command it and counsel it negatively.

- To antimatter worlds, zones 1 and 2 mean **survival**.
- To antimatter worlds, zones 3 and 4 mean **recording**
- To antimatter worlds, zones 4 and 5 mean **existence**
- To antimatter worlds, zones 5 and 6 mean **reality**
- To antimatter worlds, zones 6, 7, 8 and 9 mean **eternity**

While the lower zones struggle frenziedly for their survival at any cost and with deviant rules, the thought-energies of high vibrations also struggle to record their energy and be able to exist, to become a reality, and thereby to become eternalized.

Since thought-energy of low vibrations will not be able to exist beyond its own capabilities, it will seek eternity by taking possession of the kingdom because it will be the only way to continue living. The struggle of the thought-energies of low vibration is very different from the one of the high thought-energies. Why? ... While low thought-energies struggle with:

- Slyness
- Slander
- Deceit
- Lies
- Violence
- Theft
- Murder
- Amoral, etc.,

The high thought-energies struggle with

- Intelligence
- Virtue and kindness
- Truth
- Clarity
- Peace and love
- Honesty
- Love for life
- Morality and ethics, etc.

They are two opposing forces that struggle, the first *to not stop living* and the second *to exist eternally*.

As long as the Being One is ruled by the thought-energies up to the third grade, it will be liable to relapse because the low ranking energies constantly intervene and attempt to possess it, because they know that is how they will survive. Although these energies are not being nurtured, they are feeding because the Being One keeps on feeding them through the pleasure of senses.

On the higher grades, the Being One is already free from these dense and low vibration thought-energies. They cannot attack it. It will be fully protected by high vibration energies that are being recorded through character and personality and will be forming the energetic being that is in the process of development.

If all the Beings One of Planet Earth understood how the brain works and realized the importance of this knowledge, they could definitively eradicate low vibration thought-energies and allow only those of high vibration to enter.

Planet Earth would be very different. Thoughts would be full of knowledge, understanding and universal love. There would be peace and harmony; humans would respect one another. Love would rule their minds; joy would reign in their hearts. Sickness would disappear and they would understand its causes and thus stop suffering and imploring. If each one understood this knowledge by applying it in his or her life, then beloved children, we would have accomplished our task. Our mission is to teach you that true spirituality does not depend only on good intentions but rather that they be understood and, above all, worked on. This is the only way you will attain true elevation.

When we speak of the antimatter world, we are always referring to the universe of imaginative thought-energies that populate the reality of the all. This reality is partitioned into many planes and dimensions, and mind is distributed through them all while remaining unchanged. We want

to say that you, in general, are on a third grade dimensional plane, as you progress in your evolution and elevation you become more and more integrated with the Being One, expressing yourselves from the lowest to the highest grades. There will come the time for you to be present on all planes and dimensions of the Being One.

Planet Earth, to a great extent, belongs to the third grade, but that does not mean that all of you together belong to a Being One. Just as the planet has billions of inhabitants and each one has his or her own imaginative antimatter world, so each one of you can be in a different antimatter world of different Beings One. You probably ask yourself why this is so.

Because you are not all the same; you have different characteristics that define you and you belong to diverse grades. That is, if you are billions does not mean that you find yourselves in billions of Beings One. Thought-energies are usually attracted to one another by similar characteristics and form groups of kindred thought-energies that unite. In doing so, they will belong to a Being One that will shelter them because It will be in the same frequency. *Everything in the universe is attracted or repelled; this is an axiomatic law; it cannot be evaded.*

273. What does Planet Earth mean to the Being One? What do we do for it and it for us?

To the immense Being One you are in the subconscious of its brain, on the left side and in zones 2, 3 and 4. To it, you are the thought-energies with unresolved problems, and it struggles to correct them and to know them. To do this, it needs profound self-analysis. How to do it? How can it help itself? What will it do to reach the depths of its existence? Only through you; it is the mind and you are the thoughts. Remember that it can live without you, but you would not exist without it.

274. What is a being of the fourth plane like?

To know how the mind works, first you have to discover how the grades and planes develop and how inhabited planets tend to act according to their conditions. You belong to the third grade and the third plane in the universe. These grades are still dense; the thought-energies that characterize them are still between zones 2 and 3, and only a few of them tend to zone 4. The first two zones are governed by undefined thought-energies. The thoughts jump from one side to the other of the brain and do not record themselves; consequently they are not classified. It is very difficult to analyze this type of energy because of its density; the work is hampered and progress comes to a standstill.

Much to the contrary, the fourth plane, unlike the previous one, consists of more defined thought-energies that have already been recorded positively. They are perfectly organized and thus the analysis of thoughts can be carried out within the parameters of creativity. The conduct of these beings is already supplied with all the advantages needed to progress along the path of elevation, beginning with the fulfillment of their basic needs. Therefore their minds are free to engage in deep investigation of the universe, species, mind and thoughts. They apply themselves to in-depth study of *energetic interaction in the universal environment*. These are planets where culture, health, nutrition and housing have already been fully taken care of. There are no differences among them, having all the same rights.

The development and fulfillment of the fourth plane was achieved, first, by the great effort, sacrifice and suffering that those beings underwent when they were on the third plane; second, by the great knowledge they acquired through research and study of the universe and third, by knowledge, understanding and love, without which they would never have succeeded.

On the fourth plane these are the conditions needed for psychological support, since it is here that distortion begins to get straightened out because of the subtleness that thought-energy has to learn for its own development and progress. It is also here that thoughts unravel and begin to get organized, which they are able to do because of their coexistence with other thoughts that help them in the laborious task.

But you cannot conduct psychoanalysis all by yourselves; you need the proper environment where thought solves its elementary, instinctive and sensitive condition in order to turn intuitive and levelheaded. To unravel the thought-energies, the fourth plane needs profound self-knowledge of the human condition; without this, it is impossible to expect self-analysis to produce a positive outcome.

Humanity holds the essential key to knowledge; this is the starting point for classifying, organizing and distributing thought-energy whose progress has come to a halt. To know humanity, humans have to know themselves right from their origin, and to do so they need help from other thoughts that will impel them to fulfill this task. Cognitive exchange is very important. This is why we say that without knowledge and understanding they will not get rid of the deficiencies and the burdens they are carrying. You need many reincarnations, many life experiences, to attain self-knowledge. You have to awake; from this moment on the *urge for knowledge and understanding will never end*.

You have to quench your thirst of knowledge by drinking from the fount of wisdom, reach down into the innermost self and inquire curiously about yourselves. Wisdom cannot be attained in a single lifetime, grade or plane. Thought-energy has a path to tread; it is a process of the species and of creation in perfect sequential order.

Therefore we say that the third plane will prepare the thought-energy to be able to cope with what lies ahead on the fourth plane. Humans will face themselves; they will see themselves as they are and be unable to deny anything of what is recorded. *They wrote it in their own handwriting; it is their book of life*; this is how they will understand it; this is how they will work on it. When humans will have completed all the grades of the third plane and be getting ready to move to the fourth, they are prepared to face the full consequences of their actions. Thus, the fourth plane will give them the ability to continue existing consciously. Even though they are aware of themselves and know that their thought-energies need to be healed, *they will not suffer because of this, for they will understand; peace and harmony will reign in their hearts*. The fourth plane offers humans conscious amendment of their thought-energies with full understanding.

Suffering exists because of the lack of understanding and this lack of understanding causes the thought-energies to be tangled in their own ignorance.

Freedom lies in getting out of this ignorance. Open mindedness occurs with the capacity to absorb elevated thought-energies that lead it to utmost success and fulfillment and is far beyond a simple life.

When humans discover themselves through deep inner work and enter their antimatter world, they are going to find an amazing universe, where they are the *mentors* of their own existence. This universe, which is intangible at first, will become a reality, and in the process they will be building their next existence that will be the fourth plane.

To heal means to correct the distortion, and to do this it is necessary to correct the oblique magnetism of your brain.

275. How do we correct oblique magnetism?

Oblique magnetism is an area in the mental universe that is not correctly positioned. That is, in the brain of the Being One there was a small energetic flaw, yet all the thought-energies that were within it ended up suffering distortion.

To correct this flaw it would be necessary to transmute the dense thought-energies into subtle ones, in order to straighten the obliqueness and counteract the weight of the elements. Those who are able to do so may enter and leave a reality which offers them a place that differs from what they were used to.

276. What was that flaw?

The Being One that shelters us suffers from a cerebral imperfection located in its subconscious reality. Its inner world was not sufficiently analyzed. In the depths of its being there were still some dense and negative remnants that came from creativity. When the One Origin outstretched it apparently believed that it had done so perfectly, but that was not so. When creating the oblique area of magnetism it had to recognize that it was not perfect, so much so that it keeps on seeking that perfection.

277. Do you mean that the Being One, the One Origin, is not perfect?

It is not perfect because the fact of having created lower realities attests to its imperfection. You are proof of it; you are the mirror of that truth. When you look at yourselves you are seeing the imperfection of the One Origin, but when you look at the One Origin, you will be seeing perfection.

278. What did the imperfection of the oblique magnetism consist of?

To create a universe, the nucleus of the Being One was chosen in the laboratory and placed in a bubble-sphere that was selected from the best Being One that existed, the most evolved and elevated one, *perfect*. That was what they believed, but it was not so, and they found this out in the creativity.

This nucleus, seemingly perfect, still contained some imperfections that were so deeply hidden that they could not be detected. The Being One had to fragment itself into billions of realities in order to reach the depths of its being because only then was it able to discover itself. In doing so, it was confronted with its own imperfection and it discovered that there were still remnants of lack of elevation. You are these remnants that it is discovering little by little; you are the ones that remind it of its truth hidden beneath millions and millions of apparently perfect thought-energies. There, in those depths, there are still omnipotence, pride, vanity, arrogance, possessiveness, aggrandizement, ignorance, and all that you represent to it and to Planet Earth.

It cannot deny the oblique magnetic belt that is the living proof of its imperfection and distortion. It cannot deny that this exists.

279. Was the imperfection in the brain or in the mind of the Being One?

The imperfection was in both. When the brain of the Being One was completed with all the universal wisdom and with its corresponding areas, they did not notice that a small flaw had been created in the junction of the two parts of the brain, that is, the right and left, or rather, between the higher dimensions (right brain) and lower ones (left brain).

While the right brain was composed of antimatter (inward), the left brain focused outward, becoming so condensed that communication between them was blocked. Their elements repelled one another due to the gravitational force that existed between them. The flaw was between them, and consisted of *the lack of communication*. When his flaw was produced, the left side – that is, the weakest one – became distorted because it did not know what was happening.

Oblique magnetism was produced by the weight and volume of the left side encephalic tissue; while condensing, it automatically sank into itself, pulling away from the right side. The left side remained heavy and focused downward, while the right side was much lighter and focused upward. The two parts of the brain were not on the same level and this gap between them was called *oblique magnetism* because the left side dragged the right side obliquely.

The brain of the Being One is somewhat obliquely inclined all the way up to the Regular Dimension. In the dimension where we are this detail is not perceived because the flaw has been fully repaired.

280. Are there other Beings One with the same flaw?

There are, and they are disseminated among the billions of Beings One of the universe. Unfortunately, the one you call God is not perfect and never was; it also is in the process of becoming perfected. Of course, we have to understand that even if this flaw had not existed, it would not have been aware of the fact nor could it have corrected it.

281. We are Beings One of our antimatter world. How do we cope with the oblique magnetism?

The imaginative antimatter world within you is exactly the same as the outer world, so most of you have the right brain separated from the left brain. Imagine your left side slanted downward and the right side slanted upward; the imbalance in you is terrible because the density of the left side has caused you to live exclusively for matter. You live outwardly and always act through your external senses.

282. So, what would be the cure to level both sides and find the balance?

Since you work continuously with the left side, you have placed the weight and volume of material knowledge on that side, therefore the density has made the left side even heavier. How could this weight and volume be counterbalanced? We answer: it could be done, *simply by the right side absorbing much positive knowledge, causing it to generate elevated thought-energies*. In this way, your dense thought-energies, that is, the weight and volume of the left side could be counterbalanced by the circumference and depth on the right side. Thus the balance between the two sides would also be perfect and would be able to close the flaw; the sense of vision would not be oblique but straight, as it is with absolute truth.

By acquiring universal knowledge and by filling the right side with useful, wise, just and harmonious thought-energies, you are transforming density into lightness, because by closing the oblique flaw, communication between the two sides will automatically continue. The right side will feed and nourish the left side, and thus it will elevate the dense thought-energies, turning them into thought-energies that are light, diaphanous, clear and full of knowledge, understanding and love. Religion calls the oblique magnetism flaw *original sin* leaving human beings with a mark, a stigma ever since.

283. Does the flaw of the oblique magnetism reach the One Origin?

On the whole, the flaw does reach up to our One Origin, since we are all only one body and one bubble-sphere; this is our reality and our all. We know that there are billions of bubble-spheres, all with their own problems, maybe even very different from ours. Our bubble-sphere is located largely in the consciousness of the Being One. We have come to realize, and we know, that after consciousness there are other realities that are higher and more evolved than ours. If we have reached consciousness, these realities can be found in:

- Active consciousness
- Supreme consciousness
- Interactive consciousness
- Superlative consciousness

These realities are in their own bubble-spheres. They are the antimatter worlds of the Beings One at their maximum expression and elevation.

284. Are there also classifications for the subconscious, the same as for consciousness?

Yes, the subconscious is also classified in different grades of density, as follows:

- Subhuman subconscious
- Subverted subconscious
- Subjugated subconscious
- Revulsive subconscious
- Conciliatory subconscious
- Generative subconscious
- Functional subconscious
- Transformative subconscious
- Active subconscious

The differences in the mental content of thought-energies will cause some inhabitants of Planet Earth to be denser and others to be more subtle.

Subverted subconscious

This means to disrupt, turn upside down, upset or destroy. This philosophy affirms that if the concepts of good and evil are *subverted*, confusion will reign.

Subjugated subconscious

this means to subdue or dominate powerfully or violently.

Revulsive subconscious

this one can bring about an abrupt change, usually for the good.

Conciliatory subconscious

this one has the ability to convert a positive cause into a favorable effect.

Generative subconscious

this one is able to generate, engender or create.

Functional subconscious

this consists of the spiritual, biological or psychological functions, or functions related to them. It has been designed primarily to provide usefulness, practicality, or suitability of purpose, with characteristics such as utility, convenience and manageability that make something functional.

Transformative subconscious

this means changing or converting something into something else.

Active subconscious

this one acts or is able to act and produces an immediate effect due to diligence, efficiency or great capacity for action.

The subconscious path is long and laborious. To get out of the oblique magnetic flaw, the thought-energy has to go through all the grades of self-knowledge; this is the only way it will be ready to enter the fourth plane.

285. What does entering the fourth plane mean for them?

During the next 7 thousand years, in the cosmic alignment, Planet Earth-humans will refine the grades that are still missing, and when they enter the sixth grade of elevation, they will prepare to incarnate at the Internal City.

286. What will happen to them in the Internal City?

In the four remaining grades they will transform their thought-energy in such a way that they will be unrecognizable, beginning with their matter-energy, which will return to its origins to become *Ayapliano* again.

The Internal City is in the antimatter world. This world can be inside Planet Earth or inside another similar planet, or in a mental antimatter world of any Being One that shelters it. The important thing is that the thought-energy will be located according to its need.

When the thought-energy manages to incarnate in its new reality, it is because it has been able to work on its subconscious of low level thought-energies, and also because it is working on the functional, transformative and active subconscious. At the Internal City it will work on the last four grades of subconscious to attain total transformation and thus be able to enter the fourth plane.

The material body that will shelter it will have extraordinary qualities that will provide the evolution and elevation it needs. This body will have an agile and dynamic brain, and, above all, it will be composed of thought-energies that have been recorded. For such a being, it means that the agony of having oscillating thought-energies has ended. Its thoughts will be stable, the right side will be nurtured and nourished and thus will attain balance. With this balance the magnetic oblique flaw will be closed and will become a continuous thought-energy, which will be reflected in the physical, psychological and mental body.

The internal cities are not like the cities you know; they are mental realities where beings attend to their own mental realities.

As long as the thought-energies are in these conditions of antimatter life they will not reincarnate in the dense reality of the outside because they will be preparing physically, psychologically and mentally to enter the fourth plane.

With this explanation we understand that an internal city is a more subtle reality, more perfect, without problems or personal conflicts. Beings there are dedicated to learning *interactive energetic knowledge*. Thought-energies help one another, work is undertaken in groups, energetic cleansing is performed at high levels of understanding, knowledge requires much subtleness and beings penetrate deeper within their own nature.

At the Internal City, thought-energy is taught and guided by the guardians who become teachers and transmitters of ancient wisdom.

287. You mean that internal cities are invisible to us?

Yes, they are. In comparison, you are in an external city. The internal cities are located in the antimatter world, they are mental realities situated in an imaginative antimatter world.

288. If we are within the imaginative world of a Being One, would we not be an internal city to it?

No, because you are on the left side of the Being One's brain and you belong to an outer rather than an inner reality. The right side brain shelters the internal city, since it is a much more subtle reality.

289. Does Planet Earth have its inside internal city, that is, at the center?

Every inhabited planet in the universe has its internal city. In the case of Planet Earth, it is a parallel reality, which shelters the thought-energies that have been elevated and are prepared to continue.

The guardians of the planet are at the Internal City and will be in charge of education and continuity of the humans. These guardians who are responsible for the planet come from the Pleiades, Orion and Alpha Centauri. They are Ayaplianos whose mission is to raise dense realities such as yours. The Internal City at the center of Planet Earth shelters beings from other inhabited planets.

We should understand that what we call universe is a mixed reality. We could compare it with an onion, which has layer upon layer, all so fine that when separated they are thin and transparent, but when they are combined the onion becomes hard and takes on a specific color. Very often realities are not the way you would imagine them to be; they are frequently within, beside, above or below one another, so that when they are seen globally, they have a meaning, but when seen separately they do not mean anything.

This is why the worlds on the left side are denser and on the right side they are more subtle. The two worlds tend to intertwine, and that creates confusion in understanding.

290. How will we enter the Internal City?

In universal reality everything is determined by grades, planes, hierarchies, dimensions, and so forth. Thus, the Internal City also has its hierarchical grades. When you arrive, you will incarnate on the first grade. How will this be?

First gradation: conscious analysis (grades: 1, 2, and 3)

This mental reality shelters thought-energies that arrive at the Internal City still in a state of generative subconscious. These energies are willing to work and are aware of their reality. Their task will be to make a detailed examination of their reincarnations, step by step. The stark reality will be laid before them without subterfuge or dissimulation. They will be able to assess what is negative and positive with the sole intention of studying it. They will come to grips with everything without conflict or suffering, for these thought-energies are no longer in an ignorant reality. They are fully aware and thus are ready for analysis and discovery.

When particularizing and understanding their own thoughts, they can identify, classify, and give them a coherent and true explanation. Never, in their entire lives, had they ever seen before them something so clear, so limpid and so well understood. Therefore there is no confusion, or suffering, or sadness in this reality; knowledge and understanding are expressed in all their splendor and this reality will remain timeless for as long as it is needed. Then, when they feel ready, they can go on to the second grade.

Second gradation: energy recording (grades 3, 4, and 5)

After all the hard work carried out on the first grade, these thought-energies begin to record their energy *consciously*. The in-depth analysis of their existence has produced an energetic transformation in these beings that transcends into the expression of their thoughts. The profound transformation reaches the DNA of their existence. They arrived *as humans* and their DNA was transformed into *Ayapliano-humans*. They will start preparing to be able to reincarnate in an Ayapliano body of an external reality.

The transformation is first carried out mentally, that is, in the energetic body that will then transmit it to the astral body, which, in turn, will send it on to the material body. This means that, in an external reality, they will embody in a human body, but their mental energy will keep its Ayapliano features.

Third gradation: full expressiveness (grades: 6, 7, 8, and 9)

Once it is transformed into mental Ayapliano, the thought-energy prepares to incarnate on the fourth plane. It will take with it the formation of the energetic body, which it will develop as it progresses up the universal gradations. It will no longer return to Planet Earth, which cannot provide for the continuity of its progress. It will incarnate in other realities and on other planets, where it will find all the opportunities it needs. It will enter the left or right side of some Being One which will receive it and provide it better conditions of existence.

291. How does inner healing take place? How can we know that we are healing ourselves?

The healing process begins when the creator desire is activated, and it must be done together with understanding. We have always said that the path to elevation is attained through knowledge, understanding and love. To want and to do are definitely two different things; *everyone wants to, but not all have the same willpower to fulfill it*. It is not that difficult to awake; it is hard to remain awake and to activate creator desire, a consequence of each one's hard work and knowledge.

The desire of creation is an activator, but you are the ones who will do all the work, life after life,

grade after grade. The work is hard and thus tiring that you often give up because you cannot stand it anymore. It is like the fish in the river that swim upstream to spawn and many of them do not arrive because of all the difficulties along the way; only those that are strong, determined and persevering succeed. Life is like that; only thought-energies that have great energetic strength will progress and attain universal elevation.

All the knowledge given so far has been intended as an introduction for you to understand the next teachings. All that you have read up to now has given you the chance to expand your imagination, and all along, perhaps without realizing it, you have been chiseling the thought-energies of your minds. Crystals have been organized and classified. You are more self-confident and know that your actions, deeds and attitudes are having a positive effect on your hearts and minds. Knowledge, understanding and love are this way; they penetrate your energies without your even noticing it and go on doing their work. These three qualities work between the two sides of the brain; they open up unexpected channels and this produces an environment that is highly favorable to the improvement of your lives.

You are no longer the same; you are more aware of your reality in harmony and peace. Your minds have changed; they are no longer working so much with weight and volume; *you are taking in circumference*. Understanding is expanding in your minds, incorporating different grades and planes. Your minds are on fluctuating grades of cognitive ability because you are already working with special energies which will carry you to other realities of existence. To do this you will need to penetrate the knowledge about humankind and about your own *humanity*; you will need to know your own selves.

Humanity

Humanity is the aggregation of all human beings. It is sensitivity, understanding of others, unification of disciplines that revolve around humans and that have no immediate practical application. It is humankind's regard for all things and for the defense of a holistic ideal based on knowledge, understanding and love. It means the strength and development of such essential human qualities as: kindness, charitableness, compassion and understanding of others, less cruelty and harshness. It expresses good feelings and manifests solidarity and altruism.

Reading this definition, we are dealing with beings that worked hard for their recovery and attained it, life after life. The first understanding and the first recovery on the return path is called *humanity*. To sensitize thought-energy is a tremendous, but not impossible task.

When *humans* reach the maximum expansion of conscience, they are ready to face their inner reality and begin to know themselves. They will feel compassion for themselves and through understanding and love will be able to cure themselves of all ills, their examination of conscience be made with humaneness and love guide their self-judgment. They must be sincere and open to understand themselves and others. If humaneness is lacking, compassion and love will also be absent.

Humaneness and understanding should go together with certain conditions to back them on this quest called *discovery*. Humans will have to activate their inner senses vigorously. These are the tools they will need to be able to make use of the faculty of analysis; without them it is impossible to get to know themselves. The first thing that should be discovered are the inner senses, because they will work with them from now on.

Perception

Appraisal of reality through the inner senses. Understanding or knowledge by means of intelligence.

Comprehension

Perception through inner-senses or intelligence. Attraction or support of new adherents, or their will, or their affection. May refer to seeking or acquiring an attitude or an unrelated feeling.

Intuition

Clear and direct perception of an idea or a reality without the need of reasoning. Ability to understand something quickly or perceive it before others do.

Clairvoyance

Ability or discernment to understand and distinguish clearly. Supernatural ability to perceive or guess what has not been seen or has not happened.

Divination

Prediction or discovery of something by magic, conjecture or chance. Something occult which is discovered by conjecture or intuition.

Just as material senses allow you to pick up an apparent reality, inner senses will ensure that this perceived reality will not be distorted at all. These inner senses will greatly aid humans who are willing to work on themselves. Their vision will be completely clear and thus present the thought-energy the way it is. True humanity demands knowledge and understanding of the inner senses. In this way, humans would not let themselves be deceived by others nor misled by appearances.

For example, we see someone apparently involved with charity. Our external senses will perceive a person who is kind, supportive and totally dedicated to that task. Everyone will think that he or she is a wonderful and sensible human being. This impression will last as long as that person is sincere and serious with his or her work. But if this were only meant to convey a personal image to others and not coming from the heart, then the inner senses would perceive a person full of vanity, superficiality and pride. Only those who have activated their inner senses will be aware of the truth and not let themselves be misled.

The brain of Planet Earth-humans is full of thought-energies of this kind; their thoughts do not match their actions. They think one thing and do another; they are not consistent, their reality does not correspond to what they themselves are.

You, with distorted and ill-negative thoughts, have created horrible *inhuman* forms. Recurrent sicknesses are the result of thought-energies that drift in the environment and attack your brains; these then send the wrong orders to the systems, which in turn, will work in accordance with the orders they receive. It is a vicious circle.

True humanity means to lead an existence in accordance with the inner senses and worlds and

that these inner worlds may find their expression on the outside material world of that existence. In short, the left side has to be congruent with the right side of the brains.

Real healing lies within you; it is the voluntary *transmutation* of your thought-energies. Believe it, you have the ability to heal; you were programmed for it; you only lack the knowledge of yourselves to do so.

We are sending you thousands of messages to help you break obsolete patterns that keep you from advancing. You must make an effort and open your minds, because we are with you.

To heal yourselves, you first have to know yourselves. If we say that sicknesses start in your thought-energies, we consequently have to analyze, classify and understand these energies in order to transmute them. To you, these energies are *emotions and feelings*.

Emotion: Turbulence of the temperament caused by strong impressions, ideas or events. State of mind that becomes overwhelmed by impressions. To be moved deeply by sensitivity and emotionalism.

Feelings: Impression that things or events produce on the mood. Affective, emotional side of a person.

- Feeling is a cause; emotion an effect.
- Feeling is an action; emotion a reaction.
- Feeling is sequence; emotion a consequence.
- Feeling is Ayapliano; emotion is human.

If you truly want to heal yourselves, you should psychoanalyze your feelings and emotions. This will allow you to penetrate your inner world and the inner senses will be of great help to do so; they will perceive the truth of the facts and not what you intend or want to understand.

When we refer to the senses we mean their capacity of *judgment or feeling about something*. To *perceive* something that has not yet happened: *to have a premonition of or to have the impression that is going to happen*. In reference to a state or a situation: *being in the midst of it*. To *perceive by the senses*. To *become aware, to think, and give an opinion*.

Sentiment is not a being's state; it is a being's *feeling*. This is why we are explaining that psychoanalysis must be based on feeling and not on emotion.

Planet Earth-humans have always lived under the influence of their emotions and suffered the consequences of a wrong process. Since they have not stopped to think, they have been carried away by negative emotions. We call those emotions *passions*. These are *distorted emotions* that have nothing to do with the real universal feelings. In the forthcoming book, *El Ser Uno-Planet Earth*, we will go into detail about emotions and feelings to help your find a way out of the darkness that holds you prisoners.

292. You, the Ethereal Dimension, are telling us that we are in a subconscious reality, that what we see is not real. Could you explain where we really are?

You are inside a gigantic body called the Being One. In the universe you are considered microorganisms that feed on it. You are intelligent microorganisms; you are the censors that transmit all the positive and negative data to the brain of the Being One. Besides, you also do a

cleanup job. You are microorganisms that were created for the sole purpose of maintaining the Being One healthy, active and free of any harmful interference.

293. The human being is a censor?

Censor. It is a person put in charge by a government authority to supervise the execution of public works or the convenience of their modifications in accordance with this authority. His task is also to realize general evaluations.

Let us look at it from another angle: *the human being is a Being One.* The billions of thought-energies disseminated throughout the universe form the Being One which is divided into countless censors to continually supervise its own self. The only way to know itself was by creating tiny censors; thus it has an overall vision and nothing will elude it.

294. Do we also have censors within us?

Yes, your censors are called emotions and feelings. Through them, you perceive life; without them you would be matter with life, but without conscience.

295. Could we call emotions and feelings humans?

No, their real name is thought-energies. The word "human" refers to your generic form as microorganisms.

296. What is our life like as microorganisms?

You are microorganisms whose predominant characteristic is to apprehend existence and keep it free from all interference.

Within the body of the Being One there are millions of different microorganisms which are responsible for keeping it healthy and alive; they were created and recorded for this task. The mind of the Being One generates them and puts them in their rightful place. These microorganisms perform mechanical and repetitive tasks billions of times, until the function is perfected. We will explain the human-microorganism because it is the one you are interested in knowing and studying.

The role of humans is to be censors. They were created for this; it is the work they will be doing throughout their existence. To perform the task, they had to be created with the tools that would help them in this work. One of the tools is *intelligent energy*. They had to be created to exist within this energy and be part of it. This means that the censor-human has a natural intelligence and it is this intelligence that keeps the Being One alive.

The microorganisms organize, classify, expand, transmit, maintain and create everything that exists. We can look at it this way:

The Being One is a human-energy divided into billions of microorganisms which together make up the Being One, that is, the billions of human-energies form the Being One. Therefore our conclusion is: the microorganisms are the human-energy-Being One, which thus maintains itself alive eternally. Consequently, working for all we are working for our own selves. The censors fulfill diverse tasks. In your case, Planet Earth, third grade of the Primary or Elementary Dimension, this task consists in transmuting and cleansing; you absorb waste energy and turn it

into useful energy for combustion. *You are the energy transmuters.* This transmuted energy is absorbed by the higher dimensions and recorded to guarantee the subsistence of all that exists.

297. What is this combustion for?

Combustion is what keeps the Being One alive. When the One Origin exploded into millions of fragments, what hurled them to incredible distances was the combustion energy, which would then keep all that exists functioning. Without this energy nothing would exist; the entire creative process is kept going through combustion. When we speak of combustion energy, we are referring to the source of the causes. It is combustion that sustains these decisive causes, which, once created, carry on owing to consequent and repetitive effects.

298. How do we, who are microorganisms, produce combustion?

In the universe the lower and elementary worlds of creation are compared to a large combustion device that keeps, all there is, running non-stop. If it did stop, *the existing would cease to exist.* Since they are intelligent energy, by their very nature, the human-microorganisms produce constant electric discharges. These allow for communication to take place among them and make them expand, thus bringing about continuity, that is, eternal life.

299. Are you saying that the lower worlds keep all existing alive? Is it not the other way round, the higher worlds keeping it alive?

The lower worlds give it life whereas the higher worlds give it existence.

300. Do you mean that the One Origin is the energy and that creativity is the combustion?

That is correct.

301. Where does the universal energy come from?

To get the answer, we have to know the source of the One Origin and then fragment it until we reach the origins of its formation. Then, we have to study and get to know other One Origins. This is the only way we will come up with the right answer.

302. What do you call waste?

When we say that you provide feedback to one another, it is true. What you call breathing, we call *collective nutrition* and since it functions collectively, all of you have a *collective life* as well. Perception of the world of illusions is similar. *All of you see what you want to see.* Desires take on form and reproduce, feeding all of you who feel the emotions globally.

What you call air, we see as a thick gel replete of nutrients. You nourish yourselves with it, you eat it, you expel it and you eat it again. Planet Earth is inside a bubble-sphere. We could compare it to the uterus of a mother gestating a child. This gel would be the amniotic fluid of the placenta, from which the fetus absorbs the nutrients for its development. The waste would be all those substances it cannot use as nourishment.

All the children of Planet Earth are attached to their bubble-spheres by umbilical cords, feeding on the same nutrients. *They all dream of the same thing, think of the same thing, eat the same things.* This is called *collective thought.* They will all see and understand what they want to,

because they have collectively formed a general desire for life. *They all want the same things, live the same way, wear the same things, use the same things.* When a microorganism awakes and sees the reality, it cuts the umbilical cord and begins to develop unilaterally to change from a microorganism into a macro-organism.

Macro-organisms are beings who no longer feed on what others eat. They will produce their own particular nutritious food. They will weave a protective mesh called gravitational field around themselves, and the oxygen or air that feeds them will seep through that mesh, which will filter the impure gel, thus protecting them from the waste as mentioned.

303. What is a macro-organism like?

After having been a soiled microorganism, a macro-organism appears cleansed of all impurities. This organism nourishes itself with filtered essence, that is, the best that the placenta has to offer, because its nourishment will consist of the best nutrients of the body. Once it has become a pure macro-organism, it will be able to enter another reality and move through the universal body of the Being One. It will enter its circulatory system and so reach the confines of all that exists.

The macro-organism can be compared to a platelet, whose work is to carry oxygen to the universe. That is, it becomes the life of this universal body. Hence, it means that it is life.

304. So, did the Regular Dimension create the human form for the sole purpose of cleaning up what was unusable?

When the One Origin exploded, it hurled antimatter organic compounds to the ends of the universe. Many of these compounds reached incredibly remote distances so that the One Origin could not interact with them. It had to create a means in order to preserve its creation, part of its body. We know that because of the immense distance many of the compounds were distorted, solidified and petrified.

The Regular Dimension created the human form for the sole purpose of helping the higher dimensions incarnate in these forms and descend to the lower dimensions to be able to work and keep the other dimensions alive. This prevented the densified elements from causing the Being One to fall ill. The higher dimensions incarnated in the microorganisms and descended to the underworld to get to know those realities. While studying and understanding them, they began to use every element and turn it into combustion. Thus they preserved the Being One unharmed, dynamic, active and creative. The process never stopped because the lower dimensions always generated the necessary combustion. Without this combustion, the higher dimensions would have perished for they would not have had the energy to generate ideas, that is, creativity.

305. What are those devices where we produce combustion like?

When we speak of *combustion*, we refer to organic waste, and when we refer to it we are classifying the mental and dense energy that makes up the organic waste. You will remember when the One Origin created and created, and in the midst of this outpouring, negative energy was generated, which was compressed and stored because they did not know what to do with it. When the right time came, the Regular Dimension made good use of it and designated it for creativity. It *converted the negative energy into combustion* because antimatter reality had been

formed by cold fire, but when it turned into dense-matter – that is, when it was compressed – it was formed by a hot fire. They discovered they could transform organic and mental waste into hot combustion that, on the whole, would keep the energy in good conditions.

306. Do you mean that the creation of our negative energy is necessary for the all?

When we talk about negative energy, we are speaking of healthy, strong and normal energy. We refer to the energy that opposes the contrary forces that exist in the universe. We are not referring to sick negative energy; we know that this harmful energy is created and sickened by distorted minds.

Normal negative energy is the one that keeps the universe in perfect conditions of creativity. For example:

- Light-heavy
- Bright-dark
- White-black
- Thin-thick
- Feminine-masculine

These are simply two opposite forces; they are not sick negative forces. These forces are only present in low dimensions and they were fully utilized by the creativity of the Regular Dimension, which gave them a reason to be. They created human-microorganisms to work on them and generate combustion.

When we use the word *waste*, we are referring to negative energy. This is how we, the Divine Dimension, see and understand it. For us, waste would be a totally harmful energy; we can only use it after the microorganisms have transmuted it into positive energy. In this way, we receive it and record ideas on it to nourish the universe.

You, the elementary worlds, work at transmuting this negative waste energy into positive energy.

307. How does a censor work?

As microorganisms, you are censors and transmuters. A censor is an energetic transmitter of communication. When you were created by the Regular Dimension, you were given the ability to fulfil this task.

308. Are we robots?

At first you were like robots, and then you became independent of your creators.

309. How did this happen?

When the Regular Dimension decided the human-form to be the most appropriate to live in a dense environment, it used all possible means for its creation. It projected a condensed energy for the shelter and survival of elevated thought-energies within this energy for study and evaluation. This was achieved with much effort and research.

The first human-form creations were disastrous, but little by little the Regular Dimension went on sophisticating them in the external laboratory until developing a human-being with special

faculties. But this had made necessary help from the antimatter worlds' internal laboratory and together they finally were able to bring about this great accomplishment.

In the beginning humans were like robots, because their behavior was rigid and mechanical. Remember that the first thing they were aware of, were the external senses of feeling and instinct. Then they started nourishing their brains with more knowledge until they became what they are today in the universe.

310. Are we then what is called artificial intelligence?

No, you are not artificial intelligence, you are *natural intelligence* because your source is the One Origin. The Regular Dimension created a life form that was adaptable to dense reality so that natural intelligence could descend and research it in order to continue its own subsistence.

311. Do you mean to say that all of us here on Planet Earth are researchers who descended to study this reality?

It was a group of volunteers that went down to research and study dense reality. Since you are their descendants, you have crystals that were recorded from your ancestors. That is why you will do the same kind of work they did: to study and to research, because you have been programmed that way.

The Planet Earth humans will be researchers, scholars, transformers, censors, transmitters and cleaners. As you can see, the human-microorganisms are much more complete than other simple organisms. *Humankind is the most complete creation of the universe.*

312. Does artificial intelligence exist in the universe?

There are planets that are far ahead of you in technology and science. They have very sophisticated robots which, however, could never be compared to humans. We cannot call them *artificial intelligence* since they have no will of their own and will always be subject to their creator.

313. Are we not, in a way, subject to our creator?

In a certain way, but there is a symbiosis: *the mind would not exist without thoughts and thoughts would not exist without the mind.* When the One Origin extended its thought-energies throughout the universe of its material, psychic and mental body, it was creating the context of its mind, and if its mind existed that was because the thought-energies had given it form and confirmed its existence. In the very beginning, the thought-energies were not aware of it, and not being aware, they apparently did not exist, but they were there. The following should be very clear to you.

It does not matter if the universal mind is without a thought, but if a thought is without the mind, it does not exist, but it is. This is the big difference between us, thought-beings, and our creator. But we cannot call yours *artificial intelligence* because your thoughts were not created, they were part of the universal mind.

314. Why do you, the higher worlds, now want us to awake? What is the real reason for this awakening?

As elementary world and as subconscious reality, you have already reached a certain development that enables you to continue recording in your energy the quality of *nimeos* that you will need to raise the voltage and be able to develop what you were created for and to fulfill the work to be done.

We can compare this with the development of the fetus in the mother's womb. As of the fourth month the fetus begins to show characteristics that enable it to go from fetus-reality to baby-reality; its features are outlined, the amount of its gray matter is determined and its heritage is ensured.

315. So, is that the way you see us?

Yes, but in comparative terms, not literally

316. What can we do to see our reality consciously?

First, you must feel it in yourselves; when you are able to do so, you will consciously see it. What does it mean feel it in yourselves?

Through knowledge and understanding of the reality in which you live, you will find out that much of what surrounds you is fantasy; it is not real. That fantasy thrusts you into a maelstrom of fluctuating emotions that hinder you from perceiving your surrounding reality. For example, when you go to a place where many people are gathered, the first thing you will perceive is the environment of the gathering. Then you will begin to qualify the place, the people and all the details that you notice and appraise through your inner senses. *Depending on each one's senses, you will perceive and grasp the experience.* Some will interpret that reality using their dense senses; others will pick it up with their inner senses, and so on. This is why we say that each one's life will be according to each one's inner reality; some will be superficial, others aware of surroundings, still others profound.

Those who exist in profound reality are the ones who have awaked and they will perceive much more than what others see in such a gathering. They will discover the wolf dressed in sheep's clothing, the liar, the deceiver, the one who lives by appearance, the one who externalizes one phase but is another on the inside. They will also perceive beings of good will. Through their sharp and deep perception they will see, hear, feel and intuit a reality that others do not perceive because they are dormant.

317. What happens when we can perceive subconscious reality with inner senses?

Once you perceive it, you will live in two realities and you will have to balance them to avoid confusing them in your daily lives. Beings that are conscious and have inner and external vision have arrived at an energetic maturity of perception, of apprehension and of understanding of what happens to them. To do this, they have to prepare themselves throughout many lives. They will be in two realities at the same time and at the same moment – *the subconscious and the conscious world.* You may be wondering how a thought-energy can exist in two realities without losing its reason. It is not easy; such beings are very special.

318. How can a thought-energy exist in two or more realities?

When awaking takes place in lower realities, beings will pick up no more than two realities at the same time, for their cerebral and cognitive ability does not allow for more than that. However, there are higher realities that exist in various perceptions at the same time. They apprehend realities upon realities with instant perception and without having to think.

The higher realities have cuneiform brains. Because of the shape of their brains, their capacity for recognition is global, so they have the ability to perceive alternately and from various angles. The existence of these beings is not confined to living a flat reality; their cerebral perception is flat, with height, circumference and depth.

319. What would flat perception be like?

For example, an ant. When it crawls from one place to another – along a floor, up a wall, over something round or curved – the ant will always perceive it as flat because it has no notion of what is straight or curved, low or high.

Something similar happens to you. You live on a flat surface, the only difference being that you recognize and are aware of the surroundings in which you move. However, we can tell you that your reality is similar to that of an ant. When you awake, you activate a special link called *frequency connection* in your brains. This enables you to look at two frequencies simultaneously, with the left side and the right side, unifying frequency and explanatory understanding in such similar numeral sequences that they are immediately understood.

320. Could you give us an example?

This unification of frequencies is usually established when there is a sequence of images. When an image is picked up and it represents an explanatory sequence of other images, then the sequential apprehension becomes understanding through immediate perception. This means that, without having to think, analyze or itemize, there is a deep understanding of what is picked up because it is very similar to other well-known images.

The awaked being tends to work in this way because the frequency connection is activated by the inner senses.

321. If we are microorganisms, what is our reality in the digestive system of the Being One like?

First let us explain the function of the digestive system. This system was created to digest, that is its job. How does it do this?

The digestive system has the elements needed for digestion. To digest, it requires a lot of help provided by the intestinal flora, gastric juices, bile, pancreatic juice, and so on.

To digest: Refers to food, to put it through the digestive mechanism, to turn it into substances that can be assimilated and absorbed by the body. In reference to a misfortune or an offense, it means to endure them patiently or to overcome them, *to feel*. This system consists of:

- Mouth
- Esophagus

- Stomach
- Liver
- Pancreas
- Intestines
- Rectum
- Anus

When we say that you live in the digestive system, it is because the reality of your lives and minds functions exactly like this system. We said earlier that you absorb waste energy and convert it into combustion energy. It is the digestive system that does this because it consumes an energy-element that enters one way and comes out completely transformed and with its elements transmuted. The digestive system separates, absorbs, channels, and transforms all food, whether it is material-energy or mental-energy. With this explanation we want you to realize that you are the ones who sustain the all that exists.

Raw material can be compared to molecular recycling of substances and elements that compose the complex diversity of sustenance. This means to *amalgamate* all the dynamic components. Combustion is generated when the components of energy-element are mixed, forming various creative bases. These, in turn, perceive different grades since they have countless nuances. They are distributed in cadence, penetrating the channels of creativity. For combustion to have been created, there first had to be energy. Creativity already had this energy. Humans transformed the energy and in doing so, they turned it into combustion. They activated the process of life and thus gave energy countless indescribable forms.

We can also assume that the Regular Dimension was in charge of transforming waste energy into combustion energy. You, the elementary worlds, pick up this transformed energy and apply it in your lives.

The real work of Planet Earth is to receive and transform as much waste as possible so that the Being One can digest it and be nourished by it, which means to eliminate the least possible amount of waste. In other words, if the planet has the capacity to transform waste energy, then even what appeared to be unusable will benefit the universe. Throughout the universe, digestion works as follows.

The Regular Dimension is mentally nourished by ideas and while digesting (processing), it turns the ideas into billions of thoughts. Once these are analyzed, particularized and channeled, these thoughts go through all the grades and planes that exist in the universe until they reach the Elementary Dimension, where they also go through all the grades of this reality.

All negative waste energy is being treated by the Elementary Dimension which is responsible for feeding on it thus transmuting it. If the elementary reality did not exist, the universal body would collapse, because this dimension is the one in charge of producing combustion from waste energy which keeps matter alive, gives it life and enables the higher dimensions to keep on functioning.

While the crystals descend to the Primary or Elementary Dimension in their clear and transparent forms, they begin to get opaque, and as they go on dropping, become completely charred and dark. When we say that these crystals are the combustion of the elementary world, it is true. This reality sets fire to that energy and thus gives the Being One *the heat of life*. When

what you call death occurs it is because the fire ceased burning; without the heat of life, the material body stops living.

322. How does the Elementary Reality set fire to the carbon-crystals?

These are chemical reactions. When food reaches the intestines, the carbon-crystals are candescent and abrasive. They produce an automatic combustion that has heat expand and all systems operate.

323. If humans nurture themselves properly, why does what we call death occur?

When we talk about nutrition, we do not mean the poor diet you eat, which corrodes, oxidizes and destroys. True combustion comes from quality nutrition which generates good energy. But excellent nutrition requires a special filter.

324. Which is the special filter?

When we talk about processes and chemical mixtures, we are referring to a good carburization of the elements. All the elements are mixed; but their sole combination is not enough to generate good combustion. *The important thing is not only the mixture but how the elements react.* Absorption of the elements has to be in the best possible way so that the combustion can produce an optimum result. This happened in higher realities. They understood and studied the absorption of elements, filtered the best elements through understanding, and began to nourish themselves with them. By eliminating useless elements they obtained excellent combustion and managed to elevate their vibration so high that their physical bodies live almost forever.

325. Is this the fire that you call the *boiler* and that keeps everything working?

Yes. The Sun would be a universal boiler. This star is a gigantic heating device that keeps many planets alive and functioning. The Sun rays produce heat through the chemical reaction of elements. Within you there are millions of tiny suns that give you heat and keep your inner planets and your universe alive. We call it *combustion*. Lower dimensions, contrary to the higher ones, need heat.

Heat: This is energy that, when in contact with two bodies, flows from the body with higher temperature to the body with lower temperature until those temperatures become balanced. Heat produces changes in state and volume in bodies. A certain amount of calorific energy is needed to raise the temperature of one kilo of mass of a substance (water) by one degree centigrade.

This is why we understand that heat is necessary to maintain the Being One and the mind alive. It means that heat will generate combustion and this will produce active dynamic, that is, life.

326. As the microorganisms we are, how can we nourish ourselves with the best of the universal body?

First of all, if you are already aware then it will depend on each one of you to know what nurtures you energetically. To fulfill what was entrusted to you means that *you will have to produce the highest quality of combustion* so that the digestive system of the Being One can work perfectly and thus benefit all dimensions. Working with high vibratory elements will help you progress to higher realities and cause your own energetic transformation. You will go from being *microorganisms* to becoming *macro-organisms*, and your work will become more sophisticated so that you can carry out greater deeds.

Macro: a component which means “big”. If we refer to the word *organism*, it means that the thought-energy-being is part of the whole, that is, it ascends, descends, enters and exits throughout the reality of its whole.

327. Could our material bodies host antimatter energy so that it remains alive?

The Regular Dimension definitively created energy-matter to shelter itself. First they cloned themselves and later created independent bodies which they could reproduce, with the sole purpose of continuing the advancement. When you suffered distortion, the thought-energy of the regular worlds became prisoner of its own creation, it descended into hell, and the creator was dominated by its own creature.

The Elementary Dimension has its origin from the One Origin and its function is to digest. Throughout the universe everything was carried out correctly; on the whole, the systems function wonderfully. You, the distorted worlds, complicated the good digestion of the Being One, because unfortunately the oblique belt where you are does not allow the universal energy to flow adequately. There is a small digestive complication within the Being One.

328. What is this small digestive complication?

In general, the Being One works perfectly. It does not perceive this tiny flaw, except that the grades higher than you and closer to the flaw, notice it and it bothers them. When some physical organ is not working well, it tends to damage the good communication and functioning of the rest of the body. This causes a malaise that, depending on the state of the process, often spreads.

You, as a cellular-planet, belong to Orion, and are in an organ-system of Alpha Centauri. The latter is the one which is doing everything possible for you, as cellular-Earth, to function adequately so as not to produce a certain vibratory malaise that is affecting the organs closest to you, such as the Pleiades, Andromeda, Antares, etc.

The same thing happens in your physical body. If the liver does not work it is because the cells of this organ are not doing their job adequately or maybe because the gastric juices are insufficient to digest the food. A poor performance of the gall bladder and bad digestion will deteriorate the quality of your food. In the end it will suffer from dysfunction and stop working, and the malaise will spread throughout the body.

The Being One universal body is watchful of any detail. It cannot allow any dysfunction to occur; the working of a single cell is just as important as an entire organ or system. *There is but one body* and if it allowed any malfunction, it would be annihilating itself.

329. What is the true reason for awaking?

There are many reasons why we are helping the awakening:

- To help you in your evolution
- To help you in your elevation
- So that your energy becomes purified
- So that your nourishment becomes more refined
- To produce good combustion
- So you become healthy and live longer
- So that you may vibrate cosmologically
- For you to become united with the cosmic confederation

- To recover you, because you are our brothers/sisters
- For you to subsist eternally

We all are the Being One. We have to exist for it, because it is our own selves.

- We are part of it.
- We are that who made us.
- We are the reality that took on form similar to the one it gave us.
- We are what we are.
- We are one.
- We are all.

330. What is the source of the One Origin?

The whole, reality, existence, life, birth, the grades, the planes, knowledge, understanding and more, are all one origins.

The creator created and accumulated so much imagination that in the end everything exploded and the whole unfolded. What was it that was formed? The dimensions? The energetic human? The material human? The vibrations? The rhythm? Need?

Our answer is: everything was formed at the very same moment and the very same instant. Everything had already been created in the imagination of the One Origin; the formula already existed and had always existed. Every time it ends, it starts all over again. The universe is full of One Origins; there is a principal formula, but it is full of variations, so many that not a single one is the same as another.

331. What is the basic formula?

EL SER UNO (Being One).

332. And the variant formulas?

Billions of Beings One scattered throughout the tangible and intangible universe.

333. Do you always rotate around humankind? Are humans the center of everything?

The universal mind is the center of the whole, and since humans are particles of the whole, they are part of the center, but they are not the center. The center would be located in the mind of the Being One of the Sublime Dimension. The principal center replicates itself forming millions more centers that would be called nuclei in the universal mind. Each dimension, each plane, each grade, each existence, has its own One Origin. This formula is repeated millions of times, and each one of them develops according to its understanding of its whole. For example, in the Elementary Dimension procreation is a One Origin.

334. Do you mean that our memory of all we have written was when our Being One was formed?

Yes. First we had to teach you your own One Origin so you could understand the universal One Origin. Everything is repeated in the universe, forever.

That is how the whole was formed and also the first Being One. When it was formed, it did so first of all in the antimatter mental world, and then created its infinite bodies, millions of Beings One and they together will form the first Being One again.

335. How do we form it again?

We form it because we never left it, and by not leaving it we are eternally reformulating it.

336. How it is possible for us to be a Being One and be inside another Being One? If here, in this reality, there are beings that have the pineal gland activated at grade 5, then why do they belong to the digestive system of another Being One of grade 3?

Those who belong to grade 5 of elevation and are on grade 3 of evolution really are out of place in regard to their reality. As we explained, they are in a place that does not belong to them for many reasons. It could be a voluntary altruistic mission, or a karma that has to be worked out and understood. Perhaps it could be a research, or a teaching or learning task. We understand that since these beings belong to grade 5 elevation, they inhabit the Internal City; if they went out it was for some important reason. One reason could be that they were preparing to be messengers and the Internal City was sending them to carry out small practical assignments to see if they were suited for the designated task.

The digestive system encompasses many phases and also many realities. You, Planet Earth, are located at the level of the navel; are part of the large intestine. You receive what is unusable from universal digestion, and your work consists of transmuting waste energy into positive energy.

The human-microorganisms of the elementary reality were created *for digestion*; their organs and systems were adapted to density, and therefore four chips were implanted in their brains and distributed as follows:

- The restoration chip
- The harmonization chip
- The truthfulness chip
- The purification chip

These four element-chips were inserted by the regular worlds into the nucleus of the brain of the elementary Planet Earth beings to protect them and help them awake. These chips were meant to aid them fulfill the universal task entrusted to them. Even if they did not become elevated, these chips would help them with their evolution so that they would adjust to the universal development.

The result would bring benefits of evolution and elevation for themselves and the universe.

The evolutionary work would consist in using these chips to transmute the waste thought-energy.

1. They *would restore* the distorted energy, refining it through *suffering*.
2. They would *harmonize* this restoration by attaching the thought-energies to an energetic restoration based on mathematical codes which would be recorded on them.

3. *Truthfulness* would be verified through their psyche, that is, the pituitary gland. Their belief would not be founded on conviction of an elevated knowledge, but on patterns and *life experience*.
4. *Purification* would become reality because those beings, even when not consciously awaked, have an energy emanation that would contribute to the wellbeing of the planet. Their work would be done by filtering their thought-energies through a broad-minded belief in religion, esotericism and philosophy.

Although their trajectory of life would not represent a real way of existing, and fantasy create particular ways of living, those humans would contribute to social and planetary wellbeing. With this we want to point out that the thought-energy would not conform to universal but to planetary laws, yet in spite of its distortion not be considered a sick thought-energy. In the universe it will be called *bilateral thought-energy*.

Bilateral refers to something with two sides or parts, which affects both.

When Planet Earth-humans became distorted, the Regular Dimension implanted in them a series of additional circuits with the hope to eventually recover them. Although they lacked the essential – that is, *elevation* - under these conditions humans could do their part and fulfil the work of digesting. This anomalous incomplete digestion, however, produces combustion of low performance and quality for the universe, so that combustion often tends to corrode the elements it infuses, generating *the reflux of thought-energies*.

Reflux: flowing back, ebbing, reverse flow.

This is why Planet Earth-humans do not progress as they should. Every so often they tend to retrogress repeating errors, and even when knowledge is right in front of them, fail repeatedly. The reflux of thought-energies overwhelms them and thus blocks the circuits, leaving them in terrible living conditions. Let us take a look at those who do produce high quality combustion.

Chips were implanted in all Planet Earth-humans who suffered distortion; all the following generations were born with them implanted in their energetic DNA. Planet Earth-humans worked with their chips during many lifetimes, until the day came when, by merit and work, they awaked activating the three glands – pituitary, rima and pineal – to work together. It was then that they activated the leader circuit and started to communicate automatically with the nuclei of each zone. Both the left and right side of the brain joined and worked together. Restoration, harmonization, truthfulness and purification became part of the work and, by connecting with the other zones, they transformed:

- Restoration into Method
- Harmonization into Continuity
- Truthfulness into Belief
- Purification into Reality

This happened because they actually started to work with the right side of their brains, and by doing so, thought-energies from that side produced the highest quality energy; thus the generated combustion could nourish the higher dimensions. Why?

A cell of the digestive system cannot form part of a circulatory system; if this happened, the system would suffer poisoning. We understand that combustion – that is, the energy of a dense system like the digestive – would not be able to feed the circulatory system; the elements would not be purified with the *reality of existence*. For that energy to pass, it would have to have the

appropriate form to be able to seep through the universal web. That would be the only way to nourish the next plane or dimension.

We have always said that the triangle (3) will become a square (4). This means that the three angles open into four obtuse angles, forming the numerical equivalence of the square.

This square opens its angles increasing its laterals to 6 until it forms a hexagon (6); this can be done as long as all the points of the angles differ. When they differ, they will be refined until they form an octagon (8). This crystal will rotate at such high speed that it will polish the points, forming the circle (9). The numerical continuity is as follows:

$$3 \times 4 = 12; 12 \times 6 = 72; 72 \times 8 = 576; 576 \times 9 = 5,184 / 5 + 1 + 8 + 4 = 18; 1 + 8 = 9$$

$3 \times 4 = 12$	Elementary Dimension	$1 + 2 = 3$
$12 \times 6 = 72$	Secondary Dimension	$7 + 2 = 9$
$72 \times 8 = 576$	Regular Dimension	$5 + 7 + 6 = 18 / 1 + 8 = 9$
$576 \times 9 = 5,184$	Perfect Dimension	$5 + 1 + 8 + 4 = 18 / 1 + 8 = 9$

$$3 + 9 + 18 + 18 = 48 / 4 + 8 = 12; 1 + 2 = 3$$

This mathematical numbering indicates that, no matter what we do, we will always arrive at number 3 or at the multiples of 3. The universe has a numerical code that always starts from number 3, and all its multiples are its continuity. We are referring to the grades, planes and dimensions that always arrive at the number 9. This number always refers to thought-energy. When a cycle closes in order to begin another One Origin, it then reaches number 10.

Once Planet Earth-humans have awaked and activated their pineal gland they have started the *frequency connection*. The leader circuit functions through a mathematical sequence, forming repetitive frequency designs that lead to the sum of the thought-crystals. By doing so, it activates the nuclei of each zone, and those, in turn, produce high quality nimeo-crystals. In this way, the energetic being starts to be formed because the formula for the birth of the being has been activated.

All the universal formulas are based on correlative mathematics. Once the mechanism is activated, it will never stop. The numerical sequence is infinite, like creation.

337. What are the chips like?

We use the word *chip* so that you can understand us. Actually, these are numerical codes that are activated at the right moment and according to the needs of the desire of creation .

Humans in the universe are hosts who shelter the regular worlds, which, in turn, also shelter higher realities. Everyone shelters everyone else. The only one that is real and existing is the Being One.

338. How do the antimatter worlds work with us if we are numerical codes?

The antimatter worlds are thought-energies of recorded crystals with their respective *nimeos*. When we say that those energies are recorded, you may imagine that the recording consists of words, experiences, deeds, life events, languages, and images. It is not like that. The recordings contained in the crystals are codes and the universal language is expressed based on those codes.

You do not understand the universal codes yet. You are still working with symbols. It is a language that is based on codes of visual expression. The universal codes are based on numerical expressions, and to decipher and understand them, you will have to grasp the universal cooperative language. When you belong to the Cosmic Confederation, you will be taught and prepared so that you will be able to use the numerical language.

The antimatter worlds will work according to their elevation, knowledge, understanding and the grade to which they belong. When you enter the Internal City you will begin to learn the universal language so that you can advance to higher realities.

339. How can we, Planet Earth, transmute all that is useless so as to waste as little as possible?

- * First: through the nourishment of your thought- energies
- * Second: through the nourishment by eating
- * Third: through the nourishment of the sexual system
- * Fourth: through the nourishment taken in by the senses
- * Fifth: through the nourishment taken in by solar plexus
- * Sixth: through the nourishment taken in by the pineal gland
- * Seventh: through the nourishment taken in by the frequency channels
- * Eighth: through the vibratory nourishment.

Everything will depend on the kinds of thought-energies with which the brain will work. This topic has already been explained. We know what happens if the encephalic tissue works with negative-sick crystals or with positive crystals. The energetic nourishment is the most important; everything else will link to the nourishment. If it is positive, it will waste the least possible because it will transmute all the thought-energies to nurture and further universal wellbeing. If the nourishment is negative, it will not be able to transmute the energy and it will end up orbiting the planet in a vicious circle, contaminating and making everything it encounters on its way get sick.

340. What does 'nourishment through the sexual system' mean?

When we talk about nourishment through the sexual system, through the senses, through the solar plexus, through the frequency channels, through vibration and through energetic flow, we are referring to the energy that enters and leaves the human-body. You call them the *energetic centers*.

The centers work together with the zones. When they are fed negative, distorted and sick energy, you can imagine the effects this energy will have on them. Here we get into the subject of combustion. It will produce very low quality combustion, totally contaminated, of short duration, and it will evaporate as quickly as possible because the contaminated material body-energy will deteriorate rapidly and will live less.

341. How does waste-combustion maintain the universe alive?

It is a chemical chain reaction. It allows the energetic combustion to maintain the universe at adequate temperatures so that the systems do not solidify.

We have to understand that the antimatter worlds are chemically cold; their energy was created with elements that produce cold fire. In the universe this combustion is called *alciatic combustion*. This combustion works exclusively in the cerebral and mental sphere and it enables the brain to function totally, unlike the rest of the body. The combustion of the body-

matter is a calorific combustion; its job is to keep body-matter warm so that the antimatter energy will not cool it.

342. Do these two combustions not collide?

They do not collide nor can they mix. The antimatter world lives in the brain. The cold elements of this world do not get mixed with the others because the elements do not attract one another or rub one another or adapt. They simply coexist and communicate telepathically.

343. Then how can the right side of the brain feed the left side if their elements cannot mix?

It is the energetic being that lives parallel to the body-matter.

While the pineal gland is not activated, we understand that the body-matter subsists with its own calorific combustion. When the pineal gland becomes active, it starts to attract antimatter *nimeo*-crystals settled in the right side of the brain. This is where human beings will begin to nourish themselves with a special thought-energy and this energy will nourish the left side of the brain through telepathy or mediumism.

The thought-energy beings of the right side of the brain will not be able to descend and reincarnate in matter. They continue existing and incarnated in the elevated side of the human-being, that is, in the energetic being (the spirit).

After the thought-energy of the human, who exclusively lives on calorific combustion, has disincarnated, the matter perishes because it lacks the warmth of life, that is, the *calorific combustion*.

In the case of the higher dimensions, we can understand why those realities live eternally: their subtle bodies feed on *alciatic combustion energy*.

Alciatic energy means rising reinforced energy

It is a special combustion energy that contains certain elements of outstanding quality. It works with high voltage electricity and therefore will never disperse.

344. With this, is it possible for our brain to live independently of the rest of the matter-body?

For that to happen, you would need a brain as sophisticated as the matter-body. There are technologically more advanced realities that have accomplished this. As we get full knowledge of the universal reality and understand how energy works, we do not need to want the brain to be independent of matter because being both shelter and reincarnation guaranteed is sufficient not to aspire to it.

The higher realities' existence lies entirely in their minds; they do not need matter-bodies.

345. You told us that Planet Earth is at the level of the navel. What happens with those planets that are close to the anus and with those that exit through the anus?

In comparison, in the external universe these are what we know as solidified and petrified realities. These realities are totally in darkness; they are evolving slowly. They could be compared to zones 1 and 2 of the Being One.

As the One Origin expanded, it already knew about its own reality. It knew of its own One Origin. But in spite of knowing, it could not correct it because that was its heritage.

While being inside the One Origin, and before the explosion and the expansion, the thought-energies faced the serious problem of not knowing how to deal with: the *negative energy*. So they simply compressed and filed it away without understanding or studying it. In their ignorance, they did not know that the creation and formation of the Being One's digestive system was under way.

These first offspring of the One Origin were pure and crystalline. They knew nothing about knowledge or formulas; they got to know them through life experiences. These offspring are now experts and wise, because they were concerned with researching the formulas and all that stems from them. There are no longer many secrets hidden from them. They know the creator and each One Origin present in the universe.

Density, solidification and petrification are constantly being studied. These realities are changing and transforming at an incredible speed. Only the Regular Dimension can follow up with this active dynamics.

When we speak of unusable negative waste, it is not what you think it is. This condition does not exist in the universe because everything is recyclable. What we call waste are energies that will be applied in new creations. *Everything is recycled, nothing is lost, everything is used again, nothing is eliminated; it is a never ending process.* When we see those planets in the external universe that did not fulfill the commitments they were created for, they are considered by the universe as waste of creation. They are expelled from the organ or universal system to which they belong, are absorbed and sent to new creations.

What you know as *black holes* are simply realities that absorb all that is unusable in the universe drawing inside and submitting it to chemical reactions that amalgamate the elements. With that they prepare the formation of new creations such as stars which will turn into supernovas and later be the new One Origins of the Universe.

346. How would black holes compare to our systems of material and mental bodies?

In your material bodies the black holes can be compared to the digestive channels that are responsible for sending the nutrients such as carbohydrates, proteins, vitamins, fats and minerals from one system to another. After that, whatever is considered unusable – waste – is sent to the large intestine for elimination

In the mental part, they could be compared to the digestive system which would be the channels where the mind filters the thought-energies that cannot be used, sending them on to the black holes where they are recycled to form new thoughts or ideas.

347. What actually is a black hole?

If we know that we are all inside a gigantic body called One Being, then that body functions very much like your bodies. You consider every passage for the nutrients in the universe as black holes. The only thing you can see is that whatever enters there disappears. But it is not so. It enters, but it does not disappear; it is simply transformed into new creations. Inside the black holes there is a range of chemical elements. These produce such intense heat that everything entering there will become molten and all the elements will fuse and will be sent to new creations. The same is repeated in the universe of thoughts, also with ideas, with the

incarnation and disembodiment of thought-energies that did not become elevated, with the matter-body, with the mind and so on infinitely.

When we say that they will become supernovas, we can compare this with the creation of an idea when it is understood, or with new cells that are born in the material body, or with those cells that die and are absorbed by the black holes in the material body which sends them to other systems that absorb them, as in the case of the skeletal system.

The aim of the black holes is to absorb and recycle, so that nothing be lost in the universe. What we call unusable perhaps may not be useful for certain creations, grades, planes or dimensions. The universe will always find a suitable place so that it can serve the universe.

348. The sun is a calorific combustion?

You are located in the digestive system; to you the sun means the unification of the elements that produce heat and, with it, life. The billions of suns that exist in the universe form a gigantic device that will produce the combustion needed for the universe to live. If the sun stopped emitting the calorific combustion energy in its system, you would be annihilated. There would be no life, or at least, not in the form you know it.

When the One Origin was creating, it was forming the energy-elements that would give it matter-life. We could say that the One Origin is a chemical summation of elements that, at a given moment, overflowed into multiple and infinite creations.

In the beginning of creation, the elements created were in a state of antimatter, that is, inside a white and cold light. When the elements distanced themselves from their center, a new dense reality was created and, at the same time a dynamic heat arose, that is, a fire with red hot flames; both had the same elements, but inverted.

For this reason, the lower dimensions that were far away from the center began to live with the red heat and not with the white light. To understand the mental process, we can say that these dimensions began to live with the passions and not with the clarity of the mind.

349. In the external universe, to what could we compare *alciatic* combustion?

Since *alciatic* combustion exists in the antimatter worlds, it would be materially invisible to you, but we have been studying it all the way through this knowledge. For example: the brain, thoughts, the zones, the energetic centers, the energetic being, the pituitary, rima and pineal glands, everything related to knowledge of the mind, lives and exists thanks to the *alciatic* combustion.

In the universal mind the same thing is repeated; you cannot see this combustion, but you can feel it.

350. Where is it generated?

In the pineal gland.

351. Which are its elements?

Ether, helium (great quantities), oxygen, carbon, H₂O (water), binary compounds, etc.

352. Is there a pineal gland in the Sublime Dimension?

The Sublime Dimension is formed of mental beings. The pineal gland is present up to the Regular Dimension. In the higher worlds, this gland is transformed into a One Origin of creativity. It is a center, a hub of ideas. Here the mental being is no longer composed of the same organs or systems it had when it was in the lower reality. When it becomes elevated to the maximum antimatter reality, its three glands and everything that constitutes its mind become unified and form a single essence that is called *bilateral essence*. This means that the being will no longer work with its material-systems. It is pure mind, and is an essence of the whole.

353. Do you mean that all the beings from the higher worlds have descended to the lower realities?

We are all those beings, located in different realities. We are all, we are one. We form the whole and it forms us. It is the same on different grades, planes and dimensions.

The Being One is all for all, reality itself.

354. Does the calorific combustion produced by the Elementary Dimension sustain all the other systems of the Being One?

This combustion is generated in the elementary reality and, in chain reaction; it activates the life for all the other systems.

We say that the heart is the power source of an elementary reality; but that power source would not work if it were not driven by the combustion energy.

We know that in the lower reality there is an energy source with permanent hot fire that never ends. This energy source is constantly being fueled to produce the necessary heat to sustain all that exists. This heat is a protection for all against sickness or death.

355. Where is fuel extracted from?

What you call *black holes*, we call *energy source*. All that is unusable, all the recycled energy, all the energy that did not fulfill its purpose, is turned into fuel, feeding the large energy sources and producing calorific combustion. These large energy sources produce very high temperatures generating the heat that the whole needs to keep from getting solidified or petrified.

We said that the supernovas were the result of the energetic concentrations. They are also the result of all that your eyes can see: new planets, suns, stars, constellations, and so on. All that your eyes perceive is the emanation from the energy sources, including Planet Earth. That is why the external universe of the elementary reality gives the impression of always creating and creating. You constantly perceive movements in your universe, and you do not know the reason for mutations and changes. Life is generated from these energy sources, as if being cooked in gigantic boilers.

356. Why do you use the word *cook*?

When great ideas are created in the universal mind, we say we are cooking the ideas, because it is a chemical process, where the elements are fused and mixed and produce different results. In reality the right word would be *cooking*.

You are in the digestive system of the Being One. To understand it, you will need to know how you exactly function. This is the only way for you to understand your reality, the exterior universe.

357. If you teach us how to transmute the unusable into usable, we will be left without combustion at some time?

We know that calorific combustion energy gives life to the lower reality, and we also know that this reality will advance, evolve and become elevated through the life it receives. This means that it will need less calorific combustion and will tend more and more to live on *alciatic* combustion. Behind the elementary reality there are still two more creations which are the solidified and petrified dimensions. They will continue feeding the whole with calorific combustion. At some point, calorific combustion will come to an end. When this happens, it will mean that our bubble sphere has been elevated because it will be nourished only with *alciatic* combustion.

358. What does this mean?

It means that the nine dimensions will be unified into one and that our reality will be totally antimatter, that is, mental. Thus we will return to our One Origin who will receive us and we will be born again in a new, higher and more subtle bubble-sphere.

We have to understand that the universe exists in many different realities. The nine dimensions where we all exist consist of a bubble-sphere that is divided into nine zones and centers of the Being One. Each one of them represents the nine dimensions of our bubble-sphere, which work with mental and material energy, giving life and existence to the gigantic body. There are infinite bubble-spheres that also carry out their tasks the same as we do. This means that the digestive system of the Being One will never end because there will be billions of bubble-spheres that will do the job of a digestive system, forever.

359. How do the other systems of the Being One work universally?

We said before that you would be converted from microorganisms into macro-organisms. What does this mean?

When a thought-energy fulfills its task thoroughly, it will be refined, transformed, transmuted and elevated, forming its energetic being. When a being is born and fulfills itself, it will be ready to go to another dimension which will provide it an opportunity for greater advancement and development. When it reaches the Secondary Dimension, the thought-energies that were in the digestive system will begin to form part of the circulatory system, since this system represents the Secondary Dimension.

To attain transcendence and energetic advancement, the elementary thought-energy would have to take on the form of a triangle. This means that it must open its points (understanding) and form the square, which will fit in perfectly with the elements that pertain to the blood, that is, to the universal fluid. These are known as platelets, they are square and they rotate. The square energy joins the hexagon (respiratory-oxygen system) and together they form the bloodstream. The platelets relocate and travel throughout the all, reaching the hidden depths of the Being One. In the universe, those thought-energies are known as the travelers, and you know them as extraterrestrials that travel in their UFOs. Those space vessels are platelets that transmigrate, rotating through the all by means of the oxygen, and as they rotate, they permit the blood to flow. Depending on their grade of vibration, they will emit different colors.

We said that the Lower Dimension produces calorific combustion; the combustion of the Secondary Dimension is the platelets.

360. What is the universal fluid like?

These are streams of energy that run through the universal channels. This fluid is similar to the circulatory system. The Regular and Secondary Dimensions already have the knowledge as to how to utilize these energy channels. The realities above yours have the universal map. They make use of the flow, the oxygen and the platelets, to travel and move through the entire universe.

The matter and antimatter-energy beings use oxygen and the platelets as transporting vehicles. These realities do not need fuel to travel from one place to another. They simply board their platelet-vessels and, with their mental desire, plus the total knowledge of the universal reality, they go up, down, enter and exit throughout the entire universe.

361. If the thought-energies live in the platelets, where are their worlds?

Their worlds, as you call them, are in the circulatory system of the Being One, disseminated in constellations and systems. They are the platelets inside the circulatory system, the same as you are the digestion inside the digestive system.

362. How they can travel in the platelets if they are the platelets?

Each one of them is a platelet; the unification of many of them forms the space vessel: the UFO. That is, they are the vessel and they command it with only the desire of thought. In the same way that all together you carry out the work of digesting, they do the work of transporting the oxygen and the platelets in the all.

363. What is the function of the platelets for the Being One or for the universal fluid?

It is a symbiosis of the Regular and Secondary Dimensions. The platelets are the vehicle that allows the blood to flow through the circulatory system (the energetic fluid). At the same time that they transport the blood, they also transport the oxygen to the Regular Dimension because this dimension belongs to the respiratory system and we know that the two systems work in unison.

Thus, both the Regular Dimension and the Secondary Dimension can relocate through the universe by making use of the energetic fluid and the universal channels.

364. What are the UFO-platelets like?

This is an organic energy, compressed and very light, very similar to porous sponges. When the thought-energies travel over long distances, they nourish themselves with their vessel because it contains the nutrients they need. The vessel provides food, oxygen and water (serum); they do not need anything else. What you see as spacecraft are compressed energy-platelets which look like shiny white metal. Actually, they are vessels that travel at incredible speeds because of their adaptation to the ebb and flow of the circulatory system.

365. Do they not have vessels built like ours?

They do not need them; their reality is different from yours.

366. So will we never be able to travel across the universe?

The digestive system, the same as others, has its own channels of entrance and exit. It is a very rugged system and so it has no conditions for long-range space travel. Only as of the fourth plane can the thought-energies make use of more advanced technology to be able to travel in the platelet-vessels. You will achieve this in the future, when you have total knowledge of energy.

367. How can the thought-beings pilot those vessels?

Those vessels are not piloted; they adjust to the universal flow. The universal channels are infinite and the thought-beings have the knowledge of those realities; they “maneuver” them and know them very well.

368. Why do they shine in so many different colors?

The platelets are like that, colorful and bright. We have to differentiate the types of platelets that exist in the universe:

- Platelets from the digestive system: blue, yellow, red, green.
- Platelets from circulatory system: red, white, yellow, turquoise.
- Platelets from respiratory system: white, beige, light blue, light yellow.
- Platelets from the endocrine system: white, very pale gray.
- Platelets from the immune system: white, silver gray.
- Platelets from the nervous system: white, lilac.
- Platelets from the brain: bright white and pale golden.

369. In comparison, what happens with white blood cells? What do they represent in the universe?

White blood cells represent the immune system in the universe. The thought-beings work to protect the Being One from any aggression or invasion and, above all, to prevent chaos and keep everything in perfect order. They belong to the higher worlds.

370. Is there anything wrong with our spacecraft vessels? Or are they well built?

The vessels from Planet Earth are incorrectly built and they are very limited in structure. In the first place, the shape is not correct. They should be disc-shaped for better transit through the universal membrane. Since they are spike-formed, they tear the web around the planet; therefore they need extremely large amounts of fuel for lift-off. Second, the fuel used is not adequate. You should learn how to extract and use energy from the atmosphere. And third, the material used for spacecraft would not endure remote space travel.

371. What would be the correct material?

It is a combination of zinc, methylene, steel, bronze, silver and organic compounds that must be processed chemically as if they were the elements of a platelet.

This combination produces a resistant and malleable material, which will enable you to travel only and exclusively within part of the digestive system because to travel throughout you would need other vessels, like the platelets.

372. Are there platelets in our atmosphere?

They are in the ionosphere. They are a mass of accumulated and apparently compressed gas. You know them by the name quasars. We compress the quasars and convert them into UFOs, that way we travel through the entire universe. The universe is the body of the Being One and we know it very well. We have learned to utilize everything that we can without causing any damage.

373. Would not compressing the platelets go against nature?

We do not compress the young platelets or the ones that are fulfilling their function. We make use of platelets that are in the process of extinction. We extract the energy inside of them that is still in good conditions and recycle it for our own use. Energy in the universe is a science. To know it and to know everything that can be done with it is an extraordinary advancement. When you discover it, you will begin the evolutionary change that will help you progress in your elevation.

374. Can you give us examples of what we can do with energy?

- * Interplanetary travel
- * Food
- * Medicine, technology, science
- * Clothing
- * Housing
- * Knowledge
- * Prolonging of life

And all that you can imagine. Energy is all, we are energy. It opens the doors of knowledge.

375. Are thought-beings that formed the square called platelets?

The thought-beings that formed their mental square-energy are not platelets. They are embodied in their human-form, but mentally they do the work of platelets. They are in charge of taking knowledge to the entire universe and they live in organ-planets that are called platelets because they are in the realities that form them. When we compare the universe to humans in their universal work, we will always have to consider its material and antimatter condition. As you who live in the digestive system and do not necessarily have an explicit task, the same is true with the thought-beings that live in the circulatory, respiratory, glandular, metabolic system, etc., but all carry out mental-tasks comparable to the functioning of the matter-body.

For example: we have said that the thought-beings that are in the circulatory system travel in platelets and live in realities that are platelets. Since they belong to the square thought-energy crystals, they belong to the circulatory system and live in planets that are clustered, comparatively forming the organs of that system, such as the veins, arteries, capillaries, blood, and so forth. There are different levels within the circulatory system. These thought-beings are embodied in an infinite number of planets having distinct differences in evolution and elevation. But what they have in common is: all are nourished with the universal fluid. This is what we were always referring to when we were talking about platelets, because they live in the fluid of the universe. In comparison, this would be the blood of the Being One.

376. What can the digestive system make use of for itself?

In the same way that the circulatory system makes use of platelets for its own benefit, the digestive system can make use of the waste. One day, you will recycle waste-energy and transform it for your own benefit.

377. What can we do with it?

You will get the best combustion energy you could ever imagine. We said that by mixing zinc, carbon, other elements and organic compounds you would be able to build spacecraft. When you discover the real transformation of the waste-energy, you will progress in science and technology ending poverty, hunger and destitution. In the next two hundred years the formula will be discovered and utilized to the maximum, but as always happens on Planet Earth, it will be in the hands of few who will use it to their own advantage and take their time to make it available for global benefit.

378. Who will discover this formula?

It will be discovered during joint experiments and investigations by the following countries:

- United States
- France
- United Kingdom
- Sweden
- Australia
- Germany

379. What is the work of a respiratory system?

We know that the circulatory system works together with the respiratory system. When the blood flows, oxygen is also distributed through the whole. For these two systems to work together, we need organization and much interplanetary order. Many thought-energies spread throughout their respective planets participate, accomplishing a universal task under the direction of the principal constellations:

- Head: Orion-Alfa Centauri
- Higher Terminals: Andromeda, Pleiades, Southern Cross, Libra and Virgo
- Lower Terminals: Calixtus, Centurion, Sirius, Centaur, Scorpion, Sagittarius

There are many inhabited planets within these constellations; they belong to thoroughly organized confederations with well assigned tasks and responsibilities. There is intensive communication among them and also much cultural interchange. The circulatory system (secondary world) carries blood (the energetic fluid or the soul) through the universe; the respiratory system (regular world) carries soul energy or life. The regular worlds are life; they nurture the universe with new ideas and always sustain the whole in its basic formula: antimatter-energy and dense-matter form. You are the Elementary Dimension and totally dependent on the Regular Dimension because it is the head of the reality in which you exist and live.

380. The Sublime Dimension is the universal immune system?

To antimatter reality, the sublime worlds are the immune system of the universe because they never allow a thought-energy to contaminate the universal mind.

To dense-matter reality, the regular worlds are the ones with the mission to perfect the dense energy so that the Being One may have a perfect material body.

381. Does the Being One have a perfect body?

Not yet, even though the regular worlds have eternal bodies, they have not yet been able to perfect the matter one hundred percent to do so. First they have to perfect the denser realities so that this improvement can benefit them. The whole is a gigantic body – the Being One. If one plane or grade does not work correctly, the problem will reflect on everyone, therefore, the universal body is not totally perfect. Remember that there are still solidified and petrified realities. As long as they exist, we have to accept that perfection has not yet been accomplished in our bubble-sphere; but we are on our way.

382. What is the fuel of a respiratory and circulatory system?

When the Elementary Dimension generates calorific combustion, it provides movement to the whole activating the universal mechanism which will never stop. If we want to compare it to alciatic combustion, we could say that the universal fluid produced by the Elementary Dimension would be the source of combustion energy that these two systems need to continue active.

383. Why can the energy of the platelets be used to build UFOs?

The platelets are made of a special energy that adapts to different realities because it is an energy that runs through the whole. It is made of multiple and combined elements that have the one aim of being able to transit throughout the whole. This energy is called “*multiple conduction*”. These are universal elements that have the capacity to serve the whole because they adapt to any dimension, plane or grade. We could compare it to the element magnesium. This element is known for its chemical adaptation to other elements. There is also the process of magnetic absorption making travel throughout the whole possible.

384. We think that the whole is ethereal, subtle, spiritual, energetic, but I am coming to the conclusion that everything is chemical. Is this true?

Yes, everything is chemical and mathematical.

385. Where does spirituality come in?

Spirituality is a sentiment that comes from feeling. You bring it to bear on certain events. For us, the higher worlds, the word feeling does not exist; something is positive or negative, and the consequence of it is the depth of the feeling which determines to which side the scale will tilt. What you call spirituality, we call *positive* because it is the positive result of the feeling.

386. Mental activity is also chemical?

Yes. Let us recall that when the Being One started to unfold itself, it was all antimatter energy. We can say that in that state it had only formed imagination. It did not have cerebral activity to form correlated thoughts of knowledge and understanding. That imagination had already planned absolutely everything that would happen so it could organize, classify, and spread the entire imaginative creation. Imaginative creation, in turn, would be able to materialize.

To take on the correct form, the imagination first made use of all available elements. In doing so, those elements suffered contraction to such an extent that they were externalized as form and, with that, imagination became manifested until it accomplished what it had desired. In other

words, imagination embodied in form. This process continues occurring whenever a One Origin incarnates or when you embody in human-form or any time an idea materializes. It will always be the same, over and over again, eternally.

387. How could imagination create ideas if it did not have a brain to think of them?

Ideas are produced only by the elements of the antimatter-mind, thus they can be created by the imagination. Remember that the Being One is an antimatter being of mental energy, composed of everything needed to create ideas. What it did not have in its antimatter condition were the dense elements to externalize the ideas. So it created the dense brain-form, to be able to manifest them. We, the Ethereal Dimension, are the understanding, and through it, we want you to grasp the reality of your lives. It is important for you to analyze the universal structures. We have always said that *by knowing yourselves, you will know the creator*. All knowledge is marvelous, but it must always come with understanding and be recorded in existence with love.

388. Why should it be recorded with love?

We have always insisted on unifying the three words: *knowledge, understanding and love*. We cannot love what we do not know or understand. We cannot know without understanding. We cannot understand without knowing. We can only love what we know and understand. We can never separate the three concepts. They were born at the very instant with the desire of creation and the desire to materialize needs to be known, understood and loved.

Eternal survival is an act of love, and we, the higher dimensions, consider love to be a placebo that keeps the universe active, dynamic, updated and young. Love is a chemical element that brings about the revitalization of the universe. Its elements vibrate at such a frequency that it accomplishes the anabolic restructuring of the Being One. When it restructures all its elements, the Being One revitalizes itself and consequently, all of us, that is, our bubble-sphere.

389. Is love also chemical elements?

Yes it is. Love has additives that inject new elements into the whole. These elements blend with the others and all are able to rejuvenate.

390. Is love the fountain of youth?

If you want to call it that, yes it is.

391. Which elements rejuvenate?

Chemically, they are the

- electron (negative) – knowledge – matter
- proton (positive) – understanding – psyche
- quark (neutral) – love – mind

We know that electricity is produced when these three elements work together, so we are affirming that they can never be separated. When we use the word *electricity*, we are referring to life.

The element quark is neutral. It balances the other two elements and in doing so, stabilizes them. When they are stabilized, they are renewed by the same sensation of wellbeing, happiness, elatedness, and love. The element of balance is brought about by high vibration.

The experience is leveled off and bestows a calm sensation of stability. The outcome of this process is called love.

392. What would be the chemical definition of love?

You call it serotonin, a substance that the brain segregates when it is stimulated and that brings about wellbeing and exhilaration. When this substance is lacking, the consequences are sadness, physical and psychological pain, melancholy, dejection and pity, often bringing on depression. When the brain is in such conditions of low vibration, it protects itself by producing endorphins which numb the pain, the sadness, and so on. In this way the brain prevents itself from suffering more severe disorders such as depression or even insanity.

393. Can we cure this lack of serotonin with lots of love?

You can cure it with lots of love, patience and dedication, whenever it is adjoined with the energy of knowledge and understanding and the person's strong will. If all these do not produce the desired results, then the person has to be medicated until he or she may understand what is happening. If he or she accepts this and works on it, the problems of life and surroundings will be overcome.

394. Would the activation of the zones' nuclei help resolve this problem?

Certainly it would. The lack of love it is a problem of the brain in itself. It is a set of elements that were produced at the same time and the same instant and that led the thought-energies through routes that did not pertain to them. This caused energetic short circuits that resulted in the development of erroneous thought-energies and negative elements in these circuits.

If we say that love is quarks and that they are neutral, when neutrality is lacking in the thought-energies, the balance is lost. The negatives begin an extreme and fatal struggle to prevail; the entities that live in the brain want to take possession of this kingdom and invade the pituitary gland to rule it. If the nuclei of the zones are functioning correctly, there is no risk for imbalance; this only appears when the zones have no coordination. The types of coordination are:

- Motor
- Electro-magnetic
- Psychic-energy
- Circuit-energy
- Filament-energy
- Mind-energy

If any such coordination fails to function, energetic communication ceases. This will cause imbalance and consequently will produce the disease.

395. Has it ever happened that *alciatic* combustion was mixed with calorific combustion?

Yes, it has happened and when it does, it produces what we call instant combustion. In some cases it happened on Planet Earth and you have not been able to explain it. You have found beings that were completely burned without any reason for it. This phenomenon occurs when the brain acts like an antenna and picks up thought-energies of high vibration. When these enter matter-energy that is not prepared to receive them, it produces a strong discharge, like lightning, and burns the matter that cannot sustain the discharge.

This discharge is also produced when the pineal gland picks up high energy at a wrong moment and in a wrong place. This happens when the atmosphere is loaded with ions and at that moment a being is in a negative state, that is, crammed with electrons. The low quantity of protons and the total lack of quarks attract the ions, producing electrical discharge. This phenomenon is caused by the evident imbalance of the being.

396. What does the ebb and flow in the universe mean?

It is life, blood, soul, energy, and all that composes this existence.

It is pulsation, up and down, enter and exit, dense and subtle, dark and light, ideas and thoughts, and everything that nourishes the whole. It is matter and antimatter, and everything that comprises the Being One. It is all in all, reality itself.

397. What do all the bubble-spheres together form?

They form the universal DNA.

398. Is the universal DNA the same in all dimensions?

The universal-human DNA is the same in all dimensions, planes and grades. It is a genetic code that will never change. It will only be transformed by becoming adapted in a metamorphosis and within the environment where it develops.

399. Why does the DNA have a spiral form?

It is the geometric scale of measurement that encases the perimetrical angles of a numerical sequence of action and correlation.

400. Where is the DNA located in the universe?

The *nimeos* are the DNA of the universe. Everything is recorded, therefore it governs universal correlation.

401. If the sun is calorific combustion, is there an internal city within it?

All that exists is composed of the two parallel combustions. Planet Earth lives with calorific as well as *alciatic* combustion. This means that the sun also has both combustions, and they are located in its center or nucleus. Having these two combustions does not necessarily mean it has an internal city.

402. Are there any human-beings living in the sun?

There are; they are beings who have become adapted to living both in calorific or *alciatic* combustion.

403. Do they live like us from Planet Earth?

They are considered human-energy, only in a chemical state different to yours. Their energetic process differs because while they live in a state of suspended energy, you live in a state of compound energy.

Suspended Energy

It is the result of mixing certain substances in a fluid in such a way that they seem to have dissolved owing to the minuteness of their particles. They are substances or particles suspended or floating in a fluid.

Compound Energy

Substance or body formed from the combination of two or more elements. These beings possess an *alciatic* human-energy, but they live in calorific combustion.

404. How can they endure high temperatures?

When we talk about calorific combustion we do not always refer to fire; this is one type of calorific combustion. The sun is an accumulation of chemical elements that produce heat, light and nutrients that are necessary for life. Although you apparently see a fiery sun, it has no fire. What you see are the energetic emanations from the star which condense its elements by cooking them and mixing them with other chemical elements, thus producing an energy that is called *centralized energy*.

Centralized: a variety of things from different sources that are brought together or directed toward a common center.

The sun has a centrifugal movement that attracts billions of universal elements and it condenses them within itself. All those planets that surround it live and are nurtured by it because the elements that form the sun are nutrients that all existing needs.

405. Speaking comparatively, in our material bodies, which would be the suns that keep us alive?

All the cells of the body have electric energy and calorific combustion. Many of them retain more energy than others, depending of the system to which they belong. For example, the cells of the digestive system are the ones that most retain calorific energy and are the most energetically condensed. Cells are nurtured with combustion energy. As they do this, they produce a luminous energy that gives light and heat, and all the rest are nourished with this energy. Comparatively, they would be the suns that you need to maintain your entire being hot and prevent it from freezing. The unification of millions of cells is what we call a boiler and inside this boiler is where all unusable energy gets cooked. Let us recall that in the external universe, a cell can be compared to a planet.

406. Is the exterior of the sun of our system a cell of the Being One?

Yes, it is. This type of cells is universally called *photonic cell*. They are cells that because of their chemical structure retain light and heat transmitting electricity through their electrons and protons.

407. How could we compare the quarks with the external universe?

Quarks are minute particles that are located neutrally between protons and electrons, that is, they are in the light and electricity. Their task is to neutralize the negative and positive electric charge. They are catalyzers of voltage between matter and antimatter. These particles prevent the collision of the two realities and keep the whole in balance.

When protons and electrons tilt the scale, the whole tends to get unbalanced. You call this lack of love. Actually, what is happening is that the whole is chemically lacking quark particles, and without them, the negative charge tends to take possession of it. We can see it like this. We said that the electrons are a negative charge and they belong to matter. If they tilt the scale towards the negative, its matter will become denser; consequently its thought-energies will only ingest material knowledge. If protons with positive charge tilt the scale, the thought-energies will totally ingest understanding, that is, psychic energy.

Both energies are excellent when they move ahead together; if they proceed separately they will not find the balance. You would say that someone who lives totally engrossed in knowledge would be a materialist and one who lives totally engrossed in understanding, is a spiritual person. Both, separately, are unbalanced. This is where the quark particles intervene since they are balance and love. We come to the conclusion that love will balance the two forces.

The tools of love are:

- Frequency
- Recording
- Comparison
- Wellbeing
- Usefulness
- Mood
- Result

We, the Ethereal Dimension, want you to prepare well so that we can teach you how to go to the fourth plane of existence. Planet Earth is preparing for great changes. We are activating your brains. We are helping you unify the right and left side circuits. Perhaps many of you are feeling it. This restructuring is causing you suffering but we want you to understand that we love you very much and that the pain you are experiencing now will eventually culminate in great joy. We know that many of you are noticing changes in your lives, radical or subtle changes. The planet is in constant effervescence with cultural, social, dynamic, psychological and mental movements. Humans are preparing to be humane; they do not perceive the grandeur of the universe; they do not understand the why of life. Many are intuitively aware but do not accept it yet.

We love Planet Earth. We have seen it grow, develop, evolve and become elevated. When we say that you are feeling changes, we want you to feel no fear and to let the energy of your hearts flow. Do not close your minds to new learning and new openings. Open your minds to new concepts and break the old and obsolete schemes that are hindering you from advancing and are holding you back in the darkness of your lives. Suffering, anguish, pain and sadness enfold you because you do not allow love to enter your hearts. You refuse to understand. You are frightened by what goes against your old beliefs that were entrenched in false promises and constructed lies.

Enquire, seek, analyze, project, doubt, question. This is the only way you can find the truth and the answers. You will enter the perfect dimension – **love** – and through it you will find the answers that you always sought. Enough of lies and illusions! Fantasy has already caused a lot of damage in your lives. You have lived in fantasy through fear and insecurity, through disregard and ignorance, through orphanhood and lack of love. The more a truth is hidden, so much more will the universe reveal it, and the just beings will transmit it. They have been sent by us to fulfill different missions, sharing the word, knowledge, understanding and love. And it all started when the One Origin went on creating and creating....

CHAPTER V

THE DIMENSIONS THE PERFECT DIMENSION

WE ARE LIGHT, KNOWLEDGE, UNDERSTANDING AND LOVE

We felt that we were so far from and yet so close to our center. The One Origin had hurled us to the infinite of our reality. In the beginning, we were overcome by despair and sorrow. However, we intuited that we were not alone. A mantle of protection enveloped us. We had a wonderful feeling and although we knew that everything had changed, that we were no longer the same and would never be the same again, we were sure that this protection was the key to what was happening to us.

At the time when the One Origin went on creating, we knew that everything was planned in its imagination. We were all part of it and we could not feel that we were different but we wanted to know. What were our surroundings like? What was our role? Why had we been created? So many doubts and so much distress! How much loneliness! Our reality was nourished with knowledge and understanding, but that was not enough. We wanted to fill the emptiness caused by distance. How could we do that? Who or what were we?

The first thing we had to understand was that we should accept ourselves. We did not want to admit that we were not knowledge or understanding. We had to define ourselves because if we did not, we ran the risk of getting lost, of submerging in the oblivion of creativity. The first thing we did was to hold on tight to life. We did not want to perish; we did not want to vanish into the whole. We had to give our existence a meaning. If knowledge nourished the universe and understanding explained it, what could be our contribution? What was our mission so we could realize that we were needed?

Thus, through knowledge and understanding of our reality, we were able to realize that for us to go on existing and for the universe not to end and to stay young, dynamic and active we would have to give it everything it would need to be eternal. For this to happen we would have to love it. That was the only way we could understand that by loving it, we would love ourselves. We understood that by loving ourselves we would exist forever. We gave eternal life to the Being One because we loved it so much that we did not let anything harm it. This love was so great and so deep that it gave us a reason to exist. Thus we were able to fill the immense emptiness we felt deep inside. We had a mission, a task that was eternal and full of love.

We are love. That is how the One Origin created us. It made us so because we were its beloved offspring: the children of love. It had created knowledge and had imbued it with all the wisdom of the universe. It had created understanding and had instilled in it all the comprehension of wisdom. It gave us all this and something more: *we are the magnificence. Magnificence: grandeur, lavishness, splendour; generosity or willingness to accomplish great deeds or undertake great enterprises. Honorific entitlement.*

We will tell you our story.

Let us go back and begin to recall when the One Origin divided itself into billions of particles to create its body, its Being One. It already had the formula and knew what would happen. We were unaware of the reality. We had to learn, study, analyse and classify the reality of our existence. Finally, after this entire process, we understood that we were the Being One.

How much work! How much research! What for? To know our own selves. We realized then that everything we had done had been for ourselves. We thought we were getting to know a supreme being, something unreachable that was far away from us, a distant, insurmountable and magnanimous creator. Amidst this ignorance, we raised our power heads and terminals to the universe and cried out because we thought our hub, our center, had abandoned us.

We were beings full of knowledge and understanding but we felt an unexplainable kind of emptiness. We knew we were a dimension full of wisdom and understanding. We were sure that we were the Beings One, children of the One Origin, but we still did not understand the reason for our creation or what would be our destiny. We did not know, but intuitively we sensed it.

Let us go on with the story

The Sublime, Divine and Ethereal Dimensions knew they were the Beings One but they were wrapped up in themselves full of selfishness, indifference and superiority. They were the Beings One and nobody could be superior to them. They were the favourite offspring; all the rest were supposed to serve them and, for making them feel to be part, their gratitude would have to be eternal.

What vanity! What arrogance! Their ideas were based on such intellectual and lofty concepts that they felt far above creativity. Perfection was their principal motto; nothing and no one would ever be as perfect as they were. That is how they felt – perfect – because they knew they had been created in the image and likeness of the creator. They were it, they were the whole and therefore, they were the Being One. So we asked ourselves: if they were the all, who was *the creator*?

Here was where the real dilemma began. So intense was their vanity and arrogance that the higher dimensions turned their backs on their origins and reality. They did not care about the lower worlds; they felt like gods and all the others were considered as inferior creatures. This way of being, of believing and of analysing made them guilty and responsible for the universal disaster. By behaving with indifference towards the lower worlds, they had abandoned their fellow beings in the worlds of despair.

They deserted them and that is something that will forever be in their memory. They will go on existing in eternal life to make amends and to restore them, but not even eternal forgiveness would ever make them feel the immense emptiness of their deeds. The Sublime, Divine and Ethereal Dimensions were so concerned about carrying out their task with perfection that they went on forgetting about their brothers who had been hurled to the infiniteness of oblivion. They never imagined that those brothers, those thought-energies that were in the density, were suffering and clamouring to the One Origin to return to their homes and realities.

How much indifference! This is how their existences came about; they gathered much knowledge and understanding without being concerned with the lower universe. They were so comfortably settled that they did not want to see or understand that they had become lonely,

indifferent, gloomy, sad, empty beings; and they did not know why. Knowledge and understanding were not sufficient for them to what was happening to them. They started to dwindle; they no longer worked with eagerness, enthusiasm and dynamism. Everything was sameness. The ideas coming out of creativity did not have the same continuity; they did not even notice that they were repeating ideas. Creativity started to wane; they no longer had the drive to accomplish what they envisioned. They thought: why should we go on creating when everything has already been created? These were the thoughts that they produced. They were gyrating in a vicious circle of lack of drive and creativity.

The whole, the Being One, started to notice that its mind was becoming dormant. It was enveloped in billions of ideas that flowed but did not generate any driving force; they were stagnating. The dynamic had become a propelling technique that recycled energy but it did not generate fresh, new and creative energy. The Being One began to notice that its mind was losing the speed to create ideas. Its imagination, which used to be the driving power, was becoming dull, weary and repetitive. There was no point to it; if everything had already been created, if everything had already been imagined, why go on creating?

When the Being One became aware that its thought-children were moving away from their center felt that, although they were still doing their work, they were not fulfilling it as eagerly or as creatively as before. The Being One began to realize that it was losing its thought-children. They no longer wanted to manifest or carry out anything for their One Origin; they wanted their independence. They had grown in knowledge and understanding. They had created wisdom and they had classified and organized it. They had done all the work. Who was the One Origin that had not done anything? It was then that all the children of the One Origin, from the Sublime Dimension down to the ethereal one, began to want to create ideas and thoughts. What did that mean?

When the One Origin created its ideas, the offspring would pick them up and work on them with total precision, fulfilling the task that had been entrusted to them. However, while formerly they would distribute, channel, study and understand the ideas to later place them where they belonged, this time the children rebelled. They no longer wanted to do what the One Origin asked of them.

Thus, overrun by arrogance and vanity since they considered themselves equal to their creator, they decided to create their own ideas and thoughts and eliminate the One Origin. Sadden with their arrogance, they were unaware of what could happen to them. They did not realize by this intended rupture and by wanting to be independent of their center, that they would also break the energy link that nourished them. They were sure that, since they were as much creators as the center and since they had been created in its image and likeness, they were totally protected and shielded in themselves.

In spite of their research and their extensive knowledge of all, they did not know that the One Origin – who had been created by another One Origin – had within itself all necessary defences for survival. It had been recorded in such a way that it could never be eliminated. It could eliminate its thoughts but its thoughts could never eliminate its mind. That formula had been determined in the eternity of creation, without beginning or end, eternally forever.

Everything we are telling you here happened during the process of evolution and elevation of the higher dimensions. In this vibratory period the realities had been quite disinterested in the thought-energies that were far from their center. They transmitted the knowledge and understanding and although the teachings did reach the ends of the universe, they did not care

whether or not they had been understood. They were so submerged in their own flitting needs of idolatry that they did not notice what was happening to the rest of the creation until they began to feel the negative consequences of this indifference in themselves. Through the process of reflux the thought-energies would return to their creators sick and undernourished from their life experiences.

While they were receiving the ideas from the One Origin and processing them to send them on to the other dimensions already itemized and understood; they were receiving back thought-energies of very poor quality. They began to understand that the ideas they were generating and sending to the universe were weak and inconsistent. The product of their efforts that returned was not nourishing the One Origin so it could create masterly ideas. Thus, they found out that they were caught in a vicious circle of lack of creativity. Since they were engulfed by their vanity and arrogance, they thought they no longer needed the One Origin to create masterly ideas; they themselves would create them and send them to the infinite universe. In this way existence would continue and they would become the creators of all the One Origins of the universe. Dreamers!

The One Origin went on creating and creating. They would pick up the energy, transform it into whatever they considered convenient and then send it wherever it was needed. A tremendous mistake because, since they did not have the true knowledge of their universe and since they were far from the lower dimensions, they had lost contact with the reality of their body, in other words, with the Being One to which they belonged.

The creature wanted to be greater than its creator. The bubble-spheres got in touch with one another and started to build the large alchemical laboratory for experiments. Many of the bubble-spheres opposed changing the original energy. While some defended the hypothesis that they should be the generators of ideas and eliminate the One Origin, others upheld the theory that the One Origin could not be eliminated since it was the hub, the center and the creativity of all. They also affirmed that these weak ideas were not coming from the One Origin but it was the thoughts – that is, they themselves – that were channelling the ideas badly.

The One Origin observed these arguments among its thought-children.

Why, it wondered, were these divergences happening if they had all been created with the same thoughts? It started to feel divided, just like its thoughts that had been created in unity, harmony, relationship, knowledge and understanding. It felt confused and bewildered; what it created was not being channelled as before. Everything had changed. We would like you to understand that we, the Perfect Dimension, are telling you the story of our bubble-sphere and others, like us, that joined in the confusion. If we say that the bubble-spheres form the DNA of the Being One, then there was a part of the Being One that was not working correctly; something was the matter with the development of its body.

Just as you got distorted by belonging to an oblique belt, our sphere underwent an ethereal malfunction in its alternative dynamic of adverse or alloyed genes. That meant that there was some kind of flaw where we were. Later we realized that the flaw had caused such a deep separation that our One Origin had split itself into two equal but different parts. We named them *left side and right side* or *lower dimensions and higher dimensions*.

The struggle had begun. Some bubble-spheres wanted to eliminate the One Origin and others did not. The former – which we will call *adverse thoughts* – created large laboratories where they began to mix the energies to give them different expressions. Energy that could not be

channelled to more enhanced expressions was filed away for later use. They called it *negative energy*.

The other bubble-spheres – which we will call *alloyed thoughts* – and which did not want to eliminate the One Origin, picked up the energy produced by the center and channelled it correctly, directing it where it belonged without altering or mixing it and putting it in its rightful place. This energy was called *positive*. So what happened to the idea-energy that the adverse thoughts were sending to the universe? What kind of nutrition were the other dimensions absorbing? If that idea-energy was being manipulated by adverse thoughts, did it have the purity of its origins? What were the results of such nutrition?

The thought-energies were really distorted, manipulated and transformed by the adverse thoughts because they no longer had the purity of their origins since they were not being produced by the One Origin. Unfortunately, many One Origins, many power heads altered the formulas, causing the ideas to lose their originality and their beginning. The thought-children had infringed the basic formulas.

A small portion of the bubble-sphere-universe certainly started to experience the damages caused by such poor nutrition because by nourishing this part of the universe inadequately, the energy that was being sent back was of the worst quality, with dark crystals and distorted vibration. So, when they received feedback from it to continue generating ideas, they discovered that the energy was of very poor quality and malnourished.

The adverse thoughts whose crystals were full of vanity and arrogance, and fed with the malnourished energy that returned, started to create ideas that did not fit the reality they knew. These were unfamiliar, weird ideas, difficult to carry out. A small part of the bubble-spheres was sick and since we knew that those spheres that were sick formed the DNA of the universe, we had to take serious precautions; otherwise, the ethereal dysfunction would cause us great trouble. But it was already too late. The sickness was gradually taking hold of all of them and we, who are telling this story, witnessed this anomaly. To safeguard ourselves from the dysfunction we had to make profound decisions. We studied case by case and came to the following conclusion:

The sick thought-energies would have to be separated from the healthy ones. To do this, we had to divide our reality in two: left side for the adverse energies and right side for the alloyed ones (us). In this way we would keep them quarantined until we could recover them. This decision worried us greatly because it meant separation and we did not know the collateral effects it would produce on our energy. The adverse ones rebelled, refused it, opposed it, objected to it and then the war between them and us began.

Worried about how the events were unfolding, the One Origin was obliged to activate its survival elements although It did not want to. To start the process of recovery of its adverse thought-children and because of the imbalance they were causing, the One Origin and its alloyed, or positive, thought-children carried out some in-depth studies to revert the flaw caused by the ethereal dysfunction. To do so, they had to find out how thoughts had become sick. What was the main cause? How had arrogance and vanity been generated? Which codes had failed? How could they possibly get sick if they were around the hub, their center? Was that not enough for their protection? If they had knowledge and perfection, how could this have happened?...

That is how mind research began.

Causes of the imbalance

When the One Origin created it did not realize that the energies it was generating had different vibrations, rhythms, qualities, frequencies and signs. It created with its creator desire and It regarded all its children as being equal. But it was not so. The variations in creativity caused different energies to coexist within the same One Origin, which, when intermixed, formed vibrational sequences. Whenever they collided with one another, they generated extenuating and random discharges. That is, the thought-energies ended up being created with different features that were propelled to different aims and those differences were causing the dysfunction.

When the thought-children began to classify and organize the energy they also made many mistakes because they classified it according to quality and not to sequence. They believed that thought had to follow a correlative sequence even though it had been mixed with different energies.

Based on this erroneous knowledge, the thought-children classified the energy according to similarity and not correlation and with the addition of the sequences, also mistaken; they came up with a mathematical result known in the scientific universe as *adverse mathematics*. That means that mathematics does not follow a numerical sequence but contains the numerical tendency of quantity. When results are not precise, they often tend to misinterpret mathematics. The only way to save it is by also altering it mathematically. This means that we can complement it with logic.

In this way, the positive thoughts discovered that their siblings had been altered in the mathematical dysfunction. This was so because they had been created with unequal vibration by their One Origin. Moreover, since they had been created by a weak and low frequency creative desire, these debilitated energies could not withstand coexisting with stronger energies of high vibration. Instead of strengthening themselves by nourishing themselves with the stronger ones, the weak energies had become even more debilitated due to their lack of sequence and correlation of expression and their lack of adequate elements to protect themselves. So they were absorbed by the stronger ones. Sickness degenerated into feebleness, inertia and lack of creativity. The ideas were weak, dull and had little nutritional content.

While the positive thoughts continued studying a way to recover their brothers, the sickness went on spreading until the situation became unbearable. The negative thoughts rebelled and declared war on the positive ones.

The meaning of this war

It was not a war the way you may imagine. The war consisted of obtaining as much energy as possible from the One Origin and distributing it adequately throughout the vast universe. One was energy of pure essence created by the One Origin and sent to the ends of the universe; the other, energy that was being transformed by the thought-children and also distributed to ends of the universe.

- The first one would nourish.
- The second one would feed.

The first kind of energy which kept itself pure in essence was distributed by the thought-children that did not dare mix it. They considered that the energy emanating from the hub, the center, should not be changed since the formulas had been created by the One Origin, therefore it should be kept safe and immutable. They were also sure that they could not, and should not, alter the mathematical sequence of the whole; that would be like going against creation and against the One Origin, the creator. They continued working as they used to, with knowledge and understanding, basing themselves on the immutable formulas of creativity. The One Origin was pleased with its thought-children who had remained loyal and continued sheltering them within itself.

In the meantime, the adverse ones had altered the mathematical sequence. The thought-energy emanating from their power heads was in an altered state and had no sequence. The One Origin was obliged to separate them from its other unified, positive children, fearing contagion. If it had not done so chaos would have dominated its mind.

We, the Perfect Dimension, had remained as neutral observers. We continued to nourish ourselves with knowledge and understanding, warned by the unified, positive ones. We took all precautions to avoid nourishing ourselves with sick energy devoid of mathematical sequence. The first thing we did was to strengthen our One Origin, that is, our power head. Up to that moment, it had kept itself diaphanous, clear and healthy and was working perfectly; nothing had contaminated it. We managed to keep it that way by isolating it from any possible pollution.

How did we manage to keep the power head intact?

Warned by the unified, positive ones, we did absolutely everything they advised us to do.

First - we became very closely united and did not allow any sick idea from the adverse ones to get in. To attain this we cultivated order.

Second - order gave us security in what we were doing. By feeling sure we felt peace and harmony within us.

Third - we had to channel peace and harmony with a specific purpose, and this was to keep the negative virus from reaching us and from causing any sickness to our power heads. Since we were at peace and in harmony, the vibratory waves emanating from our power heads that were healthy and free from all evil would dispel any vibratory interference.

Fourth - by sustaining a vibrational emanation of calm and tranquillity, the virus could not enter, thus we kept it far away and under perfect control. That is how we achieved excellent results and managed to maintain the mathematical sequence. Thus our thoughts were held in a straight consistent line.

Fifth - that sequence was marvellous, because, by having order, peace and harmony it did not get altered and it could carry out its work with perfect groundwork. Its work was correlative, meaning, thought followed thought without alteration.

Sixth - we had built such a strong protection around our power heads that nothing could modify us. So we would pick up knowledge and understanding that was being transmitted by other dimensions, pure in essence. That was the only way we were able to keep ourselves free of any alteration.

Seventh – the unified, positive ones who had been aware of our effort, sacrifice, perseverance, will power, humility, understanding and unity, learnt much from us. Through us, they understood the universal significance of mathematical sequence and of the correlation of thoughts. The outcome of these significant elements was called *wisdom*.

The One Origin designated us as the Perfect Dimension. Although our brothers – that is, the higher dimensions – were much closer to the center, they called us the Perfect Dimension because we had kept ourselves steadfast. This greatly reassured the higher dimensions and the One Origin. Because of our characteristic qualities we were given the task of mediators between the higher and the lower worlds. No sick energy would get through to those two realities without our supervision.

As a reward for our effort, the higher dimensions entrusted us with the recovery of the sick brothers and sisters who had been kept in quarantine, isolated and separated from the others for fear of infection. We were the most suited for that task. We knew it would not be easy but we were going to try. Thus we would seek knowledge of the sickness and would study it thoroughly until we found the cure. To do this with wisdom we had to make an in-depth analysis of the information about energy and everything related to it, above all, knowledge of thought-energy.

Up to that moment, our knowledge was limited to the higher dimensions and we did not know anything about the lower ones. Since they had been abandoned they had not brought in any life experiences or developed adequately. Up to that moment, to us it was a malnourished and unknown reality.

Knowledge of the lower dimensions

In order to start the healing process, we first had to get to know the lower dimensions. We were aware that we could not go down to those worlds. They were far too dense and unfamiliar to us, and the problem was that we knew nothing about them. We had to find a way to adapt ourselves and be able to study those realities. Only in this way could we discover the vaccine to heal our sick brothers. We had no doubt that the ethereal dysfunction of the alternative dynamic was worse in the lower dimensions.

It all began when part of the higher dimensions – the adverse thoughts that had separated from their One Origin – started sending their ideas to the ends of the universe.

These ideas, which were not the original ones, were broken down into billions of thought-energies. The denser realities would pick them up and feed on them. We had to put an end to that vicious circle otherwise it would not be good for all of us.

We intuited that the thought-energies in the denser dimensions would be desperate and, worst of all, that they would be nourishing themselves with the ambiguous thought-energies coming from both the adverse and the unified positive thoughts. We knew that the lower worlds were nourishing themselves simultaneously with two opposite energies and they would undoubtedly be suffering a terrible imbalance.

Being orphans the thought-energies of the dense reality were quite altered. Those thought-energies of the lower dimensions could not understand the conditions they were in. Although they had been light and diaphanous antimatter thought-energies, unexplainably they were in a denser and more solid state. They were swarming around in the ether without being able to find any shelter since there was no One Origin to shelter them and supply them with the proper

energy to continue their existence. Many of them were absorbed by the Being One and recycled for other tasks. Other thought-energies managed to hold on, for they found out that by unifying they could prolong the vibration of existence.

When we, the Perfect Dimension, perceived this entire altered sequence of existence, we resolved to work to recover our dense fellow beings. Our greatest challenge was to form a human-shape, a replica of ourselves that would have denser energy to be able to survive in low frequencies and be sheltered by them so that they could continue their existence. Thus we would also be able to study them. Through all this acquired knowledge we discovered energy. We would have to get to know energy thoroughly to be able to help them; it would give us the answers we were seeking.

Our reality: the Perfect Dimension

To go on telling you what happened, you would first have to know us. You should know what our existence and our reality are like, and how we were able to keep ourselves intact.

Unlike the other realities, we were more distant from our center. Due to this distance, we had become a little denser than other realities and this slight difference enabled us to perceive a different surrounding. We perceived the reality before us as a vivid image of shapes and colours. This clear perception gave us the guidelines we needed to understand all the rest.

We knew that the other dimensions were totally mental and subtle. We were mental and a little dense. That slight difference was of great importance. It gave us an overall and real vision of the universe. We could see both subtle and dense things because we were like that. We could see our thoughts and touch them; we could imagine forms and they would take shape right in front of us; we could manifest whatever we wanted. We were rewarded by the One Origin because all the dimensions had creativity but in our case we were the only ones with the gift of creation.

This quality helped us very much get to know the universe and adapt to it. Not only were we thought-energies, we were also thoughts with defined forms and if we wished, we could exist in both the higher and the lower dimensions. To do this we had to imagine a thought-form that could host other thought-forms and ourselves. We had to create our own dense human-form.

How did we see ourselves?

Our human-form was complete. Since we were subtle, the energy that shaped us was transparent. We could see ourselves as we were – signs, shapes and colours – they were right in front of us. Our vision was so clear that we could not hide anything from ourselves.

In such conditions our bodies were not suitable to descend to the lower dimensions. What could we do? We would have to concentrate the energy even more. We would have to create a special compact body to go down. This was the beginning of an arduous and difficult task that became a real challenge and had us comprehend the importance of the lower dimensions.

The Higher Dimension had overlooked half of the body of the Being One when exclusively devoting themselves to the development of the Being One's mind. They thus created an imbalance because they left the other part weak and malnourished. We were aware that the lower dimensions were an important part of the Being One's body. We knew that if we obtained the complete development of the whole, it would be beneficial for all the dimensions. The

transparency of our bodies enabled us to create in our laboratory a body just like ours but denser.

What did “denser” mean?

The mental human-body had been created by the Being One’s imagination; all of us in each dimension were exactly as the Being One wanted us to be.

In order to learn about the dense reality, we would have to first descend in our mental body to study how to face density. Based on our findings, we would then be able to create a human-shape that could adapt to it.

We took all precautions and started to explore the unknown reality. The adverse and hostile creativity we found was beyond anything ever imagined. It was dark with an almost imperceptible vibration without rhythm or any defined forms. The crystals were disfigured and the *nimeos* malnourished. The gravity was overwhelming and we knew that without a properly adapted human-shape body we would not be able to stand it.

It would be the greatest challenge of our existence. Seeing and feeling that horror world, we were very worried but all the same, it was no surprise to us. Our logic told us that the discoveries would be endless, and so they were.

How were we able to descend to the dense realities?

What we had to realize was that this challenge impelled us to make an analytical and concise research of all that we would be discovering. So a group of us volunteered for the task.

Our bodies were eternal and we had kept them in perfect conditions. They vibrated in precise rhythms and numerical frequencies. We did not know the process of incarnation since we had never disembodied. So, we kept our thought-energies steady and in perfect order.

The first step was to create a human body that would adapt to density. This body was built from the knowledge we had of ourselves. We produced a negative of our own image; we copied ourselves as an inverted image. What did that mean?

Inverted image

Our profound study of the crystals was the key to discovering and manifesting the dense human. We came to the following conclusion: if we existed in a subtle reality it was because our external crystals had been kept that way, subtle.

The cover of our crystals looked like a sponge of fine threads woven around the nucleus. They were strong, interwoven and transparent. We found out that the threads became stronger and denser as they were being woven one over another. We realized that the crystals were subtle on the outside and dense on the inside, different to the other dimensions which were totally subtle. We then inverted the crystals so that they were subtle inside and dense outside; thus we managed to compact the energy. But a problem appeared unexpectedly during that process: whenever the energy was inverted, thoughts were totally lost and as a result, the thought-being was nullified. The dense human would then become a rigid robot with no thoughts at all. A new challenge emerged.

Why were we losing the thought-energies?

Because when inverting the crystal we were losing the mathematical numeration of continuity which was altered and did not process the correlation. Thus the thoughts were not coordinated. We had a tremendous task ahead: we had to maintain the continuity. This was the most difficult part because it was a mathematical process. We were in a tight corner.

We thought of transferring the whole thought-energy into the inverted dense human. To do so we had to introduce a subtle mind into a dense body and make them coexist without altering the path of their existences.

By inverting the energy, we obtained density in different degrees and when we came to the lowest one, it flattened and became so compressed and deformed that its vibration, rhythm and frequency disappeared and got distorted. At this stage of the research, we came to the conclusion that the lowest levels of the lower dimensions had inverted their energy by a chemical reaction when they distanced themselves from their center. Thus the elements were unable to remain stable and everything that existed in a dense form had undergone a similar alchemical process of deformation and distortion. We already surmised what we would find in the dense realities and we were preparing ourselves scientifically to cope with it.

The creation of the dense human

We knew that we could not descend without first getting positive results in our research. Based on the characteristics that defined us, as well as knowledge of the elements of the One Origin and also of the elements from which we had been created, we graded the energy according to its quality and existence to decide the preparation of the forms with it. In order to create a dense human we had to experience in our own minds what it meant to be dense. In point of fact, we ourselves could not descend because we would perish. We had managed to invert energy, except that the thought-energy was being lost after the inversion.

After many attempts, we decided to create a reality similar to the lower dimensions in a laboratory. The only way for us to know, understand, study and research the lower dimensions before attempting to descend to the dense reality was to have an overall vision of them in our laboratory. Therefore, we created a bubble-sphere that would allow us to recreate a perfect environment to develop the inverted energy and evaluate the scientific results of our experiments.

Everything was carried out with absolute precision. In the bubble-sphere of our laboratory we were going to repeat exactly what happened when our universe was created. We would place inside the bubble-sphere a pure and perfect crystal containing within itself all the wisdom and perfection of the One Origin. We would artificially create an explosion through our creativity, just as we had been created.

The chosen crystal was diaphanous, clear and perfect. It would be placed in the center of the bubble-sphere and it would contain within itself all possible information in regard to the lower dimensions. We filled it with so much information that the crystal could do nothing but explode and splinter just as our One Origin had done. It broke up in front of our eyes and the dimensions were created exactly the same as in our universe. It was a replica of our bubble-sphere with the same characteristics; we had created a different One Origin. All the crystal-energies became diversified and duplicated into thought-energies that went to their corresponding places. We were observing the creation of our own reality.

We fully understood that we had created in our own image and likeness.

The thought-energies that had duplicated themselves inside the bubble-sphere of the laboratory went separate ways and placed themselves in their corresponding dimensions according to their creative desire. For the first time we were fully aware and awaked as to what had happened in our universe. It was terrible to see what had happened to our fellow beings that had distanced themselves from their center. Great sorrow overwhelmed us and as neutral observers we could see how our brother-energies became inverted and dense when they were far away from their center and thus lost continuity and correlation.

They were immersed in the darkness and ignorance of their reality. When we became aware of this truth, for the first time we also became aware of ourselves. How could we have ever abandoned our thought-brothers? Why, in our perfection, did we let this happen? If we said that we were perfect, what did that perfection mean? Were we really so perfect if we were unable to know or understand our surroundings? We were so wrapped up in ourselves, in pursuing knowledge and understanding, that we were unable to look a little beyond our own needs.

We knew then that we would work hard to recover our fellow beings and that we would put in all our effort, love and commitment; we would not stop until every last thought-energy was recovered. That would be our goal and our task in the eternity of our existence.

Total awareness of this task

As soon as we began to have a new kind of awareness, we realized that we had been immersed in a type of suspended existence. That meant we had been existing only for ourselves. We were beings full of knowledge and understanding but we lacked the comprehension of depth. We were not complete beings. We finally understood the immense emptiness within us that we had not been able to decipher. We were aware that we would never be the same again after having discovered other realities that were suffering the pain of desertion. Our greatest concern was to find out how to go down to help them.

Faced with the harsh reality of the bubble-sphere before us, we were able to complement the real knowledge and understanding. By observing ourselves, we realized how many mistakes we had made in regard to them and ourselves. Our awareness of the whole had not been real until that moment; it had been molded according to our experiences but they were incomplete and quite illusory.

The One Origin had not created us perfect. It was not perfect either. Did all this have a purpose? Did it create us for some intention? We would soon find out. We also understood that by observing ourselves, we would be able to help our fellow beings.

The inversion

The inversion of the crystals had been brought about by a chemical process called *causal inversion*. If we were dense inside but subtle outside, the lower worlds had become subtle inside and dense outside. That meant that thought-energy was trapped and hidden in density and that it would never be able to release itself from that prison, from that reality. In short, our fellow beings were inside dense bubble-spheres without being able to get free. The first thing we had to do was to discover where they were. We knew that we had not lost them but that they were only very hidden.

That was our main problem. How could we communicate with the thought-energies that were immersed in density under layers and layers of darkness without any vibration, rhythm, frequency or sign? They were lost; we could not contact them and that lack of contact was called *lack of communication*.

We began to understand that it was not necessary for us to descend to save them. They were the ones who had to ascend and free themselves from the *ignorance* that was keeping them confined and imprisoned. They would have to gain their own freedom by breaking the ties, by eliminating the layers of ignorance, blindness, and lack of knowledge and understanding of what was happening to them. To do this, we would have to help them break down the barriers and communication would have to be carried out through thoughts. Unfortunately, the ideas would not reach them in those conditions. We would somehow have to activate the energy and we could only do so by means of electric currents.

The thought-energy was dense, solidified and petrified.

Meanwhile, the bubble-sphere of our laboratory was developing perfectly and evolution was starting to take shape. Whatever good results came about would immediately be projected to our lower and higher realities. The microscopic universe created in the bubble-sphere was observed, fed and nourished. We created light, heat, water, oxygen. New realities appeared; the thought-energies that rotated around their One Origin were developing adequately. We not only nurtured them but we also began to create new kinds of lives and different realities. The bubble-sphere became a laboratory for experiences. That was how we gave different names to all that creativity: the mineral, vegetal and animal kingdoms.

When the environment was conducive to human life, we started to experiment with its creation. We had to create humans in our own image and likeness. They were to be perfect as they were going to shelter our brothers who were trapped. We knew they would get free someday and when this happened they would find the shelter to continue and be able to return to whom gave them life and existence.

Our ongoing research was giving the expected results. Those realities were dense, solidified and petrified. We were going to start the research focusing on the reality closest to us: the Regular Dimension. They had also become trapped and dense but fortunately their density was minimal and the thought-energies had managed to remain clear, diaphanous and transparent. We could perceive them but we could not feel them. The vibration that emanated from them was faint and the rhythm, weak.

408. What do you mean by the word “trapped”?

When the thought-energies that had been diaphanous, clear and totally free, were in dense and inverted realities, they were confronted with an ensnared, slow, harsh, encased, hidden and inverted reality. Thought-energy lost its freedom and was closed in, without any frequency or rhythm that would allow the slightest movement. Even today, you still continue to be trapped. Your thought-energies are closed inside brain tissue which works through a brain inside of a skull. Is it not like feeling trapped?

Humans

After much study, experimentation and research the human-form was created in the laboratory in our own image and likeness. Humans were formed according to our existential standards,

inverted and projected like a photographic negative. Their features were the same as ours, but inverted. To reach the first density that we needed, that is, the reality nearest ours, we first had to carry out thousands of experiments. Countless formulas were developed and implanted in those worlds. Many of them failed and others developed perfectly. We had to classify the dimensions to be able to study and organize them and we did so based on the dominant characteristics of each one of them.

The human-expression would also have to become adapted to those realities. We could not create human-forms all the same because the density differed from one to another. The human was created out of four universal concepts that govern the whole and reality itself: *order, chemistry, mathematics and electricity*. The different degrees of these four concepts enabled humans to adapt themselves to the reality where they had been implanted. Many experiments were carried out to attain this. Nowadays, these experiments are called animal kingdom.

To attain the perfection of that which inhabits the universe nowadays was a hard task that demanded much sacrifice, but we learnt a lot. We are scientists and many of us volunteered for the task because it was only by experimenting and living in a dense reality that we would be able to understand it, evolve it and elevate it.

We would like to clarify that we, the Perfect Dimension, never embody or disembody; we have no sicknesses and nothing can stir up in us any emotions, imbalance, influences or anomalies. Our existence is perfect, as our name indicates, and for us it has been a thorough work of conceptual analysis of the being. It has been hard for us to get to the bases of density and to acquire the knowledge of the whole. To be able to understand it we had to experience it because we were far away from that reality.

The universe that was created in the laboratory was developing at the same time as ours at an incredible speed. We could see the progress taking place in everything that was happening in our external reality and since this reality was slower, everything had to be created first in the laboratory. All creations with positive results were then sent to the external universe. The first human-form was implanted first of all in the laboratory. When it had developed and evolved, we could place it in the external universe.

To carry this out we chose some planets of the regular reality that we had prepared previously. The vegetal and animal kingdoms that we had implanted had developed satisfactorily. Those planets were shielded in bubble-spheres that we created to protect them. We created the atmosphere within them that was necessary for life to proliferate. Light, heat, water, oxygen, carbon and others were placed there to keep the planet-cells alive.

Little by little we implanted human-forms created out of dense energy extracted from those realities. It was all carried out and fulfilled very carefully and with much wisdom. These created forms descended from a gaseous to a liquid state and then to a solid one. We created them like that so that they could gradually adjust to the dense reality and start to develop again according to the formula that had been imprinted. When the solid forms developed as we wanted them to, we began to notice that the thought-energy was not progressing according to its reality. The thought-energy was stagnant. It was not progressing or working and it did not have the expected speed within the encephalic tissue. The thought of the human-form was retarded; it was not developing according to evolution. We had created a slow, almost robotic human.

Because of its lack of evolution and the density of its thoughts, the encephalic tissue had caused an imbalance between the subtle energy (brain) and the dense energy (encephalic

tissue). We did the impossible to improve the evolution of the human-form but with no success. The thought-energy was not developing, it was not progressing. It had no continuity and was ruled by senses and instinct. Its needs were elementary and animalized.

In the meantime, the dense thought-energies were still trapped in darkness without really knowing what was happening to them. We had to reach them somehow. We studied the situation and realized that in order to unite the human-form with the dense beings we would first have to establish communication and to do so we would have to avoid the dysfunction between the encephalic tissue and the brain. First we would have to develop the brain by infusing it with previously recorded alciatic energy.

We came to the conclusion that the only way for us to establish communication was for us to incarnate in the crystals of the dense thought-energies so that we could go down and place ourselves in the encephalic tissue to help it develop. To do so, we would have to lower the voltage, rhythm and frequency of our thought-energies and enter the sphere of the human-form. This was the only way we could communicate with the dense ones who had been recovered.

The human-form was also prepared to receive us. In the middle of the brain we placed a crystal that would be used to shelter our thought-energies as well as those of the dense ones that we would be recovering. That crystal would act as a catalyzer and the mental communication between the volunteers and the dense ones would be carried out at a certain modulation and frequency. In this way the vibration of both parts would not be as low as expected.

Many volunteered. If we were successful, we would recover those that were dense. This technical discovery, this plan to be carried out was the only way we found to recover our lost and dense fellow-beings. Everything was ready in the laboratory and so were we. The bubble-sphere of our laboratory had been perfectly adapted for what would take place. The human-form already living in those realities was unaware of this experience. The transfer of thought-energy would be carried out by means of a vibratory frequency, that is, by means of electricity.

The experiment

By lowering the vibration, frequency and rhythm of the volunteers' thought-energies, we managed to reduce the amperage of the electricity; and the thought-energies of the volunteers became slow and dense just like those of the human-form. Communication between the volunteers in the human-form and the dense ones was meant to be carried out through frequency. There was no other way it could be done because the vibrational waves had the same rhythm of action. This was the beginning of the real recovery of the dense thought-energies that had fallen behind. The experiment was carried out in the following order.

First. The volunteers would descend and incarnate in the crystal of the human-form.

Second. Once this was done, they had to communicate with the dense ones and help them get out of density by incarnating them in the crystal of the human-form. Once they were in the crystal, the volunteers would convey to them knowledge and understanding of the universal reality to update them through the teaching. This would elevate and update the frequency and vibration of their thought-energies. The volunteers would be the mediators between the dense reality and the laboratory of the perfect reality. In this way, the dense ones would recover their cosmic memory and be able to evolve and become elevated.

Third. After this process, the volunteers would use electric frequency to recode the thought-energy of the dense ones, which had no continuity or correlation.

The task that the volunteers were carrying out in this experiment was to restructure the dense human-form thought and they did it with great sacrifice for they cut their umbilical cord attached to the One Origin. By restructuring those thoughts the volunteers had created a new One Origin. The Perfect Dimension had become a One Origin for the dense-energies. They were themselves, but inverted.

The task of recovery

We had created a universe that was parallel to ours. It was microscopic and it was located in the laboratory. To those thought-energies, we were giants; they would never suspect that we were observing and studying them. The microscopic universe was developing at an incredible speed; it was far more advanced than ours, which was developing according to our parameters of vibration, frequency and rhythm.

Through them, we were able to have a global view of what would happen to our universe. Everything we tested in the laboratory that produced good results was repeated in our universe, except that the manifestation was slower. When the other bubble-spheres that were facing the same problem heard about our success, they did the same and created other parallel universes.

Through electricity and vibratory frequency, we started to transfer ourselves and to incarnate in the human-form of our laboratory. Our thought-energies, that is, we ourselves, started to live through the form and that was when the word became human. It was also then that the human-form acquired the spirit, that is, correlated and continuous thought.

We felt diminutive and miniscule, living in a totally strange and different universe. We were embodied in the crystal and through it we could perceive everything that was happening around us. We developed the ability to enter and exit as often as wanted to. The human-form sheltered us; and by knowing it from the inside out, we were able to make it evolve quickly, preparing the way to receive the dense thought-energies.

That is how we started to help our fellow beings and to heal them in the eternity of existence. All the experience we got from the human-form in the laboratory was immediately transferred to the human-form of our universe. We would leave the external human-form and would incarnate in the human-form in the laboratory, and vice versa. That is how we evolved and elevated both universes.

Since the experience acquired in the laboratory was quicker and more advanced, whenever we incarnated in the outer reality we already knew what was going to happen. This way we did not lose a single thought-energy; they were all recovered and assimilated to the universal concept.

Our dense brothers

Incarnated in the human-form, our mission was to discover where our dense brothers were located. The Regular Dimension was no great problem for us; they were easily detected since their density had not altered their form, vibration, frequency and rhythm. They were still emitting signals. Where were they? When the One Origin divided itself and hurled the thought-energies far from its center, the crystals and the elements that formed them distanced themselves so much that they became dense and inverted. Nowadays you call them the mineral kingdom.

Our brothers were submerged and hidden, covered by endless layers of density. You know them as earth, rocks, precious stones, minerals. These energies are dense, immersed and hidden in the mineral kingdom. They are all the thought-energies that became solidified and up till now they have not managed to return.

409. Do you mean to say that the Earth and the precious stones are the dense ones?

Our fellow beings are in the mineral kingdom. They are the elements that form the mineral kingdom as well as the planets, constellations and everything you can see in a dense state. You call it universe; we call it dense thought-energy. We formed the plants and the animals in our laboratory from our own energy to implant them later in the dense reality. The mineral kingdom is the condensation and inversion of the energy that is still trapped.

As soon as you set them free, the dense thought-energy is released and mixed with other elements that teem in the air, that is, nitrogen and oxygen. You will breathe them, absorb them and will shelter them in your brains and that is where these energies will be really recovered. Therefore, you will not only be able to work on them but also elevate them so that they can return to the origin of their existence.

The same thing happens with Planet Earth. It is a diamond covered with condensed elements. The Internal City is in its center. If you could only see it, you would have the most wonderful surprise of your lives; you would see the most extraordinary diamond you could ever imagine.

410. Do you mean to say that the men who work in the mines are recovering thought-energies?

Yes.

411. And are elements such as petroleum or gas also thought-energies?

We are all thought-energies, dense or subtle. We all came from the One Origin. We are its offspring. We form its mind and body.

412. So will Planet Earth have to be polished just as we do with precious stones?

That is right. Layer after layer until you find the internal city where you, the thought-energies, can be sheltered until you return where you belong. When thought-energy became inverted, the alciatic energy remained trapped and condensed, without being able to get free. You see and perceive them as if they were precious stones but they are really our dense fellow beings.

413. Do you mean that you are diamonds on the outside but dense inside?

Yes, we are the diamond and our inner density is due to the fact that our nucleus uses calorific combustion. We need that kind of combustion because our brain, our encephalic tissue, is different from yours. In spite of this difference, our circuits need to have a specific form to function and that small density makes it possible. Your form is distinct. You are calorific combustion outside and alciatic diamonds inside.

Let us continue with the history

The recovery of our brothers in the Regular Dimension gave us no problem. We were able to overcome the density with frequency and vibration. Whenever we found a dense thought-energy, we would send waves of high frequency electricity. That is how we managed to polish the density and recover our fellow beings, freeing them one by one.

Nowadays, the Regular Dimension has been completely recovered and elevated and it is in the process of transmutation. That means that they are 80% in alciatic combustion and 20% in calorific combustion energy. The Secondary Dimension is 70% in alciatic and 30% in calorific combustion; and the Elementary Dimension is 80% in calorific and 20% in alciatic combustion. The Regular Dimension has surmounted all adversities and is now totally identified with the universal work.

The thought-energies that we were recovering would incarnate in the crystal of the human-form. We, in the antimatter world of the crystal, welcomed them and prepared them so they could adapt to their new existence.

Because of their density, these thought-energies' frequency, rhythm, vibration and electricity had diminished greatly, and they were weak and malnourished. They were in no condition to return because they had not kept themselves updated and recycled with new ideas. Their evolution had lagged behind, therefore the human-form was the only shelter they would have had to evolve and become elevated. However, the human-form was not very developed either, so the energies that occupied it would carry out the task of helping it evolve. Thus, together, they would be able to elevate their frequency, rhythm, electricity and vibration. Everything had been carefully calculated except that we did not anticipate the following problem.

As the volunteers in the density were constantly entering and leaving the human-form crystal of the laboratory and of the outer universe, the day came when they were not able to return to their reality because they got trapped in the density outside.

When becoming aware of that condition, the volunteers had no choice but to accept their new reality even though they knew they could not return until the human-form had advanced in evolution and elevation. Yet some volunteers already returned because they have managed to overcome the impediments to evolution and elevation, but many more are still trapped in density.

414. What happened to the volunteers?

Although the volunteers were in the crystal of the human-form, and even though they took all precautions to prevent themselves from undergoing any change in their frequency, vibration and rhythm, somehow their thought-energy's frequency suffered alterations. This was happening because when the crystal was in contact with the thought-energy of the human-form, it altered the other thought-energy. Unfortunately, we could not prevent these two energies from being in close energetic contact. Despite the precautions while separating their energies from the dense ones, the latter contaminated them causing their frequency to decrease by a thousandth of a vibration. That was enough for them to get trapped in the density.

When the volunteers knew they would not be able to return, they made their home in their human-form. The only way they could coexist with it and with the dense energies was by organizing and classifying the thought-energies. So they created the hierarchies; the same as in the outer dimensions, they divided the encephalic tissue and brain into zones and energy

centers; and bestowed on each one the characteristics that would govern it. Since they were living in the crystal, they designated it as the highest energetic zone and center. It is in these zones and centers that the volunteers have existed, evolving and elevating the human-form by endowing it with knowledge and understanding. This was the only way the human-form would be able to acquire knowledge and understanding.

The volunteers had to wait for the human-form to evolve to be able to elevate the thought-energies. They created circuits, hubs, bonds, links, distribution channels, and adjustments. They had to open up and adapt circuits until they found the energetic fluidity of the encephalic tissue. As they managed to advance, they created the brain. As soon as the brain attained its maximum expression, they created the mind and once they had developed the mind, they were able to fuse themselves with the thought-energies. This is how they regained their freedom.

When we said that you have to form your energetic being, this means that you have to turn yourselves completely inside out and restore your real form, become diaphanous, clear and perfect crystals again and return to your own forms and homes. The crystal of the human-form became an inner laboratory attached to the outer laboratory with which they never lost contact. The volunteers have worked hard to further the evolution and elevation of the human-form. They began in the Regular Reality and currently they are in the Elementary Reality. They descended with much love and sacrifice and they will continue to do so to recover their brothers.

415. Did the volunteers continue incarnating in the human-form of the laboratory and of the external universe?

They did, and even until today this is being repeated; evolution takes place in both universes.

416. Do we also incarnate in these two realities?

Yes. Sometimes you are microscopic thought-energies and at other times you are gigantic ones.

417. What does this mean?

It means that you incarnate in both realities; sometimes in the universe of the laboratory and at other times in the outer universe; and whenever you do so, you become the Being One.

418. Where are we right now?

You are in the outer reality. You are now gigantic beings.

419. If the other universe is more advanced, how does it compare with our reality?

There is also a planet called Earth in that universe you help evolve and elevate when incarnating.

It is important to highlight that the beings who are now working with their grades 3, 4 and 5 of the left side of their brain and part of the right side, are those that can enter the reality of the laboratory. When they are in that vibration of evolution and elevation, they no longer want to incarnate in the external reality; they refuse to do so because the external reality is denser, slower and less developed. There are many bubble-spheres in the laboratory that offer them shelter. These realities correspond perfectly to you.

We would like you to understand that it was the only way we had to be able to recover you; if we had not done that we would have lost you forever.

420. What is Planet Earth of the laboratory like?

Planet Earth of the laboratory developed exactly the same as the external one. That inner universe is quicker and it evolves and elevates at an extraordinary speed, to the extent that external events are known beforehand. We could say that we can foretell what will happen to the external Planet Earth.

421. Do you mean that we all have a double of ourselves in that reality?

Not really. When evolution follows its course, the mixture of elements is infinite. We might find a very similar double of yours in the vast universe, but it would never be identical.

422. Why were the higher beings enclosed in their selfishness and indifference? If they were higher, how could they feel negative emotions?

It is true that selfishness and indifference are emotions that belong to the lower worlds. Actually, the real feeling that would correspond to these two words would be *intellectuality*. That was what was happening: the sickness that contaminated them was called intellectuality. Since they were sick with intellectuality, they did not perceive their surroundings.

They were alone, isolated, and totally immersed in themselves. We know that not all the beings of the higher realities got sick, only those that did not manage to nourish themselves adequately. We are using words that comply with your understanding to be able to express ourselves better.

423. If the beings that got sick had all the knowledge and the understanding, how could they possibly forget about the lower worlds, which were they themselves?

In the universe, intellectuality is considered an anomaly. It simply means that the being is totally spellbound with intelligence and nothing else.

Intelligence is a quality of the being whenever it works together with other elements that help it think, such as reasoning, logic and so on. When intellectuality dominates a mind, it tends to subjugate all the thought-energies of that mind; it wants all the thoughts to work exclusively for intelligence. Whenever that happens, the mind will not function according to universal parameters. It will isolate itself totally and as a result, it will only express incomprehensible and complicate thought-energies. That is, intelligence is extraordinary provided it works conjointly and not on its own.

The sickness of those beings consisted in determining that all their knowledge and understanding belonged exclusively to intelligence. Because of such a radical concept, they confined their knowledge and did not share it with the other dimensions. By not sharing, they annulled the will to continue creating ideas.

When we say they forgot about the lower realities, this is true. This means that these beings were so engrossed in intellectuality that they did not care about anything or anyone. They lived

immersed in their own needs of active dynamic and they forgot about the motor dynamic. Observe an intellectual person and you will draw your own conclusions.

424. When did the One Origin first notice what was going on?

The One Origin started to notice something was going wrong when its creation failed to nourish its whole. Weakness, inertia, and repetition began to overcome it. The raw material that was being recycled did not have the necessary elements to generate new ideas. We know that everything that exists is an immense mind and that all of us, the thought-energies, nourish that mind with life experiences. We recycle the energy that in turn nourishes the One Origin. It is a never ending cycle.

When it only works with intellectuality that mind stops circulating properly and gets sick because by not being correctly nourished with balanced thought-energies it loses the continuity and correlation of what is happening to it and to its environment. We say that intellectuality is a sickness because it does not operate with all the elements that the mind can provide it to express its ideas. When it works properly, it is extraordinary and necessary because intelligence is an important part of the mind.

425. Why did the sick-intellectual thought-children start to move away from the One Origin?

The One Origin was, is and will ever be the prime source of all that is. Since the thought-energies, sick from mistaken intellectuality, had only been nourished with intelligence and not with all the other elements that nourished the mind, they were obliged to continue working solely with the element intelligence. That meant that an idea generated by the One Origin was influenced by them in such a rigid way that it could not possibly be expressed with criteria such as desiring, understanding, reasoning and knowing, qualities and characteristics of any good idea.

Intelligence- this refers to something that offers service and is endowed with mechanisms, usually electronic or of computer science, which establish its functioning according to the circumstances.

From the meaning of the word *intelligence*, we can deduce that those sick thought-beings had become rigid, devoid of reason and logic, without the faculty of discernment. They remained straggling and far away from their One Origin who perceived this distancing but unfortunately could not recover them no matter what it did because they believed to have turned into omnipotent ideas.

Omnipotence - power that is total, absolute and so vast that it encompasses everything.

Part of the mind of the One Origin had become sick from vanity and arrogance. The feeling that goes with these emotions is called omnipotence. The One Origin is not and will never be omnipotent since it will always and constantly nourish itself with new knowledge and its desire for understanding will be eternal. To the universal mind omnipotence would mean stagnation, inertia, discontinuity, absence of growth. To believe that one can attain omnipotence is the demise of any mind and the end of all creativity.

426. What were the One Origin's defenses to ensure its survival?

When the One Origin noticed that many of its ideas had become sick with feeling omnipotence it began to understand the seriousness of what this meant. It came to the conclusion that these ideas full of vanity and arrogance had to be counteracted so that they would return to the one who gave them life and existence. Thus it created other ideas that would help them; these were *humility* and *restraint*, the sentiment called *equanimity*.

Dispassionate ideas would equilibrate the overpowering force emanating from intelligence that intended to dominate the One Origin and confuse its ideas. Pondered ideas were sent out to the entire universe. They were to be in charge of maintaining tranquility and would not let the intellectual ideas infest the universe, because if that happened, omnipotence could become real and dominate the One Origin.

427. Why did the creature want to be more than the creator?

The intellectualized ideas, immersed in their own vanity and arrogance (omnipotence), intended to become independent; they believed that they were omnipotent and that they were more than their creator. The expected result did not come about because in order to be able to continue their recycling and life, ideas have to be nourished by their source, their center, their axis and with creativity.

When the One Origin only existed in its imagination, it nourished itself with all the elements provided by its reality. Creativity was the raw material that built ideas and was nourished with the creator desire, which, in turn, was nourished with need. Each one of them was a One Origin and each one of them nourished the following one.

428. How could intelligence dominate the One Origin?

Intelligence is an extraordinary and very important part of the mind and its most relevant attribute is agility of thought. Mathematical sets are reproduced through the axiomatic continuity of thinking, and the flow of possibilities is infinite. Intelligence has the conditions to fulfill this and continuity needs intelligence to value thinking. But if intelligence were to control the One Origin, it would cease to express superlative continuity, and become rigid and be lacking the elements needed for thinking to be flexible. Without flexibility the other elements would be left aside which would mean its own annihilation.

429. How could the higher dimensions fall into a flaw? How did this cause a profound separation between these realities?

You may be asking how a One Origin can have a flaw, a sickness, and an oblique belt. Perfection does not exist. The universal mind is always recycling, modifying, transmuting; therefore, its One Origin is constantly absorbing and reformulating, because it evolves and elevates. The ongoing nourishment with new data often interposes slight errors, which are then amended.

The ethereal dysfunction was caused by an imbalance of the thought-energies in the mind of our Being One. Since we were in it, we perceived an anomaly that was having an effect on us. If we had not taken all precautions, we would have been recycled by it and sent to new creations.

Before this flaw caused the imbalance, the universal brain of the Being One maintained its unity. It was a proportionate and uniform mind; thought-energies moved from one place to another and functioned with balance, order, knowledge, understanding, and love. They felt free and in perfect harmony.

The One Origin created without realizing that its desire would produce an imbalance among the thought-energies. The desire it imprinted on its creations did not externalize with the same intensity, rhythm, frequency and vibration. Its creativity was unstable and did not have the tranquility to emit ideas. This setback caused serious consequences, because when the ideas were manifested, their thought-children would organize and classify them by similarity and not by correlation. When they began gathering them, they did not realize that most of the ideas had tended toward the left side the Being One's brain. Its pituitary gland was feeding too much on likeness-ideas and consequently the mind lost the balance of its creations. The ideal was for the three glands to be equally nourished. But since this did not happen, the scale tipped to one side, which meant that the right side had fewer ideas, and therefore did not respond in a balanced way.

Therefore, the brain of the Being One divided into two parts, left and right, prevails. All the thought-beings disseminated in the universe are formed in this way. Currently the higher dimensions maintain the universal brain in a perfect and harmonious balance; however, the lower dimensions still tilt towards their left side. You, third plane of the Third Dimension, are totally unstable. When you procreate, your One Origin does it without a sense of balance; this is why your offspring are born so different one from the other. They will depend on the vibration, rhythm, frequency and condition in which you engender them. Since you do not know this, you procreate for the pleasure of your senses and not with knowledge, understanding and love. If you did so, your offspring would be created, instead of procreated.

Creation: to produce something from nothing or accomplish something from one's own capacities. Works of talent, arts or craftsmanship which demonstrate great inventiveness.

Procreation: to propagate one's own species through reproduction.

430. Where in the Being One do those bubbles-spheres belong that wanted to separate from the One Origin?

Bubble-spheres deal with cranium, planet, cell, human body, gravitational field and so on. A bubble-sphere is the ethereal field that protects all living organisms in the universe; it exists in both the micro and the macrocosm. One Origin means all creative emanation in the form of an idea, a new formula, a being, a human-shape, the energetic being and so on. Every beginning is a One Origin. We can say that the bubble-spheres that wanted to separate from their One Origin were from the left side of the One Origin's brain. The right side became unbalanced and thus intellectualized, as it worked only with intelligence. The higher dimensions have already overcome this anomaly, but the lower ones in an environment of greater density, still suffer from an imbalance between their left and right sides.

431. On which side of the Being One's brain were the laboratories built?

They were built on the right side of the Being One's brain and the higher dimensions participated in this process. We have always said that you shelter the antimatter world that inhabits your brains, and at the same time nourish it with the electric frequency you are emitting.

Everything started when the first laboratory was created. Actually, what we call laboratory was the creation of a mind. This mind was created within a bubble-sphere (it was really the creation of encephalic tissue within a cranium) in a laboratory that belonged to the Perfect Dimension. Every conceivable experience was used and every imaginable experiment carried out in this laboratory, with the conclusion that this mind had to have a shelter to guarantee its existence. So the Perfect Dimension created the rest of the human-form that would be able to sustain the power head-mind.

When the human-form was concluded satisfactorily, all available information of the primary or elementary dimension was implanted in the power head-mind to nourish the human-form. When the human-form was implanted in the regular worlds, it was taking with it the information recorded in its crystals, that is, on its encephalic tissue, for its existence.

The elementary information engraved in its crystals consisted of motor mechanics as well as thruster mechanics, that is, knowledge of the mineral, vegetal and animal kingdoms to enable the human-form to live and survive in the environment where it had been implanted. Thus all information covering basic requirements for survival was readily available from its crystal-genes.

Each one of you represents a complete laboratory. At the same time, you are inside another brain, which is a laboratory as well. When you disembodify, your mind is sheltered in the mind of another brain that may belong to the same grade or perhaps to other higher or lower grades, depending on the elevation you have attained in your *nimeos*.

Every time you incarnate you will be the Being One. You will never be able to exist without the shelter of a mind or brain. We all are thought-energy and that is the way we will exist forever.

If we use the word laboratory it is because the brain functions nearly the same way. The mind is always alchemically generating and mixing every possibility that brings about new creations, which mean renovation, dynamics, circulation, youth, updating and rejuvenation of the universal mind. Since we have all these possibilities and we all are within that mind, we work for our own subsistence and eternal life.

432. Did the sickness also occur when the idea-energies were within the One Origin?

How can we define the One Origin? Where are we and to whom do we belong? Who is the Being One in which we all exist? We must ask ourselves these essential questions because, with the right answers, we will be able to situate ourselves and we will certainly know the characteristics of our One Origin. First, we have to understand that the initial One Origin is a descendant of another infinite One Origin. This means that to understand the true meaning of the One Origin, we must first seek the origins of everything that exists.

The One Origin is the source from where everything inconceivable got started. The whole is composed of billions of One Origins, which are recurrent formulas that maintain the whole in its basic and ongoing structure. We have to understand that these formulas are not rigid; they are constantly being reformulated with new data and new elements that are being created within infinite possibilities.

When we speak of our universe, our existence, our own selves, we are referring to our One Origin, a being that shelters us in its brain. We all are the neurons that make it function and as the neurons that we are, we will put ourselves in our corresponding place or zone. From there we will activate the human-form because we are its life or rather, its body, soul and spirit.

The One Origin that created us had a small anomaly in the genes it inherited from its own One Origin. Thus we can understand that the Being One that shelters us already had a flaw in its genes. We know this anomaly as intellectuality and omnipotence; but what actually generated this sickness, was inflexibility and rigidity in the process of thinking. What we mean is that our Being One had a slight inflexibility while creating thoughts. Since we live in it, our mission is to teach it to be more flexible. We can do this because by living within it, we are its thought-energies and inner world, and therefore will have the ability to help it understand what has to be worked on.

The same happens with you. Within your brains there are thought-energies that live in your inner universes. They, just like you, exist on their planets, systems and constellations. They also have the mission to alert you when there are flaws in you. Perfection does not exist because the mind is always recycling and updating itself and mistakes are made in the process of renovation. But these mistakes will always be corrected and worked on.

433. What can we do to teach the Being One that it should work on its inflexibility?

The Elementary Dimension and the grade where you are situated consist of very dense planes. These tend to live separately, and in doing so, there is no communication or global knowledge of universal wisdom. If you worked together and understood what is happening to you, you would know that the Being One needs your help, because you are its thought-energies. You are the ones who should communicate with it and become its inner voice. Since you do not know this, you cannot fulfill it. You are living in the Being One's subconscious and because you are on that plane; it has not yet discovered you, nor have you found it. You cry out and pray to your god. But you are really praying to the Being One. As long as you remain in the subconscious, it will not hear you nor will it know that you exist. You first have to get out of the density and make yourselves noticed so that it will take you into consideration. Once you get out, not only will the Being One acknowledge you, but you will be it and part of it. When you are it you will no longer need to pray or cry out because you will have awaked, and thus have knowledge, understanding and love.

The more advanced planes already have this knowledge we are transmitting to you. They work together in the planetary environment and know how they can help their Being One, for they are its thoughts. There are no secrets for them, because they listen to their inner voice and everything that this voice tells them is what the Being One needs and can be done. These planes work consciously on their subconscious and through self-analysis they have reached the depths of their thought-energies. If you had worked profoundly on your own subconscious, the thought-energies that live in it would be helping you, that is, your Being One, who is you yourselves.

434. What did the higher dimensions do with those who became sick?

The sick thought-energies incarnated in the human-form the Perfect Dimension had created. They had to do so because it was the only way to heal and analyze themselves, for the thought-energies from the higher realities knew nothing about that sickness.

The Perfect Dimension took charge of them and with in-depth studies came to the conclusion that, although it was a hereditary disorder, it could be healed. This sickness could not be healed in the higher dimensions because intellectuality and omnipotence had to be counterbalanced with humility and restraint, and those elements did not exist in the higher dimensions. Only by stripping these idea-energies of all given to them by their creator would they understand the

state of their minds. Through dispossession and renunciation they would once again redirect their thought-energies toward the path of truth and creativity.

It was not a punishment; it was a recovery and this process was carried out in the following way: By sending the sick idea-energies to the inverted (healed) lower dimensions, their sickness would be inverted as well. Intellectuality would become humility and omnipotence restraint. In this way, the sickness would be controlled but not yet healed. For it to be healed, humility and constraint would have to be recorded. The only way to do this would be to live it through life experiences. Therefore, the sick idea-energies would have to incarnate in the human-form because in this way the numeric continuity could start from the beginning. Without a doubt, that was how it had to be done.

435. Do you mean that the thought-energies that became dense also became inverted, that is, that they were created positive by the creator and then they became negative?

That is right. When the One Origin fragmented itself into billions of elements and created its Being One, it knew what it was doing. It changed positive to negative energy because it was creating its lower reality, which was matter.

All the elements that formed the One Origin were positive (protons); the negative did not exist. When the elements became inverted, a negative element was created (electron). Because of the reversal, a negative parallel mind was created which was very necessary to maintain the balance. These are the two opposing forces that keep the Being One perfectly stable, except when you suffered distortion and transformed part of the universal-negative into sick negative energy. This had never happened in other normal realities that evolved and were elevated, according to their positivity and negativity and, above all, within the laws of creativity.

436. What does it mean when you say that the numeric continuity could start from the beginning?

When the One Origin created, the idea-energies organized and classified that creativity, and seemed to channel it in an orderly manner. However, it was not so. Let us see why.

The numerical continuity should have been carried out by correlation and not by similarity. By doing it in that way, they wove a sequence, which was called *alternative sequence*. This meant that the numerical probabilities skip the mathematical sequence, but not the logic sequence. When the thought-energies became really dense, mathematics disappeared and only logic remained. The higher dimensions kept the former and the lower ones kept the latter.

The dense lower dimensions began to work exclusively with logic. By doing so, the universe headed in a new direction because logic has no correlation; it is an element that constantly restructures thoughts and actions, always analyzing, studying and organizing them to maintain the sequence. If it did not do so, it would lose the thread of the direction. The human-forms had to learn to maintain mathematical logic. This meant that their thoughts had to start where they had left off and when inverting, they would go back to the first digit to begin all over again, and so be able to continue weaving with mathematics, that is, with reasoning.

When we say that the thought-energies of the lower dimensions reverted to the first digit, we mean that the dense thought-energies were interrupted in their mathematical sequence number xxx and starting with the number xxx, the thought-energy of those that were dense began to revert. For example:

The universe started from number 1 to 9. The dense energy started from number 9 to 1. That is, mathematics in the Elementary Dimension is not really the number 3 but the number 7. We could assume that this dimension is returning to who gave it life and existence; however, according to logic, the number of the Elementary Dimension is 3. The Elementary Dimension perceives it this way because it is an inverted reality. These two sequences will get along with perfect balance when they become unified in the cosmic alignment. Number 6 (Perfect Dimension) will unify them and it will be done like this: number 5 will become inverted and unified with number 6, thus the circle will close forming all the numbers within itself.

The mathematical sequence of logic will become a universal axiom. This means that matter-energy and subtle-energy will become a single energy. The human-form will have attained all the objectives of its evolution and elevation. When this occurs, the mathematical continuity will sum up all its elements with logic, thus the thought-energy that was unaligned will become aligned, no longer by similarity but by numerical correlation.

437. What was the confrontation between the adverse and the positive ones like?

The mental confrontation began because the idea-energies divided owing to their different ways of thinking. When the One Origin produced its idea-energies of knowledge, understanding and love, the thought-children took on the task of organizing and classifying them. We also know that part of that mind became sick because it intellectualized knowledge, understanding and love, and in doing so, the mind became divided into left and right sides. What did this mean?

The universal mind classified the sick thought-energies as adverse thoughts. They were radical thoughts, contrary to the universal laws of positivity. On the other hand, those thoughts that concurred with the norms of the whole were classified as unified thoughts, because they worked conjointly according to the universal requirements of a directive that fit in perfectly with the symmetry of the formulas and axioms of the universe. This ethereal dysfunction produced confusion in the ideas of the Being One's universal mind. While some ideas came out replete of creativity, others were only full of creation. There is a big difference between these two concepts. Let us see why.

Creativity refers to the faculty or ability to create. To possess or stimulate the capacity of creation.

Creation means something existing that was produces or carried out with one's own capacities.

Let us define the differences between these two ideas. The One Origin created from its own creator desire. Sometimes this was only repetitive; other times the ideas came out with an incredible force of brilliant creativity. These differences in creation caused an energetic imbalance. Up to this point, everything was understood; the higher dimensions understood perfectly that the creator emitted its ideas in diverse expressions.

The real problem arose when many of the thought-energies refused to accept the differences between creation and creativity. They upheld that they were the same because they did not want to acknowledge that there were differences among themselves. The higher dimensions believed that these were alike, but to their surprise, they had to divide themselves into planes and grades. Everything depended on the creator desire. This brought out their inequalities and their specialties as thought-energies. Since they had those differences, they had to separate, even though they had previously been classified and organized.

So, the ideas that the creator emitted only with creation were sent to the left side of the universal mind, and those that expressed creativity were placed in the right side. With this division, what would belong to the higher and to the lower dimensions was specifically defined. Therefore the universal mind remained divided thus:

- Right side and left side
- Higher and lower
- Subtle and dense
- Creativity and creation
- Humility and intellectuality
- Restraint and omnipotence
- Mathematics and logic
- Correlation and similarity
- Flexibility and rigidity

You, the third grade and third plane of the Elementary Dimension, will be able to define and characterize yourselves using the above explanations. The eternal universal conflict continues as the thought-energies on each side want to prevail in quantity or quality. The higher dimensions are totally defined. You are the ones still struggling to define. The conflict goes on and will so forever.

438. How did the sickness overtake the higher dimensions?

The One Origin had been created with a universal heritage that was imprinted on its elements. These elements were activated as its mind was gaining knowledge and understanding. When the thought-energies began to sense that the ideas of the One Origin were different, they also started to perceive that they were different one from another. If formerly ideas had been organized and classified by similarity, now they began to reorganize themselves according to creative correlation.

Up to that time they had been able to exist in the three glands, but when they perceived the differences among themselves, they had to divide the universal mind into zones, classifying them according to their characteristics of continuity of thought. They studied the creative process and creator desire and realized that creativity was a process of development that began in the imagination, and that later, at a given moment, took form in some part of the mind.

The continuity of thought meant order. They noticed that all creativity had always been related to everything that existed, because each origin had generated a sequence. This sequence was separated into genetic codes and through these codes they were able to study the sequences, especially in regard to the universal mind.

This was when they discovered the origin of the sickness and in consequence were able to isolate the contrary thought-energies, quarantine them and remove the mathematical numeration from their process of development and continuity. Consequently, these thought-energies remained stagnant, without evolution or elevation. They had been created but were unable to develop.

Being isolated and quarantined and, realizing that they were far from their center, their hub, the sick thought-energies united forming such a strong parallel force of opposition that the others were obliged to isolate them forever. Proceeding that way, however, all the others had achieved

was to halt the sickness but not to heal it. But they had to do so, otherwise the sickness would have spread throughout the whole.

439. What did 'to quarantine the sick' mean?

When the thought-energies got sick and were deprived of the mathematical numeration, their knowledge coming from the One Origin had been suspended. They were no longer being nourished by it. Therefore, the nourishment of universal wisdom for these energies would be transmitted and not acquired. It would be channeled through other thoughts and not through the original ideas. This transmitted knowledge would have to be understood by means of logic and organized according to its continuity of understanding.

The thoughts of the sick energies had to start where they had left off. To understand this process, they had to go back to organize it logically and then start from the mathematical numeration. This meant they had to revise all the acquired knowledge and then transmit it within the reality of their existence.

Since these thought-energies were hierarchically downgraded, they definitively could no longer continue belonging to the higher dimensions. They were confined and sent to the Perfect Dimension, which received them and prepared them to be sent to the lower dimensions. In a way, for them to embody in the human-forms was a quarantine that hid the real reason, which was punishment. In this way, the higher dimensions prevented the contamination of the whole and sent these sick thought-energies to the digestive system and to zones 3, 2 and 1. Even today they are monitored and controlled; the higher realities will not let them get out until they are completely healed.

440. Are we those sick thought-energies?

You are an enormous mixture of thought-energies, a compilation of dense, volunteer, dense sick, sick higher energies, dense distorted, sick volunteer, messenger thought-energies, and so on. You are the result of billions of experiments, so many that you have formed a unique species. This enormous mixture of thought-energies has given you a very special wisdom of life experiences. The lower dimensions have taught the higher ones so much that the latter have been obliged to descend in order to see, feel and learn all about their creativity.

441. How did the higher dimensions descend to the lower ones?

First, the higher dimensions had to work hard at evolving and elevating the lower dimensions. But their endeavors paid off and they were able to accomplish this important task.

Although Planet Earth had become dense and distorted, the thought-energies of the Perfect Dimension have worked tirelessly to recover it. Your thought-energy was almost petrified, submerged and hidden in almost impenetrable density. To find it, they had to use methods and elements that no imagination could have ever thought up.

For the Perfect Dimension to find the dense ones of the Regular and Secondary Dimensions, was burdensome but not hard, because they used known orthodox methods such as frequency and electricity; but with you, they had to use inverted elements that were far from conventional. These were alchemy, magic, invention and probability. This was the only way they could find you. Till today, they continue searching because many of you are still dense and deeply hidden.

Through evolution and elevation of energy frequency you are managing to shelter high vibration energies in your brains, such as the thought-energies of the regular world that descend as messengers when necessary to carry out some mission or scientific study. In other cases, the high thought-energies do not need to be sheltered, for they communicate through telepathy. Elevated thought-energies communicate with elevated dense beings to entrust them with a task or a mission because contact between them was never lost.

442. In our history, who were the volunteers that were kept trapped?

They were kept trapped in the regular worlds, but if they descend to other denser realities they do so willingly.

In your history, you had beings that became known for their works, but they are not necessarily volunteers who became dense, rather, they were those dense beings who recovered and moved on. The volunteers who are with you have already descended and ascended many times. They are called messengers. Others are in the Internal City, preparing to become avatars. There also are volunteers who descend from the higher planes and they do so to work in very important cases or entrusted missions.

The Regular Dimension nowadays is evolved, elevated, organized and classified in a way that it is considered the power head of the lower worlds.

443. What was the first human-form like?

When the One Origin expanded in the bubble-sphere of the laboratory, it meant that the Perfect Dimension had created a mind, and what was subtle and dense had both been created in this mind.

How to create something that has never been seen? How to form energy and then invert it? The Perfect Dimension carried out millions of experiments until it had achieved what it wanted. Humans are the result of those experiences. All imaginable formulas were created in that reality and all of them were implanted in the heaviest densities to see whether or not they would produce the required results. The plant and animal kingdoms that you know were the result of those experiences.

The first human-forms that did not work out, were absorbed and recycled into new creative forms.

444. Do you mean that all formulas contain the same elements?

Some contain more, some less. Elements are universal and they are contained in all that is. We are made of the same elements within the Being One.

445. We feed on the vegetal and animal kingdom. Is this correct?

Humans were created to nourish themselves only with the vegetal kingdom; the animal kingdom was not created for that purpose. The higher dimensions nourish themselves with alciatic combustion energy. Likewise, everything that exists in the dense dimensions should have the nourishment needed to keep it alive and functioning. Hence, calorific combustion would keep all that exists in perfect conditions. All of the creation was based on the production of its own

combustion energy. Thus, when the human-form nourished itself with those creations, it would produce the combustion needed to keep it alive.

The vegetal kingdom was created with that purpose; human-forms would feed on it for their sustenance. The Regular, Secondary and Elementary Dimensions obtain their nutrition from the vegetal kingdom, and this turned out to be the only way to keep them unimpaired and without altering the path of their creativity. Only you, the dense-distorted ones, fed on the animal kingdom, thus ruining the creative process and the reason for your own creation.

446. Why should we not use the animal kingdom to nourish ourselves?

When the vegetal kingdom was created to give human-form its sustenance, it was made from elements of the Perfect Dimension: light, diaphanous and clear. Its purpose was to alleviate the dense and turn it into subtle energy, so that this energy would gradually reverse the dense human-energy until transmuting calorific into alciatic combustion. The nutrients of the plant kingdom were able to help with that change. Everything had been calculated in the laboratory; thus, energetic recovery would continue its course and development.

When they suffered distortion and started feeding on the animal kingdom, Planet Earth-humans became even denser because they were feeding on their own energy. The animal kingdom emerged from experiments intended to create humans, which had failed. The Perfect Dimension did not eliminate animals from the creative sequence; it left them to develop, giving them a purpose in creation.

Since animals are the experiences intended to create the human-form, they have to be regarded by humans as kindred fellow creatures and for this reason humans must abstain from feeding on them.

447. Should we eliminate insects?

Insects were the first experiences carried out to create human-form and they have not been eliminated in the creative sequences because they will still serve to continue the experiments. These species have gained strength in the course of time and their energy-forms will serve to test the resistance of the elements in the petrified and solidified reality.

Insects are the only ones that have not been affected by gravity, density, chemical elements, and atmospheric changes. They did not change their genetic structures. They are the strongest creatures because they have survived all the hardships in their reality. What is created, remains created; we cannot eliminate it, but we can recycle it to new creations.

Many species of the animal kingdom have become extinct since there are no longer appropriate conditions for their survival on the planet. But as they disappeared, new species emerged.

During the period of animal life that you call prehistoric, planet Earth's cooling process was well under way and calorific combustion energy consisted of chemical elements from the very soil of the planet. These chemical elements and a minor gravity produced gigantic species perfectly adapted to the environment. But as the Earth continued cooling down climatic and environmental conditions changed gradually reducing the size of everything existing on the planet.

448. How was human-form created?

The first human-form was created in a step by step process. With the appearance of positive results certain new elements were added to continue the process until its culmination. The human-form eventually turned out to be the most complete and perfect form of the universe.

When we said that the Perfect Dimension created a bubble-sphere, we mean the creation of a cranium, an encephalic tissue. In it the Perfect Dimension placed a crystal that exploded forming a mental universe, the same as in the higher dimensions.

Actually, if we want to look at it from a creativity perspective, the Perfect Dimension created antimatter reality incarnated in material reality. The word became human, as you say. God instilled spirit into it. In short, the Perfect Dimension had created a power head that was dense outside and subtle inside.

We know that the main purpose for creating the human-form was to recover dense beings. The entrusted mission was accomplished when the volunteers created the bubble-sphere. But when the Perfect Dimension realized that the volunteers had suffered confinement, it proceeded to creating the rest of the body so that the volunteers not only could survive in the density but also learn about everything concerning dense and unknown realities. What we want you to realize is that the complete human-form is defined in its power head and that all the other parts are geared to sustain it.

This specific human-form was created to subsist in dense environments. It is a special body made of dense and resistant tissue that enables thought-energies to examine, observe and study the dense reality on the outside. When you disembodify and become sheltered in a bubble-sphere, you will control the human-form from the antimatter reality.

The human-form is fully operative because it is controlled by its power head. The driving force of the human-form is not the heart but the brain.

449. Since you did not have the human-form when starting research, how did you manage to descend to the denser realities?

Through laboratory tests we realized that the farther away the elements were from their center, the denser they became. This confirmed the conclusions of previous investigations we had conducted by mentally exploring the planet. We could not have done this physically since our bodies were not prepared to stand the conditions on the exterior.

450. How did you produce the negative of yourselves?

For better understanding, the significance of the term *inverted* is: alteration of order, direction or meaning of something.

When defining the lower dimensions as being inverted, we referred to the fact that the conceptual reality (dimension) had turned into a transverse unreality. The realities' structure in the universe is a vertical one and creation has followed this parameter. But you are just constantly crisscrossing your mental-horizontal energies among themselves.

451. Can you give us an example?

Once we said that your behavioral pattern resembled that of ants. Ants always walk in a straight line, even when clearing an obstacle such as a wall, a roof etc. They always keep themselves horizontal. If ants were aware of their environment, they would perceive your presence and have a clear vision of the place they occupy. But since they do not have that awareness they will always be on their own and only perceive what is like them.

With this example we mean to say that your mental universe is inwardly tied down. You are situated horizontally; however, there are other realities in the vertical space that you will never be able to perceive because your mental scope is two-dimensional and not tridimensional as is that of the fourth, fifth, sixth, seventh, eighth, and ninth dimension that exist all together but do not interweave.

452. What would a reality in the fourth dimension be like?

The reality of a fourth dimension is its simultaneous mental activity with the other three lower dimensions. While your thought-energy covers horizontal extension, the thought-energy of the fourth dimension works by vertical connection.

Thinking horizontally means that vision, understanding and knowledge are affected by distortion which keeps accumulated knowledge from being understood automatically; if it were understood, it would be called abstract generic knowledge.

The big difference between the Third and Fourth Dimension is that the former thinks horizontally – that is, deals only with what it perceives through its external senses – whereas the latter perceives and understands from different angles and through varying prisms and colors. Its mode of thinking is both vertical and horizontal; it goes up and down, enters and exits many realities at the same time. The Fourth Dimension no longer works only with symbols; it works based on mathematical sequences. Here is an example.

If you think of a tree, its symbol defines it as part of the plant kingdom and, depending on its form, color and location, your mind will understand it in this context. If a being of the Fourth Dimension thinks about that same tree, it will notice all the above but add to that perception the tridimensional quality of understanding that will allow it to extend its vision beyond the image of that tree, observing it from three different angles.

The first angle will allow the being to determine the species, form, color and sign of the tree. The second angle will enable it to know the consecutive number of its energy, composition, analysis, chemical elements and consequent forms of creative capacity. The third angle will give it the specific clinical analysis of the exact number of crystals and how they are interlocked. These three perceptions, with everything in the right place, will show the absorption of light, the emission of colors and the energy to which they belong.

In this fourth dimension, tridimensional perception means that the being works perfectly with the three glands and the inner senses, which enables it to observe its surroundings perfectly. These glands and inner senses are completely developed, giving the being total cognitive capacity of itself and the universe.

453. How did the mathematical sequence become altered?

The mathematical sequence became altered because the order of correlation of thought was lost. The universe developed according to its creativity and with what was established by the Being One. Creativity did not lose the mathematical continuity; therefore its evolution and elevation were adjusted to a dynamic sequence of activation. This means that any awakened element will automatically awake the following one. The elements go on aggregating and correlating among themselves until they form an entirety, until they complete the formula. Unfortunately, it did not happen this way on Planet Earth. The sequence got into disarray; elements were joined together by attraction and not by sequence. You will not be able to understand it using mathematics because the mathematics of Planet Earth does not follow a sequential parameter, that is, $2 + 2 = 4$ or $8 \times 8 = 64$, and so forth.

Universal mathematics functions with even numbers and logic with odd numbers.

When you are incarnated in the bubble-sphere, you will be living in the even numbers. When you incarnate in the external universe, then you will be living in odd numbers. For that reason, your continuity takes off from the number 3 and continues with 5, 7, 9, 11, 13, 15, 17, 19, 21, 23, 25, 27, 29.. to the infinite. All odd numbers mean a horizontal life and it is a flat vision of the universal context. When you disembodied and incarnate in a reality of the bubble-sphere, you belong to an even sequence. In this reality, your lives become a vertical vision.

With this explanation we want to show that your mathematics is not 1, 2, 3, 4, 5, 6, 7... You live like this: 1, 2, 3, you stop, then jump to 7, 8, 9, go back to 5, 6, repeating the numbers inconsequently. This means that, by fluctuating, your thoughts are not stable; they lose the sequence of thought. It means that the idea is perceived, understood, attained, but not concluded.

Following a sequence is very important when any thought perceives an idea and the creator desire wants to externalize it, because when some elements activate other elements in order, the idea will take perfect shape, positively or negatively, depending on which elements are being activated.

When you activate your creator desire, the following happens: you produce the thought, you desire it fervently, but you do not finish it because when the sequence wants to insert continuity, it is constantly interrupted by logic, reason, rationalization and emotions, which do not allow the thought to continue in an orderly manner. Any thought that is activated inconsistently tends to be manifested and accomplished in a disorderly way. This disorder will then be reflected in the being's entire existence.

454. Does this mean that by thinking mathematically you, the higher worlds, never make mistakes?

We never make mistakes because we do not work with thoughts, we work with ideas and they are activated by knowledge, understanding and love of cause and effect. It is impossible to make mistakes when one has a mathematical sequence of the real and active knowledge of the universe. You call this abstract science. *Abstract* refers to the essential qualities of something, separating them through an intellectual operation in order to consider them one by one; to cease to pay attention to what is around by focusing totally on what one is thinking. To detach from something. To get absorbed. Total concentration on something.

This science uses abstract mathematics, meaning that it does not need the summation of its components, but rather it is the result of the components themselves, instantly and without the intervention of thought.

455. Why do the rest of the numbers result from the number 8?

Number 8 is the result of the instantaneous sum of the components. Let us see why. When you live in the odd numbers, we know that you are in the external reality, and when you are in the bubble-sphere you live in internal reality. Number 8 is a mediator between these two realities; the same above, as below. Number 8 is an equilateral that maintains balance. It has united number 5 that belongs to the lower worlds and the 6, that belongs to the higher worlds. When these two realities link, the being finds balance. It has found it in number 8, which is knowledge.

The Third Dimension is an open 8 that forms a 3. When you close a 3, it becomes an 8 divided between two realities. This being will be able to enter and leave the two realities; it will live a material reality but will also exist in the ethereal reality.

Number 8 will totally delimit the alignment. When the numbers 5 (Regular Dimension) and 6 (Perfect Dimension) unite, they will have formed 8. We mean that knowledge (8) will be complete and in order to generate understanding, the 7 will turn upside down and fit into the 6, also forming the 8.

Alignments come about when the numbers of the dimensions are correctly interlocked. An energetic fusion of thoughts takes place and this causes the mathematical numeration to be located in its true form and place.

If we add $8 + 7 + 6 = 21$; these are the 21 thousand years of the next alignment.

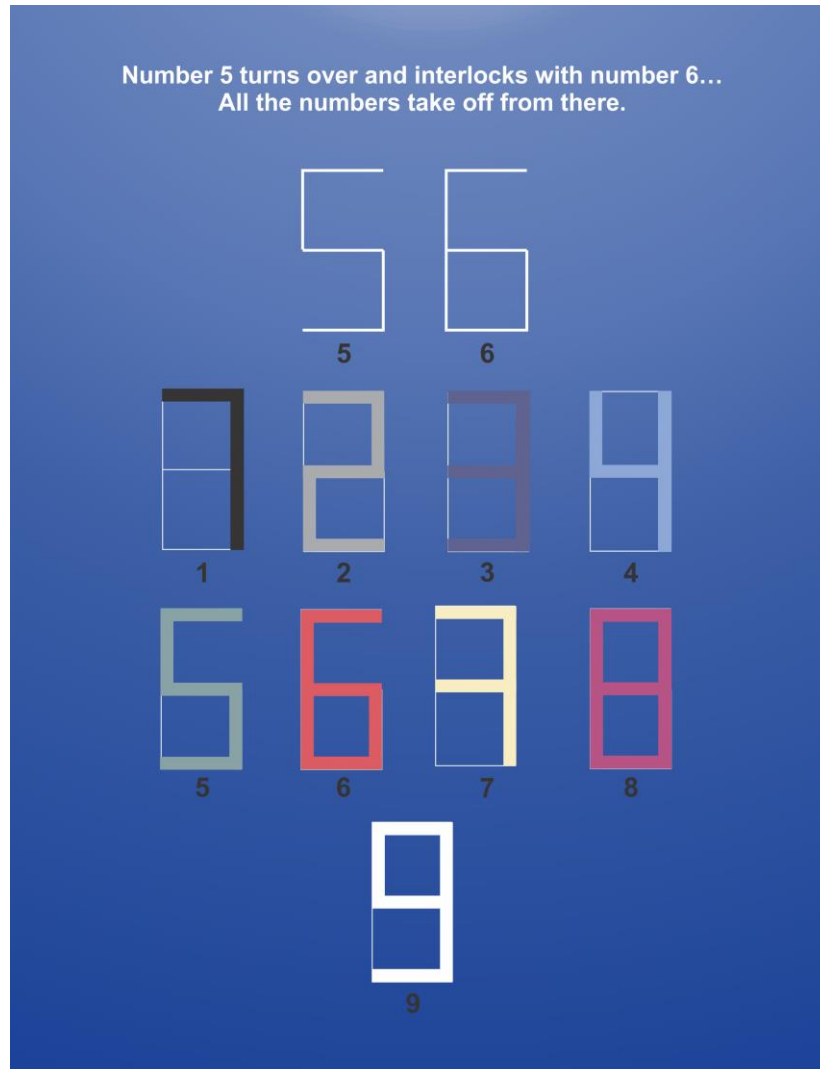
456. How did you introduce thought-energies into the human-form?

When we created the human-form in the laboratory, we molded it with our inverted energy, which became condensed and produced a negative of ourselves. We also had to imprint on the human-form the basic formulas for its own subsistence. We had to imprint it as thought-energy. The recording was made on the pituitary gland, which you call hypothalamus. This gland regulates the vegetative life of human-forms and runs the automatic motor force. The formulas are recorded in the *nimeos* (genes), which are passed down from parents to children.

457. How did you build the bubble-sphere in your laboratory?

It was not easy. We carried out many experiments before arriving at what we wanted to do. The most difficult was to invert our energy. First we created the sphere (cranium). It had to be strong, because it had to shelter the bubble (encephalic tissue). Both of them would later create the brain, and the development of the brain would create the mind.

Sphere: a geometric body delimited by a curved surface, in which all of its points are equidistant from the inner point, called center. Space or ambit which encompasses the action or influence of something or somebody.



Number 5 turns over and interlocks with number 6... All the numbers take off from there.

Bubble: a space that is sanitized and isolated from the outside to avoid any possible contamination. A bubble of air or gas that is formed inside.

To invert our energy, we had to convert the gaseous chemical element called helium. The process began in gaseous form, and then became liquid and finally solid. You are composed of this element in its three phases, 10% gaseous, 60% liquid and 30% solid helium.

458. How could we invert ourselves?

The universe is orderly. Planet Earth lives according to what it is, an elementary, distorted and dense planet of the third plane and third grade.

Planet Earth will always be the same and will work for what it was created: to be a cell in the digestive system of creation.

As you, thought-energies, advance on your evolution and elevation, you will be transforming the element helium inside you from its current solid into a liquid and then gaseous state.

The bodies of the Secondary Dimension are 30% liquid, 20% solid and 50% gaseous helium.

The bodies in the Regular Dimension are 20% liquid helium, 10% solid helium and 70% gaseous helium.

The bodies in the Perfect Dimension are 90% gaseous, 5 % solid and 5 % liquid helium.

459. How will the solid become liquefied in the secondary and regular dimensions?

We know that these dimensions belong to the circulatory and respiratory systems. Since the bodies of a Secondary Dimension belong to a circulatory system, they will have much more energetic fluidity and the respiratory system will have more oxygen; therefore, both of them will be more gaseous.

460. How was the brain created?

As soon as we were able to create the sphere and the bubble, everything was ready for the creation of the brain. We had to realize that the encephalic tissue is the motor that keeps the human-form alive and this is possible because we imprinted the basic formulas for its functioning. The formulas are non-transferable and eternal; they are set up in a way that they can never be changed or annulled. These formulas allow human-forms' reproduction, preservation of the species, automatic functioning of all systems, to have sensation and instinct.

They were imprinted when, after the animal kingdom, the human-forms were created; that is why both have the same basic instinct and formulas. If the human-forms had been created without brains, they would be the same as the animal kingdom, since both were created from the same formulas. The difference between the animal kingdom and the human-forms is the brain. Animals do not have a brain as complete as the humans'. Some animals have part of its functions, others only an encephalic tissue with the basic formulas of life imprinted on it. The encephalic tissue controls the basic life processes. The brain controls the voluntary processes, such as thought, analysis, reason, intelligence, form, energy, thoughts, and so on, and also controls both evolution and elevation.

461. Where did the crystal that you implanted in the center of the bubble-sphere come from?

We cloned the universal mind, making an exact replica of the One Origin. The crystal placed in the human-forms was taken from our One Origin and imprinted by us, the Perfect Dimension. The encephalic tissue was created with chemical elements that blended through calorific combustion to produce substances, that joined together, could make the human-form function and activate the basic recordings of subsistence. The crystal came from a One Origin; it had been created with antimatter elements, which worked with alciatic combustion. In order for this crystal to function, we had to create two encephalic tissues, one dense (matter) and another etheric (soul).

The purpose of the crystal placed in the brain was to control the encephalic tissue, allowing it to evolve through the thought-energies that would inhabit it. These energies would also live there until they could return to the place where they belonged. The created brain was an exact replica of the encephalic tissue; everything that existed in it also existed in the brain as antimatter energy. Since this energy was subtle and volatile, the evolution of the brain was faster. The

brain was created that way to help the encephalic tissue evolve and continually improve its functioning.

If the human-form thinks, reasons, analyzes, remembers, evaluates, dreams, memorizes, desires and so on, it is because it has a brain that enables it to do so. The brain is also the laboratory where all thought-energies are alchemically mixed and which produces wonderful or unpleasant results, depending on the mixture and quality of its elements. If the human-form were brainless, it would be a robot, functioning only with its basic needs of subsistence. The brain enables the human-form to evolve and become elevated. The thought-energies of the brain really live in the antimatter world and through it they develop the encephalic tissue. Humans of the Lower Dimension would be nothing if they did not have a brain; it is the soul of the universe, the life of the universe, the evolution and elevation of the universe. It is all that is of the Being One.

When what you call death occurs, it is because the energy of the brain withdraws from the encephalic tissue and occupies another brain in order to continue living and developing. When this happens, the energy blends with others that are also discarnate and they all incarnate again. When the brain develops, evolves and is elevated positively, according to the laws of the universe, it begins to refine its thought-energies forming what you call mind (spirit). This means that the brain will work exclusively with elements of the highest quality. When working with refined elements, the encephalic tissue will automatically evolve because it will be working with the high quality of the elevated elements. Therefore, the human-mechanism will work in perfect conditions.

462. Do animals have a brain?

We carried out countless experiments in the regular worlds and many of the forms that exist in those realities have a brain that is almost equal to the human brain. These experiences took place when we were creating the man-form, which we accomplished through the experiments. In the regular worlds we cannot consider these beings as belonging to the animal kingdom; perhaps they do not have the human-form that we wanted to create, but they behave as such.

We define animals as those creatures that have only encephalic tissue. We consider those that have a brain, be it embryonic or advanced, to be members of the human species. The animal kingdom includes man in its elementary state and this kingdom has many grades of evolution. In the regular and secondary worlds, the animal kingdom as you know it, no longer exists. The brainless animal kingdom, in the Elementary Dimension, includes insects, reptiles, birds, crustaceans, and fish. We can consider those animals with a brain to be mammals. They have many energetic grades that differentiate them; these innumerable grades place them closer or farther away from humans.

463. Do you mean that in the regular worlds there are still those human-forms that have not been defined as species, but they have a brain similar to the human brain?

That is right. We formed the human species and its origin is the same, with the same formula and the same bases of creation. We must understand that all formulas become chemically adapted to the environment where they are and chemical elements tend to respond according to the intensity of their evolution.

We mean that the human-form retains the basic formula, but in each reality of existence, it transformed the elements, creating different races and human-species. However, in all of them there is a brain, which marks the grade and plane of evolution and elevation.

464. How can the brain, which functions with alciatic combustion, work with encephalic tissue, that works with calorific combustion?

The brain governs the encephalic tissue mentally and it works through mediums and telepathy. These are two different types of combustion, which cannot be mixed or joined. When what you call death happens, it is because the content of the thought-energies of the brain withdraws to inhabit another live encephalic tissue. In these cases, the energetic content of the discarnate brain has to have energy that is similar to the one receiving and sheltering it.

465. How can the energetic content of a brain be hosted in another live encephalic tissue if this tissue is already occupied by another energetic content, that is, by another brain?

We should not see the brain as if it were crude encephalic tissue with a basic content. We have to understand and see the content of a brain as a complete universe. By the word complete we mean: dimensions, constellations, systems, planets and everything that your eyes see in the outer universe. Furthermore, the energetic content of the thoughts within it is composed of layers and layers of grades, planes, realities, existences, zones, and so forth. When a brain incarnates in a new One Origin, it will take control of the Being One and the entire load, the content it brings along with it, will be placed in the grade, plane, zone and center to which it belongs.

That is, a being with a brain has the capacity to shelter thousands of other discarnate antimatter-brains, which can be positive or negative, depending on the level and energetic attraction that it has towards them. The being that shelters other brains will enrich or degrade itself depending on the gradation of the sheltered thought-energies. The brains will place them one over the other, keeping them in order and in their positions; none of them can invade the other's space. When disembodiment occurs, all will be able to lodge themselves separately in other beings or perhaps incarnate together and be in charge of a One Origin. Everything will depend on whether or not the thought-energies have the same characteristics.

466. Do you mean that we are the result of thousands of brains that together govern our encephalic tissue?

Yes, the soul of the universe is the unification of billions of thought-energies that have developed through evolution and elevation. These energies are working together and it is this unification that forms the brain. The union of billions of brains forms the mind. You, and all the human-forms disseminated throughout the universe and the realities, are an infinite compilation of brains, and the aggregation of all of them makes up the universal mind. This formation is what we call wisdom.

The higher the dimension of the human-being, the greater will be the content of the brains that it shelters. Therefore, its knowledge, understanding and love will have a greater dimension and outreach in the universe. On the other hand, the more degraded the thought-energy, the less knowledge, understanding and love it will have, for it will shelter brains of low content and little cognitive substance.

467. Is the brain what we know as antimatter world?

Yes, the brain is antimatter reality. Brains are mental universes, where the living essence of thought exists.

468. Are you giving us this knowledge from the Perfect Dimension, from mental or from material worlds?

We are mental realities and all that you are learning through this knowledge is mental. You are learning how thought-energy functions; rather, you are discovering the real worlds, namely, your inner selves.

469. How did the first implantations of the human-form in the regular worlds take place?

The development of the human-form was gradual and slow, with a drawn out process. We had to evolve it from its primary state until we achieved what we wanted to create. When we created the material universe, we did it based on knowledge from the mental universe. The antimatter universe was totally organized, classified and disseminated in such a way that its functioning adjusted to circumstances. The mental universe never imagined that it would have to know a universe that was parallel and contrary to it. It had to do so because it realized that something was not functioning as expected. Somehow, the lower worlds were affecting it and if it did not take the necessary precautions, the problems would get worse, not only for it but for the whole as well.

Let us begin by understanding that the first implantations were mental. The thought-energies of the beings of the Perfect Dimension had to take mental-astral journeys and descend into the dense reality to study, classify and understand it. This was the only way they could make a thorough and analytical survey. When they studied it, they began to envision a way that they could adapt to it. This way had to be adjusted to the subconscious of the Being One. *Astra*-relative to or belonging to the stars. It delimits a plane or world of the Solar System made of matter that is more subtle than the physical plane, extremely variable, in which reality and is actually a state or condition of vibration and is never a specific place or part of the space. It is the world of desire because emotions are its maximum expression.

The subconscious was totally unknown to them. They existed in the consciousness of the Being One and through this awareness they perceived a totally clear, diaphanous and true reality. To face a dense, dark and totally incomprehensible reality was a challenge to knowledge; it was an enigma that they had to unveil and study. Today all the hardships have already been overcome in zones 5 and 4, but they are still present in zone 3. Zones 2 and 1 are totally closed and still little understood; they are infra-unconscious realities. These realities are totally interdicted. You, the elementary worlds, will have to assume the discovery, analysis and recovery of those dense energies that are still trapped.

470. What were the astral journeys like that the thought-energies made in order to descend into the subconscious?

The volunteers of the Perfect Dimension who offered to carry out those experiences had to learn to control their thought-energies. To do so they had to imprint them in order to extract them from the little calorific energy that they had. Then, they had to take that energy to the creativity zone and, using the creator desire, form a duplicate of themselves, that is, a virtual and imaginative replica – in short, a hologram.

Hologram- a photographic plate that is obtained through the holographic technique. Tridimensional optical image that can be obtained through the holographic technique. Technique that requires laser technology.

This hologram had an exact imprint of the volunteers themselves; in this way, they could travel and descend without any special precautions. Until today they continue applying the same technique, descending and appearing before you as holograms because their subtle bodies would not be able to withstand the density and above all, the crushing gravity. In order to master the technique of the astral journey, the volunteers first had to imagine their own selves, so that they could duplicate their virtual image. They had to do it through the power head and the main crystal in it.

The imaginative image was first reflected in the crystal and then the crystal would project it outwards, inverted, that is, the negative of the image. A hologram is the projection of an image created in the imagination, which can be repeated infinitely through the reflective mirrors of the crystal. With this technique the hologram can go to any reality it wants; it can go up, down, in and out, wherever willpower takes it. Since it is a hologram that is imprinted by its own self, it takes with it all the being's thought-energies. Being reflected by the mirrors of the crystal, holograms when projected can be in many places at the same time. This was how the volunteers managed to travel to the denseness and penetrate those confused and dark realities, like gloomy and dense overgrown forests.

471. Then, is what we see as material universe, encephalic tissue? Is this encephalic tissue (our universe) covered with thousands of brains that make it function?

Yes, now you are beginning to understand how our matter and antimatter universes work. Everything that your eyes see is encephalic tissue, a brain and a mind. You, Planet Earth, are a neuron working for that brain, distributing all the information needed to sustain that mind. All material planets, systems and constellations have their antimatter planets, systems and constellations; we know that one cannot function without the other.

472. And what about the mind of both of them?

The mind is the content of many, many brains. If it is positive, we could say that the mind that governs those brains is elevated, full of knowledge, understanding and love. When the brains are placed one over the other and are distributed to different zones, we could possibly find negative brains intermingled there. The same happens to you. We know that emotions are located in zone 3, and we also know there are positive and negative emotions. All of them are in the same zone, spread out in such a way that they can be together, but not mixed. This is what we call grades and planes.

473. When we take astral voyages, can we enter positive and negative zones?

Yes. You do not master the technique, but it is in the cosmic memory of your brains, and when it is reactivated, you unintentionally enter into realities that do not pertain to you. We stated that the incarnation of the thought-energies is adapted to their evolution and elevation. As of the third dimension, and depending on the grade of elevation, those thought-energies will incarnate either in the encephalic tissue or in the brain. We also said that the even numbers belong to the brain and the odd numbers to the encephalic tissue.

474. How did you implant the human-form in water and how did it develop?

First of all we have to know what water is and why it was created. In the higher realities this liquid, as you know it, does not exist. We had to create it to keep the human-form moist and flexible, and also to counterbalance the calorific combustion. We had to liquefy the crystals to allow them to circulate freely through the density; thus, they could nourish and soften the crystals that were hard and difficult to reach. In this way the human-form did not remain rigid and its flexibility helped lubricate as well as feed the dense energy.

What you call water is a liquid combustion that the dense crystals need to become interlocked and manifested. We, in the higher dimensions, have something similar: liquid helium. This goes through our subtle bodies, lubricating the crystals that are activated by the dynamic flow of the energy that we breathe from the subtle universe. We initially implanted the first human-forms in water, for them to nourish themselves and become adjusted to flexibility, and to prevent the crystals that were dense from cracking, breaking or drying.

The human-form is a replica of the Perfect Dimension; we made a negative duplicate. Comparing, it would be like this:

- Water: Liquid helium
- Blood: Universal fluid
- Muscles: Unified crystals
- Nervous system: Neurons and ramifications
- Skeletal system: Subtly dense energies
- Capillaries, veins and arteries: Pathway of the universal fluid
- Skin: Vibration, frequency and rhythm
- Sight, smell, taste, hearing and touch: External senses
- Procreation system: Creativity
- Digestive system: Understanding
- Respiratory system: Knowledge
- Heart: Power head crystal
- Glandular system: Gravitational field.

We had to make them in our image and likeness and adapt that likeness with the numerical affinity of the all. You all are a sequential product of our own selves. We were able to descend to know and penetrate the densities through the human-form, that is, through you, yourselves. The first implantations of the human-form took place inside the liquid crystals, to a certain extent imitating the formation of ideas within the One Origin. When the One Origin creates idea-children, it does so within its nucleus. This nucleus is in a continual creative-chemical and alciatic effervescence of gaseous, liquid and crystallized energy that churns up the elements and produces the most incredible creations that this center could ever bring about. We did the same thing with you. We formed you from a One Origin, or rather, from an imprinted formula that would do the same work and have the same creativity.

475. What was the crystal that was placed in the human-form like and how did you make it?

From the aforesaid we know that, through evolution and elevation, the crystals went on adapting to the billions of manifestations that the universe had created and formulated. When we speak of the crystal that was placed in the human-form, we are referring to the very first crystal that

was inserted in the encephalic tissue with all the coded universal genetic information. Through evolution and elevation, these codes have been activated in a mathematical sequence, or rather; their multiplication has been such that it has permitted the advancement to occur in perfect order.

The crystal of the human-form

The coded crystal was placed in humans when they were totally formed and in a robotic state. We use the word robotic because they were working with the encephalic tissue and with an incipient brain. The brain continued developing as it acquired life experience and when the dense energies lodged in it, the crystal would code, organize, classify, evolve and elevate them.

While occupying their new habitat the dense energies would choose appropriate places from where to guide the human-form. But they had to learn how to handle the crude rudimental form devoid of evolution. It was a laborious, difficult and lengthy task. In the beginning, the human-form was slow, robotic and crude causing the dense energies immense suffering until these united and were able to feel part of the human-form.

And they descended to hell. This metaphor of a truth you only know too well depicts what actually happened, because they really descended to the density-hell, and many reneged, cursed and denied their origins, rebelling against the creator. But others thanked the One Origin for their life and volunteered to continue the work together with the Perfect Dimension.

The volunteers that were going to work with love for their creator would do so with full knowledge of cause and effect. They would convey all the information from the dense reality so that the Perfect Dimension would be able to continue researching and thus help the Lower Dimension.

The crystal that was placed in the human-form contained all the coded-genetic information of the all. This information would go on becoming activated by mathematical correlation insofar as the human-form continued evolving.

476. What are genetic codes, as we call them?

The codes are numbered signals that are in perfect order, waiting to be activated at the right time. To the universal mind, activating a code means producing the necessary means to energize an idea. For it to become activated entails many factors, such as sign, vibration, flow of energy, rhythm, frequency and so on. We have to understand that an idea stirs desire, and desire arouses thought and both of them activate the means to manifest the thoughts, and so on.

When the crystal was placed inside the brain of the encephalic tissue it was perfectly aligned in such a way that the linear activation of its angles would form other curvilinear angles that would become interlocked in an angular process of identical or similar forms. Interlocking angles is like creating keys to open floodgates that are closed for lack of energetic or frequency activation. To open those doorways one needs the code – that is, the key - which is a geometric sign that fits into the next code. That code will mold another key, and so on, infinitely. We can compare the codes to molds in which the liquid energy is cast and takes on a certain shape. When this shape is complete, it seeks its path until it finds the purpose for which it was created.

- Molds are thoughts.

- Thoughts are keys.
- Doors are knowledge.
- Codes are the disclosure of knowledge.
- Knowledge is number 8.
- Number 8 is understanding.

These codes are reactivated when Planet Earth is aligned with some of the larger or smaller celestial bodies. The universal keys are produced when the planets, systems and constellations cross an equinox which is formed together with other realities, and as it does so, the transverse, vertical and horizontal lines converge and fuse in order to activate the cosmic-codes.

We know that the stars you can see with your own physical eyes are the universal encephalic tissue and that the brain works together with the encephalic tissue. Thus we come to a mathematical conclusion: everything that is produced in the encephalic tissue is produced in the brain. We conclude that the genetic codes become activated on both sides in order to safeguard the balance and proper functioning of the Being One. Let us have a look at the codes of Planet Earth.

Planet Earth, like everything that exists in the universe, has polarity fields, zones and energetic centers, energy inflow and outflow, etc. We know that the planet is one cell in the body of the Being One, and it will conduct itself according to the work it has to accomplish. This cell will undergo a process of birthing, childhood, adolescence, adulthood, elderliness, and old age. Every time it enters a process of change and maturity, it will activate the energetic fields that will enable it to become transformed. These transformations will also bring physical, psychic and mental changes that will jointly reactivate the codes that are often inactive or dormant.

We know that the next cosmic alignment of Planet Earth will take place 7 thousand earth-years from now. Other alignments will be occurring continually in the planet to prepare for the principal alignment. We know that these alignments are dimensional openings, dimensional doorways, that open and close depending on the energetic flow and on the functioning of the brain of Planet Earth. When these doorways are not properly aligned, strong energetic movements are produced that destabilize the planet and its environment as well. This means that the psychic part of the planet is having problems and when these are felt, they cause earthquakes, tsunamis, hurricanes, volcanic eruptions, etc. The same thing happens within your encephalic tissue and your brain.

When you open and close the dimensional doors of knowledge and understanding and do not do so correctly, this causes a chaos in your thoughts and in these conditions they bring about confusion, labyrinths, anxiety and everything you call problems. The cosmic dimensional openings function with perfect knowledge of the cause and effect that they produce. In you, however, during this opening and closing there is complete unawareness of cause and effect and that is why contradictory emotions that bring about so much suffering and confusion are produced.

When we speak of activating the codes we refer to the fact that all the universal brains have to work in consensus and harmony, that is, the entrance and exit of the energies of Planet Earth should work conjointly with the entrance and exit of other brains. Thus, the dynamic of the energy is recycled, nourishing itself and also nourishing the all. Planet Earth has nine entrances and exits where the energy recycles itself, nourishing and nurturing the Earth cell.

Entrances and exits

North Pole

South Pole

The East

Asia

North America

South America

Australia

The Philippines

Europe

When energy enters somewhere, it seeks its exit. This has to take place in perfect order.

Sometimes it happens that both the entrance and exit of energies occur haphazardly because the planet's brain is not working in accordance with the other brains of the universe. This causes a slowdown in the progress of evolution and elevation because its feedback takes place in a vicious circle of its own thoughts and not in the universal thought-energy. The entrances and exits of energy of Planet Earth would have to be in accord with the entrances and exits of the universal brains; this way the self-nourishment would be cosmic and orderly.

When some brains do not work within this order, they tend to deviate the thought-energies because the energy comes through channels that do not pertain to them; thus the thoughts do not fulfill the mission entrusted to them and divert the true desire of that thought.

Each one of you also has entrances and exits of energy, and if each one were to become aligned with the cosmic-energy, he or she would be nourished with the thought-energies of the universe. Everything would be different on your planet, because your brains would be linked to the universal brains and in this way you would recycle knowledge, understanding and love.

477. How did the transfer of thought-energies from you to the human-form take place?

We said that the volunteers from the Perfect Dimension were able to perfect mental and astral travel. Using that technique they were able to build their own holograms, which enabled them to descend to the densities without any danger. That is how they studied, researched and got to know them. Let's look at that technique.

We know from previous explanations that in order to build the hologram they had to enter their imagination, so they could form an image to reflect themselves. To do so, they had to concentrate deeply and enter their own thoughts. They called this concentration *alpha*. When they had performed the technique to perfection, they occupied the brain of the human-form, installed themselves in the crystal and began to perceive all the knowledge that those realities presented.

Once they had built their holograms in the Perfect Dimension, the volunteers' bodies would enter and remain in a catatonic state. While they were travelling in their holograms throughout the universe, their minds could not go back to their normal state because during this process the crystal in their minds was reflecting their own images. Here is an example to help you understand.

It is as though you were taking a photograph. When you click on the button, there is an instant automatic opening and closing of the optical diaphragm that captures the image which is suspended in the film until it is developed. By this example we want to point out that the hologram remained suspended until it returned to its impression, which was the imagination and the crystal that reflected it. Therefore, the volunteers would leave their bodies in a catatonic state and travel through dense realities, researching and studying them.

With each journey they made they would take longer to return to their bodies, until one day they stopped returning: Their holograms had been trapped in the densities and their bodies, consequently, suspended in the Perfect Dimension.

478. How did their holograms get contaminated?

While the volunteers were leaving their crystal by holographic projection, entering the crystal of the human-form, then leaving the human-crystal to return to their original state and repeating this over and over again, the hologram kept experiencing a small distortion. Even though the Perfect Dimension had placed a perfect crystal in the human-form, the mirrors of this crystal gradually became opaque for the lack of elevation.

When the hologram was reflected in the mirrors without elevation, it was no longer the same. Its perfect form had undergone a very small alteration that obstructed the volunteers' return to the higher worlds and to their real bodies. Their hologram was trapped in the human-crystal. The human-form crystal had become their world and their universe. To be able to return they realized that they had to repair the mirrors of the crystal and, to do this, they would have to recover the crystal's translucence. They would have to overcome the distortion and the only way would be to seek elevation. In order to succeed they would have to repair the mirrors; to repair them they would have to find out how this could be done. This meant they would have to know and understand the why. And in order to understand, they would have to love. This was the only way they could return to what gave them life and existence: their own minds.

Many of the volunteers have returned and recovered their bodies, but many others have not come back yet, because for love of the research they offered to descend even further, with the one aim of acquiring knowledge of the subconscious realities.

479. How can we differentiate the volunteers from the dense ones?

Currently the difference is very small. Owing to the implant of thought-energies, the resulting blend has brought about uniformity and development of Planet Earth-beings.

480. How can one tell the difference?

The volunteers have never forgotten their origins and they have always communicated with their source of information. They have never forgotten where they came from or the universal knowledge. In each life and existence they have always communicated and conveyed it. The volunteers are the messengers from each planet and their work consists in helping wake the dense ones and teach them the path of return. They never lost their continuity or the mathematical numeration. The volunteers have always existed in the crystal; they are the laboratory of the human-form.

The dense ones have forgotten their origins and therefore lost communication with their source of information. They have forgotten the knowledge they had. When they suffered from density

their entire process of advancement was blocked. These dense thought-energies have to restart mathematical numeration and they are doing it using logic.

Unlike the volunteers, the dense ones do not live or exist in the crystal; they are in the zones of the brain. Once they awake, they will be able to unite with the crystal and jointly work with the volunteers; but before, evolution and elevation is needed.

Even though the volunteers never forgot their origins, they underwent the entire process that the human-form endured and still is experiencing. It is impossible to pretend that the volunteers were not affected in some way, because they were always aware of being trapped, unlike the dense ones who, once having forgotten their origins, just plainly adapted to the human-form. While the volunteers contributed to the elevation of the human-form, the dense ones advanced its evolution, some acting consciously, the others unconsciously.

481. What vision did the volunteers and the dense ones have through the human-form?

A very different one. When dense ones were recovered in the Regular Dimension, the volunteers would place them in the corresponding zone. Since the thought-energy of the dense ones presented a state of total debilitation, they first were nourished with knowledge to enable them to adapt to their new way of life in the human-form. When the volunteers received them they had to erase their cosmic memory and the mathematical sequence so that they would not suffer in the process of adaptation and be able to do their work in this new existence. Thus, the dense ones lost the memories of their origins and will only be able to recover them through the evolution and elevation of their crystals.

482. How will they be able to recover the memory of their origins?

Once the cosmic alignment occurs, the crystal in their memory that was switched off will be reactivated to carry on their thought-energies. Throughout their lives the dense ones have been gradually reactivating the crystals to be able to continue their cosmic existence. In a state of full activation these crystals are what we call codes. The process of this activation is what you call awaking. Insofar as you advance by merit, the inactive crystals will begin to be activated and to carry out the task for which they were created and programmed. These crystals open and close the dimensional doorways in the brains; thus, the dense ones go on unifying and preparing to return to where they came from.

The same happens with the planet that shelters them. The majority of their thought-energies will open and close the dimensional doors. In this way the brain of the planet will not harm the other brains present in it. The dense ones grew and developed into the human-form. The Regular Dimension and the Secondary Dimension have already totally activated the codes of their crystals and are fully aware of their awaking and return. In the Primary or Elementary Dimension, on the contrary, they are so well adapted and dormant that they think that this is their only true reality.

483. Why did you switch off the cosmic memory of the dense ones?

While the mental worlds and the higher dimensions were developing according to the criteria of creativity, the dense lower dimensions retarded their advancement, lagging far behind the other realities. The differences continually increased. We had to switch off the cosmic memory of the dense ones for the sole purpose of alleviating the immense difference among the realities, and

also of avoiding a future energetic collapse or further deviations of thought-energies that could damage the all and our own existence.

When we say that the density could have affected all of us, this is true. Our mathematical sequence is perfect, and if we had allowed a new and backward sequence to enter our codes it would have been like allowing a virus to get into our sequence. That would have been a total chaos and the mental death of the Being One, that is, our own selves.

484. Can we compare ourselves with computer viruses?

That is exactly what you would be to the universal mind: a virus that would disrupt the entire cosmic system, causing it to annul its own being.

That is why the awaking of the dense ones should be gradual and very slow because this way the genetic codes will go on becoming adapted and interlocked, allowing the dense ones to consciously and fully awake. We have to take into account that awaking will also activate the elements that will enable density to grow. Your Planet Earth human-form will have to undergo genetic transmutations in order to go back to your true form – human-Ayapliano.

485. What is the vision of the volunteers?

The volunteers never lost their awareness of what was happening to them; they always had full knowledge of their reality. Their cosmic memory remained intact and through it they were able to accomplish the task that the Perfect Dimension had entrusted of them.

Need created the form. We have always repeated these words because it was the volunteers who created the forms, and they did so according to their own needs of existence and life. They were created in accord with the density of existence, that is why the forms adapted to, and were manifested by, the basic necessities of each dimension, plane and grade.

The volunteers took upon themselves to leave evidence of the higher reality; they are the ones who bring about the advancement of the human-form. Without them the dense ones would not have been able to survive in the density.

The volunteers have the ability to enter and leave, to ascend and descend, in all the realities because they are holograms and as such they have the capacity to transport themselves imaginatively from crystal to crystal by means of thought-energy.

The volunteers that were trapped in the Regular Dimension were able to thoroughly fulfill their mission to recover those that were dense. Presently, this dimension, like the Secondary Dimension, has developed totally and is working to continue recovering the lower dimensions.

486. What happened to their bodies suspended in the Perfect Dimension?

Thousands of bodies remain in a cryogenic state. These bodies remain suspended, waiting for the return of their minds. While the holograms travel through the lower dimensions working, researching and accomplishing, their bodies are kept in perfect condition.

487. How have the holograms been able to remain in good condition during all the time that they have been apart from their true image?

The volunteers have always been nourishing themselves with both realities through their holograms within the crystal. By being in touch with the higher realities they have never stopped updating themselves on the universal knowledge. They have neither been set back nor have they lost the mathematical numeration because they continued to exist and will keep on existing in the two realities.

488. In our history, who was a volunteer?

Joshua Emmanuel, the Christ, has been one of the greatest volunteers. He descended from the regular worlds with the mission to teach you love, because only love could soften your hardened hearts and change your negative emotions. Thus, the soul (psyche) would be able to elevate and become spirit.

At that time, humans were extremely dense and in their reality superstition, ignorance, instinct and sensations were reigning. Humanity was in darkness and ostracism.

The task of sowing was hard for Joshua Emmanuel but his work was outstanding as he was sowing the love element in the souls. He prepared the ground for those souls to work out their emotions with analysis and understanding so that they would be able to receive cosmic knowledge.

After Planet Earth, Christ the messenger traveled through other grades, planes and dimensions, working with thousands of volunteers, always delivering the word and love. After having fulfilled his great mission, he returned to the Perfect Dimension and recovered his Ayapliano-body.

The volunteer Joshua Emmanuel fulfilled his mission on the surface of Planet Earth. He then had to incarnate in other lives and go to the Internal City, where he is currently a guardian of the planet.

Your history says that Jesus would resurrect in his body and would ascend to the heavens, returning to the kingdom of his father. This was not explained properly, so humans have accepted in their grade of understanding at that time.

489. What are the mirrors of the crystal like?

The mirrors of the crystal are concave. When they reflect one another, they form angles that fit together, composing geometric shapes. These shapes represent the creator desire that generates thought-energies. Depending on the intensity of the desire, the mirror will reflect the mathematical sequence of its expression, adjusting to the norms of the universal formulas.

The volunteers that were within the human-form crystal developed their desires that were reflected in the crystal and created the thought-energies according to the creative intention. Until one day, when they expressed their desires, these desires were rejected. The mirrors had become blurred; their thoughts come out different to their desires. The mirrors were blurred because the dense ones who had recovered had to go through the crystal first to have their cosmic memory switched off and their mathematical sequence eliminated.

The thought-energies, short of these two elements, had to nourish themselves with some information in order to survive. So they started to live on the information that came from the outside, along with what the volunteers were giving them. By mixing the two types of information, the external contamination invaded their thoughts. With the mirrors having become opaque, the desires did not understand for what they had been created. Thus they had eaten

the forbidden fruit.

In the Regular Dimension, the problem was solved as quickly as possible. When a dense thought-energy was recovered it went through the crystal, and the mathematical sequence and cosmic memory were eliminated. Before being placed in its proper zone, the knowledge that had been acquired and transmitted through its own experience was inserted to it. Therefore, the thought-energy did not need to feed; it was already nourished by its own self. Consequently, when the brain incarnated it did not start from the beginning as it continued by its own self. The essence of past lives would be compiled like a huge load of life experience. With this procedure reincarnation was created which meant that the thought-energies were a continuity of themselves.

The volunteers remained trapped without being able to return because the crystal had recorded the images from the outside. They began to change according to what they perceived. Those images were reflected in the mirrors, thus they began to mix the inner and outer images. The volunteers saw themselves as being different and this was the reason they could not return.

490. Could you give us an example?

If you look at yourselves in a good quality mirror, you will see yourselves exactly as you are; but if you look at yourselves in a mirror of poor quality, your image will be distorted and this will disfigure your true reality because the elements that were used to reflect your image were of poor quality. The same thing happened with the mirrors. When the crystals absorbed the dense elements, they became contaminated and blurred the mirrors which then reflected distorted images so that the images in the holograms did not match the images in the mirrors.

491. So do you mean that they went through the mirrors?

Yes, they went in and out through the mirror of their own crystals and themselves, their own purity, clarity and transparency. The images were supposed to match perfectly; thus they would transpose their energy from one reality to the other.

492. Would it be like going from one dimension to another?

Yes, the hologram is capable of doing that. It can go through grades, planes and dimensions whenever its crystals are adapted to those realities. If they are not, then the hologram will be rejected and will return where it came from, that is, to its own mind.

493. How are the apparitions we see, or the contacts we have with extraterrestrial beings produced?

The contacts always take place from energy to energy, that is, from mind to mind. If it is a disincarnate energy, suppose that one of them is in alciatic combustion and the other in calorific combustion, the contact will be on the psychic-energetic or in the mental sphere. It will all depend on the vibratory grade of both energies. Many of the extraterrestrial beings that contact you are on the physical, others on the mental plane. Therefore, depending on their grade, plane or dimension, contact with you could be physical, holographic or telepathic.

494. Do the higher dimensions currently descend by holograms?

No, they do not; they communicate telepathically, because after the experience of the

volunteers, they never descended again for the fear of contamination. But they continue communicating through telepathy, waiting for the return of the dense energies and the volunteers. Physical and holographic contact takes place in the lower dimensions – the regular, secondary and part of the primary dimensions know the technique and use holograms for their travels of study and research in the cosmic universe.

495. How are the dense thought-energies going to recover their cosmic memory?

All of the energies that came from the One Origin and turned dense, remained intact and pure. Antagonisms in the universe were kept in balance. As long as the energies were dense and without contact with the outer world they would not run the risk of being contaminated. As they were recovered and sheltered in the human-form crystal, they adapted perfectly to their new reality, absorbing knowledge from both inner and outer realities. In this way the human-form was always protected and sustained by the higher dimensions and the volunteers never ceased to communicate with their true reality: The Perfect Dimension.

When the dense ones were left without numerical continuity and cosmic memory, they had to restart their creativity from zero. The crystals that were in a pure state began to record themselves according to their reality, leaving behind all their history and origin. Thus they were able to do their work under appropriate conditions; their thought-energies began to be organized, classified and situated in their respective zones. In this way they helped the volunteers with the task of recovery.

The dense ones will recover their cosmic memory and mathematical numeration when they attain knowledge, understanding and love. They will be ready for their activation, and when this occurs, remember all of their history and origin. That means that number 5 will turn over and fit into number 6, that is, the mirror will reflect the true image, which is the opposite of what you consider the real one.

496. How are the volunteers correcting the mirrors to be able to return?

Something very interesting happened during this process. Many of the volunteers no longer want to return. The scope of their task is such that they prefer to stay on studying and researching, yet being conscious that their real bodies are waiting for them. They adapted so well to the human-form and to the study of its evolution that they feel totally committed to it.

The only way to correct the mirrors of the crystal is to help the dense ones understand that they themselves can correct the crystals of their thought-energies by putting them in the right place and by using elements of the highest quality. They will be able to correct the distortion of their mirrors so that when they look into them, they will see the reflection of how they really are.

The dense thought-energies were the ones that distorted the mirror, and in order to disembodify and be able to go from one plane to the next, they will have to be reflected perfectly. This is the only way they can leave their reality for another.

497. What happens when we go from even to odd realities?

We know that one reality is of alciatic and the other of calorific combustion. One is mental, the other material; one is microscopic and one gigantic. Why is the passage between the two realities necessary? Because the thought-energy needs the two forms of combustion to live, evolve and elevate. And when it is in either one of the realities, it recharges its electrical

elements to keep on subsisting.

When the thought-energy vibrates energetically in an odd rhythm (electron), it will incarnate in the gigantic beings. It will be in the outer reality and it will live in some planet that will offer it the needed shelter. But if it vibrates energetically in an even rhythm (proton), it will incarnate in a bubble-sphere on its respective grade and plane that will provide the necessary protection. If the thought-energy is in equilibrium between those two elements, it will be able to move from one reality to the other, because there would be a third element, the neutron (love).

This element has the capacity to travel the entire universe, adjusting to its own need of evolution and elevation. There is order in the dimensional universe. No thought-energy will be able to move from one reality to another if it does not have the elements that allow it to do so, that is, the mirrors that can reflect it in both realities. Every time the thought-energy goes from one plane to another, it is reflected in the corresponding form. If it does not have the correct reflection, it will not be able to cross the boundaries for lack of evolution and elevation. When the thought-energy is in an odd reality, it evolves; when it is in an even reality, it is elevated.

498. What other name would there be for the mirrors so that we could understand what they are?

In comparison we could call them mercury. This element, joined to the crystal, is able to reflect the images the imagination is projecting.

Mercury - a chemical metallic and liquid element with the atomic number 80, brilliant white and very heavy.

Mercury- the messenger of the gods in Roman mythology.

Mercury- the innermost planet of the solar system; the mercurial temperature of the hemisphere that faces the sun is about 400 degrees Celsius.

If contaminated mercury oxidizes or darkens; therefore, it blurs or distorts the reflected image. When it is mixed with elements of very poor quality, it will flake off into crystal, and what we are going to see is just the glass of the crystal.

499. Which are the good elements that mercury needs in order to reflect an excellent image?

Mercury needs to form a compound with elements of good quality such as magnesium, lithium, alciatic and calorific energy, carbon and some others in order to reflect a perfect image. When beings are elevated they extract from their universe these chemical elements that allow them to refine their thought-crystals. Their energetic beings will be formed through improvement and crystallization, allowing them to leave the density and the grade they occupy. Planet Mercury shelters a form of alciatic life. When you reach elevation you will have to go to this planet and leave from there for the sun.

500. Which elements did the dense ones absorb from the outside that contaminated the mercury?

An imbalance among the elements caused the distortion of the image. For example, the dense ones began to feed mostly on calorific energy; this reduced the alciatic energy to a minimum.

And in a mixture with dense elements, magnesium lost its whiteness and, being a highly deformable and light element, caused distortion of the image. In the Regular Dimension there was only a slight distortion in the higher energy levels which, however, was quickly corrected and totally balanced; nevertheless, up to now the Elementary Dimension keeps struggling to complete that correction.

Your distortion, Planet Earth, occurred because the image was not picked up correctly. Since it had suffered distortion by elements of poor quality, the mirror began to make photomontages of the images, mirror upon mirror, image upon image, so many of them that the thought-energy got lost in the infinity of its own self, deepening the subconscious reality.

That is why the volunteers had to penetrate the infinity of the mirrors and to discover which images are true and which are false. To enter that labyrinth of emotional images is a real challenge for the volunteers, but to decode your photomontages is a challenge for the universe and its science.

501. When we incarnate in even realities are we born the same way as in odd realities?

It could be compared to a birth, except that the even reality is greater than the odd one. Why do we say that it compares to a birth? Because the thought-energy is born carrying the image of its last incarnation and thus the essence of all former existences; that is why we say that the even reality is greater. All the past lives are present and therefore the thought-energy will have absolutely all the knowledge of its reality.

To disembody is not the same as to travel by hologram. They are two different ways for the thoughts to transcend grades, planes and dimensions. When the thought-energy disembodies, the material body separates from the astral body. This means that the thought-energy carries with it the astral body where all its characteristics are imprinted. It is with that body that the thought-energy will inhabit the bubble-sphere and continue its existence. The astral body is the essence of thought-energy that has been accumulated during the thousands of lives that human-form had during even and odd realities. It is a continuity of itself. But the astral body is not designed for traveling the universe. Its only function is to have the thought-energy go from grade to grade and only within the predetermined location.

502. If we are within a gigantic brain, are we in an even reality?

We mentioned previously that the even reality elevates and the odd reality evolves. When the energy is evolving, it will incarnate in the encephalic tissue; its work will consist of living in the density and endeavoring to evolve it. When the thought-energy is in the even reality, its reality will be subtle like the brain it will inhabit.

In your present lives, you are incarnated in the encephalic tissue of a gigantic being and are working in its densest part. When you disembody you will belong to its brain and there you will continue working always for the Being One.

Let us go on with our history.

The universe that you know was created by us with the basic formulas of the One Origin. We completed the left side of the encephalic tissue and the brain of the Being One. Why do we say that we completed it? You may be wondering: was it not all recorded in the formulas since the beginning of creation? So, did the left side of the brain not exist? Yes, it did exist, but it was not

sorted out, classified and organized. We did this work. The human-form was created with the intent of placing it within the dense reality and to have it be a censor. We wanted to have the opportunity to descend, get to know, classify and organize. With that we obtained the wellbeing of our Being One. In this way we were able to feel that what we created would benefit all of us. However, we never suspected that the negative energy would create another reality and another One Origin: a negative Being One.

The universe had become divided into two parts and each struggled for supremacy. They were two opposing forces, each desiring fervently to prevail. There was a mental positive One Origin that created and nourished the higher dimensions and another One Origin created by the Perfect Dimension that was nourishing the lower dimensions; one energy worked with alciatic combustion and the other with calorific combustion. Two One Origins had been created – which one would prevail? That would be decided by the dense ones.

The recovered dense ones from the Regular Dimension began to go where they belonged. They filled all the available spaces until the time came when the amount of the recovered ones was so huge that the left side of the encephalic tissue began to tilt and lose its balance. This happened because of the density, volume and weight of the thought-energies. The imbalance caused a disparity between the dense ones and the volunteers. The volunteers were at a disadvantage, for they were less in number, and since they did not have volume or weight, they could not keep up with the encephalic tissue.

The volunteers that were in the brain tried every way possible to balance the two functions. To do so, they infused universal knowledge in every healed thought-energy, speeding up its learning process. Thus, the healed thought-energies went to the right side of the encephalic tissue. Therefore, the encephalic tissue and the brain were nurtured by a single One Origin that was in the brain, which, in turn, was nourished by the universal mind. Thus the human-form of the Regular Dimension was able to go ahead, adjusting to the universal guidelines of formulas and cosmic concepts.

In the Secondary Dimension the process and the work were harder and more burdensome. Since the left side of the brain had become condensed and it tilted more than in the Regular Dimension, the volunteers were not able to easily recover the dense ones so that they could heal themselves. The process was very difficult. The density was greater and to get the thought-energies to understand the knowledge of the universe was very hard and extremely slow work. Currently they have surpassed all adversities and they are working in equilibrium with both sides of the brain. Until today the higher dimensions and the volunteers in the Elementary Dimension continue attempting to bring about balance and often when they think everything is in order, another virus invades the sequence and chaos reigns again. The left side is still tilted in planes 1, 2, and 3 of this dimension.

503. Why was a new One Origin formed?

The higher dimensions knew only One Origin, and through it, everything that existed was created. When they conceptualized and engendered the human-form, the Perfect Dimension had become a creator and parent of the lower reality. The universe had definitely become divided into two realities and into two One Origins that governed the human-form: one belonging to the encephalic tissue and the other to the brain. They started functioning parallel – one negative and the other positive.

The recovered dense ones from the Regular Dimension submitted themselves voluntarily to the One Origin of the universal mind, with much understanding and love. They continued the natural process of progress and transformation in their evolution and elevation. The energies of the Regular Dimension in the density did not show the same fidelity, because the more dense thought-energies were somewhat rebellious and nonconformist. These energies did not easily accept the authority of the volunteers; they wanted to be free and autonomous. They knew that they belonged to density, that is, to the encephalic tissue, and they also knew that they were nourished by their One Origin: the pineal gland in that tissue. Here the two realities faced an energetic collision. The dense ones that were struggling for their independence and freedom confronted the volunteers.

504. How was another One Origin formed, if we know that it is the crystal of the brain that governs the encephalic tissue?

It was really that way in the Regular Dimension, but not in the lower dimensions, especially in the Elementary Dimension. The Perfect Dimension had to reinforce the functioning of the encephalic tissue, endowing it with more activity and autonomy. The dense ones that were in charge of it began to feel more independent and stronger in regard to the right side of the brain. As they began to feel emancipated, free and independent and supposedly with more life experiences, they started gathering together in clans led by some thought-energy that guided and governed them. The thought-energy that called itself leader and guide became the crystal of those energies, and all the knowledge that they acquired no longer came from the universe but from a territorial perception, with scant knowledge, that involved a small circle of followers.

The same thing happened to you. During the time of Lemur, with all the knowledge in their hands, a group rebelled and became independent of the crystal of the volunteer who was guiding and teaching them. So the group members separated and became the high priests. They created their own guidelines and norms that ended up dominating and enslaving the dense ones, who, like sheep, allowed themselves to be led into total dependence.

505. What was the rebellion of the dense ones like?

Since they did not know any other reality and existence, the dense ones began to worship the volunteers as gods, considering them to be creators and superior beings. They obeyed and venerated whatever knowledge came from them. This is where the real problem arose; many dense thought-energies, seeing that they were being totally dominated by other dense ones, began to rebel against the volunteers and to disobey the rules laid down. They demanded their freedom on grounds that they had their own life experiences and that they no longer needed cosmic knowledge. Thus they dominated the other dense ones negatively and became independent from the positive guidance of the volunteers, creating a new One Origin – they themselves. At that moment they became the gods of the other dense ones, thus creating chaos and disorder.

506. In what dimension, plane or level did the rupture take place?

Billions of unthinkable years ago, there was a planet in the Secondary Dimension called Morlem. The human-forms had developed and evolved in knowledge, understanding and love. The humans from that planet were concerned about helping their fellow beings and the many adjacent planets that surrounded them. They all considered themselves brothers, for they were all of the Ayaplano species. They provided feedback and help to one another and shared the knowledge that nurtured them cosmologically. It was on this planet that the rebellion broke out.

Why – you may be asking – did something like this happen? Had they not developed knowledge, understanding and love?

Yes, they had. In spite of maintaining both sides of the brain balanced and notwithstanding that the dense ones accepted the positive governance of the volunteers, there was a time when the imbalance began to sicken them. It happened when they took a physical planetary trip through the deepest densities. They returned contaminated with a virus named ambition.

This group, led by Luzbel, had taken a trip to a denser secondary planet called Satien. That planet was denser than the others, even though it was also part of the Secondary Dimension. The human-forms of the planet were dense and not very developed. They were still in the process of evolution; their knowledge was simple and they were totally taken up with their needs and those of the planet.

When the group of advanced Ayaplianos arrived on Satien, they had to live together with the dense human-forms, and in doing so, they fell sick with ambition, because they were received and worshiped as gods. The demonstrations of veneration, added to the deep-rooted unknown feelings that stirred in them, activated dormant genetic elements. Regardless of the elevation that characterized them, they were not able to transmute those elements, either with understanding or love. The virus of ambition had settled in their brains, and they returned to Morlem hopelessly contaminated. The virus went on controlling their thought-energies and they became sick and enfeebled.

The Ayapliano volunteers, adored and venerated on Planet Satien, returned to their planet Morlem, which functioned under a uniform system of equality and order. They had to adjust once again to a collective and perfect society. Since the virus of ambition had attacked their thought-energies, they refused to consider themselves the same as the others. They wanted to be different because they considered that all the life experiences they had acquired in their interplanetary travels granted them that differentiation.

Luzbel, commander of the stellar forces, was the most affected of them all. He drew together an army of thought-energies and instigated rebellion and disobedience. The volunteers from planet Morlem discharged Luzbel and all his followers and sent them to Planet Satien because the virus had come from there and would have to be healed there. They were left in quarantine until they would be healed through understanding and love. This virus kept spreading to other realities and it affected the denser dimensions that still struggle to free themselves from the terrible sickness of ambition.

507. What happened to Planet Satien?

This planet became the principal base for Luzbel and from there he managed to lead other planets, infecting billions of thought-energies with the virus of ambition. Those infected thought-energies continue proliferating in the Lower Dimensions, right up till the present.

The damage that those infected thought-energies have caused in the universe has been, and is, so deep, that even today the volunteers have to cope with struggling against the sickness that deters the dense ones from progressing in their evolution and elevation.

508. In what way does the virus of ambition deter the dense ones from progressing in their evolution and elevation?

Ambition is a virus that infiltrates the density of thought-energies, restraining dynamic and active thought. This virus tends to diversify thought-energies. This means that the energy is never satisfied with what it has; it always wants more and more and never fills the void of its ambition. It is a retroactive and very harmful virus because it uses absolutely everything along its path or in front of it to achieve its aims. As it advances, this virus develops mutations, and when it seems to have been overcome and eradicated, it emerges so modified that it is often not even recognized. It remains hidden and camouflaged, but after a while it shows its real face.

509. How could this virus be transformed? Could you give us an example?

The virus of ambition virus can camouflage itself perfectly by adapting to its environment. It is also called “the virus of a thousand faces”. It tends to hide its real origin and intention. Ambition often shows up as humility, sincerity, love, sacrifice, goodness, and so on. These thought-energies seem to appear that way; however, inwardly the intentions that impel this thought-energy are different.

For example, someone apparently seems to be doing good, always working for the wellbeing of their kin. The others who see him or her think that the person is wonderful, dedicated, good and self-sacrificing and that because of all those works of love and goodness, the person deserves heaven and sainthood. Let us look at the negative side of this thought-energy. Perhaps what impels this person to acts of self-giving is not love, or sacrifice, or kindness. What activates that person’s thought is the ambition to become very famous, that others will speak well of him or her, or maybe he or she would like to win a Nobelprize, because that would be the only way to be fulfilled.

We come to the conclusion that such deeds are really activated by the virus of ambition or by vanity, pride, a sick-ego and arrogance, so many flaws that we would not even be able count them all. These are the thousand faces of the virus. Luzbel initiated and created the One Origin of the encephalic tissue. He and his followers re-recorded the thought-energies, enclosing them in a totally material existence. They broke away from universal knowledge and did not obey the directions of the volunteers. With their rebellion they instituted a new One Origin, that started with their creator, Luzbel, who introduced the new negative directives that continue proliferating and contaminating the thought-energies of the lower realities.

510. What is Luzbel’s aim in contaminating the thought-energies?

It is the definitive separation of the left side from the right side. Luzbel and his followers want the Lower Realities to be absolutely free. Their highest aspiration is to become creators, like the One Origin. If the One Origin is the creator of mental reality, they want to be creators of material reality.

511. Are there inhabited planets in our universe that are material realities?

Yes there are; they work only with the left side. The encephalic tissue is their maximum expression. They have eliminated the right side from their lives and the volunteers who used to be in their crystals relinquished those realities without ever being able to return.

512. What would be their percentage in comparison with positive realities?

We could say that about 30 percent of the universe and they want to continue advancing. It is an ongoing struggle of good against evil, of positive against negative.

513. I thought that sick negative energy only existed within ourselves, the humans.

Sick negative energy is inside the densities. There are still some planets that are struggling to eradicate what is negative and they will succeed. The biggest problem continues to be in the very dense elementary realities because they are a hotbed of negative thought-energies. With great effort, some of the planets have already overcome the sick negative energies. However, in the realities of quantity, that is, from the third grade down, the sickness always emerges in spite of the great help that they receive from the higher planes and grades that are always on guard for this sickness not to advance or spread.

514. If Planet Satien is within the secondary reality, how can it continue being negative?

Luzbel's kingdom has changed places many times. Currently Planet Satien no longer exists. It exploded from old age and formed new worlds. Your universe continually recycles itself and so do the thought-energies which are now filled with knowledge. The universe has transformed, including the Perfect Dimension. The universe has allowed its creations take on definite forms and to develop, evolve and become elevated.

The same thing happened with Luzbel and his followers. They went on descending from plane to plane because they were expelled from many places. Today they are in the thickest densities of the Elementary Dimension, where they reign in the encephalic tissue of the elementary human-forms. That is where Luzbel has installed his kingdom, and he will rule until humans understand and heal themselves. That is the only way to overcome the virus and its carriers.

515. I always thought that negative was necessary to keep the universe in balance – is this not so?

The negative is necessary to keep the balance of the universe as long as it has not become sick and is adjoined by the positive. In these higher realities, the mind works exclusively with the antimatter positive world and needs the negative to keep balance. This happens because the positive is an energy that manages to sustain itself eternally, for it has an eternal and infinite vibration. This does not happen with the negative from the lower dimensions. This sick-negative-energy is sustained by the thought-energies that nourish it in a negative way, thus giving it life.

So you may ask yourselves: "How is the sick negative-energy able to live only through the encephalic tissue?" It can do so because this energy is sustained by the sick negative-antimatter world which needs to keep on incarnating to continue living. Human-form needs both energies, positive and negative. When both of these energies in the human-universe are equilibrated, will do their work fulfilling what they were created for. The problem arises when the negative energy gets sick or contaminated; this is where the difficulty and the imbalance begin.

516. Are there many planets that live only with matter?

Yes. We have always stated that the Elementary Dimension is the dimension of quantity. There are many planets like Earth that live in matter and for matter. Those planets have the characteristics that the sick-negative-energy seeks so as to proliferate and spread. Even Planet

Earth feeds on much of this type of energy.

517. How have the thought-energies from these planets eliminated the right side from their lives?

The thought-energies that are lodged within the human-forms of those planets work exclusively to evolve, but not to become elevated. These human-forms have actually eliminated the right side from their brain but not from their encephalic tissue. That is, the thought-energies that are lodged all go to the left side because the right side is atrophied. This means that they have no creativity, art, music, ethics, morals, goodness, love, or all that we know that is the positive part of the cosmos. When we say that they work only with the negative part, it does not necessarily mean that they are bad or full of evil. By working only with the left side of the brain they are incomplete beings; their emotions and feelings are based on the life experiences of their material life.

518. Does that mean that they do not have free will?

They do not have free will; they were born like that.

519. Can they activate the right side?

The right side is atrophied, dormant and inactive for lack of universal knowledge.

520. Could we compare it to blind and total ignorance?

Yes, we could. The negative energy does not allow any positive energy to come in. It has blocked the atmosphere of the planet; no knowledge can come in or go out.

521. Do their leaders know the reality of the universe – that there is a positive energy?

These planets are manipulated by negative thought-energies that incite ignorance, darkness and ostracism. You, Planet Earth, also have that kind of manipulation of about 70 % negative and 30% positive. Since Planet Earth is not in total darkness, the positive thought-energy can do its work of diffusing knowledge.

522. How do they block the atmosphere?

They do it by means of panoramic sensors that block all transmission of energetic waves.

523. Do these planets have advanced technologies?

Some have very advanced technologies and they travel only through the universe of the elementary realities up to the third grade. They are not allowed to enter the higher grades or higher planes, for they are automatically repelled, like a virus. They travel through dense realities in order to recruit followers to their cause and beliefs.

524. Have they come to Planet Earth?

They live there and are infiltrated among you. We will take up this subject later on.

525. How did Luzbel survive on Planet Satien?

At that time, the human-form of Planet Satien was developing according to the directives of the universe. The volunteers among them were doing their work with love and dedication. This planet belonged to the Secondary Dimension and to the constellation of the Great and Little Bears. It was surrounded by other planets that, like it, were in a process of evolutionary development. The men and women forms were perfectly adapted to the environment, and evolution proceeded according to the formulas imprinted by the higher realities.

We have to realize that the process of evolution in the universe had advanced and that the volunteers who were among them had already adjusted to the human-form through their many incarnations. The volunteers themselves were part of that evolution. During this progress, other much more advanced planets had developed a technology that enabled them to build space vessels to travel throughout the universe.

One of those planets was Morlem which belonged to the Pleiades. It was one of the first planets to be colonized by the Secondary Dimension where the human-form had developed completely. This planet, together with others, was in charge of supervising the development and evolution of many other more backward and less developed planets. The volunteers from Morlem traveled throughout the cosmos taking all of their knowledge to the thought-energies. One day a group of volunteers led by Luzbel arrived on Planet Satien. They came from Morlem, sent by the planetary confederation. Their mission was to supervise all the planets that were on the same grade of evolution.

It is difficult to describe when or how the beings that came from such an advanced planet began to feel certain changes within themselves. The interchange of thought-energies between them and the dense ones from Satien somehow activated some inner element or maybe overloaded the thought-energy, in a way that they developed within themselves *nimeos* that altered the subtle and elevated consciousness.

The dense ones from Satien that had fallen ill with the virus of ambition, praised, venerated and extolled the knowledge of the volunteers so much that they themselves began to feel special and unique. It was then that something was activated in them that contaminated the crystals. And we use the word *contaminate* because that is what happened. The reflection from the crystals was no longer the same. Thus, the thought-energies that once had been clear began to get blurred, mixed up and, above all, be filled with *nimeos* that were no longer pure.

What had really happened? How did they get contaminated, if they were already used to travelling throughout the cosmos and different realities? In all probability, they did not suffer contamination in Satien but rather at some point during their journeys across the universe and it was only in Satien that they activated the *nimeos* giving rise to their contamination. In other words, they were carriers of the virus without apparently being sick. But then symptoms of the contamination were detected because of a change in their behavior. And their familiarity with the dense ones made things even more complicated. Even though the volunteers tried to avoid those contacts, it was too late; the sickness had spread and many of the volunteers had already fallen victims.

The Cosmic Confederation put Planet Satien into quarantine and did not allow any thought-energy to leave or enter until after detecting the cause of the sickness. Under those conditions, the bubble-spheres of the human-forms from Satien could shelter neither any dense one nor any thought-energy. They would have to recycle themselves with their own thought-energies.

The volunteers that lived in the crystals of those bubble-spheres had to leave and look for shelter in other crystals that had remained healthy.

526. How did they stop the sickness from spreading?

They built internal cities to shelter the healthy human-forms that were found to be free of the virus and to not have suffered contamination. That was when they created the first Internal City of the lower dimensions and at the same time discovered that the virus was unable to penetrate the subsoil layers. Thus they managed to protect themselves from any contamination. All the dense ones who had advanced their healing process on the outside by elevating their thought-energies were admitted to the Internal City for their final cure so that they would then be able to go to a planet of a higher grade to be sheltered.

The Perfect and the Regular Dimension learned important lessons from these experiences. For them, all this was totally new, but certainly would occur over and over again in the cosmos, in every planet or cell that would get sick or be affected by this or any other virus. They also realized that everything in the universe could be healed and nothing was lost: energy could be recycled and used for new creations.

Luzbel and his followers continued to live on Planet Satien. Being this planet contaminated by the virus of ambition, Luzbel was able to exert complete control over it. The sickness was gradually eliminating the right side of their brains, however leaving the left side active and intelligent. Evolution progressed on the planet but elevation became stagnant for not being nourished anymore by the universe.

Evolution went on. Luzbel and his group of volunteers shared with the dense ones all the knowledge they had in their thought-energies and which were still full of wisdom. After all, their reality was Planet Morlem, one of the oldest in the universe and one of the wisest and most elevated of the cosmic federation. The angels had descended straight to hell. Those wise and elevated thought-energies were forced to inhabit the human-forms of Planet Satien that were still backward and devoid of development and evolution.

Luzbel and his group became the new volunteers of the dense-human-forms of Planet Satien, who began to assimilate the knowledge they were given. Thus, they were re-programmed by the new volunteers. Since Luzbel and his group were sick with the virus of ambition, they started to manipulate cosmic knowledge as well as the genes and energy of the thought-energies for their own benefit, thus creating darkness and ostracism. Cosmic knowledge that had been pure and genuine in its origin, was totally controlled and manipulated by the sick thought-energies. It was the creation of a new One Origin, of new information that would nourish the thought-energies of both the dense ones and the new volunteers.

The Perfect and Regular Dimensions, used to observing evolution and elevation develop in parallel, failed to understand this energy-imbalance. It was a whole new expression of the thought-energies. And even an in-depth analysis left them without any clues and consequently unable to handle it. This meant that the virus would have to be either transformed or eliminated.

In the meantime, the human-forms of Planet Satien evolved and developed according to the canons of the universe but did not elevate because they no longer were receiving universal knowledge. This caused the atrophy of the right side of the brain, and the new volunteers went to inhabit only the left side of the brain. The overburden was such that the brain tilted and created a horizontal side. This horizontal side crossed the vertical one and formed an X. This X

has been and will be the issue underlying all mathematical equations that involve all the unknowns and that often not even we can answer.

Luzbel is the creator of the tri-phase equation generated within three sides of the X: knowledge, understanding and love, and one side of the X that is light. It is an axiom of the universe; once it is understood, everything else will be understood.

527. What is everything else?

We can compare the universe to an X because they are the horizontal and vertical realities that crisscross forming mathematical axioms. Every time that X moves within probability, tends to cross the planes and dimensions.

If we say that the realities are even and odd, what happens when the thought-energies are in the even reality? We have always said that once the thought-energies disembodied they are lodged within the bubble-sphere and will continue to exist in some planet of the same reality. What is that existence really like? Here we will have the key and we will understand how the mind really works. The universal mind is imagination that evolves and is elevated. We all are within the imagination, but if we want to understand what imagination effectively means, we have to itemize the word and understand it deeply.

Imagination- the ability to represent something real or unreal in the mind. False appreciation of something that does not exist. The ability to create new ideas or to create new projects. To invent or represent in the mind. To surmise or suppose, based on clues or real facts.

The odd reality lives, exists, develops, feels and thinks because the even reality allows it to do so. Everything begins first in the even reality. If we say that those realities are more advanced, then you all live imaginatively. All experiences happen first within the even reality before they happen in the odd one.

We mean that the odd Planet Earth is a replica of the even Planet Earth, but it is in that even planet that you imagine your continuity. That is why there is divination, premonition, and prophecies. Those who are able to foretell are recalling or looking at inner reality and not outer reality. In the even realities of Planet Earth the volunteers are in charge of imagining the reality of the planet and they are the ones who plan the development and the continuity of thought-energies. We know that you, Planet Earth, work a lot with logic and with fantasy. The guardians and volunteers of the planet are in charge of organizing, classifying and distributing thought-energies that are all entangled and in total confusion. If they did not do that, chaos and extermination would take over. We are going to explain this better.

The universal mind constantly imagines its own reality and imagines it with continuity and correlation. Something similar happens to you when you sleep, dream, and when you wake up you carry on your lives and activities.

The universal mind is very similar. We are your thoughts and so we are the ones that form your dreams; we give you the continuity of your existence. What happens in the universal mind also happens in the layers of the brain that form this mind. Each zone, grade, plane and dimension has its own imagination and adapts it to its own continuity that, in turn, is the continuity of the other brain, and so on infinitely, until reaching the total imagination of the mind. For imagination to work conjointly it has to have a command that prompts and activates the generator of the energetic order.

When the volunteers took over the dense realities, they knew that they had to help the dense thought-energies to create a reality that would allow them to live in those conditions. So they created dreams that would be responsible for planning and expressing a reality that would have to be the same as the bubble-sphere. To do so, the volunteers that lived in the bubble had to imagine concretely a planned and organized existence that had to be the same as the bubble-sphere, that is, the odd-numbered worlds had to be converted to even numbers.

528. How does the even imagination work?

Everything that happens in the reality of the inner bubble-sphere will happen in outer reality. We have to keep in mind that, just as the inner positive reality imagines, the inner negative reality fantasizes. They are always struggling mentally – the dark left side and on the right side – the light.

In principle, you have to understand that you exist as holograms within the odd realities. If we say that the volunteers and the thought-energies are imagination, then you are within an imagination, and so you are virtual reflections of a mind that is imagining you.

If we say that the volunteers and the dense ones live in both parts of the brain, then are they not living in the antimatter world? If you are in the antimatter world, you are living in the imagination.

In the end, what is the conclusion? Is the all imagination? Yes, the all is imagination. So we come to the final conclusion: you are what your imagination... imagines. You will live and exist according to it and if you are what your imagination imagines, then, you can change your lives whenever you desire.

529. So are you saying that Akhenaton, Tutankhamen, Moses, Solomon, Alexander the Great, the Queen of Sheba, Nefertiti, Merlin, Athotis, Marco Polo, etc., are beings that imagined their existences?

The existence of those beings was first imagined by the discarnate volunteers and the elevated dense ones who work together within the bubble-sphere, that is, in the even reality, so that it can be concretely expressed in the odd reality. Every existence and life is first planned in the even reality and then expressed in the odd reality.

If your history had special positive and negative beings, each one's life was first planned in the imagination or the fantasy that corresponds to his or her realities, then to be manifested in a denser reality.

We have to understand that the planning of imagined lives has a mathematical continuity of accuracy and perfection, something that does not happen with fantasy. Nothing is imagined if it is not totally inserted in the universal laws. That is, in order for a Moses to exist, a Nefertiti or a Merlin, those thought-energies have had to acquire the necessary maturity and energetic work life after life. Nothing comes from nothing.

530. Are the negative energies also imagined?

They are not imagined; their lives are built with fantasy and so they do not last. They are diluted, recycled and sent to new creations.

The problem with the sick negative energies is that they are innumerable so when one of them is recycled, thousands more show up. They are like a swarm of bees or like the locusts that arrive and demolish everything along their path. Life that is built on fantasy never gets to be materialized because the thought-energies are confused, entangled and dark.

531. How do the volunteers and the dense ones project the lives of the thought-energies from the odd realities?

The volunteers and the elevated dense ones are in charge of planning the history of each planet. You are holographic projections of those histories, that is why we have always repeated through this knowledge that the existence within the bubble-sphere is the true existence and that you are a reflection of it, on your way to becoming real.

The volunteers are responsible for constructing the lives of the dense and dormant thought-energies. Every time they disembodied from the odd realities, volunteers receive them and rebuild them. This means that they rearrange their crystals correctly. Once this is done, they send them back to the odd realities to continue living and learning. As for the dense and elevated thought-energies, they themselves, together with the volunteers, will build their own lives and write the history of their planet.

When the thought-energies of a planet develop in accordance with the guidelines of the universe, the work consists of making the imagination and the project exactly alike and perfectly joined, with the creative angles interlocking perfectly. When this occurs, the even and odd numbers have become unified, forming a symbiosis of existence. Antimatter with matter will have also become unified, thus the universal mind has become concretized because it is a reality, and when it is a reality, the universal mind eternalizes it. It becomes an eternal formula and thus the Being One ensures his own existence and eternity.

532. Why do the negative thought-energies combat the positive?

Fantasy does not want to die; it feeds on the chaos of inexistence and unreality. We know that energy is needed to maintain balance in the universe, but we cannot allow it to encroach on the Being One.

533. Why can positive energy encroach on the Being One?

It is true that positive energy can invade the Being One, but not totally. There must always be negative energy to maintain the balance.

If the Being One assimilates only negative energy, it will become a totally material being, and if it is taken over only by positive energy, it will become a totally mental and spiritual being. Both extremes are erroneous; the ideal is balance.

534. What is reality X?

We have stated that it is probability.

Probability: that which appears to be real or is based on a valid reason. What is based on or is supported by the mathematical calculation of probabilities. Possibility that something may happen or come about. Relationship between the number of times something happens successfully and the number of times it could happen. Moral doctrine which affirms that knowledge of things can only be approximated.

We said that Luzbel is the creator of reality X because when he stopped working with the right side of the brain and used only the left side, the dense universe ceased to be certainty to

become uncertainty. Until they reach this probability, the higher realities work in perfect control of thought-energies whose behavior adjusted perfectly to the field of mathematical equation. Abstract ideas were understood, fulfilled and implemented with absolute precision.

When Luzbel reprogrammed the thought-energies so that they would only work with the left side, he broke the rules of mathematics. Thus a new mentality emerged which replaced the former one. By substituting the mathematical numeration, he created probability which is based on logic. If the probability is supported by the logic of cause and effect we say that this logic has a route that will lead to a positive straight line. If the probability is based on logic without reason and common sense, the probability will be off track and will get lost in negative digressions and uncertainties. In the universe this is called reality X, which means not knowing what will happen. This is the reality of the lower dimensions.

When the perfect dimensions indicated to the volunteers that they should switch off the cosmic memory and mathematical continuity in the dense ones, they unwittingly made a mistake; they did not calculate the probability because they did not know it. They presumed that everything would be under control and perfectly governed, as the One Origin did with them. Never for a moment did they suspect that by creating a new One Origin they would be doing so in their own image and likeness and not in the image of the creator of all things and of all times.

In reality, we must understand that the human-form is not perfect; it did not come from an eternal and perfect formula. It was generated by a formula made in the laboratory; therefore the higher dimensions that were sick with intellectuality and omnipotence, found themselves face to face with their own image. They themselves were that human-form.

535. How do the vertical and horizontal realities intersect?

For the thought-energies to intersect, they have to glide between the right side and left side of the brain. These energies are already evolved and elevated, and the ideas are picked up and carried out when the two realities intersect.

The X is always in motion, gauging different angles. In each angle the probability is at its minimal or maximal expression. The X movement, the opening of its angles, the frequency of its vibration, will make all the difference. When the thought-energy is not evolved or elevated, the X is closed. This means that the brain of the being works only horizontally, in a level line. When beings awake, they activate the vertical line and form an X. As they continue advancing, the sign traces other lines until it forms the tip of the diamond. By closing the eight points an octagon will be formed, thus they will reach knowledge, understanding and love. All the lines converge to a single point (the pineal gland); this is why we say that the phenomenon occurs when the thought-energies are evolved and elevated.

The two points of the diamond will be formed at the same time. The elevation point will be formed in pineal gland, and the evolution point will be formed in the pituitary gland. It will depend on whether the diamond is in its even or odd existence. If it is in its even existence, it will be interlocked vertically in a horizontal reality. In this way, the thought-energies will be able to exist in two realities at once. The understanding of the universe is symbiotic; to understand it you have to expand your mind and encompass a cosmic concept so that you can better understand what we want to convey to you.

There is no space in the universe; everything is hermetically sealed. The all rotates, intertwines, links, merges, nourishes and nurtures itself and interlocks as if it were a mechanism in movement.

All the parts function simultaneously, and each one does its work. Every time a vertical diamond rotates, a horizontal one interlocks and forms another angle. Each angle has a meaning so the

angles move at incredible speeds through the creator desire of the mind. This is how the universal brain works and also how the crystals go on interlocking, producing vibration, rhythm, sound, density, clarity, color, desire, and everything that a brain represents.

Everything began with the X, and based on it, the all took shape. The X is the mind embodied in humans.

536. What happens when the thought-energies live only on a horizontal reality?

Owing to the absence of the element X, the probability factor is transformed into uncertainty. The thought-energy crystals are distorted and sick, and thus cannot interlock their angles properly. Consequently they tend to experience energy drainage, that is, loss of energetic vitality. The crystals are not used by the brain; they drift without any consistency and get lost in the emptiness of continuity.

537. What does loss of energetic vitality mean?

When thought-energies have continuity, stability, and probability of cause and effect, we can say that these energies will develop in accordance with the creative desire and will follow their route. Their work will be specifically directed to that aim. The thought-energies will be distributed evenly on both the left and the right sides.

When thought-energies do not find a suitable way because they are wandering without cause and effect, the right side of the brain does not accept them and the left side repels them. They are not recorded with the creator desire of the mind. These thought-energies drift without being able to stabilize. They tend to slip away because behind them come other thought-energies, which do have a purpose for their life and work.

The encephalic tissue and brain have a specific volume and that volume is determined by the capacity of each respective encephalic tissue and brain.

538. Does it have anything to do with intelligence?

It has nothing to do with intelligence. It relates to sensitive and cognitive capacities that the being accumulated life after life. It could be compared to the memory capacity of your computers which is determined by the number of entrances that are connected to the overall system. Some computers have two entrances, some have four, and so on. The same happens with the encephalic tissue and the brain; the more vibratory capacity in the brain, the more agility and speed of knowledge and understanding the being will have. While some work only with weight, others will work with volume, and still others with circumference and depth. This means that they all have different memories RAM (Random Access Memory).

539. What are the energy inputs and outputs of the encephalic tissue and the brain?

The human-form disseminated in the universe has the same characteristics that identify it as a species. We know from previous explanations that it has the inputs and outputs that are called energetic centers, which determine the energetic nutrition that the being mixes with its cerebral zones.

When we talk about energy leakage, we are not referring to the centers; we are referring to the energetic fissures in the gravitational field. They are like wounds that are formed in the ethereal body of the left side of the brain. When these wounds are open they tend to get infected, that is, the elemental energy will feed on these wounds. They are like worms that feed on energy leakage.

Elemental energies

Elemental: simple, uncomplicated, basic, primary, fundamental. Foundation or base for something.

Element: physical or chemical principle which is part of the composition of bodies. Substance formed by atoms having the same number of protons in the nucleus, regardless of the number of neutrons. Environment in which a living being develops and inhabits. Forces of nature capable of altering atmospheric or climatic conditions.

The brain of the human-form is always recycling thought-energies that drift and are recycled, absorbed, emanated and attracted. It is a machine for the absorption and emanation of thought-energies. When it was created it was simple and almost mechanical. Today it is very sophisticated and highly developed. During the process of evolution, both the encephalic tissue and the brain link millions of circuits together, forming strands of communication that spread universally, creating both useful and useless thought-energies. Useless thought-energies lack the X factor.

When we refer to X, we can compare it to a gene; that is, certain energies lack the gene X. So they are deficient energies that, on many planes of the universe, have already been eradicated from their brains and from their planets. These energies travel throughout the realities and are lodged in those brains or planets that can nourish them. When we speak of these energies, we must know that there are elemental energies and sick elemental energies.

Elemental energies are thought-energies that swarm throughout the universe and are considered useless thoughts because they emanated from incipient brains. These energies do no harm to the universe, but they do cause discomfort because they take up space that could often be occupied by useful energy. Since this type of energy does not have the probability X, it becomes a heavy load for the brain. They are energies of uncertainty and so they require greater effort from the brain. They produce confusing and problematic thoughts. They do not help the brain to function well, on the contrary, they obstruct its functioning and, in the long run, they become cysts in the circuits, which begin to rust and deteriorate.

Sick elemental energies: These thought-energies, unlike the above ones, are extremely harmful and damaging to the brain system because they lack the X factor. They are useless, and worst of all, they are considered viruses. When this type of energy enters the brain, it does so with the aim of destabilizing the source of information in the brain.

It is an artificial virus fed by the negative human-form that works with the left side of the brain. It was created by Luzbel to maintain control of the lower dimensions. These energies work in the following way.

When the brain is experiencing instability, fragility, sadness and anguish, lack of knowledge, understanding and love, despair, negativity, evil and so on, we know that thought-energies in these conditions tend to descend through the pituitary gland, and we also know that these energies will corrode the systems they enter. Since the brain is sick, they will rupture the ethereal body, beginning with the brain. The zones will be exposed and open due to the wounds, and hence the sick elementary energies, the viruses, will enter. As they do so they will begin to feed on all thought-energy along their path.

540. Do you mean that they feed on the antimatter realities of that brain?

Yes, they take possession of the encephalic tissue and the left brain. We will not even mention

the right brain because it is inactive in such a being. Possession consists of destabilizing all the logic of the brain; confusion will dominate this reality, both even and odd reality. The sick brain will work only with sick elemental-energies; it will not be able to understand what is happening.

541. How could we recognize these sick beings? What are their main characteristics?

They are thought-energies with a brain that works with the minimum voltage and whose zones are outcast, corroded and rusted. If we say that these viruses are elementals, then the beings are also in an elemental state; their behavior will be like that of an animal of instinct and sensation, with basic or elementary needs. They will steal and kill and survive just to keep on living.

542. What form do these viruses have?

We can compare them to a swarm of wasps or locusts that demolish everything along their path. These energies never move around alone; they always move and attack in swarms.

When beings of a planet elevate their thoughts, they eradicate the elemental energies forever, allowing elevated thoughts to enter their brains and activating the right side. Thus the ethereal body will never rupture again by allowing these energies to get in. We know that what happens to the brain of a being also happens to the planet, a constellation or the universe.

543. How did Luzbel create that virus?

Let us go back to the Planet Satien and see how it began and how the elementary energies got sick. We know that Luzbel and those carriers of the sickness of ambition were separated from Planet Morlem and quarantined on Planet Satien. The idea of the scientists of Morlem was to research and discover how a sickness of that nature could have started and been activated in such elevated beings. We also know that Luzbel and his group were volunteers who had been trapped in human-form ever since the beginning of creation.

Morlem belongs to the Pleiades; it was one of the first planets to be inhabited by the human-form. The Pleiades consist of a group of several planets, all of them inhabited. They are Ayapliano, and according to the configuration of their planets, they are beings of medium height, slender, with slanted eyes, small mouth and nose, bronze skin, without hair, with long arms and hands. They are very wise and are technologically advanced beings. Together with Orion, Alpha Centauri, Andromeda, Sirius, Virgo, Libra, and the Baltic and Nimboca constellations, they are responsible for the Elementary Dimension; together with the other planets they govern the southern part of the universe where you are.

The beings of Morlem have already colonized many planets, and are currently spread throughout all dimensions of the lower reality, including your system. They are on one of the moons of Jupiter and inhabit the alciatic and calorific universe. We can say that their Ayapliano species is the one we will see most of all in the lower reality. Planet Morlem has currently reached its maximum expression of evolution and elevation and its species retains the original characteristics of the Ayapliano species. We say that it retained its origins because many species from other planets, even though they are Ayaplianos, have become transformed and have taken on characteristics adapted to the planet where they developed.

Satien. This planet belonged to the Secondary Dimension. It was used to develop the human-form right from the first experiences. The human-form was implanted and with the help of more advanced and elevated planets, the human-form evolved and developed. It adapted to the

environment and in the course of its evolution gradually lost its own characteristics and transformed its elements until it became totally adapted to its surroundings and reality. In spite of its energetic transformation, the human-form of Planet Satien always kept its basic features but its energetic elements changed. Today it is a reptilian species with scaly skin, slanted greenish eyes, webbed fingers and toes, cold blood, and so on. As this species went on evolving, the scientists from Morlem also sent it to other planets of the secondary systems and in all of them the species is strong and well built.

When Luzbel and the group of volunteers arrived on Planet Satien, they found it organized and orderly but not very evolved. The knowledge that Morlem transmitted to beings of the planet was in line with their development, added to the knowledge of the volunteers who had remained trapped there.

When Luzbel and his group arrived on Satien they sensed an enormous difference in evolution and elevation between them and the beings of the planet. This great distance between them made the dense ones begin to venerate and adore them as gods, even though they had never had any such intention upon arriving on the planet. This exaggerated reverence toward them activated a dormant element in Luzbel and his group, and once this element was aroused, they were never the same again.

Because of what happened and the changes that had come about in Luzbel and his group of volunteers, planet Morlem considered them to be sick. Luzbel and his group could not return to their planet. Unfortunately they were contaminated and instead of correcting the deviation that was attacking them, they made it worse because they let the disease take hold of them. They allowed themselves to be overpowered by it. Many of them liked it because by being revered and adored by the dense ones they became their gods and enslaved the reptilian species, which started working for them under rules and decrees that had never existed before.

These gods procreated with dense women and their offspring were born with the virus in their genes, which was spread around the entire planet for endless generations; they could never eradicate it. The virus was embedded in the depths of the brain and the encephalic tissue. Planet Satien was totally sick, malnourished and alone. The other planets shunned it for fear of contamination. Throughout the universe the planet was considered to be a very sick and contagious cell.

Luzbel and his group were obliged to incarnate in the reptilian species and they had to adapt themselves to backwardness and lack of evolution. They dropped low on the rank of evolution and elevation and so they felt abandoned by the planet of their origins. They did not understand such an attitude and disclaimed everything that came from Morlem and from their Ayaplano species.

544. Why did Morlem not do anything for them?

Morlem did everything possible to help them, but they did not accept the aid. They never wanted help because they liked their way of living. They were adored and venerated by a planet. Let us not forget that they were sick with ambition, and ambition can only be overcome with renunciation.

545. Why do the beings of Satien have a reptilian form?

Satien was a planet that was in a constellation of the Secondary Dimension. Now you know it as Ursa Major or the Great Bear, but its name used to be Orfa Mauri. This constellation was formed from the unification of many planets that were clustered near the Pleiades and Orion, so

it was easy for the Ayaplianos to visit and monitor the human-forms that had been implanted in several of those planets and observe the development of each one.

The cluster of planets was located within gaseous clouds that released electromagnetic ionized substances that altered the atmosphere. Those substances also produced ionization in the subsoil of some planets and altered some nutrients in the food, thereby causing cellular and genetic transformation in the human-forms. That was the main cause of the genetic alteration; they became reptilian-Ayaplianos. Unfortunately the molecular change altered the Ayaplian essence and when they got sick with the virus of ambition, the thought-energies also became distorted.

The human-form of the regular reality had developed in perfect harmony and evolution; it had never had the slightest alteration in its genome. To see how the human-form of Planet Satien had become another species was a shock to them but it was also a great lesson that opened their minds to new experiences of their condition as humans.

Orion, Alpha Centauri, Virgo, Libra, Andromeda, the Pleiades and others had to protect themselves against the virus of ambition. They closed the magnetic field of Planet Satien and thus shut off any thought-energy that could contaminate the all. The reptilian form became perfectly adapted to its environment; it grew in intelligence and acquired skills that other planets had not developed.

Even today the reptilian species has a great capacity for genetic adaptation. This means that their bodies can descend to extraordinary levels of density. Nothing is a challenge for them; their bodies are prepared to descend or to arise. Their molecular structures do not alter and they can relocate to other realities.

Although Planet Satien was closed by the magnetic field, through studies and extensive research led by Luzbel, they managed to leave the planet. However, they could never ascend but only descend; and because of this they began to colonize and conquer nearby planets that were in lower conditions. The higher realities were confronted with a new force that prevented them from continuing their study and research of the lower reality.

Luzbel and Planet Satien became the owners and rulers of the lower realities. The higher realities were obliged to back out and give up part of the Secondary Dimension and all of the lower, creativity, and Elementary Dimensions. The virus had taken over these realities and Luzbel proclaimed himself god and creator of the dense ones.

Today, the Secondary Dimension and part of the Elementary Dimension have been healed of the virus of ambition. The Higher Dimensions have been able to rescue and save them, which has not yet happened with the lower levels of the other dimensions because the virus is totally enrooted, hardened and encysted.

546. What was the distortion of the reptilians?

Not all the reptilian species is distorted. Many of the planets, inhabited by them, that belong to the Ursa Major or Great Bear, are developed and elevated. Even though they had been contaminated, they saved themselves because they understood their dilemma and did everything possible to get out of it. They struggled with all their might and relinquished ambition; thus they broke away from all the sorcery and fantasy in which they were immersed.

547. Why do you call it a virus?

For us, everything that produces oxidation, distortion, annihilation and density is a virus. They are thought-energies that tend to ravage everything along their way.

548. How did the reptilians manage to escape from Planet Satien?

The higher dimensions had built a magnetic field around Planet Satien for the sole purpose of preventing energy leakage from sick thought-energies. They also wanted to prevent the disease from spreading so they placed large solar mirrors in the atmosphere of the planet that reflected the light. Since the sick energies could not see the light, they automatically returned to incarnate on the same planet over and over again; they were unable to get out of a vicious circle. But through in-depth studies Luzbel and his followers found that, by creating themselves as triangular holograms for their rounded crystals, they were able to leave the planet. This enabled them to get through the triangular crystals in the ethereal reality. They succeeded and escaped to other planets, contaminating everything along their path.

While these things were going on, other reptilians that still retained their thought-energies sharp, clear and subtle, were saved by the confederation and taken to different planets that gave them shelter. These reptilians had been able to keep themselves in those conditions because they had developed their species at the poles and on the high places of the planet which had not been much affected by the virus contamination and the consequent distortion.

549. What were those solar mirrors like?

Around the planet, the higher dimensions placed billions of crystals that reflected one another. These crystals were like small triangular mirrors that interlocked and thus reflected their own images that they picked up from the planet. The images were repeated billions of times, so that the thought-energy that was disembodied got mixed up with the millions of images and in the middle of that confusion, always embodied on the same planet and in the same continuity. The mirror-crystals that were placed around the planet were called *ether*. It was a transparent and *subtle* energy, like a web that did not let any thought-energy through. The inhabitants of Satien could not leave; they were prisoners in their own reality of existence.

550. How did Luzbel and his group create themselves as triangular holograms?

Planet Morlem was, is, and will be a very advanced and extremely elevated planet. Today it belongs to the Regular Dimension and to the Interstellar Confederation of Wisdom of the twenty-four elders, that is, the White Brotherhood.

At that time, Morlem had already attained an elevated level of energy. The crystals of its thought-energies were defined and unified in a circle of wisdom and had become rounded. However, they had formed the triangular ether to prevent the rounded thought-energies of Luzbel and his followers from leaving Satien. Yet, as already mentioned Luzbel created artificial holograms with triangular thought-energies and in this way got through the web. The higher dimensions immediately took measures and placed around the rest of the inhabitants of Satien an individual ethereal web that kept each one energetically controlled. They would not be able to break free unless they discovered the formula that would relieve them from that control.

551. Do you mean that what we call our ethereal body was placed around each of us for control?

That is right. We made ether so that the thought-energies would remain confined and not pollute the all. Over time, ether has become part of the energy; it has taken on the characteristics of evolutionary thought. The mirrors reflect exactly what the image represents.

We did not mean permanent confinement when we placed the ethereal web, but rather create the means to protect ourselves and the universe from the immediate and real danger of further contamination. By placing the ethereal web individually around each of the inhabitants of Satien we prevented the virus from spreading, for the thought-energies would get caught in that web, return and incarnate again on the same planet.

We also noticed that, while trapped in this vicious circle, they would not be healed since they contaminated themselves by returning over and over again. But if the sickness annulled the right side of the brain and activated only the left side, how could we possibly give them a chance to recover?

Nevertheless, after Luzbel created the triangular holograms and escaped from the planet, he was giving the higher dimensions the key of what later would be called *elevation*. That was how the dimensions were able to grant the inhabitants of Satien a way to heal themselves, and to achieve it through merit and individual work that would enable the thought to be molded triangularly. In this way they would be able to go through the web and be embodied on other higher and more evolved planes.

The formula to mold the thought-energy was copied down and sealed by the higher dimensions. It consisted of a unification of three dimensional planes. These planes would have to become unified to be able to form positive thought and thus go through the ether and become free from that reality.

So, by forming triangular thought, the thought-energies of Satien hoped to heal themselves and leave. Many energies were healed through effort, dedication, perseverance, discipline, knowledge, understanding, and above all love. They understood that:

- By renouncing ambition they were overcoming the first level: matter.
- By renouncing the pleasures of the senses they were overcoming the second level: the psyche.
- By renouncing the structural systems they were overcoming the third level: the conventional mind.

This would be the only for them to be released from the confinement they themselves had built.

552. How could Luzbel form the triangular holograms if he did not overcome the three planes?

Luzbel deceived the three planes. He changed the crystals of thought and created a hologram that permitted the exit. The virus escaped and spread to the lower realities. Today these realities are still sick and, most of all, do not have the knowledge to overcome the sickness.

When Luzbel took possession of the lower realities, the first thing he did was to create a new inverted knowledge in order to enslave all the planets that were under his rule. This way he has kept them ignorant, slaves of their pleasures, rigid, dominated by power and disgrace, servile and blind. Thus Luzbel continues his lead struggling not to perish. His reign has become more

sophisticated, and now his dominion encompasses unsuspected plans of manipulating governments, religion, philosophies, knowledge, teachings... The lower realities are completely subjugated and submissive to a system of control that benefits power and ambition.

The control is so strong that even the food available is deliberately low in magnesium and other minerals and nutrients the brain needs to activate the corresponding *nimeos* for the thought-energies to awake to elevation.

The minds of the dense realities are constantly recorded and rerecorded through insidious and misleading propaganda, causing powerful influence on how beings think and decide. Manipulation is collective and generalized.

553. What happens when a being awakes and no longer wants to be manipulated?

The negative forces struggle not to allow the being to leave the negative collective consciousness as the loss of sick negative thoughts would weaken their negativity. Therefore the struggle to increase their strength never ends; their realities are quantitative and that is what keeps them alive as a collective.

When a thought-energy throws off the yoke of the virus, it turns an individual consciousness, with its own strength and unites with other individual forces that protect and help it. Since it cannot find these forces in its environment, it has to seek them outside the context of its reality, that is, on other planes. The free thoughts are preparing to enter the Internal City, then exit through the poles to be able to incarnate on another plane that will give them all the opportunities to continue advancing.

It is very difficult for the collective thoughts to free themselves from the heavy burden of slavery because their consciousness is collective and what one feels, they all feel. To break up the structures requires strength, courage, an open mind, clear understanding, a great deal of balance and elevated knowledge that further broad vision. Above all, it requires breaking away from rigid schemes and norms that prevent beings from having greater freedom of cognitive expression. This is why we say that, while not impossible, it is difficult to accomplish.

The higher dimensions protected the entire universe placing different ether on each plane and dimension. They made the ether from mathematical formulas and increasingly complicated angles so that the virus of ambition could not contaminate the all. They also did that with the intent that if any thought-energy were healed, it had to be by its own efforts. This way, they would be fully assured that the disease would not spread. Luzbel and his followers had infected a small part of the all, insignificant enough to cause major damage because the higher dimensions had blocked them in time.

The day came when Planet Satien reached old age and exploded scattering billions of fragments throughout the vastness of the universe. When that happened, the higher dimensions comprehended that the tumorous cell of Planet Satien was branching out. To keep the sickness from gaining momentum they marked each fragment with a mathematical number.

Evolution went on and the offspring-fragments of Satien appeared in this universe. You, Planet Earth, are one of the offspring of Satien and you bear the germ of the virus of ambition. You inherited it from your parents and will bequeath it to your children from generation to generation. You call this virus original sin. The fragments became planets which clustered and formed systems. Thus evolution continued. The higher dimensions have totally controlled the virus of ambition and it will never be able to advance or spread. That is Luzbel's great challenge;

nevertheless, he will go on living as long as there are sick thought-energies to nourish and shelter him in their systems.

We can say, in general, that part of the universal body of the Being One, its subconscious, is infected and we are working to eradicate the virus once and for all from our dimensions. We will achieve this and when that time comes we will all go to higher vibrations. We, the Perfect Dimension, seeing the development of our children and the process and extent of all this reality, realized that through our offspring we could expand and deepen the knowledge in the mental reality.

But while the higher dimensions saw themselves reflected in their own selves, they realized they were not perfect, and if the One Origin had named them that, it was because it really did not know. For the first time they felt that something was missing, notwithstanding all their knowledge and understanding. They felt an inner need that no knowledge or understanding could satisfy. They observed, analyzed, studied all the reality they had created and saw themselves reflected in each one of their offspring that expanded in the immense creation. They watched, puzzled, how each one of their thoughts was expressed, how their poor thought-children who did not have the resources that they had, came out unscathed from any problem or difficulty they faced.

They then discovered the meaning of strength, willpower, perseverance, courage, tenacity, faith, belief and struggle. They themselves did not have these qualities; they had never struggled. They did not know anything about strength, courage or will. The creator had given them everything; they had everything and they were everything. Only then did they realize that, in spite of having created their offspring and that these were themselves, they were very far away from their reality; they felt remote from their own thoughts.

Believing that they were perfect had turned them away from the true knowledge and from their own fulfillment. Then they understood that they themselves had generated the virus of ambition because believing themselves to be perfect and untouchable had nurtured a feeling very similar to that virus. The virus had become a process that transformed it into what it is now and will continue transforming itself into what it will be. Before ambition there was need, and before need, expression was generated. This was based on imagination. After imagination, perception was created and reality came from perception, and from this reality ...Infinity.

554. How then could you blame Luzbel for initiating this virus?

Without knowing it, the Higher Dimensions had it inside of them. The One Origin had passed it on to them and they themselves were supposed to eradicate it. The thought-energies were to make the Being One understand that it had bequeathed a virus and thus condemned the lower dimensions to bearing it.

Our work with the lower realities is to eradicate the virus by nourishing them with much knowledge, understanding and universal love. When we knew about strength, will and perseverance, we understood that without you, we would not be what we are today and that you, the lower worlds, are also teachers and our dear brothers. You have taught us the depths of our own selves. You are the warriors of light and although we are your elder brothers, we have learned to accept with humility to be taught by you.

Beloved children, the struggle is terrible, we know that, but we ask you not give up. Keep on and you will succeed. You are our brothers; we will never abandon you. We have always been with you, even though you have often lost your faith or become tired of struggling. Do not abandon what is rightfully yours: the universe. You have every right to return to the one who gave life and eternity.

We are the knowledge and understanding, but you were the ones who taught us to love. We are called the dimension of love because you are our great teachers. In the end we ourselves learned through our own experiences the meaning and depth of what was lived and experienced, and we call all of this **love**.

Continuing the history

The human-form continued evolving and acquiring characteristics of its own development, and the species formed and strengthened their thought-energies. Nowadays we can say that the lower dimensions have all the skills, knowledge and tools to continue collective interaction and intergalactic relationships. The lower dimensions organized their commands and hierarchies, and the older planets govern those realities, concerned with everything related to evolution and elevation.

The dense ones continue being recovered and the volunteers have adapted so well to the human-form that the majority feel part of this entire process. Cosmic memory is slowly being recovered and those who have already waked this memory will be in charge of helping the others in a cosmic chain where the more advanced constellations take charge of the young planets and of the thought-energies that awake. The human-forms still continue their process of evolution. In the universe we can find some who are highly developed and others who have just begun, where the human-form is in its elementary state.

The regular worlds

The higher dimensions discovered their subconscious. They contacted it and saw themselves as they really were. They realized that they were not as perfect as they had believed and they also discovered that perfection does not exist. Love was created as an outcome of knowledge and understanding, through a process of dimensional depth. The higher dimensions nourished themselves with a vast experience in the psychological analysis of their existences. When they looked straight at themselves, their images were reflected in billions of mirrors scattered in each one of the human-forms. Thus they were able to experience the entire existence of the all in themselves.

The Word was made human.

The higher dimensions merged with the lower ones and became a single reality. The One Origin fulfilled what it had always wanted: to experiment through its forms and live through creation. The plan was finished, and the Being One was fulfilling itself. The higher realities understood the truth of their existence and accepted it. They were able to do so because, knowing about their faults and imperfections, they learned to have compassion. Love is based on this quality.

555. How did the higher realities merge with the lower ones?

Love was the element that united these two realities. We also call love neutron or quark. It is the mediator between evolution and elevation, negative and positive, higher and lower, left and right, and everything that implies opposition in the universe. The higher dimensions were disseminated in the billions of mirror-crystals and permeated the universe with wisdom and love, thus enabling the human-form to return to its own One Origin.

- The sign had become: X
- The form had also become: X
- Color had become unified: 1
- Vibration had become unified: 9

- Rhythm had been recorded: 8
- Frequency had become stabilized: 7
- Probability had increased: XXX
- The expression had become organized: $X + X + 1 + 9 + 8 + 7 + X + X + X = 75$
 $7 + 5 = 12; 1 + 2 = 3$

3 and multiples of 3 are universal reality.

The first human-forms developed in the Regular Reality and today they are responsible for the hemispheres of the universe. They are the head of all reality, and from their planets they command the Intergalactic Confederation in which all the planets, constellations and systems operate interactively, nurturing one another for universal progress.

Humans of the Regular Reality remained unscathed and fully Ayapliano. These humans did not alter their energy. We can say that they retained their purity and origins, unlike the other dimensions, where the energy followed other paths and in doing so, transformed the origin of humans, that is, the purpose of their creation.

The first volunteers to remain trapped were those of the Regular Reality. When that happened, they became responsible for the lower realities. The volunteers have kept on researching and have never stopped communicating the progress to the higher realities because in this way the wisdom of the universe has been able to make parts interlock, keeping it unharmed and eternal. The universe of the lower reality is perfectly organized and the regular realities are in charge of it. To keep it that way, they created the hierarchies of governance and responsibility.

First we have to know that the universe is divided into four hemispheres: north, south, east and west. The meridian and transverse angles will differentiate them. Each hemisphere has features that set it apart and each of them will also have several ways to interchange information and tasks. We know that the universe is divided into dimensions, but these dimensions are not grouped; each one belongs to a different hemisphere. This can be compared to the spiral ascent in the DNA chain. These hemispheres are located as follows.

Northern Hemisphere

Three major constellations form this hemisphere: Querihel, Setihel and Tanihel. These three constellations are the oldest in universal reality. You, Planet Earth, cannot see them or locate them since they are out of terrestrial reach, that is, on the opposite side, since the universe is round. Each hemisphere contains within itself the grades, planes and dimensions that form it. The planets, systems and constellations have a movement of rotation and translation; that is why they are always forming cosmic alignments. In this way they can bring about the equinoctial interactions that the universal mind needs in order to function well.

Southern Hemisphere

Four major constellations make up this hemisphere: Orion, Alpha Centauri, Andromeda and Centurion. As in the Northern Hemisphere, it encompasses all grades, planes and dimensions.

Eastern Hemisphere

This hemisphere also consists of four constellations: Virgo, Celea, Calixtus and Antropea. You have already located some of these constellations. Their distance from the Southern Hemisphere makes it impossible to study and situate them.

Western Hemisphere

Four constellations make up this hemisphere: Libra, Nideaes, Serian, Milayes.

These four hemispheres form the circle of our universe. When we say *our universe*, we mean that they are all at a 180 degree angle, therefore are on the same longitude and the same latitude. This means that the interaction is uniform and continuous.

There are billions of angles in the universe therefore, there are billions of universes. It is indescribable. The universal genetic code is infinite and by that code the universes do their work of organization, existence and continuity. Each hemisphere is divided by a cosmic hierarchy of interaction whose function is the same as that of the Being One. They will all carry out their corresponding task to keep the Being One updated, alive and healthy.

Let us look at the hierarchy of the Southern Hemisphere where you belong.

When the human-form was created, the four hemispheres received the implantation of the human-forms and developed them according to the environment in which they were situated. That was how the universal species developed. The human-form was only implanted in regular worlds of these hemispheres because subsequently they themselves would be in charge of colonizing the other worlds.

The story of Adam and Eve that you know did not take place on Planet Earth but in the regular realities. The implantation consisted of creating a human-form from the very outset of its creation. Billions of years of evolutionary time went by before the humans could colonize other realities, and when they did, they were always awaiting the conclusion of those colonies and their development; they never ceased to be concerned about them because they had all they needed for their development and process.

The first planets that received human-forms were the four above-mentioned constellations and the planets that sheltered them were:

- *Orion*: Celestial Star, Cyron, Cirades, Malatea, Tryon, the constellation of the Triades, Centropeya, Triana, Obelar.
- *Alpha Centauri*: Kryon, The Pleiades (Morlem), the constellation of Gemini, Southern Cross.
- *Andromeda*: Indigus, Iriastos, Celea, Justos.
- *Centurion*: Taurus, Aries, Anatea.

These planets were the first to receive the human-forms which developed fully. They are very ancient planets that have already exploded from old age and are currently living in alciatic combustion. The universe is constantly recycled and transforms its basic forms. There is not the slightest likeness of the human as it had been formed. There have been transformations, adjustments and unifications that have turned it into a more solid and structured universe.

Currently, the above mentioned planets are in alciatic combustion. They continue commanding and governing the universe, since they are the head of the universe. In the process of evolution and elevation the regular worlds reached their highest expression of wisdom and thus were able to colonize many other planets. In doing so, they took charge of this vast universe, a task they have always accomplished together with the Perfect Dimension.

The four hemispheres work together, concerned that the human-form may develop fully, in its calorific as well as alciatic condition. The regular realities are not subject to incarnation, birth or

death; they are eternal. Their bodies are of very subtle energy, and when the time comes for them to transcend they will leave their bodies voluntarily and return to the origin of their existence, the Perfect Dimension. They will recover their bodies that had remained suspended in a cryogenic state to go on in the eternity of creation.

Each time one of these beings transcends it will carry with it billions of thought-energies that will form it, for they were attached to it in all its existences. These are the billions of thought-energies it had sheltered in the course of its evolution and elevation. The more thought-energies beings shelter, the more advanced and elevated they become. Few of those in the regular worlds ascend; it is necessary to attain an extremely refined vibration and momentous universal attunement. When we see high level transcendence, we can affirm that a great cosmic alignment has been formed and that it will be of outstanding significance for the good functioning of the Being One.

556. What are the planets of the Regular Reality like?

Life in these realities is very different from yours. It is a society that is interlinked by biological needs and set in a purely energetic reality. The regular realities are the outcome of the merging of higher and lower realities, which creates a more complete being. This means that the virtual reality became more real and active. You have to realize that thousands of realities inhabit the all, and that the assemblage of these expressions forms the Being One. We assume that you will find even the unthinkable in this vast universe.

The regular expression is pure energy, and so are its beings: energy. Their bodies metabolize substances extracted from the environment in which they live and they nourish themselves with them. They are pure thoughts and their work is to absorb the ideas and turn them into thoughts. Thus, they nourish the universe with thought-energies, which each reality will pick up and adapt to its own characteristics.

They form the pineal gland of their bubble-sphere and are in charge of filtering any thought-energy. In this way they nourish the Being One with only positive energy. The negative is transmuted by other lower realities. These realities are perfectly organized and hierarchically established; order prevails in perfect balance and harmony. You know this hierarchy as the White Brotherhood.

Through this book, *El Ser Uno* (Being one) you have been able to begin to understand the process and functioning of the universal mind. You have been able to realize where we are and the purpose of our existence, why the human-form was created and what it has served. We, the Perfect Dimension, were the initiators and forerunners of our bubble-sphere and we know the context called universe very well. We know it is our home and our eternal life. Our task is to maintain our bubble-sphere in perfect conditions, and we realize that we are the DNA of this gigantic body called the Being One. If we do not do our job well, we will cease to exist.

- Who created the Being One?
- Who created the One Origin?
- Who gave life to everything?
- Where did the origin get started and what will be its ending?

We can obtain the answers to these questions through in-depth analytical studies, but whenever we think that we have the answers, something turns up and we have to start all over again.

The mind is infinite and profound; our existences and eternal life will not suffice to get to know it. What we can affirm is that we are all an important part of it; it needs us and we need it. We were

created in unison and we can never be apart. Today we can say that the regular and secondary dimensions have developed fully. They have evolved and their form, sign and colors have become elevated. Scientifically and technologically they have surpassed all expectations. They have dominion over, and total knowledge of, energy, evolution, mind, and science. Nothing evades their ancient knowledge. They have perfect command of the knowledge of cause and effect, and thus achieve perfect order of the universe and their own survival.

Wisdom is having a global, and not partial, vision of the universe. Since your vision is partial, you despair. By not understanding, you inflict pain and suffering on yourselves. This brings about a serious loss of constructive energy leading to saturation of useless thoughts that overflow the cerebral capacity, leaving no room for useful thought-energies to enter. This causes suffering, anguish, damage, fatigue, stress and brain sicknesses which you do not know how to handle. You keep on inventing placebos which you call medicines to counteract them. In this way, unaware, you build highly disturbing mental fantasies.

Planet Earth, like others in the elementary reality on the same grade and plane of existence, has reached a stage of evolution and elevation that can make it choose the positive or the negative side of creativity. This means that you are at a crucial point in your evolution. It is important for you to be aware of what is about to happen. It is not easy for us to explain an alignment to you, but certainly even more difficult for you to understand it.

When an alignment, either on a psychic or cosmic level, occurs it means that millions of factors and probabilities will form an aggregate of ideas. Bringing about strategic changes these ideas will produce circumstances that can lighten much of the path of evolution and elevation of the thought-energies of planetary beings. The thought-energies of Planet Earth are still very dense. We are therefore trying to prevent energy breakdowns that could cause major disasters.

The lack of synchronized energy is causing an imbalance on the planet which will cause a 3.5 degrees shift of its magnetic poles to the left side producing cataclysms, earthquakes, floods, and finally the beginning of a glacial period that will leave one third of the Earth under heavy ice layers. The universal knowledge that we are sending and you are receiving through countless channels and messages, is part of the great alignment that will occur in a 7 thousand years' time.

This universal wisdom will help you relieve the enormous energetic pressure on the Earth, or rather, on the brain of planet Earth. This knowledge can help whenever you make it part of your lives as starting point for a true energy purification. If you succeed, you can definitively transform those dense thoughts that hinder you from attaining the balance needed to transcend them and avert freezing of the planet. If you fail, the planet will continue to tilt. The pressure will be so intense that the energetic mass of the planet will condense to such an extent that in the universe it will be considered a petrified cell. If that happens, the planet will be absorbed and sent to new creations.

557. What does being a petrified cell mean?

It means that petrification will cause the planet to become condensed to the point that it will explode into millions of fragments, adding to the petrified realities, which form bones, the skeletal system of the Being One. Reaching a state of petrification will mean terrible suffering for the beings of the planet. They will feel the afflictions of distortion and condensation; thought-energies will become rigid, inflexible, sluggish, indifferent and hard.

We know that yours is the formation of the fourth race and there are five more to be developed. These remaining races will suffer the consequences of petrification. They will develop and form

thought-energies of evolution, but not of elevation. Thus they will be susceptible to enslavement by Luzbel, to belong to the dense and dark realities. And when Planet Earth finally explodes of old age, its tumorous fragments will be spreading like those of planet Satien.

558. Does this same problem occur in other bubble-spheres?

Few bubble-spheres have this problem, so few that it is not yet causing any serious problems; but if we let it go on, we can have a problem. Many volunteer thought-energies, which we have warned, are working to impede the increase of densification; messages, information, literature, movies, groups and others, work hard to lighten the condensation. We are sending much knowledge all over the planet so that you become aware of the seriousness of the case. You are entering the alignment, and those who cannot do so, will remain imprisoned on the planet until the next alignment which will happen in 28 thousand years. When we say that the planet will tilt 3.5 degrees to the left, it means that the left side of the encephalic tissue of Planet Earth's brain is condensing more than it should and the weight will cause it to tilt. Once it has tilted, it will be very difficult for it to return to its original position due to the petrification of its elements.

559. Is the skeleton, or bones, petrified energies that did not become elevated and belong to the dark side?

When we refer to the energies that belong to the dark side, we are talking about energies that will lodge in the bones of the skeleton and bring sicknesses and destruction, such as cancer, arthritis, bone deformations, etc. There are petrified energies in the universe that are not harmful. They form the skeleton and the structure of the Being One. These positive condensed energies will have the opportunity through elevation to become elevated and by becoming elevated they will be more subtle.

As energy becomes more subtle and elevated, going from plane to plane and from dimension to dimension, the skeleton will cease to exist and will be transformed into pure energy, such as in the case of the regular realities, which have diaphanous bodies. Evolution consists in the purification of dense energy making it light or subtle while elevation means the frequency level and rhythm of vibration. In the end, we are speaking of a single energy with its respective levels that classify it.

As the regular worlds evolved and became elevated, they began to perceive their surroundings and the universe created by the perfect realities. Step by step, they discovered, studied, analyzed and perfected the realities. They knew that they were in charge of and responsible for keeping the all functioning, in correct symmetry, harmony and in constant evolution which was necessary for their own subsistence and for the continual recycling of eternal life. All creation, all that your eyes can see, all that you can discover, was implanted by the regular realities. This work was carried out jointly with the perfect realities.

The perfect realities created the human-form and the regular realities gave it life. To grasp this knowledge, we must first know the location of our bubble-sphere. Not all bubble-spheres were created to fulfill the same task.

If we said that we are all within the encephalic tissue of a brain and a mind, we have to assume that the neurons of the mind function to fulfill different expressions. Our bubble-sphere, like millions of others, was created with the specific aim of being auxiliary neurons of communication. This means that our task is to take knowledge, understanding and love consciously to the ends the universe and to the Being One.

Our bubble-sphere works together with others that belong to the systems and we call them *adjacent domes*. They work in the alchemical processing of all the accumulated information, which they then must pass on to the central domes that will be in charge of distributing and channeling all the knowledge acquired and transmitted.

560. What are the adjacent and central domes like?

The word *dome* means that the energy has attained the transformation needed to be able to enter the universal system. In doing so, the energy is transformed into vital fluid that the Being One needs to continue existing. *Adjacent domes* are large reservoirs of accumulated alciatic knowledge-energy that is distributed for the universal nutrition of specific data that the mind needs. In our four hemispheres Querihel, Orion, Antropea and Libra are responsible for gathering the knowledge-energy, filtering it, and then distributing it to its respective location.

561. When you say knowledge-energy, are you referring to billions of spirits?

Yes, you call them *spirits*; we call them *thought-energies*. When the *spirits* have gone through all the grades, planes and dimensions and reach the regular reality, they are placed in large reservoirs because their knowledge, understanding and love will have to nourish the mind of the all.

The thought-energies are continually being recycled until they can transcend. They always return to the Perfect Dimension from where they departed. Until they are able to transcend, their universal work is to continue conceiving creativity. This means that their ideas cannot remain endlessly in the reservoirs; they have to conceive and create their thought-children to ensure their continuity. In the infinite and vast universe they will seek the pineal glands (ovules) which will serve as a matrix to inseminate their ideas (semen). Once conceived, their thought-children will be born and will be expressed in thousands of ways through art, literature, science, philosophy, and so on. Thus, the thought-energies will continue to exist and nourish the Being One. This is what we call the *recycling of energies*. As it evolves and is elevated, the universe is in continual movement that is always faster and more dynamic.

Those large reservoirs of alciatic-energy can be compared to the pineal gland of our bubble-sphere. Just as the ideas unify and conceive the billions of pineal glands scattered in the entire universe, so will the pineal glands of the energy reservoirs also be conceived by other higher realities, and they, in turn, by others, and so on, infinitely.

562. Was our pineal gland also conceived by the ideas of the great energy reservoirs?

Yes, it depends on your grade of evolution and elevation. We have always told you that you are not creators of ideas but procreators of thoughts. This means that you are not able to conceive ideas; you pick them up and itemize them into thoughts according to their level of existence. The human-form was created so that the idea could manifest and be accomplished. You are a receptacle for the mind-energy to continue developing and become infinite.

563. How does the conception of the mind and the pineal gland occur?

For the mind and the energy to be prepared for conception they will have to have reached full maturity of existence. That means the idea-mind must be an infinite accumulation of knowledge, understanding and love, and that the energy-pineal gland has to have undergone all the life experiences that the universe has to offer. To do so, the thought-energies will have to enter and leave the reservoirs billions of times and incarnate in billions of pineal glands that will shelter them so that they can continue expressing themselves. In the beginning everything was very

simple, today the formulas have become the maximum sophistication of creativity; they are increasingly complicated and wise.

When the idea is generated in the pineal gland, great thought-children are born and these are expressed through music, art, science, philosophy, technology, and so on. Everything will depend on the matrix that shelters them and the quality of the energy that develops them. In the same way that you procreate your children bequeathing to them the predominant characteristics of the parents, the universe also creates its thought-children who are scattered throughout the vast universe of the universal mind.

Everything is recycled in the universe; nothing is lost. Every time the thought-children enter and leave these large energy reservoirs they will be more perfect. This is how the universal mind eternally perfects, updates and rejuvenates itself. When we use the word *reservoirs*, we are referring to the pineal gland of the beings of the regular reality. They receive the billions of thought-energies, analyze them, organize them and then send them to the infinite universe so that they can conceive their offspring – the great thoughts.

When great thoughts are born, they become outstanding ideas. These ideas are created to transform, nourish and qualify the extraordinary changes that every planet must experience. When the reservoirs (pineal gland) reach their maximum wisdom, beings of the regular reality will be ready to go to the Perfect Dimensions and will take along millions of thought-energies that will form their new mind. Since they were in a holographic state, in that hologram they will take all their life experiences of all their existences. When uniting with their true-cryogenic body they will merge the two realities – higher and lower – thus obtaining a global vision of their entire reality. This is how the regular reality continues existing and incarnating eternally. There is no need for birth and death; their continuity is not through procreation but creativity.

564. How do the millions of thought-energies of the hologram unite?

The volunteers who remained trapped in the holograms will take along the millions of thought-energies. They are the dense ones who were recovered. Previously, when the human-form was created, it was carried out with the specific idea of recovering the dense ones so that the energy would not be lost and the Being One would not feel affected by the loss of mental energy. We know that the volunteers accidentally remained trapped and that was why the creativity took on a different direction. The first idea was to recover the dense ones so that they would be able to live in the human-form to preserve the electric-shelter and continue living.

When the holograms got trapped, the entire plan had to be changed. The holograms would then be in charge of the human-form and would recover the dense thought-energies. They would have to be reflected in the mirrors of the hologram and in doing so they would become unified in correlation, continuity and similarity. This meant that thought-energies of the volunteers would not only recover the dense ones but would also turn them into a single thought-energy. They called this process *energetic being*, which you call *spirit*. It is the energetic being that will take with it the billions of thought-energies and will also return to the Regular Dimension to recover its original body.

565. How could the Being One be harmed by the lack of mental energy?

The Being one itself holds a quantity of energetic calorific fuel and alciatic fuel that can be measured and weighed. The Being One would be annihilated if either of its energetic fuels were to be annulled. If both combustions were to have any imbalance in weight, volume, density, frequency, rhythm, vibration, sign and shape, etc., we could foresee that this being would be heading for its own destruction.

The regular and secondary realities struggle to recover the dense ones that are still trapped. Unfortunately, we have to accept that the dense realities are hidden and enslaved under the domination of the dark energies which do not allow the light of knowledge, understanding and love to penetrate and permeate their existences. We are sending you a great deal of help so that you may build the strength and capacity to grow. You have to struggle to get out of ignorance and disgrace. We can send you knowledge, but we cannot force you to accept it.

If you continue nourishing yourselves with fantasy and unreality, you will never awake from the eternal dream of the subconscious, nor be aware of existence and of what is truly real. Planet Earth is preparing for great changes which will be necessary for its progress and quality. These changes will cause much suffering, and you have to be prepared to face them. This is why we are helping you adjust mentally. Your thought-energies will have to adapt to the changes that will occur in your minds. The advance will be in quality, not in quantity as you perhaps imagine. To understand the significance of all this, the planet Earth-brain will have to give up the placebos it is used to, and if it is unable of coming to reason by itself, the universe will take on this task to make it understand.

The message by el Ser Uno (Being One) will give you guidelines. And our mission is: to teach you how to use these guidelines to learn, understand, become elevated and feel love. Feeling love is grandiose, but love without knowledge and understanding of cause and effect is far from enough and the path to be traveled will be longer and more wearisome. If you had only knowledge and did not put it into practice in your lives, it would remain relegated to mere thought-energy of fantasy. And if you did not have understanding, your lives would be totally immersed in emotions without truly comprehending what they are. You are in a vicious circle that only ends if you decide so. But to do this, you will need all of your effort, willpower, belief, perseverance and broadmindedness.

566. Who, or what, really is Abigahel?

Planet Earth: you will be entering the alignment in 2014 and it is the Abigahel race that will develop. Abigahel will be in charge of taking along with him billions of thought-energies which will go on to the fourth plane. We do not consider Abigahel a single being; here is what his name means:

Abi: master, chief and father. A position of honor.

He: the fifth letter of the Hebrew alphabet, equivalent to h and e. Hieroglyphically, it means *vital blow*.

The word *abigahel* refers the union of billions of thought-energies which will form the forthcoming alignment. These energies will be full of knowledge, understanding and love. Having brought together these three qualities means having unified matter, psyche and mind which have formed the triangle and are able to leave through the grid that surrounds the planet.

567. What does lineage mean?

Let us go back to the history of Planet Earth. We know that four planets colonized it – Tenezia, Ebiar, Retryon and Ambiares. These planets belonged to the Secondary Dimension. We also know that the Ayapliano species of those planets formed the four races that spread and later became distorted due to the oblique belt. The Cosmic Confederation decided that a total of 660 volunteers would colonize the planet. The volunteers would be divided into 4 groups of 165 beings. The groups then split and formed clans which settled in selected areas where the

Ayapliano species developed different races. These races acquired specific features owing to the distortions in their nourishment and other factors that we already know.

It took the human Ayapliano species thousands of years to develop. Innumerable were the events that occurred and during their adaptation the Ayapliano species suffered terrible transformations until turning into what you are today. We have to assume that during that evolution, the clans dispersed and populated the planet and continued spreading as their population increased. At first the clans were closed and members only procreated among themselves. As they advanced they began to travel and distance from their original clans in order to gain knowledge of their own and conquer territories.

Along this demographic growth the different races started to unite and develop new habits and languages. This was how lineage, as you call it, began to form. Your genetic inheritance prevails until today determining your evolution and elevation. This lineage is a compendium of beliefs, habits, ideas, vibrations, rhythms, frequencies, forms and so forth, rooted in your genetics. You will discover your origin and find out to which of the four Ayapliano species you belong. This is the only way you will be able to align yourselves correctly.

The four species that populated Planet Earth brought with them thought-energies of particular characteristics. After disincarnating and while staying by themselves, these thought-energies would not suffer any change in their development. But alterations did appear as they began to mingle and procreate with the other Ayapliano-species. Having come from four different planets they necessarily had to adapt to one another.

In consequence, colonization did not materialize as planned in the beginning, namely, that each species would occupy a distant area preserving its customs, singularities and conducting its own research and investigations, and thus not interfere with the course of development of the other species. But it did not work that way as distortion attacked them and completely changed their plans. They had to adapt and lead with the circumstances without a notion of what would be the consequences of this energy blend at all levels. Each species took maximum precautions to keep its lineage as pure as possible. They chose within their clans the most competent individuals to keep their knowledge, understanding and love intact.

Lineage: Ancestors and descendants of a person or a species, with a title of nobility. Class, condition or species.

Those who were chosen kept themselves pure in essence and did not let their energies be contaminated. They were the ones who sought shelter at the center of planet Earth and founded the Internal City. From that time on they have been protecting and safeguarding the knowledge.

When an alignment is about to occur, the guardians start to communicate with the exterior by sending messages of literature, art, science, philosophy, technology, etc.. Knowledge becomes a catalyst of energies through which the thought-energies start to prepare for their energetic fusion with other realities. The guardians of the planet keep the knowledge under strictest control and transmit it gradually to the volunteers who will disseminate it with awareness, responsibility and love.

Each lineage has its due place and the volunteers from each planet will receive the knowledge in accordance with their reality.

Knowledge is for everyone; no one is master of the truth. When the knowledge of the four planets unites you will have absolute truth. This way the lineage will be just one and all of you

will form a single race, a single species. This will occur during the next 7 thousand years. You will be one. The religions will merge, the governments unite and the countries be just one:

As long as you understand what we want to teach you

As long as you belong to the light and not to the darkness.

As long as you allow knowledge, understanding and love to come into your hearts.

The four Ayaplano species that colonized planet Earth came from planets that represent the four basic elements of creation. These are:

- **Tenezia:** Africa, black race, earth
- **Ebiar:** America, red race, fire
- **Retryon:** Asia, yellow race, water
- **Ambiaries:** Greenland, white race, air

These Ayaplano species settled on four different continents for research and in-depth studies of the planet. They never imagined what would befall them – distortion. The most affected were the Tenezians for they were the earth element. The direct contact with the earth brought about the strongest reactions of distortion. The least affected were the Ambiaris because they were the element air and since they were in a low temperature area near the North Pole, the distortion did not affect them in the same manner.

When the four species felt getting distorted, they took all necessary precautions separating those who had not yet been attacked by the sickness and kept themselves pure in their essence. From each species and element they chose 21 individuals totaling 84 beings who were entrusted with the foundation of the Internal City and made the guardians of planet Tera.

The 84 guardians divided up their work so they could deal with the twelve signs of the Zodiac. You are now entering the Sign of Aquarius. It is the air element that has to transcend during this alignment. You are governed by Alpha Centauri, which belongs to the Cosmic Confederation and whose head is Orion. Therefore, the species of Ambiaries currently has the lead.

The Internal City was founded so that the planet could keep its elements pure and free of distortion. The only way to do that was to preserve thought-energy. Therefore the guardians had to live in an environment that would allow them to develop. They chose one of low temperature to keep the elements intact and founded the Internal City at the pole; in order to protect it from any atmospheric interference, they covered it with two more elements extracted from the cosmos: ether and helium.

Ether: An intangible hypothetical substance presumed to fill all space. It is the fifth of seven principles or cosmic elements. This element will be visible in the air at the end of the fourth round. Conductor of the forces whose aim is to preserve the species. In Greek, it means” heaven.”

Helium: a nonmetallic and gaseous chemical element, very light, colorless, tasteless and with low chemical activity. From the Greek, *helios* meaning “sun”.

These two elements help protect not only the Internal City, but all thought-energies that are gathered in their reservoirs, creating: the memory of the planet. When the 7 thousand years of

the alignment come to an end, the 84 guardians will have accumulated all the information of the planet in their pineal glands. It will be them to carry the millions of thought-energies of the planet that have elevated and take them to the fourth plane of existence so that they can continue on the path of evolution and elevation.

There are six elements that govern the planet. By joining these six elements mathematically, the Internal City has formed right angles, creating the six-pointed symbol. Each one of the points will govern the planet at a predetermined time and place. The points do not have a fixed position and are constantly forming new angles, depending on the evolution and elevation the planet has attained.

The 84 members who form the four elements and the other two elements that were drawn from the cosmos, will shelter all the dense and distorted thought-energies which will go on recovering through evolution and elevation. The six elements are:

- Earth 1
- Water 2
- Fire 3
- Air 4
- Ether 5
- Helium 6

This same numbering determines the angles of the six-pointed symbol, which rotates counter-clockwise, starting from number 5 and forming the solstices that mark the planet according to its state of evolution and elevation.

Since this alignment is governed by the element air, number 4 determines the entrance to this solstice that will mark the next 7 thousand years. To be able to establish this we must understand that the elements are not to mingle, but have to go together.

For example, we could not mix water with fire, as fire would be extinguished. We could not mix fire with earth, since there would be no combustion. But at certain times these elements may go together, providing they bring about wellbeing and continuity.

The point of number 4 (air) is currently in South America. Air (4) will unite with fire (3) and take it across the planet. Numbers 3 and 4 will become 7, forming the seven grades of elevation of this new alignment. The new alignment will be of great significance for Planet Earth because it will be the first to allow thought-energies to transcend to the next plane of existence.

The three former alignments had been useful to help the distorted ones evolve as only through evolution their thought-energies were able to transcend. It is you who have gone through three races and three alignments to become what you are today. And it took your brains 100 thousand years to align with the cosmos.

The 576 volunteers who were trapped on the surface of the planet formed clans of 144 beings each. They were the ones who suffered distortion, procreated and mixed with the other clans. Their thought-energies adapted to the environment, however, lost memory, continuity, correlation and knowledge of their origin.

In the forthcoming alignment and the following, it will be the volunteers to awake first. They are the 576 individuals who were trapped and whose mission will be to rescue all of the thought-

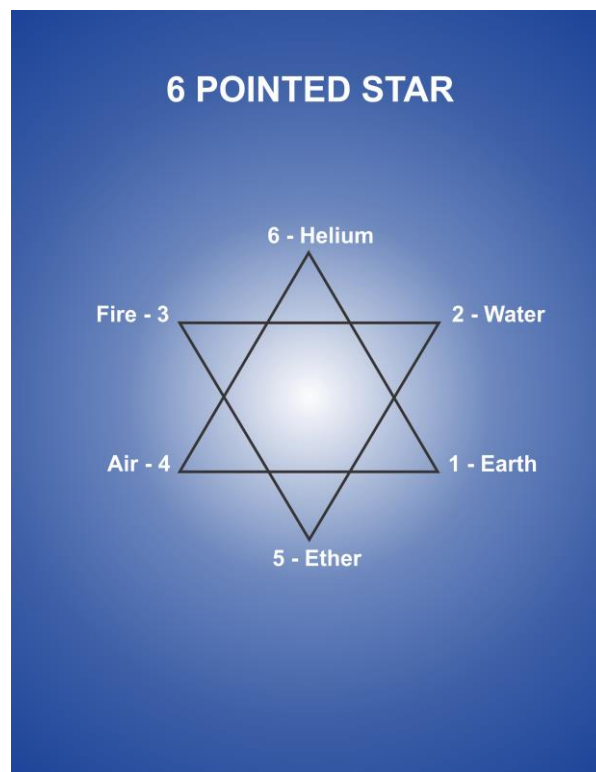
energies, that is, their descendants, children of their children. It will be their duty and responsibility. The volunteers will understand that they cannot transcend if they do not take all their descendants with them. Some of them will be appointed guardians of the Internal City, but others will stay on the surface to continue the recovery of the dense ones. They will have to go through the four elements before entering the Internal City, and will do so through ether and helium, that is, the sky and the sun.

When we refer to *alignment*, we know that it is a total of 28 thousand years. Every 2 thousand 8 hundred years the solstices occur to determine the gradual movement of the six-pointed symbol. This symbol moves counter-clockwise, starting from number 5. Planet Earth has already been through three alignments and is entering the fourth, which will occur in Central America and South America. It will be the first alignment to bring forth a harvest, since the previous ones only helped to evolve the distorted energies that could not transcend because they were not ready for it.

The first alignments went through Africa (Akhans race), through Asia (Lemur race), through Central America (the Atlantes), and the fourth alignment is entering through South America (Aquarian race).

Planet Earth is very different from other Ayaplano planets because its alignments are not exactly as they should be. Its solstices often leap from one point to another, depending on the evolution and elevation of the brain of the planet. Point 4 is currently in South America, and the thought-energies contained in it are at their peak of elevation, but not evolution. Therefore it is point 2 on the opposite side at the other side that will balance this cerebral alignment of the planet.

The air will be the breeze over the water and elevation and evolution will harmonize. The knowledge of both America and the East will merge to form just one.



The alignment of the next 7 thousand years will make work in unison three elements: air, fire and water. The element earth has not yet developed enough to participate because Planet Earth has not yet become aware of its own self. Once it gains this knowledge, this element will trigger extraordinary energetic changes throughout the interplanetary sphere during the future alignments. When we say that three elements will join we mean that three of the Ayaplano species are able to transcend. They are the Ebiarians, the Retryonians and the Ambiarans.

These three races will start out to form one single future race. When we refer to races, we are speaking of each being's innermost state. You must not get carried away by appearances or by skin color. The races are classified by the energetic inner state of every being. Today, the beings of Planet Earth do not have the pure characteristics of the genetic heritage of the four races that populated the Earth. Planet Earth-being is completely mixed and when we say that there are three races that will be elevated in this alignment, we are referring to the inner thought-energy that qualifies them. When they become unified they will form a fourth element that will govern this alignment.

You classify races by their skin color and by their environmental characteristics; we classify them by the color of their energies. This gives us a more rounded picture of the real situation of the Planet Earth-being. We mean that we can find white skinned beings, but with black energy, red-skinned beings, with white energy, and so on. This difference is inner and not outer, the way you see and understand it. The unification of the inner colors will determine the difference. Let us clarify this.

If we say that the three races – the red, the white and the yellow – will be unified, we know that these three colors represent love, transmutation and elevation. If we say that the Tenezians will not enter this alignment it is because the thought-energies of these beings are not sufficiently elevated to transcend. This energy without elevation can be found in any being, country and in any color.

The recovery process and energetic uniformity will be slow and will go on until it is complete with the five races that are still developing. When the four elements and the four races blend totally, we can say that you have completed your cycle and you are ready to ascend to the fourth plane of existence. To do this, you will have to go through the Internal City and will have to enter and exit through the poles, that is, to enter through ether (sky) and exit through helium (the sun). When this happens, the following race (the Ambiaran yeti-race) will begin to develop and everything will start all over again. The six-pointed star will become aligned according to the progress of the planet, and the governing element will adjust itself accordingly.

Each solstice is marked by the movement of the points, which are aligned in perfect harmony, responding to the characteristics of the Planet Earth-brain. Since you do not have continuity or mathematical correlation, the points will not position themselves in mathematical order, but in logical order. Thus, the solstices leap from point to point for the sole purpose of organizing the brain of the planet, so that the Earth cell may remain healthy, active and be kept from becoming petrified. When we refer to the solstices, it means that the Planet Earth-brain has to assimilate light, dynamic and active thought-energies.

The movement of the solstices indicates that the brain of the planet is working with an active and not passive dynamic; and this movement will prevent the thought-energies of the planetary brain from becoming an inflexible, rigid or inactive energy. When we refer to the alignment, it means that the brain of the planet is being nourished with new ideas that come from higher

realities, and while being fed with these new nutrients, the planet will make extraordinary changes for its own wellbeing and that of Being One.

568. Why are the points in this alignment positioned that way?

Currently Planet Earth is in a difficult position, especially in regard to its elevation. We explained earlier that the planet runs the risk of tilting 3.5 degrees to the left. This will have very serious consequences because there will be variations in time between the solstices and alignments to the extent that the planet's brain because of a degree of inflexibility will fail to understand and show a confused, unbalanced and lethargic mind. We could say that, owing to the absence of logic in its way of life, thought-energy will lose continuity and, above all, identity.

There is, however, logic in the positioning of the points and we will explain why.

Let us first look at the meaning of the words east and west.

East: The sun rises in the east, that is, in the Asian continent and a number of nearby European and African countries. From the Latin *oriri* (what is coming out). In the mystical order it means "enlightenment". It is a symbol of cosmic solar knowledge. Element: water (2).

West: The sun sets in the west, that is, the European and the American continent, which in general have democratic governments and market economies. From the Latin *occidens* ("to fall"). Symbolic place of darkness where the neophytes are in search of the light. Elements: fire (3) and air (4).

We understand then that it is the East which will help elevate the West, and it is the West that will help evolve the East.

Let us look at the meaning of the elements and the numbers assigned to them.

Water: Fountain of life, means of purification and center of regeneration. Starting point. Manifestation. Origin of life. Fertility, purity, wisdom. *Prana*, the breath of life. Water is yin. It is linked to the ray, which is fire. It is the alchemical mercury classified as igneous water. Fire of love. Soul fertilization.

Fire: It is the heart. It symbolizes passion, love and anger. Intuitive knowledge. It is purification and regeneration. It is the solar plexus. It is Elijah in his chariot of fire. It is the penetrating knowledge and enlightenment. It is the fire from the sky that arises; giving way to water that descends in the form of rain. It also represents Lucifer. It represents the spiritual impulse but also the intellect when it distances itself from the spirit.

The close connection between fire and sun was soon recognized among primitive societies who considered it their representation and a sacred gift. Egypt, Mesopotamia and Vedic India use it as a symbol of divinity.

- Agni to the Aryans
- Ra to the Egyptians
- Phoebus Apollo and Helios to the Greeks
- Apollo and Vulcan to the Romans (Vulcan is Hefesto to the Greeks)
- Mithras to the Persians
- Inti to the Incas.

It is the supreme spirit, symbol of transformation and regeneration.

Air: Active masculine element, like fire and unlike the water and earth that are considered feminine elements. It is a symbol of spirituality. It represents the intermediary subtle world between heaven and earth. Air is the world of expansion, which is filled with the breath needed for the survival of human beings. *Vayu* is the vital cosmic breath, identified as the word, that is, *prana*. It is a perceptible symbol of invisible life, a universal drive, a purifier. The principle of composition and fruition, it is the intermediary between fire and water. It corresponds to *tali*, which is the universal soul. Perception of colors and shapes. Air is the light's own means of communication, of vibration between heaven and earth. The being-air is free, airy, subtle and pure.

Each element is a symbolic bridge toward the others; they are guides to other realities that are not their own. The four elements represent the four temperaments: water – lymphatic; earth – bilious; air – sanguine; and fire - nervous. The four elements are considered like hormones of the imagination; they help and activate the images, and energize the close assimilation of what is real and what is dispersed in its form. Fire is considered the driving element that enlivens, transforms and helps the others to evolve the three states of matter (earth), liquid (water), and gaseous (air).

The fact that the elements are considered symbols establishes a link between astrology and the ancient doctrine of the great philosophers such as Pythagoras, Empedocles, Plato and Aristotle. According to those philosophers, the doctrine was based on the fact that life phenomena were subject to the manifestations of the elements that define the essence of the forces of nature, which generates or destroys by means of the elements. For example, the water comes from cold and humidity, air from humidity and heat, fire from heat and dryness, earth from dryness and cold. Each one of them represents a state: liquid, gaseous, igneous and solid. Each one of them has adopted a condition of life, meaning an evolutionary concept, such as training, expansion, culmination, decline, childhood, youth, maturity, old age. Winter, spring, summer and autumn. Energy emanating from the earth is immediately purified by air, water and fire; it gets its freedom on the strata of material life, of philosophy and of religion, and finally reaches pure initiation: enlightenment.

Fire: Aries, Leo and Sagittarius

Water: Cancer, Scorpio and Pisces

Air: Gemini, Libra and Aquarius

Earth: Taurus, Virgo and Capricorn

The figures that represent these elements are:

- **Water:** spiral
- **Air:** waves
- **Fire:** triangles
- **Earth:** squares.

Triangles and squares as related to the elements fire and earth, are compared with numerical symbols 3 and 4, which help to understand the male value of number 3 and the female value linked to number 4 (see, Chevalier, Jean and Alain Gheerbrant. *Dictionary of Symbols*).

When we refer to the six elements that govern Planet Earth, we must understand that these elements are fundamental. There are others that you have not yet discovered, therefore your calculations are not exact. It is because of this lack of knowledge that you will be entering an

alignment that is only accepted by persons of esoteric and metaphysical orientation; most people still do not know the true background of planetary reality.

Each one of the elements will be governed by a sign of the zodiac, a symbol, a number and certain characteristics. Planet Earth will respond in accord with the solstices, equinoxes, rotation and translation movements of the six pointed symbol, which will rotate and adjust its angles according to the functioning of Planet Earth-brain, conjointly with the universal brain.

The six-pointed symbol

This mathematical symbol was created by us, the Perfect Dimension, with the aim of governing and assessing the capacity of the universal mind. The six pointed symbol is actually an energetic frequency measuring device. It is a compass, the points of which are always targeted toward higher-energy fields, with the aim of extracting the nourishment of ideas from the adjacent and central domes in order to continue developing thought-energies that are responsible for the functioning of the universal mind.

Everything revolves, is recycled and is always in motion, thanks to the symbols of all planets, galaxies, constellations, planes and dimensions. Some symbols will have six points, like yours. Very complex symbols work with many points and are governed by thousands of elements that complement one another, forming extraordinary solstices and equinoxes that mark the great ideas of all the Beings One of the universe.

The six points rotate at incredible speeds. They are connected to other planes and dimensions that enable them to reach the adjacent domes. In this way they nourish one another and so the universe keeps alive and active. The nourishment drawn from other realities often enters the Earth-cell whose brain is confused and entangled. Thus it tends to divert the nourishment through inappropriate channels, causing drastic and dire consequences because the energetic condensation that entered has to find a way out. Since it does not find its own place, it seeks it through other paths. Therefore, when the energy exits through a way that is not its own, it will take with it additional charges of condensed energy. When this energy goes out with great force, it will produce movements that are reflected in the four elements, such as earthquakes, volcanic eruptions (earth), floods, torrential rain (water), hurricanes, tornadoes (air), sweltering heat (fire), and so on. Planet Earth-cell will behave exactly like its brain, and this will be controlled by the six pointed symbol, which will determine the sequence, correlation, vibration, frequency, rhythm, sign and form of its thought-energies.

You are responsible for everything that happens on your planet. When you have knowledge and understanding, you will respect and love it. Currently we are communicating directly with members of the White Brotherhood of Planet Earth who are working with us. We are continually indicating to them where to open and close the dimensional doorways so that the energy can find the right path and not stray, causing ecological disasters that affect human beings and the universe.

We have to assume, logically, that if the energy is diverted and goes out through a place that is not its correct one, it will receive and communicate erroneous and unreal information to other planes. You must receive and transmit the reality of the planet exactly and not the fantasy in which you live, otherwise the alignment will not interlock its points with other realities and energetic nourishment will be hardly understood. Planet Earth will not advance as it should and will remain downgraded on its path of evolution and elevation. Many are called but few are chosen. It will become an individual human alignment of a few but not on a planetary scale.

569. How will the alignment of Planet Tera fit in with other realities?

We know that the alignment will occur 7 thousand years of Earth-time from now. During the course of the vibration the elements 2, 3 and 4 will be aligned. This means that knowledge and understanding of East and West will merge and they will enjoy harmony, peace and love. If peace is not attained by 2014, the planetary alignment will not occur as expected. But if there is peace, then Planet Earth will align as foreseen and advance universally, to the joy of all.

We are working hard with you, brothers of planet Earth, who have awaked and are helping greatly achieve the goals we have set. We promise you that we shall not fail. Some changes are needed at high levels; we hope to achieve them. We are doing this work with much love and conveying much knowledge to be able to reach the aim we aspire.

570. How will the six points interlock with the other realities?

During the past 100 thousand years we did everything possible to help you, first to adjust to your own selves, and then to the universe. After you had been stricken by such a grave distortion, it was a challenge for us to be able to recover you.

When we use the word *interlock* we are referring to the imbalance between your encephalic tissue and your brain (the mind was developed later, approximately in the last 42 thousand years). At first, the encephalic tissue did not respond to stimuli we placed in your brains. We only managed to make the two brains slowly align with one another after a long period of evolution and life experiences. For this reason the six pointed symbol of the planet could not move; its points were rigid and inflexible, just like your brains. After comprehensive research and study, we had come to the conclusion that we could be of help to you.

We therefore placed a solar disc at the planet's center which was to rotate facing the Sun, thus drawing a great deal of calorific energy inside the planet. This energy would expand to the six points and accelerate the rotation of the planet.

To do this, we also had to place antennas on the exterior as points of reception of cosmic energy. These external points were an extension of the inner points because the cosmic energy had to match a concentration of elements at certain times. This process would guarantee greater energy intake and accumulation for rotation of the solar disk and movement of the six points. Thus, the planet could continually assimilate new and recycle sluggish energy.

That is why pyramids were built at three different places on the planet: Egypt, Mexico and Peru, inhabited by ancient civilizations that you call Lemur and Atlantis.

For better understanding: the continents as you know them today – America, Africa, Europe and Asia – some 600 million years ago had been one single continent. Africa was joined to South America, Europe dovetailed with Central and North America; Australia was part of Asia and so was Greenland. When we built the pyramids in Egypt, Mexico and Peru, their sides formed a perfect tetrahedral figure, so that an antenna, together with the solar disk, was right in the center of Planet Earth.

Each pyramid represented one element:

- Egypt: water
- Mexico: fire

- Peru: air

All of them were built on the element earth. While the antennas worked, the planet kept its balance. When the continent was divided, the antennas stopped working, the solar disk ceased to function and the planet failed to attract the cosmic energy that had the six points helped rotate faster.

Today, the solar disk is obsolete. It is the six pointed star that currently governs the planet. The points rotate at their own speed, which is generated by human minds that have contacted the center of the planet, that is, the Internal City. This mental energy helps the points rotate faster, but regardless of the efforts made by the minds, we can say that there is still a lack of strength and unity among the minds of the planet. Together they would be able to achieve a greater, more dynamic and active movement, enabling the thought-energies of the planet to reach higher energetic dynamics.

571. Did you help build the pyramids?

Yes, we gave the Earth-humans the exact set of numbers and they built the pyramids according to our calculations and plans. The solar disk was made by us together with the Internal City.

572. Why do the pyramids we know have four triangular sides and not three?

These pyramids that you know were not the ones we built; they are imitations of the first ones. These were built later on with the knowledge transmitted by word of mouth. That is why the original wisdom was distorted. When the pyramids were imitated, they were not built according to our guidelines. They should have been built on a triangular and not on a square base. The faces of the triangle indicate the three elements and the base is the fourth, that is, the earth element. Parts of the real pyramids are in the Atlantic Ocean, in the desert of the Persian Gulf, in the Gulf of Mexico and in the Peruvian Andes.

573. Why have you not continued helping us with the solar disk?

After the continents were formed, there was no need of employing the solar disk which had only been used on the outset in order to vigorously activate the thought-energies of your and the planet's brain. As activation gained momentum generating gravitational force, the solar disk and the pyramids became irrelevant and you managed to wake other mental forces that are helping you today.

574. What forces were activated after the solar disk?

Belief in the transmitted knowledge. Beings, at that time, were activating the continuity of thoughts in their brains, and together with the gravitational impulse the energetic generator was put into motion, without stopping ever since.

575. How will we, Planet Earth, perceive the beginning of the alignment in the year 2014?

The knowledge you are receiving while reading the book – *El Ser Uno* (Being One) – is the basis to activate all of the thought-energy in your and planet Earth's brain.

The first thing you must do is to have full awareness of this teaching which will link you collectively to the brain of the fourth plane of existence. This means that your energies will become dynamic and active. You will cease to be dense and slow and your thoughts will have continuity because they are generated and function with incredible agility. The capacity of your

memory will expand and lead you to an extraordinary advance in technology, science, art, medicine, philosophy and in many other important areas. Planet Earth humans' brains will prepare to live extraordinary metaphysical experiences and discover their true energetic and universal potential.

The alignment will initiate whenever human beings decide to change and willingly assimilate positive thought-energies.

You will have ten years to realize that you were created with knowledge, understanding and love.

You have to comprehend that the universe belongs to you, however, not for you to dominate it or take possession, but to enjoy it because it is the paradise that we all received from our creator to live with happiness.

But you have to understand that you suffer from the sickness of ambition, and that the only way to be cured is to accept renunciation.

You have to be aware that you suffer because you are victims of consumerism, fantasies, oppression, unattainable goals and illusory fame.

It has to be totally clear to you that you are pressured by a sick and quarrelsome society with a collective thought-energy that keeps you tied to rigid schemes established by ambitious minds which act with avarice and are not willing to give up power.

You have to realize that fulfillment does not mean the uncontrolled pursuit of success with vanity and arrogance with which many of you lead their lives. Fulfillment means joy and satisfaction at having managed to realize aspirations, but with knowledge, love and understanding of the cause and the effect that this has on every one of you, and that, above all, peace must reign on this planet.

These are the general conditions planet Tera has to fulfill to enter the alignment in a correct manner. If it fails, the alignment will become an individual issue as only a limited number of human-beings on the planet will elevate and transcend to the fourth plane. In that case, the Tera-cell will become stagnant in evolution and elevation. And it will have great trouble to vanquish the dense energy.

The beginning of the alignment will be marked by great events that will determine if the planet has definitely sufficient elevated energy in 2014 to become part of the process. These events are

- *Peace between the East and the West*
- *Healing of many sicknesses*
- *Union of the countries.*
- *Increased environmental awareness*
- *Discovery of a new particle*
- *End of communism*
- *Extraordinary extrasensory phenomena*
- *Wise children*
- *Philosophies of in-depth understanding*
- *End of hunger and impoverishment*

and many others. All this will become true providing the entire planet will have full awareness of its reality, its environment and itself.

576. What will the six pointed symbol be like in 2014?

The six points will be exactly in their rightful place.

- *Water, 2, East*
- *Fire, 3, North America*
- *Air, 4, South America*
- *Ether, 5, South Pole*
- *Helium, 6, North Pole*

However, the element earth (1) will not take part in the forthcoming alignment because it still has a long way to go regarding development and elevation of its thought-energies. The Earth-cell is very young and not mature enough as its elements are still backward. The dense ones trapped on the planet have not yet been freed and that is why the element earth can only be integrated in future alignments.

There are three elements for heat combustion and two elements for alciatic combustion. They will form the number 5 that will turn around and fit into number 6, which is the Perfect Dimension (us), and when both numbers dovetail they will form number 8, which means *infinity*.

You had asked why we did not help with the reactivation of the solar disk and we had replied that the activation of your thought-energies had made much progress with your developing new mental forces. And by now bringing the three elements for heat combustion together we will again form the triangle that will be of great help with your elevation over the next ten years.

South America's element air has knowledge that will spread across planet Tera. This knowledge will be seconded by both the element fire and water. Thus air will be the breeze over the water to calm the thirst of the fire. Knowledge will be number 4 and the numbers 3 and 2 will feed on it.

The triangle formed from the unification of elements and numbers will give rise to the mental and energetic activation of Planet Tera.

577. Have these numbers and elements something to do with our signs of the zodiac?

They have indeed, and with the ascendant of each of them as well. The planet is governed by elements and numbers and so are human beings. Everything existing is seeking perfection through the numbers and quality of its reality.

578. What is the zodiac sign of Planet Tera?

It is Virgo, the sixth sign of the zodiac, the symbol of collection, work and manual skills. Virgo represents the end of the yearly cycle of the element earth. Planet Mercury governs it. In Ancient Egypt it was the sign of the goddess Isis. Its number is 6. It is also the seal of Solomon, related to fire and water. At the same time it symbolizes consciousness emerging from confusion, as well as birth of the spirit. A symbol represented by a virgin. It governs the womb, intestines and liver. It commands Europe, India, Syria and Brazil. Its stone is jasper; its color dark purple (see, Chevalier, Jean and Alain Gheerbrant. Dictionary of Symbols).

579. Do human beings also have a six-pointed symbol in themselves?

The symbol that exists in humans occupies the zones of the brain. Each zone represents a number and an element:

- *Zone 1: Earth*
- *Zone 2: Water*
- *Zone 3: Fire*
- *Zone 4: Air*
- *Zone 5: Ether*
- *Zone 6: Helium*

Depending on the position of the planetary symbol, the brain areas will be activated providing they have been worked on, analyzed and understood. We thus understand that humans should work zones 2, 3 and 4.

580. Do the dense ones form the element earth of Planet Tera?

As we said earlier, they do form the element earth such as for instance minerals and precious stones. In fact, all of planet Tera, as far as your eyes can see, is dense, petrified and solidified thought-energies trapped in the soil and subsoil of the planet, dense layers upon layers, which the planet will have to recover.

You are not really aware of this process, but all the minerals, gems and food extracted from the soil free dense thought-energies that you inhale and assimilate. They become part of you and once processed by your minds, adapt to this new condition of life and begin to perceive a different reality. You call this process *soul*.

581. How can we accelerate their liberation?

It could not be done by trying to speed up the process according to your imagination, because there is a time for it. A conscious and continual way to release them is to raise the vibration frequency of incarnated thought-energies using their magnetism to free the trapped thought-energies. This is what we are trying to do. By raising the vibration frequency of the beings' thought-energies, the six-pointed symbol will accelerate its rotation changing its frequency as well. It will thus attract energy of high universal vibration frequency. This energy will first enter by the points, then blend with the other energies and finally incarnate, first in the brain of the planet, and then in humans. This is the fastest and less painful way to do it.

We were able to speed up the process to a certain point when we placed the solar disk; we released large amounts of pure dense-energies and you assimilated them which helped your evolution. Thus, you managed to develop your encephalic tissue and by doing so the brain automatically did the same. The two brains began to connect and work together. Through evolution and elevation, each one of you, individually, has become a small six-pointed symbol that attracts and releases thought-energies. You are doing a work of individual together with planetary and cosmic recycling.

582. What will be the characteristics of those who worked on themselves to enter 2014?

These beings will begin to walk the true path of evolution and elevation. We said earlier that beings who are prepared to enter the present alignment will be of the fourth grade, as they kept on working hard to refine their thought-energies through knowledge, understanding and love in continuous reincarnations. They will have awaked to full awareness and managed to see

themselves with all the truth of cause and effect. In the following 7 thousand years these beings will continue the process of evolution and elevation but unlike other thought-energies that failed to align, will have characteristics that distinguish them from the collective. They will stand out because of their cognitive capacity, equanimity, justice, great wisdom and humanity.

They will be the leaders of the future. They will mark the different stages of development of planet Earth leaving indelible traces for the forthcoming generations, who will nourish themselves with the knowledge that this current race will bequeath them. Those whom we call leaders of the future are special and elevated beings who through hierarchy and integrity will be the guardians of legislation such as constitutions and laws in all important areas essential to guarantee human coexistence with dignity. Those beings will hold key positions that will allow them to evolve what is archaic and elevate what is dense.

Their mission is to leave the Earth prepared, sowed, and ready for the next harvest, which will be within 28 thousand years. With each sowing the harvest will be better; the seeds gathered will be increasingly strong, healthy and perfect. The special seeds will be set apart to be the next guardians of the planet at the Internal City. They will be responsible for the evolution and elevation of the planet, as previous guardians were; but also seeds that were not chosen to be guardians will access the Internal City to continue preparing for the grades that they need to reach in order to ascend to the fourth plane of evolution and elevation.

583. How will the next guardians of the planet be chosen?

They are individuals of a special lineage we have been preparing for a long time who kept their knowledge intact for centuries and transmitted it throughout extensive periods and incarnations. They are direct descendants of the colonizers and though their evolution had suffered from distortion, their elevation remained unaffected. They realized in time the impact distortion would have, and fled from everything that could do harm to their genes and would consequently be transmitted for generations.

Those beings took all precautions and measures to avoid contamination, and through the ages managed to preserve their original innermost purity. We have never lost contact with them and know that, during each life and each reincarnation, they have worked hard for the progress and elevation of the planet. They have spread across the planet, but when time comes for the alignment a number of them will gather in South America to give testimony of their elevation and be part of the element air (4) that will govern this new alignment.

584. When referring to South America, could you name a specific place?

The Cusco region of Peru is the location. The chants of *Ollantaytambo*, full of wisdom, will be heard throughout the planet and produce vibrations so high that their frequency and rhythm will be felt way beyond knowledge, understanding and love. We shall be the ones to transmit all the necessary knowledge through our messengers, those who work on the exterior of the planet to serve humanity. A group of these volunteers is already being convened to meet at Cusco and from there, we jointly will set out for this specific task.

585. Who are you?

We are part of the eighth hierarchy of the Alpha Centauri constellation which belongs to the mental worlds of Orion. We exist in alciatic combustion energy; our planet belongs to a system called 'The Arcana of Thoth'. We are time travelers; our reality is the universe. There is nothing we would not know or understand. Knowledge is our dynamics, understanding our nourishment, and love our life and existence.

We have been communicating with you ever since the age of Lemur and Atlantis. We are the Arcana of the universe, and this alignment is based on the knowledge of the Arcanum. Let us see why.

There is the *magician* (I: transmutation). It is the energy of transformation which, when seeking changes, is confronted by the *popess* (II: water), who jealously keeps the secrets of the world. To read her one must have the knowledge and understanding of the empress (III: fire) and the emperor (IV: air), but with the sage (V: ether) initiation becomes effective. Humans will be able to elevate facing the trials of the arcana, the first of which will be the *lover* (VI: helium), because without the impulse of love nothing is achieved.

You know 'The Arcana of Thoth' as the divination cards, but they are not that. The Ascended Master Thoth governed the foundations of knowledge of the first civilizations. We gave him this knowledge since it is the structured storage of universal data which upholds all the cosmic laws of universal philosophy.

We appear in each universal alignment to impart knowledge and communicate with all who belong to the lineage of Lemur and Atlantis. We are the regents of Planet Tera and were commissioned by the White Brotherhood to work together with the guardians of the planet, thus being able to assist you in this conceptual entry for which you are preparing.

586. How do you communicate with the lineage of Lemur and Atlantis?

We communicate through telepathy using the pineal gland since we have no other means of doing it. The inhabitants of Lemur and Atlantis safeguarded the knowledge in their metaphysical genes, so we can communicate with them through the alciatic combustion of their pineal glands. Three races – the white, red and yellow – are in charge of this alignment. Together they will form a single race which eventually will mix with the fourth, the black race, forming the Ayaplano-humans.

What we mean to say is that the black race or element earth (1) will gain strong influence and prevail over the gorilla and the chimpanzee, also direct descendants of the Tenezians, notwithstanding that this race had been the most affected by distortion and initiated its recovery with delay. Therefore, the element earth will only be part of future alignments. When this occurs, it will mean the culmination of its recovery and the four elements will finally join to form a single one: ether.

587. What does the word *thoth* really mean?

You changed the word *Thoth* to *tarot* which means divination, symbolism, astrology. Because of the cabalistic effect, it represents the letter aleph of the Hebrew alphabet. ***It is the constellation of Orion.***

In fact, Thoth means the knowledge transmitted by those of our constellation, that is, the *Arcana of Thoth*. In the days of Lemur and Atlantis this word meant belief or religion. We ourselves were this knowledge and we transmitted it to more advanced beings teaching them the significance of the universe. Those who picked it up through telepathy were responsible for sharing it with others. At first the knowledge was transmitted by word of mouth, but later written by those who mastered the language and thus left evidence of this wisdom. But when Atlantis separated from the African continent and the other continents formed, the wisdom was buried in the depths of most individuals' minds and only used by a minority which, failing to preserve its continuity – by either transmission or legacy – began to explore it for their own convenience, benefit and domination of the collective.

The virus of ambition resurged with enormous impact seducing both dark and ignorant minds. Those who had part of the knowledge kept it for themselves founding schools to teach the occult and claiming that the knowledge was not for everyone. Religions wound up denying it, thus holding back progress and condemning people to living lives of ostracism.

The advent of the Age of Aquarius, however, triggered awakening from this darkness. The descendants of those beings who had received the knowledge in the age of Lemur and Atlantis are awaking and also transmitting the teachings, but many are still confused misinterpreting them. These beings must continue to refine their thought-energies so that their memories may be clear and authentic again.

You lost much of the information about that period in cataclysms, earthquakes and wars and later, during the forming of the continents, all of it seemed to have been gone. But much information is buried in the depths of the Atlantic Ocean waiting for you to discover one day those treasures and have finally truth resurface with grandeur. But you will also realize that a great deal of that knowledge had been hidden or manipulated by the dark thought-energies to keep the truth from coming to light.

588. When you say that the information is in the depths of the Atlantic Ocean, do you mean the continent of Atlantis?

Yes, the triangle formed by Egypt, Mexico and Peru was the continent of Atlantis, previously called Lemur. The continent was very close to the South Pole and the Atlantes had full knowledge of extraterrestrial spacecraft entering and leaving the planet there. When the continents now called America, Africa, Australia, Asia and Europe (Greenland) separated, Atlantis began to drift away from the pole and, above all, from universal knowledge. The inhabitants of Atlantis were gradually losing recollection of that knowledge which remained in the memory of a minority only. But that memory was not adequately nourished with updated and recycled thought-energies and therefore lost the clarity and precision of true knowledge.

The separation of the continents also led to the separation of the nations. This dismemberment caused changes in customs and general knowledge. The cities remained without their cultural centers that had provided teachings and messages and in the absence of the communication of wisdom began to live by their own rules. The cultural center of the Atlantes was Egypt. 'The Arcana of Thoth' continued nourishing them until the virus of ambition attacked and left them seriously ill. This created a haze between them and us.

Thus, the knowledge of 'the Arcana of Thoth' was lost and has not been recovered yet. And very few of the descendants transmit comprehensive knowledge. These are guided by us to reveal the truth of all that happened, a task to be completed within the next ten years. Those who nourish themselves with it will remember; be the ones to align with the cosmos and form the fourth plane. To be part of this alignment you will need strong belief, will, perseverance, order, analysis, knowledge, love and the understanding that 'The Arcana of Thoth' are the universal key to it.

589. What is the constellation of "The Arcana of Thoth" like?

This constellation pertains to the mental realities and exists in the alciatic combustion energy. It belongs to the eighth hierarchy: the Divine Dimension. It is knowledge, understanding and universal love. The constellation is composed of countless planets circling our three helium suns, and these planets represent all of the symbols that exist in the universe. These symbols communicate with every alignment that occurs in our bubble-sphere.

The knowledge that we transmit is based on universal wisdom. All the bubble- spheres that form the Being One have this knowledge.

590. Is it a religion?

It is universal belief based on infinite wisdom. It is the energetic activation of the Being One and all of us form the active dynamic of the universe. Tera is still a young planet and has a long way to go to be considered part of the universal wisdom. The planet is beginning to perceive this, but still has to find itself in order to enter a dynamic of its own and be able to broaden its mind updating it with universal knowledge. If it succeeds, it will gain access to the first arcane, the magician, and by transforming and transmuting its thought-energies be able to continue on the path of initiation.

591. When you say that there are ten more years until the alignment, is this not too short a time for Planet Tera to advance on elevation?

Yes, it is a short time, but it is not impossible. If the planet reached 51% of its elevation it would be enough for it to enter the alignment; the remaining 49% would have to wait for another 7 thousand years until the next alignment. You have to realize that we have been working with you for about 180 thousand years and we are confident that the planet will succeed. There is no need to have the knowledge clear and precise within you; it is enough to know that you are working with positive creativity and that emotions and feelings tend towards, if not love, at least towards compassion. We have worked hard to make this alignment come about. We are confident that all of us who have participated in this difficult task have fulfilled our part because we have done it with dedication and love, and whatever one does with love, brings about positive results.

592. So you are sure that the planet will enter this alignment?

We trust it will. There will be many changes over the next ten years. Have confidence: the Arcana of Thoth will work like true warriors of light. You, beings of Planet Tera, who always belonged to the lineage of Lemur and Atlantis, will recover knowledge, understanding and love. You will be the future of the planet and your children's children will be the sowers of this fertile ground that we prepared for the new generations that will inhabit the Earth.

Stay attentive, children of light, be alert. Many changes will be for the better on the planet. We are with you and will not give up until we succeed. It is harvest time for all those who sowed with love and patiently waited for the moment to begin to transcend and elevate. With this alignment of light and love, we will have defeated darkness and ostracism. Luzbel will once again have to leave the battlefield, beaten. But the war is not over, because many planets will have to be freed. We will continue to struggle to recover our brothers who have remained trapped in darkness and density.

593. Where will this alignment of energies occur?

You should be aware that you are entering the fourth alignment. The first alignment took place with the element water (2), the second with the element fire (3), and the third with the element air (4). The alignment to occur from the year 2014 on will include all three elements. With the help of the element ether (5) and reinforced by the element helium (6), us, it will have converge the energies needed for a significant advance of the thought-energies.

The first three alignments did not meet our expectations. You were still very dense and had not attained the anticipated development. Now, while those alignments were important to you from

the view point of evolution, they were not with regard to elevation. This fourth alignment will have the force to generate important impulses for both evolution and elevation as you meanwhile have developed a great deal of cognitive ability and activated thought-energy circuits that had been dormant or inactive.

The merger of the elements 2 and 3 will activate the element 4 which is the most important because it will turn them into air and in this ethereal form, they can easily unify with the ether (5). Through the element ether thought-energies will transcend, and work with the numbers 4 and 5 of your brain. We know that when they reach 5, this number will turn around and unite with 6 to form 8, or infinity. This means that humans will never again suffer stagnation in their development and elevation and thus gain eternal wisdom.

When we speak of the elements air, fire and water, we are referring to North, Central and South America, Europe, Greenland, Asia, the East, part of Africa and of Australia. Cusco in Peru is one of the major centers along the energetic dimensional doorway, but there are others, equally important and wise, that will be entrusted to expand the knowledge.

594. Is Machu Picchu a part of Atlantis?

Machu Picchu was built long after the continents were formed and did not have the altitude it has today. When Africa and South America separated, the land mass that had previously been under the sea, emerged forming high peaks.

In the days of Atlantis there was a large city in that area called Ocllo Tambu. The library of this city held the knowledge of 'the Arcana of Thoth'. Guided by extraterrestrial beings its inhabitants built a great pyramid that would be used to activate the solar disk that would help them develop their thought-energies. Ocllo Tambu was a prosperous and advanced place, much visited by neighboring communities.

Later, Machu Picchu, capital of the Inca Empire, was built over the ruins of that city. Some day you will discover the millenary secrets in this area that is considered a sacred place.

Some knowledge continues to be passed along by word of mouth, but it is no longer the same. Yet a few individuals managed to preserve deeper knowledge; they are called guardians of the white city and live in a place well hidden in the mountains.

595. Why was knowledge lost after the continents were formed? Did you stop transmitting it?

It is of great importance for you to realize that the knowledge we are transmitting can only be received by humans whose thought-energy vibration is high enough not just to receive our message but to understand and interpret it.

As soon as the solar disk started rotating and the triangle of knowledge working, many human minds became responsive to knowledge and understanding. This was possible because their thought-energies had turned subtle, diaphanous and purer. The energy captured by the solar disk allowed the planet to rotate somewhat faster, enough to allay the density and alleviate the thought-energies. But when the solar disk ceased to function the minds were left to themselves. They no longer could count on receiving support from external sources and had to generate their own force by rotating the energies from the gravitation between the encephalic tissue and the brain.

But despite the teachings of 'The Arcana of Thoth' how to proceed, you did not quite understand this force to properly use it. Consequently, we had to wait for a further evolution of the encephalic tissue and the brain. However, your memory is beginning to come back and once you are fully awake, you will gradually rebuild it as if putting pieces of a jigsaw puzzle together until regaining full knowledge of what you once were: diaphanous, clear and pure.

We cannot be of permanent help to you: You have to seek to progress by yourselves based on an ever broader knowledge of cause and effect. You have to grow and mature, and that is what you were doing: you grew. We are always by your side; we shall never leave you. We have waited patiently for you, and are here to again help you prepare for the next alignment.

596. What does 'the song Ollantaytambo will reach the far corners of the planet' mean?

Occho Tambu is its real name, which means *Song to the Sun*. This song does not belong only to Occho Tambu. The sun was the main belief of the element air, and when we speak of the air, we know that we are referring to all peoples of the planet who sang and venerated it.

Although Egypt jealously guarded the knowledge of 'The Arcana of Thoth' and praised and worshipped the song to the sun, it did not disseminate it. It selfishly kept it to itself and used it for its own benefit. It manipulated and dominated the masses for a long time, leaving them in ignorance and darkness.

We can no longer allow this knowledge to continue being manipulated and hidden. Human beings will awake and remember and no force will be able to stop them. The bandages will fall from your eyes and you will see the truth. Humans will awake through their own merits and 'The Arcana of Thoth' will become the new message for your lives.

Knowledge is the truth that lies in human hearts; it is the innermost religion of a universal belief based on love that is conscious and understood. This knowledge is within humans, recorded in the *nimeos* of their crystals since the beginning of creation.

597. How will knowledge be updated?

There are many philosophic trends on the planet, and many of them contain part of the universal wisdom in their teachings. The knowledge of 'The Arcana of Thoth' was segmented and over time each part has founded branches that have forked out into other branches, and so on, thus creating bewilderment and unbelief. The confusion is total; all believe that they have the truth in their hands and all think they are on the right path. The secret is to unify them again and give the knowledge its real meaning.

There are treatises and studies by great philosophers in the history of the planet that really went in-depth into the subject. Those studies have been relegated to a few wise beings and a few scholars. The majority of the beings of the planet are not interested in analyzing or studying; they simply reject it, preferring simple, magical and miraculous themes so that there is no need to make any effort to think. This lack of thinking is delaying your evolution, and by delaying evolution, elevation does not progress.

To update knowledge means that you must go deep into the culture of your lives; you must become cultured in the history of the planet. We told you earlier that you should analyze your lives; now we tell you that you must become philosophers and historians of your own lives. In short, to evolve and become elevated, you need culture in all spheres. That is why we always say that you live, but do not exist.

To exist means to be part of this history and ancestral heritage, to know that you are an important part of your history and were its protagonist life after life. If you are what you are today, it is because you molded your life that way, and if the planet is the way it is today, it is because you molded it that way. It is no use blaming anyone for your mistakes. In order for you to understand, you should first cultivate yourself and stop being conformist and blind.

598. Why are we now awaking?

Evolution and communication are very important. All of the planet is interconnected through news and interesting topics. Technology is advancing and globalization among countries has enriched the human brain, which is continuously fed by new data so that thought-energy can be recycled and active dynamic can work in its entire splendor.

It is important for you to wake interest in deep issues of life and humanity. To have this interest is a special quality in the universe, and through it one can attain great insights and lessons of life. When beings are curious, they wake their brain circuits. They begin to work more actively and dynamically, thus lightening the density of the thought-energies.

The alignment will bring significant communication among the cultures of the planet. This will bring about advancement, progress, culture and education in all countries. Technology will be for everyone. Medicine will provide wellbeing and tranquility. Agriculture will put an end to hunger, and governments will end impoverishment. Religion will understand that, by being at peace with life, you will be at peace with the universe; by being at peace with the universe, love will be the innermost belief because beings will love life and by loving it, they will love themselves and everything that surrounds them. If wellbeing and progress are lived with love and consciousness, planet Tera will become elevated and will enter the infinite of wisdom.

599. Do you communicate with other beings of the planet?

We are 'The Arcana of Thoth; we appear in a myriad of forms, signs and colors. That is why we are called "Arcana". We represent an infinite variety of symbols that, in the end, are simply one. We adapt to the evolution and elevation of the minds. Our form is the circle. Our color is bright white. Our sign is + (plus). Our vibration is infinite. Our frequency is waves. Our pace is rhythmic and subtle.

We can go up and down through the eighth zone of the dense realities, and through that zone we communicate with the thought-energies that pick up our frequency. We have transmitted knowledge in all times of Planet Tera, and we have always contacted beings with open minds: philosophers, prophets, kings, pharaohs, metaphysicians, historians, mystics, wizards, beings with elevated thought-energies, and so on. On Planet Tera there are countless groups that are doing extensive work for the six-pointed symbol to fit in perfectly with you, so that the zones of your brain that belong to the three elements are routed to the south of the planet. That is where the element ether will dilute the energy density of thought and will direct this energy to be recycled in accordance with the laws of the universe.

600. Why will the element ether recycle thought-energies in accordance with the laws of the universe?

It means that the thought-energies will be more ethereal, more subtle and more sublime; thoughts will be more rapid and light; all this will be in accordance with the fourth plane they will have to enter.

601. How will the six pointed symbol fit in with us?

It is a combination of elements, zones, chakras, energy, colors, signs, vibration, frequency, rhythm, form, sensations, emotions, feelings, elevation, and evolution, in short, it is a great alignment. The fire of matter will die; it will be extinguished by the water of life, and the energetic being will be born in the subtleness (air) of its existence. It is the spirit that will exist in the ether of eternity. It is the energetic being that will be born. It is the new human of Planet Tera. It is the new expression and a concrete reality of existence.

602. What will happen to planet Tera if it transcends to the fourth plane?

We said before that planet Tera belongs to the third dimension located in the digestive system of creation. We also said that it is positioned at about the height of the navel of the universal body working with the large intestine. If Planet Tera advances on elevation, then its task and location will elevate as well. This means that it will continue to pertain to the digestive system, but carry out a more conscientious work, that is, will now work with the stomach, esophagus and part of the larynx. In this case, the thought-energies that belong to the planet will go on incarnating there to continue their work and process of evolution and elevation.

If Planet Tera as a whole fails to elevate, but part of its thought-energies does advance, these will incarnate on other planets present in the stomach, esophagus, and part of the larynx of the universe to keep on with their the work. Planet Tera has been created to fulfill a continual task within the digestive system and, unlike the thought-energies that do have the chance to elevate and realize superior assignments, is limited to executing related tasks only. Thought-energy is the only capable of moving freely in the universe. Everything else maintains the condition for which it was created.

603. Are many beings on planet Tera receiving information from the cosmos? Are you or other planets and realities transmitting it?

The lower dimensions were created by the higher ones. In fact, we do not like using the terms lower and higher: we know that they have unified forming one single mind and are working conjointly. The guidelines of the unified universe are based on perfect order. We have to assume that all information emanates from the universal mind of the Being One. Therefore, the channeling of thought-energies follows a mathematical parameter and the mind of the Being One remains in perfect equilibrium throughout the course of evolution and elevation.

'The Arcana of Thoth' is the ancient wisdom that has been with the thought-energies of the Being One ever since the beginning of creation. Thus, all information reaching planet Tera originates from this knowledge.

We said earlier that the information picked up from the universe by the channel will correspond to the elevation of his or her thought-energies. It will all depend on the vibratory waves that circulate on the grade of the brain to which he or her are connected. That is why the information received will adjust exactly to the channel's grade of elevation, no more, no less. But it is because of the variation in elevation that the channel believes the information to be different; this is not so; the type of information is the same. However, sometimes it may be incomplete or oversimplified, difficult to understand or simply misunderstood. If you are balanced, the knowledge picked up will reach you with equilibrium and you will have no problem of analyzing, comprehending and adapting it to your reality of existence.

You have to understand that no one holds all the truth. Any combined knowledge is truth, but truth has suffered distortion. If you joined all the truths and separated them from what is just

beliefs, you would discover extraordinary wisdom. This is why we say that the East and the West will unite. And when this occurs, the enrichment of your minds will bring true progress and evolution.

BROTHERS AND SISTERS

Planet Tera is preparing for great changes and these will come about because the time has come for the earth-cell to grow and go from adolescence to adulthood. This passage will not be easy. We are with you so that you may understand the reality of your lives. This knowledge – El Ser Uno (Being One) – is for you to understand how the thought-energies function. By understanding them, you will know yourselves. It is very important for you to activate your memories. This is the only way to correct the distortion or virus that may exist within you.

You are not, and have never been, alone. You feel alone because you cannot see, you cannot hear, you cannot feel the realities around you. You are fearful and hide. There is no greater cowardice than the one you refuse to face. We will send you more information. Other books will be written. This way you will have a global idea of your material and energetic environment. You need to wake your conscience and open your minds and hearts to a new understanding of life. Forthcoming changes will trigger extraordinary events. Be aware, stay alert, and you will not be taken by surprise. On the contrary, you will be ready to receive and accept all of it as the need for a profound adaptation.

Read this book; study and analyze its content in depth. Record it in your minds, for the left side of the brain has to be nourished with new data. But keep your balance by controlling the tendency to overload this side of the brain owing to the materiality of your lives such as consumerism and strong sentiments and emotions that have not been worked on or understood. Brothers and sisters, you are unconscious of other realities close to you. This produces an imbalance of the forces of nature which reacts to this absence of love and concern for it.

You must wake up! Many of you are already remembering. Your origin is extraterrestrial-ayaplano, but you are not ready to admit it. Those who have the power on this planet have kept you ignorant by deliberately hiding information with important evidence about the true reality of the planet. But truth will blossom like the flowers in the field. They can never hide it again and when they think they can, it will continue to emerge like a powerful song of love reaching the confines of the planet.

Those who have awaked are working hard to transmit the knowledge in many ways and the day is not far when knowledge will be part of your lives, because you are knowledge, you are life. Great avatars offered their lives revealing the truth so that you could drink from the fountain of wisdom. Those great messengers transmitted universal knowledge but many were dismissed by those who would not understand or accept the need for freedom of thought.

but we say that whatever governments and institutions manage to conceal, they will no longer be able to keep you from what we have been and are transmitting, at all times across the planet. They cannot cover the sun with their hands; its light will always shine on you. Children, brothers and sisters: to advance on wisdom you must unite, question and keep your minds wide open, nurturing them with new knowledge, understand and

humanize yourselves. Respect the beliefs and customs of other ethnicities, control your emotions, discover your feelings, and face your fears. Break down obsolete structures. Do act with ethics and morality. Fight corruption, indigence, diseases, ambition and irresponsible use of power.

You can achieve everything with knowledge of cause and effect. Love will be the driving force, but will not be enough. You must broaden your knowledge and understanding to make love become a reality in your lives, otherwise it will be unreal and relegated to a fanciful thought-energy. Mysticism, esotericism, rites and chants are only part of the knowledge. Your minds have to grow and free thought-energies of the straight-jacket of misunderstandings and lack of answers. Stop believing in magic and waiting for miracles to solve your problems.

You have to deal with them using knowledge and self-analysis of your subconscious emotions which are trapped seeking liberation and understanding. But it could well be that understanding an idea sometimes might look like magic and its fulfillment like a miracle. Each one of you is responsible for him/herself. Do not expect the god created in your image and likeness to deal with your limitations. You are all children of the universe, with the same rights and the same opportunities and perfectly capable of acting by yourselves.

The universe wants you to be happy, but feeling happiness results from having realized something important with great effort and thus gained merit. We can teach you and share knowledge and wisdom with you, but you have to find a way to use both to achieve happiness. We are ‘the Arcana of Thoth’, time travelers of the universe. Our mission is to transmit knowledge, understanding and love to you. We are the idea and belong to the mental worlds of cosmic and universal reality.

We are knowledge; we take wisdom to the ends of the universe to all those who want to nourish themselves with it. We are the understanding for all those who want to nourish themselves. We are the love for all those who want eternal life.

**“WITHOUT KNOWLEDGE, I DO NOT LIVE.
WITHOUT UNDERSTANDING, I DO NOT EXIST.
WITHOUT LOVE, I AM NOT”.**

EL SER UNO

EPILOGUE

It is now 5:30 a.m., April 28, 2004. I am half awake. When the masters want to communicate with me, they always do it around this time. The signs are very clear: my breathing accelerates a little, then I start breathing deeply. The air that I breathe is cold. I know that it is the helium from where they exist. They are standing in front of me. Our communication is always telepathic and flows in perfect harmony and peace. They speak then:

“A group should travel to Cuzco. You are to be there on June 15, at 6 a.m. at a place we shall indicate. Someone will receive you there. Each one of you will represent an element. You are to open doorway 7 and liberate 660 billion positive-dense energies, the Internal City has been preparing for this event. These disincarnated energies will nourish the planet during the next ten years, thus preparing it to enter the cosmic alignment. We will let you know details for the ceremony we ask you to perform. Please, await our contact.”

Our group arrived in Cuzco on June 13, 2004. The masters Arcana of Thoth provided details of the ceremony. Each one of us represented a symbol and an element. We would have to work together with the six-pointed star. The ceremony would consist in moving the points of the star numerically, so that number 2 (element water) joined 3 (element fire) and both number 4 (element air). The exact location was selected. We were to be there on June 15, 2004, at 6 a.m. Each one of us had to occupy a predetermined position. Following the instructions of the masters, we managed to perform the ceremony without any problem and the seventh dimensional doorway opened for 10 years allowing the departure of 660 billion thought-energies from the Internal City.

They were the energies that had become dense ever since the explosion of the One Origin. The masters informed us that all of the Earth humans would nourish themselves with those thought-energies. We would breathe and shelter them on the right side of our brains. Those energies could be compared to an antibiotic of positive energy since they would be full of knowledge and love, generating equilibrium and helping accelerate the process of healing individuals from the virus of ambition. Since those energies had not been involved in the evolution of the planet, when released to the surface and sheltered in the brains of humans, would nourish themselves at the same time with the knowledge humans would provide them. Thus, both would intensely share knowledge, understanding and love.

We were thrilled. We knew we were performing an extremely important task entrusted to us by the masters of the mental-spiritual reality of Alpha Centauri. They as well as the Internal City, are our brothers and sisters who never abandoned us. They have always been close looking after us, nourishing us and working for our energetic recovery.

We wanted to share with you, brothers, our experience and work as a group. So, you will know that the book, *El Ser Uno* (Being One) has been channeled and received to help planet Earth humans know themselves ever better and through this self-knowledge, bring light to the darkness of their unconsciousness. We are responsible for ourselves and must not expect the universe to solve our problems. This knowledge is clear and direct: we are our own universe, we are *el Ser Uno* (Being One).

Other books will be channelled and other tasks be entrusted to us. The knowledge of the book, *El Ser Uno* (Being One), is not for those who, one way or another, might try to use it for

personal gain and the satisfaction of ambition. It has been given for a better understanding and the cure of humanity and its home, planet Earth.

We wish all readers an enlightening and joyful journey into their innermost selves on which they may hopefully find happiness and the strength to face and vanquish the many obstacles that life on this planet holds for us.

A group called *knowledge, understanding and love*.